

Central Lakes Conference Directory

Rick Sansted	Supt.	Alexandria Area HS	4300 Pioneer Rd SE	Alexandria	56308	320-762-2141 x 4203
Chad Duwenhoeffer	Prin.		4300 Pioneer Rd SE			320-762-2142 x 4525
Ben Kvidt	AD					320-762-2142 x 4302
Mariah Wirth	Sec.					320-762-2142 x 4530
Peter Grant	Supt.	Dist. Adm. Office		Brainerd	56401	218-454-6900
Andrea Rusk	Prin.	Brainerd HS	702 So 5th St			218-454-6290
Jack Freeman	AD					218-454-6301
Michelle Hilborn	Sec.					218-454-6300
Mark Jenson	Supt.	Detroit Lakes HS	702 Lake Ave,	Detroit Lakes	56501	218-847-9271
Joshua Omang	Prin.					
Rob Nielsen	AD					
Abby Pettit	Sec.					
Jeff Drake	Supt.	Fergus Falls HS	502 N Friberg Ave	Fergus Falls	56537	218-998-0544 x 1010
Mark Anderson	Prin.					218-998-0544 x 2002
Derek Abrahams	AD					218-998-0544 x 2504
Amber Hovland	Sec.					218-998-0544 x 2619
Kevin Enerson	Supt.	Rocori HS	534 5th Ave N	Cold Spring	56320	320-685-4901
Ryan Hauge	Prin.					320-685-4910
Mitch Dorr	AD					320-685-4913
Lori Mandelko	Sec.					320-685-4917
Laurie Putnam	Supt.	Dist. Adm. Office		St. Cloud	56303	320-253-9333 x 1001
Justin Skaalerud	Prin.	Apollo HS	1000 44th Ave	Apollo	56303	320-307-8655
Karl Heine	AD					320-253-1600 x 2010
Theresa Loch-Thoele	Sec.					320-253-1600 x 2009
Molly Kensy	Prin.	Tech HS	4200 33rd St S	Tech	56301	320-252-2231 x 3001
Eric Ruska	AD					320-252-2231 x 3010
Penny Goetz	Sec.					320-252-2231 x 3009
Mike Rivard	Supt.	Sartell-St.Stephen HS	213 3 Ave N	Sartell	56377	320-656-3715
Shayne Kusler	Prin.		3101 Pine Cone Rd N			320-656-0748
Bruce Thompson	AD					320-656-3717
Amie Hentges	Sec.					320-656-3717
Brad Bergstrom	Supt.	Sauk Rapids-Rice HS	1835 Osauka Rd NE	Sauk Rapids	56379	320-253-4700
Sandy Logrono	Prin.					320-258-1701
Phillip Klaphake	AD					320-258-1781
Tammy Weis	Sec.					320-258-1779
Bill Adams	Supt.	Willmar HS	611 W 5th St	Willmar	56201	320-231-8510
Paul Schmitz	Prin.		2701 30th St NE			320-231-8310
Ryan Blahosky	AD					320-231-8331
Brenda Coquyt	Sec.					320-231-8332

Schools	Sports	Fall Coaches	Sports	Winter Coaches	Sports	Spring Coaches
Alex	CC B/G	Travis Hochhalter	B. Bask	Forrest Witt	BB	Jake Munsch
Alex	FB	Mike Empting	G. Bask	Wendy Kohler	SB	Courtney Richardson
Alex	G. Swim	Crysta Krause	B. Hky	Josh Meyers	BG	Brady Swedberg
Alex	G. Tn	Nick Jansen	G. Hky	Molly Arola	GG	Tim Zupfer
Alex	B. Soc	Brandon Johnson	B. Swim	Kathleen Walker	BT	Nick Jansen
Alex	G. Soc	Amy Korynta	Nordic Ski	Jeremy Rapp/Jackie Stifter	B. Tk	Mike Empting
Alex	VB	Mary Byrne	Gymn.	Tayler Kaufman	G. Tk	Megan Orgeman-Crumb
Alex			Dance	Jalen Arnold		
Alex			Wrestling	Aldon Struchen		
Alex			Speech	Shelby Dvergsten		
Apollo	CC B/G	Linda Snowberg	B. Bask	Deon Pierce	BB	Chris Koenig
Apollo	FB	Michael Beehler	G. Bask	Travis Marohl	SB	Jordan Mathiasen
Apollo	G. Swim	Evan Shanley	B. Hky	Pete Matanich	BG	John Scharenbroich
Apollo	G. Tn	Paul Bates	G. Hky	Mike Petroske	GG	Lynn Stoterau
Apollo	B. Soc	Charlotte Albrecht	B. Swim	Evan Shanley	BT	Paul Bates
Apollo	G. Soc	Fola Gazal	Nordic Ski	Peggy Scott-Lumbar	B. Tk	Dusty Cassens
Apollo	VB	Connor Ralph	Gymn.	Joel Stark-Haws	G. Tk	Mitch Kollodge
Apollo			Dance	Sue Arnold		
Apollo			Wrestling	Bob Boeck		
Apollo			Speech	Grace Weitz		
Brainerd	CC B/G	Dave Herath	B. Bask	Charlie Schoeck	BB	Tom Fairbanks
Brainerd	FB	Jason Freed	G. Bask	Troy Nelson	SB	Shane Jordan
Brainerd	G. Swim	Dan Anderson	B. Hky	Howie Borden	BG	Tim Johnson
Brainerd	G. Tn	Lisa Salo	G. Hky	Tate Rusk	GG	Karissa Haugen
Brainerd	B. Soc	Tom Grausam	B. Swim	John Zemke	BT	Garrett Goeden
Brainerd	G. Soc	Grant Gmeinder	B.Nordic Ski	Chris Hanson	B. Tk	Casey Miller
Brainerd	VB	Rick Kuehlwein	G.Nordic Ski	Mary Claire Ryan	G. Tk	Ashley Rutman
Brainerd			Gymn.	Jessica Lofrano-Larson		
Brainerd			Dance	Cindy Clough		
Brainerd			Wrestling	Mikkey White		
Brainerd			Speech	Brett Johnson		
Detroit Lakes	CC B/G	Bill Kvebak / Ryan Zunich	B. Bask		BB	
Detroit Lakes	FB	Reed Hofta	G. Bask		SB	
Detroit Lakes	G. Swim	Samantha Salathe	B. Hky		BG	
Detroit Lakes	G. Tn	Greg Unruh	G. Hky		GG	
Detroit Lakes	B. Soc	Jessie Olsen	B. Swim		BT	
Detroit Lakes	G. Soc	Luis Moreno	B.Nordic Ski		B. Tk	
Detroit Lakes	VB	Rachel Solum	G.Nordic Ski		G. Tk	
Detroit Lakes			Gymn.			
Detroit Lakes			Dance			
Detroit Lakes			Wrestling			
Detroit Lakes			Speech			

Fergus F	CC B	Derek Meyer	B. Bask	Matt Johnson	BB	Shane Thielke
Fergus F	CC G	Niki Welde	G. Bask	Josh Steer	SB	Devonie Smith
Fergus F	FB	Chris Grabowska	B. Hky	Mike Donaghue	BG	Matt McGovern
Fergus F	G. Swim	Rachel Cox	G. Hky	Tim Lill	GG	Ben Jurgens
Fergus F	G. Tn	Jamie Lill	B. Swim	Randy Hansen	BT	Titus Christianson
Fergus F	B. Soc	Joel Heikes	Nordic Ski	Joshua Scharnberg	B. Tk	Derek Meyer
Fergus F	G. Soc	Ben Jurgens	Gymnastics	Satera Harlow	G. Tk	Niki Welde
Fergus F	VB	Sabrina Noon	Wrestling	Adam Schlepp		
Fergus F			Speech	Mike Donoho		
Rocori	CC B/G	Brad Bauer/Brittney Herrig	B. Bask	Tyler Barker	BB	Jeff Illies
Rocori	FB	James Herberg	G. Bask	Valerie Fraley	SB	Derek Sauer
Rocori	G. Swim	Rebecca Miller	B. Hky	Zach Johnson	BG	Brian Herrig
Rocori	G. Tn	Gary Janson	G. Hky	Andrew Marod	GG	Mark Krueger
Rocori	B. Soc	Chris Stavros	B. Swim	Rebecca Miller	B. Tk	Matt Captain / Heidi Willenbring
Rocori	G. Soc	Grant Johnson	Dance	Joyce Baumann	G. Tk	Jim Meyer / Brad Bauer
Rocori	VB	Heidi Willenbring	Wrestling	Dustin Kramer		
Rocori			Speech	TBD		
Sartell	CC B/G	Greg Henning	B. Bask	Marcus Oistad	BB	Jerome Nemanich
Sartell	FB	Scott Hentges	G. Bask	Katie Martin	SB	Karlee Pfaff
Sartell	G. Swim	Hannah Nelson	B. Hky	Ryan Hacker	BG	Jason Huschle
Sartell	G. Tn	Sarah Crandall	G. Hky	Marty Anderson	GG	Brad Scherer
Sartell	B. Soc	Matt Hager	B. Swim	Jason Anderson	BT	Jared Saue
Sartell	G. Soc	Andrea Benninghoff	Nordic Ski	Greg Jamison	B Tk	Ross Anderson
Sartell	VB	Riley Marod	Wrestling	Cody Olson	G Tk	Michael Carlson
Sartell			Gymn.	Tyler LaBonne		
Sartell			Dance	Kelly McCarney		
Sartell			Speech	TBD		
SR/R	CC	Sandie Cook	B. Bask	Jason Allen	BB	Jeff Hille
SR/R	FB	Phillip Klaphake	G. Bask	TBD	SB	Emily McEwan
SR/R	G. Swim	Julia Wallace	B. Hky	Brady DeGagne	BG	Dave Zaske
SR/R	G. Tn	Valerie Martin	G. Hky	Marty Anderson	GG	Scott McCabe
SR/R	B. Soc	Chris Rothstein	B. Swim	Jason Tangen	B.Tn	Keith Sowada
SR/R	G. Soc	Tash Neu	N. Ski	Nicholas Snavelly	Tk B	Rod Fuchs
SR/R	VB	Gail Bialke	Gymn.	Morgan Thompson / Kayla Sigler	Tk G	Loren Finlayson
SR/R			Dance	Jennis Weber		
SR/R			Wrestling	Derik Gilbertson		
SR/R			Speech	Joanie Hauck		
Tech	CC B/G	Mike Combs	B. Bask	Don Ferguson	BB	Chris Koenig
Tech	FB	Jon Benson	G. Bask	Travis Marohl	SB	Jordan Mathiasen
Tech	G. Swim	TBD	B. Hky	Pete Matanich	BG	John Scharenbroich
Tech	G. Tn	Paul Bates	G. Hky	Amanda Pickett	GG	Lynn Stoterau
Tech	B. Soc	Dan Stoterau	B. Swim	Rebecca Miller	BT	Paul Bates

Tech	G. Soc	Katie Boardman	Nordic Ski	Peggy Scott-Lumbar	Tk G	Craig Aycock
Tech	VB	Kristy Husen	Gymn.	Joel Stark-Haws	Tk B	Travis Holt
Tech			Dance	Sue Arnold		
Tech			Wrestling	Bob Boeck / Aarin Frederiksen		
Tech			Speech	Karmin Schraw		
Willmar	G.Swim	Scott Newberg / Emily Schueler	B. Bask	Jeff Holtkamp	BB	Tom DeBoer
Willmar	VB	Leah Brogdon	G. Bask	Brendan Hedtkke	SB	Brienna Tupa
Willmar	B. Soc	Jeffrey Winter	B. Hky	Jamie Hagen	BG	Joe Kuehn
Willmar	G. Soc	Madeline Wertich	G. Hky	Eric Setrum	GG	Bryan Mara
Willmar	G. Tn	Cayle Evans	B. Swim	Carl Shuldes	BT	Forrest Rice
Willmar	CC B/G	Connor Haugen	Nordic Ski	Brad Haugen	Tk B/G	Connor Haugen
Willmar	FB	Jon Konold	Gymn.	Torrie Heitzmann		
Willmar			Dance	Monica Crow		
Willmar			Wrestling	Ed Oehlers		
Willmar			Speech	Andy Tupa		

Music Directors		
Band	Alexandria	Nick Mason
Choir	Alexandria	Colt Lien
Orchestra	Alexandria	Brad Lambrect
Band	Brainerd	Chris Fogderud
Choir	Brainerd	Brian Stubbs
Orchestra	Brainerd	Amber Kopp
Band	Fergus Falls	Josh McGowan
Choir	Fergus Falls	Dane Froiland
Orchestra	Fergus Falls	Craig Peterson
Band	Rocori	Tony Hutar
Choir	Rocori	Kim Morford
Orchestra	St. Cloud Apollo	Aurora Adamson
Band	St. Cloud Tech	Jessica Scherer
Band	Sartell/St. Stephen	David Lumley
Choir	Sartell/St. Stephen	Brandon Nordhues
Orchestra	Sartell/St. Stephen	Sylvia Kaare
Band	Sauk Rapids/Rice	Heidi Martinson
Choir	Sauk Rapids/Rice	Steven Mick
Band	Willmar	Bryan Mara
Choir	Willmar	Neil Haugen
Orchestra	Willmar	Michelle Suter