

Central Lakes Conference Directory

Rick Sansted	Supt.	Alexandria Area H. S.	4300 Pioneer Rd SE	Alexandria	56308	320-762-2141 x 4203
Chad Duwenhoegger	Prin.		4300 Pioneer Rd SE			320-762-2142 x 4525
Ben Kvidt	AD					320-762-2142 x 4302
Sheree Saxton	Sec.					320-762-2142 x 4530
Laine Larson	Supt.	Dist. Adm. Office		Brainerd	56401	218-454-6900
Andrea Rusk	Prin.	Brainerd High School	702 So 5th St			218-454-6290
Jack Freeman	AD					218-454-6301
Michelle Hilborn	Sec.					218-454-6300
Jeff Drake	Supt.	Fergus Falls High School	502 N Friberg Ave	Fergus Falls	56537	218-998-0544 x 1010
Mark Anderson	Prin.					218-998-0544 x 2002
Derek Abrahams	AD					218-998-0544 x 2504
Amber Hovland	Sec.					218-998-0544 x 2619
Brad Kelvington	Supt.	Rocori High School	534 5th Ave N	Cold Spring	56320	320-685-4901
Ryan Hauge	Prin.					320-685-4910
Joel Baumgarten	AD					320-685-4913
Jane Wahlin	Sec.					320-685-4917
Willie Jett	Supt.	Dist. Adm. Office		St. Cloud	56303	320-253-9333 x 1001
Alicia Fischer	Prin.	Apollo High School	1000 44th Ave	Apollo	56303	320-307-8655
Alexandra Badger	AD					320-253-1600 x 2010
Theresa Loch-Thoele	Sec.					320-253-1600 x 2009
Jason Harris	Prin.	Tech High School	4200 33rd St S	Tech	56301	320-252-2231 x 3001
Eric Ruska	AD					320-252-2231 x 3010
Lori Mandelko	Sec.					320-252-2231 x 3009
Jeffrey Ridlehoover	Supt.	Sartell-St.Stephen H.S.	213 3 Ave N	Sartell	56377	320-656-3715
Sascha Hansen	Prin.		3101 Pine Cone Rd N			320-656-0748
Nick Peterson	AD					320-656-3717
Amie Hentges	Sec.					320-656-3717
Brad Bergstrom	Supt.	Sauk Rapids-Rice H.S.	1835 Osauka Rd NE	Sauk Rapids	56379	320-253-4700
Karl Nohner	Prin.					320-258-1701
NaDean Schroeder	AD					320-258-1781
Tammy Weis	Sec.					320-258-1779
Jeff Holm	Supt.	Willmar High School	611 W 5th St	Willmar	56201	320-231-8510
Paul Schmitz	Prin.		2701 30th St NE			320-231-8310
Ryan Blahosky	AD					320-231-8331
Brenda Coquyt	Sec.					320-231-8332

Schools	Fall Sports	Fall Coaches	Winter Sports	Winter Coaches	Spring Sports	Spring Coaches
Alex	CC B/G	Travis Hochhalter	B. Bask	Forrest Witt	BB	Jake Munsch
Alex	FB	Mike Empting	G. Bask	Wendy Kohler	SB	TBD
Alex	G. Swim	Crysta Krause	B. Hky	Josh Meyers	BG	Brady Swedberg
Alex	G. Tn	Nick Jansen	G. Hky	Molly Arola	GG	Tim Zupfer
Alex	B. Soc	Brandon Johnson	B. Swim	Kathleen Walker	BT	Dave Ronning
Alex	G. Soc	Tom Roos	Nordic Ski	Jeremy Rapp	B. Tk	Mike Empting
Alex	VB	Mary Byrne	Gymn.	Tayler Kaufman	G. Tk	Megan Orgeman
Alex			Dance	Kassandra Gibbons		
Alex			Wrestling	Aldon Struchen		
Alex			Speech	TBD		
Apollo	CC B/G	Justin Darrow	B. Bask	Jason Allen	BB	Steve Taylor
Apollo	FB	Michael Beehler	G. Bask	Karl Heine	SB	Mike Trewick
Apollo	G. Swim	Evan Shanley	B. Hky	Pete Matanich	BG	John Scharenbroich
Apollo	G. Tn	Paul Bates	G. Hky	Amanda Pickett	GG	Shannon Koskinen
Apollo	B. Soc	Chad Keller	B. Swim	Evan Shanley	BT	Paul Bates
Apollo	G. Soc	Fuad Gazal	Nordic Ski	Lance Beuning	B. Tk	Justin Darrow
Apollo	VB	Michaela Laudenschach	Gymn.	Joel Start-Haws	G. Tk	Jill Lipp
Apollo			Dance	Sue Arnold		
Apollo			Wrestling	Bob Boeck & Scot Davis		
Apollo			Speech	TBD		
Brainerd	CC B/G	Dave Herath	B. Bask	Charlie Schoeck	BB	Trent Grams
Brainerd	FB	Jason Fred	G. Bask	Troy Nelson	SB	Shane Jordan
Brainerd	G. Swim	Dan Anderson	B. Hky	Dave Aus	BG	Brian Wallace
Brainerd	G. Tn	Lisa Salo	G. Hky	TBD	GG	Todd Person
Brainerd	B. Soc	Tom Grausam	B. Swim	John Zemke	BT	Ellen Fussy
Brainerd	G. Soc	Grant Gmeinder	B.Nordic Ski	Chris Hanson	B. Tk	Rod Reuer
Brainerd	VB	Rick Kuehlwein	G.Nordic Ski	Mary Claire Ryan	G. Tk	Ashley Rutman
Brainerd			Gymn.	TBD		
Brainerd			Dance	Cindy Clough		
Brainerd			Wrestling	Mikkey White		
Brainerd			Speech	Dave Pritschet		
Fergus F	CC B	Derek Meyer	B. Bask	Matt Johnson	BB	Kevin Pearson
Fergus F	CC G	Niki Welde	G. Bask	Josh Steer	SB	Lisa Truax
Fergus F	FB	Steve Olson	B. Hky	Mike Donaghue	BG	Matt McGovern
Fergus F	G. Swim	Joyce Monk	G. Hky	Tim Lill	GG	Ben Jurgens
Fergus F	G. Tn	Jamie Lill	B. Swim	Randy Hansen	BT	Titus Christianson
Fergus F	B. Soc	Joel Heikes	Nordic Ski	Joshua Scharnberg	B. Tk	Derek Meyer
Fergus F	G. Soc	Ben Jurgens	Gymnastics	Satera Harlow	G. Tk	Niki Welde
Fergus F	VB	Sabrina Noon	Wrestling	Adam Schlepp		
Fergus F			Speech	Mike Donoho		

Rocori	CC B/G	Brad Bauer / Brittney Herrig	B. Bask	Levi Peterson	BB	Jeff Illies
Rocori	FB	James Herberg	G. Bask	Valerie Fraley	SB	Derek Sauer
Rocori	G. Swim	Kim Mitchell	B. Hky	Zach Johnson	BG	Brian Herrig
Rocori	G. Tn	Mark Grelson	G. Hky	Lexi Klatt & Bryce Savage	GG	Ted Faber
Rocori	B. Soc	Chris Stavros	B. Swim	Kim Mitchell	B. Tk	Dave Rarick/Lisa Anderson
Rocori	G. Soc	Grant Johnson	Dance	Joyce Baumann &	G. Tk	Jim Meyer / Brad Bauer
Rocori	VB	Samantha Schlangen	Wrestling	Dustin Kramer		
Rocori			Speech	Chris Barker		
Sartell	CC B/G	Greg Henning	B. Bask	Marcus Oistad	BB	Jerome Nemanich
Sartell	FB	Scott Hentges	G. Bask	Katie Martin	SB	Dave Driste
Sartell	G. Swim	Hannah Mckeag	B. Hky	Ryan Hacker	BG	Jason Huschle
Sartell	G. Tn	Sarah Crandall	G. Hky	Marty Anderson	GG	Brock Swanson
Sartell	B. Soc	Matt Hager	B. Swim	Jason Anderson	BT	Jared Saue
Sartell	G. Soc	Roy Snyder	Nordic Ski	TBD	B/G Tk	Ross Anderson
Sartell	VB	Riley Marod	Wrestling	Cody Olson		
Sartell			Gymn.	TBD		
Sartell			Dance	Kelly McCarney		
Sartell			Speech	John Ronyak		
SR/R	CC	Sandie Lahr	B. Bask	Derek Peterson	BB	Jeff Hille
SR/R	FB	Phillip Klaphake	G. Bask	Jon Roesch	SB	TBD
SR/R	G. Swim	Whitney Jendro & Megan Dingmann	B. Hky	Brady DeGangne	BG	John Gans
SR/R/Ap	G. Tn	Trisha Bemboom	G. Hky	Marty Anderson	GG	Scott McCabe
SR/R	B. Soc	Chris Rothstein	B. Swim	Jason Tangen	B.Tn	TBD
SR/R	G. Soc	Tash Neu	N. Ski	Nicholas Snavely	Tk B	Rod Fuchs
SR/R	VB	Karen Beckmann	Gymn.	Elizabeth Walek	Tk G	Loren Finlayson
SR/R			Dance	Ali Mohr		
SR/R			Wrestling	Derik Gilbertson		
SR/R			Speech	Joanie Hauck		
Tech	CC B/G	Tom Stoffel	B. Bask	TBD	BB	Steve Taylor
Tech	FB	Jon Benson	G. Bask	Karl Heine	SB	Mike Trewick
Tech	G. Swim	Abigail Bergman	B. Hky	Pete Matanich	BG	John Scharenbroich
Tech	G. Tn	Paul Bates	G. Hky	Amanda Pickett	GG	Shannon Koskinen
Tech	B. Soc	Dan Stoterau	B. Swim	Tom Stoffel	BT	Paul Bates
Tech	G. Soc	Katie Boardman	Nordic Ski	Lance Beuning	Tk B/G	Craig Aycock
Tech	VB	Kristy Husen	Gymn.	Joel Stark-Haws		
Tech			Dance	Melanie Morris		
Tech			Wrestling	Bob Boeck & Scot Davis		
Tech			Speech	Karmin Schraw		
Willmar	G. Swim	Carl Shuldes	B. Bask	Jeff Holtkamp	BB	Tom DeBoer
Willmar	VB	Leah Ruter	G. Bask	Dustin Carlson	SB	TBD
Willmar	B. Soc	Jeffrey Winter	B. Hky	Jamie Hagen	BG	Joe Kuehn

Willmar	G. Soc	Amanda Broman	G. Hky	Eric Setrum	GG	Bryan Mara/ Markee Blahosky
Willmar	G. Tn	Amy Morrell	B. Swim	Carl Shuldes	BT	Forrest Rice
Willmar	CC B/G	Eric Hjelden	Nordic Ski	Brad Haugen	Tk B/G	TBD
Willmar	FB	Jon Konold	Gymn.	Josie Kent		
Willmar			Dance	Monica Maher		
Willmar			Wrestling	Ed Oehlers		
Willmar			Speech	Andy Tupa		

Music Directors		
Band	Alexandria	Casey Skalbeck
Choir	Alexandria	Steve Deitz
Orchestra	Alexandria	Brad Lambrect
Band	Brainerd	Chris Fogderud
Choir	Brainerd	Brian Stubbs
Orchestra	Brainerd	Amber Kopp
Band	Fergus Falls	Scott Kummrow
Choir	Fergus Falls	Janel Trosvig
Orchestra	Fergus Falls	Craig Peterson
Band	Rocori	Tony Hutar
Choir	Rocori	Kim Morford
Band	St. Cloud Apollo	George Zahn
Choir	St. Cloud Apollo	Victoria Janasz
Orchestra	St. Cloud Apollo	Aurora Adamson
Band	St. Cloud Tech	Jessica Scherer
Choir	St. Cloud Tech	Nicholas Hollermann
Orchestra	St. Cloud Tech	Kara Mather
Band	Sartell/St. Stephen	David Lumley
Choir	Sartell/St. Stephen	Brandon Nordhues
Orchestra	Sartell/St. Stephen	Sylvia Kaare
Band	Sauk Rapids/Rice	Zach Sander
Choir	Sauk Rapids/Rice	Steven Mick
Band	Willmar	Bryan Mara
Choir	Willmar	Neil Haugen
Orchestra	Willmar	Michelle Suter