

## Central Lakes Conference Directory

<b>Rick Sansted</b>	<b>Supt.</b>	<b>Alexandria Area H. S.</b>	<b>4300 Pioneer Rd SE</b>	<b>Alexandria</b>	<b>56308</b>	<b>320-762-2141 x 4203</b>
<b>Chad Duwenhoegger</b>	<b>Prin.</b>		<b>4300 Pioneer Rd SE</b>			<b>320-762-2142 x 4525</b>
<b>Ben Kvidt</b>	<b>AD</b>					<b>320-762-2142 x 4302</b>
<b>Sheree Saxton</b>	<b>Sec.</b>					<b>320-762-2142 x 4530</b>
<b>Laine Larson</b>	<b>Supt.</b>	<b>Dist. Adm. Office</b>		<b>Brainerd</b>	<b>56401</b>	<b>218-454-6900</b>
<b>Andrea Rusk</b>	<b>Prin.</b>	<b>Brainerd High School</b>	<b>702 So 5th St</b>			<b>218-454-6290</b>
<b>Jack Freeman</b>	<b>AD</b>					<b>218-454-6301</b>
<b>Michelle Hilborn</b>	<b>Sec.</b>					<b>218-454-6300</b>
<b>Jeff Drake</b>	<b>Supt.</b>	<b>Fergus Falls High School</b>	<b>502 N Friberg Ave</b>	<b>Fergus Falls</b>	<b>56537</b>	<b>218-998-0544 x 1010</b>
<b>Mark Anderson</b>	<b>Prin.</b>					<b>218-998-0544 x 2002</b>
<b>Derek Abrahams</b>	<b>AD</b>					<b>218-998-0544 x 2504</b>
<b>Amber Hovland</b>	<b>Sec.</b>					<b>218-998-0544 x 2619</b>
<b>Brad Kelvington</b>	<b>Supt.</b>	<b>Rocori High School</b>	<b>534 5th Ave N</b>	<b>Cold Spring</b>	<b>56320</b>	<b>320-685-4901</b>
<b>Ryan Hauge</b>	<b>Prin.</b>					<b>320-685-4910</b>
<b>Joel Baumgarten</b>	<b>AD</b>					<b>320-685-4913</b>
<b>Jane Wahlin</b>	<b>Sec.</b>					<b>320-685-4917</b>
<b>Willie Jett</b>	<b>Supt.</b>	<b>Dist. Adm. Office</b>		<b>St. Cloud</b>	<b>56303</b>	<b>320-253-9333 x 1001</b>
<b>Alicia Fischer</b>	<b>Prin.</b>	<b>Apollo High School</b>	<b>1000 44<sup>th</sup> Ave</b>	<b>Apollo</b>	<b>56303</b>	<b>320-307-8655</b>
<b>Alexandra Badger</b>	<b>AD</b>					<b>320-253-1600 x 2010</b>
<b>Theresa Loch-Thoele</b>	<b>Sec.</b>					<b>320-253-1600 x 2009</b>
<b>Jason Harris</b>	<b>Prin.</b>	<b>Tech High School</b>	<b>4200 33<sup>rd</sup> St S</b>	<b>Tech</b>	<b>56301</b>	<b>320-252-2231 x 3001</b>
<b>Eric Ruska</b>	<b>AD</b>					<b>320-252-2231 x 3010</b>
<b>Lori Mandelko</b>	<b>Sec.</b>					<b>320-252-2231 x 3009</b>
<b>Jeffrey Ridlehoover</b>	<b>Supt.</b>	<b>Sartell-St.Stephen H.S.</b>	<b>213 3 Ave N</b>	<b>Sartell</b>	<b>56377</b>	<b>320-656-3715</b>
<b>Sascha Hansen</b>	<b>Prin.</b>		<b>3101 Pine Cone Rd N</b>			<b>320-656-0748</b>
<b>Nick Peterson</b>	<b>AD</b>					<b>320-656-3717</b>
<b>Amie Hentges</b>	<b>Sec.</b>					<b>320-656-3717</b>
<b>Brad Bergstrom</b>	<b>Supt.</b>	<b>Sauk Rapids-Rice H.S.</b>	<b>1835 Osauka Rd NE</b>	<b>Sauk Rapids</b>	<b>56379</b>	<b>320-253-4700</b>
<b>Karl Nohner</b>	<b>Prin.</b>					<b>320-258-1701</b>
<b>NaDean Schroeder</b>	<b>AD</b>					<b>320-258-1781</b>
<b>Tammy Weis</b>	<b>Sec.</b>					<b>320-258-1779</b>
<b>Jeff Holm</b>	<b>Supt.</b>	<b>Willmar High School</b>	<b>611 W 5th St</b>	<b>Willmar</b>	<b>56201</b>	<b>320-231-8510</b>
<b>Paul Schmitz</b>	<b>Prin.</b>		<b>2701 30th St NE</b>			<b>320-231-8310</b>
<b>Ryan Blahosky</b>	<b>AD</b>					<b>320-231-8331</b>
<b>Brenda Coquyt</b>	<b>Sec.</b>					<b>320-231-8332</b>

Schools	Fall Sports	Fall Coaches	Winter Sports	Winter Coaches	Spring Sports	Spring Coaches
Alex	CC B/G	Travis Hochhalter	B. Bask	Forrest Witt	BB	Jake Munsch
Alex	FB	Mike Empting	G. Bask	Wendy Kohler	SB	TBD
Alex	G. Swim	Crysta Krause	B. Hky	Josh Meyers	BG	Brady Swedberg
Alex	G. Tn	Nick Jansen	G. Hky	Molly Arola	GG	Tim Zupfer
Alex	B. Soc	Brandon Johnson	B. Swim	Kathleen Walker	BT	Dave Ronning
Alex	G. Soc	Tom Roos	Nordic Ski	Jeremy Rapp	B. Tk	Mike Empting
Alex	VB	Mary Byrne	Gymn.	Tayler Kaufman	G. Tk	Megan Orgeman
Alex			Dance	Kassandra Gibbons		
Alex			Wrestling	Aldon Struchen		
Alex			Speech	TBD		
Apollo	CC B/G	Justin Darrow	B. Bask	Jason Allen	BB	Steve Taylor
Apollo	FB	Michael Beehler	G. Bask	Karl Heine	SB	Mike Trewick
Apollo	G. Swim	Evan Shanley	B. Hky	Pete Matanich	BG	John Scharenbroich
Apollo	G. Tn	Paul Bates	G. Hky	Amanda Pickett	GG	Shannon Koskinen
Apollo	B. Soc	Chad Keller	B. Swim	Evan Shanley	BT	Paul Bates
Apollo	G. Soc	Fuad Gazal	Nordic Ski	Lance Beuning	B. Tk	Justin Darrow
Apollo	VB	Michaela Laudenschach	Gymn.	Joel Start-Haws	G. Tk	Jill Lipp
Apollo			Dance	Sue Arnold		
Apollo			Wrestling	Bob Boeck & Scot Davis		
Apollo			Speech	TBD		
Brainerd	CC B/G	Dave Herath	B. Bask	Charlie Schoeck	BB	Trent Grams
Brainerd	FB	Jason Fred	G. Bask	Troy Nelson	SB	Shane Jordan
Brainerd	G. Swim	Dan Anderson	B. Hky	Dave Aus	BG	Brian Wallace
Brainerd	G. Tn	Lisa Salo	G. Hky	TBD	GG	Todd Person
Brainerd	B. Soc	Tom Grausam	B. Swim	John Zemke	BT	Ellen Fussy
Brainerd	G. Soc	Grant Gmeinder	B.Nordic Ski	Chris Hanson	B. Tk	Rod Reuer
Brainerd	VB	Rick Kuehlwein	G.Nordic Ski	Mary Claire Ryan	G. Tk	Ashley Rutman
Brainerd			Gymn.	TBD		
Brainerd			Dance	Cindy Clough		
Brainerd			Wrestling	Mikkey White		
Brainerd			Speech	Dave Pritschet		
Fergus F	CC B	Derek Meyer	B. Bask	Matt Johnson	BB	Kevin Pearson
Fergus F	CC G	Niki Welde	G. Bask	Josh Steer	SB	Lisa Truax
Fergus F	FB	Steve Olson	B. Hky	Mike Donaghue	BG	Matt McGovern
Fergus F	G. Swim	Joyce Monk	G. Hky	Tim Lill	GG	Ben Jurgens
Fergus F	G. Tn	Jamie Lill	B. Swim	Randy Hansen	BT	Titus Christianson
Fergus F	B. Soc	Joel Heikes	Nordic Ski	Joshua Scharnberg	B. Tk	Derek Meyer
Fergus F	G. Soc	Ben Jurgens	Gymnastics	Satera Harlow	G. Tk	Niki Welde
Fergus F	VB	Sabrina Noon	Wrestling	Adam Schlepp		
Fergus F			Speech	Mike Donoho		

Rocori	CC B/G	Brad Bauer / Brittney Herrig	B. Bask	Levi Peterson	BB	Jeff Illies
Rocori	FB	James Herberg	G. Bask	Valerie Fraley	SB	Derek Sauer
Rocori	G. Swim	Kim Mitchell	B. Hky	Zach Johnson	BG	Brian Herrig
Rocori	G. Tn	Mark Grelson	G. Hky	Lexi Klatt & Bryce Savage	GG	Ted Faber
Rocori	B. Soc	Chris Stavros	B. Swim	Kim Mitchell	B. Tk	Dave Rarick/Lisa Anderson
Rocori	G. Soc	Grant Johnson	Dance	Joyce Baumann &	G. Tk	Jim Meyer / Brad Bauer
Rocori	VB	Samantha Schlangen	Wrestling	Dustin Kramer		
Rocori			Speech	Chris Barker		
Sartell	CC B/G	Greg Henning	B. Bask	Marcus Oistad	BB	Jerome Nemanich
Sartell	FB	Scott Hentges	G. Bask	Katie Martin	SB	Dave Driste
Sartell	G. Swim	Hannah Mckeag	B. Hky	Ryan Hacker	BG	Jason Huschle
Sartell	G. Tn	Sarah Crandall	G. Hky	Marty Anderson	GG	Brock Swanson
Sartell	B. Soc	Matt Hager	B. Swim	Jason Anderson	BT	Jared Saue
Sartell	G. Soc	Roy Snyder	Nordic Ski	TBD	B/G Tk	Ross Anderson
Sartell	VB	Andrew Ditlevson	Wrestling	Cody Olson		
Sartell			Gymn.	TBD		
Sartell			Dance	Kelly McCarney		
Sartell			Speech	John Ronyak		
SR/R	CC	Sandie Lahr	B. Bask	Derek Peterson	BB	Jeff Hille
SR/R	FB	Phillip Klaphake	G. Bask	Jon Roesch	SB	TBD
SR/R	G. Swim	Whitney Jendro & Megan Dingmann	B. Hky	Brady DeGangne	BG	John Gans
SR/R/Ap	G. Tn	Trisha Bemboom	G. Hky	Marty Anderson	GG	Scott McCabe
SR/R	B. Soc	Chris Rothstein	B. Swim	Jason Tangen	B.Tn	TBD
SR/R	G. Soc	Tash Neu	N. Ski	Nicholas Snavely	Tk B	Rod Fuchs
SR/R	VB	Karen Beckmann	Gymn.	Elizabeth Walek	Tk G	Loren Finlayson
SR/R			Dance	Ali Mohr		
SR/R			Wrestling	Derik Gilbertson		
SR/R			Speech	Joanie Hauck		
Tech	CC B/G	Tom Stoffel	B. Bask	TBD	BB	Steve Taylor
Tech	FB	Jon Benson	G. Bask	Karl Heine	SB	Mike Trewick
Tech	G. Swim	Abigail Bergman	B. Hky	Pete Matanich	BG	John Scharenbroich
Tech	G. Tn	Paul Bates	G. Hky	Amanda Pickett	GG	Shannon Koskinen
Tech	B. Soc	Dan Stoterau	B. Swim	Tom Stoffel	BT	Paul Bates
Tech	G. Soc	Katie Boardman	Nordic Ski	Lance Beuning	Tk B/G	Craig Aycock
Tech	VB	Kristy Husen	Gymn.	Joel Stark-Haws		
Tech			Dance	Melanie Morris		
Tech			Wrestling	Bob Boeck & Scot Davis		
Tech			Speech	Karmin Schraw		
Willmar	G. Swim	Carl Shuldes	B. Bask	Jeff Holtkamp	BB	Tom DeBoer
Willmar	VB	Leah Ruter	G. Bask	Dustin Carlson	SB	TBD
Willmar	B. Soc	Jeffrey Winter	B. Hky	Jamie Hagen	BG	Joe Kuehn

<b>Willmar</b>	<b>G. Soc</b>	<b>Amanda Broman</b>	<b>G. Hky</b>	<b>Eric Setrum</b>	<b>GG</b>	<b>Bryan Mara/ Markee Blahosky</b>
<b>Willmar</b>	<b>G. Tn</b>	<b>Amy Morrell</b>	<b>B. Swim</b>	<b>Carl Shuldes</b>	<b>BT</b>	<b>Forrest Rice</b>
<b>Willmar</b>	<b>CC B/G</b>	<b>Eric Hjelden</b>	<b>Nordic Ski</b>	<b>Brad Haugen</b>	<b>Tk B/G</b>	<b>TBD</b>
<b>Willmar</b>	<b>FB</b>	<b>Jon Konold</b>	<b>Gymn.</b>	<b>Josie Kent</b>		
<b>Willmar</b>			<b>Dance</b>	<b>Monica Maher</b>		
<b>Willmar</b>			<b>Wrestling</b>	<b>Ed Oehlers</b>		
<b>Willmar</b>			<b>Speech</b>	<b>Andy Tupa</b>		

### **Music Directors**

<b>Band</b>	<b>Alexandria</b>	<b>Casey Skalbeck</b>
<b>Choir</b>	<b>Alexandria</b>	<b>Steve Deitz</b>
<b>Orchestra</b>	<b>Alexandria</b>	<b>Brad Lambrect</b>
<b>Band</b>	<b>Brainerd</b>	<b>Chris Fogderud</b>
<b>Choir</b>	<b>Brainerd</b>	<b>Brian Stubbs</b>
<b>Orchestra</b>	<b>Brainerd</b>	<b>Amber Kopp</b>
<b>Band</b>	<b>Fergus Falls</b>	<b>Scott Kummrow</b>
<b>Choir</b>	<b>Fergus Falls</b>	<b>Janel Trosvig</b>
<b>Orchestra</b>	<b>Fergus Falls</b>	<b>Craig Peterson</b>
<b>Band</b>	<b>Rocori</b>	<b>Tony Hutar</b>
<b>Choir</b>	<b>Rocori</b>	<b>Kim Morford</b>
<b>Band</b>	<b>St. Cloud Apollo</b>	<b>George Zahn</b>
<b>Choir</b>	<b>St. Cloud Apollo</b>	<b>Victoria Janasz</b>
<b>Orchestra</b>	<b>St. Cloud Apollo</b>	<b>Aurora Adamson</b>
<b>Band</b>	<b>St. Cloud Tech</b>	<b>Jessica Scherer</b>
<b>Choir</b>	<b>St. Cloud Tech</b>	<b>Nicholas Hollermann</b>
<b>Orchestra</b>	<b>St. Cloud Tech</b>	<b>Kara Mather</b>
<b>Band</b>	<b>Sartell/St. Stephen</b>	<b>David Lumley</b>
<b>Choir</b>	<b>Sartell/St. Stephen</b>	<b>Brandon Nordhues</b>
<b>Orchestra</b>	<b>Sartell/St. Stephen</b>	<b>Sylvia Kaare</b>
<b>Band</b>	<b>Sauk Rapids/Rice</b>	<b>Zach Sander</b>
<b>Choir</b>	<b>Sauk Rapids/Rice</b>	<b>Steven Mick</b>
<b>Band</b>	<b>Willmar</b>	<b>Bryan Mara</b>
<b>Choir</b>	<b>Willmar</b>	<b>Neil Haugen</b>
<b>Orchestra</b>	<b>Willmar</b>	<b>Michelle Suter</b>