

All Conference & Honorable Mention – Winter of 2019-20

Dance:

Standings	2019-20 High Kick	
Sartell	1 st	Maddy Ouart, Grace Vogt, Lexi Rudnitski, Lexi Magedanz, Ella Krauel and Kaylee Ringstad
Brainerd	2 nd	Harlie Spieker, Grace Balsley, Mariah Erickson, Quinn Geraets and India Hiltner
Rocori	2 nd	Andrea Eisenschenk, Emma Langer, Emma Conrad and Ellie Wigham
Tech	4 th	Morgan Peltz, Emily Jordre, Gentri Hansen and Malea Miller
SRR	4 th	Sarah Anderson, Erin Nelson, Morgan Hoffman and Veronica Peacoc
Apollo	6 th	Grace Leapaldt, Rachel Lampert and Rylee Tschida
Alex	7 th	Kaylee Suckstorff and Autumn Botz
Willmar	8 th	Abby Stauffenecker and Ellie McGillivray

Standings	2019-20 Jazz Funk	
Sartell	1 st	Grace Vogt, Maddy Ouart, Maggie Schneider and Madi Kruse
Brainerd	2 nd	Quinn Geraets, India Hiltner, Harlie Spieker and Macy Clough
Tech	3 rd	Abby Glenn, Emilie Miller and Amber Kirchoff
Rocori	4 th	Maggie Headlee, Jaedyn Kripner and Madeline Fuchs
SRR	5 th	Izabella Peplinski, Sarah Anderson and Erin Nelson
Apollo	6 th	Ashalee Stueve and Rachel Lampert
Alex	7 th	Autumn Botz
Willmar	8 th	Lexi Tersch

High Kick Honorable Mention:

Sartell: Brooke Andel and Maggie Schneider
 Brainerd: Macy Clough and Semme Hiltner
 Willmar: Lexi Tersch and Angie Chatlain
 Rocori: Carley Kremer and Maggie Headlee
 Apollo: Ashalee Stueve and Katera Lampert
 Tech: Jasmine Jett and Reagan Bigaouette
 Alex: Maddie Holtz and Caris Pass
 SRR: Izabella Peplinski and Maddie Richards

Jazz Funk Honorable Mention:

Sartell: Brooke Andel and Lexi Rudnitski
 Brainerd: Jada Bentson and Thea Shogun
 Willmar: Karley Franzwa and Lily Thompson
 Rocori: Rylee Jude and Andrea Eisenschenk
 Apollo: Aubrey Single and Rylee Tschida
 Tech: Jenna Brenson and Jasmine Jett
 Alex: Maddie Holtz and Caris Pass
 SRR: Morgan Hoffman and Megan Wahlin

Nordic Ski: All Conf.

2019-20	Boys 5K Classic	Boys 5 K Skate	Standings	Girls 5 K Classic	Girls 5 K Skate
1	Sartell/C Ben Boelter, Sart/C	Zack Nemeth, Sart/C	1	Brainerd Gina Wasniewski, Brd	Wren Scott-Lumbar, Tech
2	Brainerd Nole Robertson, Brd	Will Nemeth, Sart/C	2	Alex Emma Storbakken, Brd	Elle Juranek, Brd
3	Fergus F. Jacob Olson, Brd	Ryan Cady, Brd	3	Sartell/C Sarah Nesheim, Brd	Bethany Miller, Alex
4	Tech Noah Schaeffer, Brd	Tucker Henkes, FF	4	Tech Kamryn Coauette, Alex	Emma Reineke, Alex
5	Alex Brian Denke, Alex	Danny Perrault, Tech	5	Ap/SRR Isabel Nelson, Brd	Lydia Anderson, Sart
6	Ap/SRR Hayden Roelofs, Sart/C	Elias Knapp, Brd	6	Madeline Francois, Sart/C	Josie Boelter, Sart/C

Honorable Mention:

2019-20	Boys 5K Classic	Boys 5 K Skate	Standings	Girls 5 K Classic	Girls 5 K Skate
7	Johnny Nemeth, Sart/C	Nicholas Porisch, Brd	7	Violet Steil, Sart/C	Callie Knapp, Brd
8	Braden Capelle, Brd	Atticus Osborne, Brd	8	Cameo Neumann, Alex	Jaden Nguyen, Sart/C
9	Luke Schroeder, FF	Karl Schroeder, Tech	9	Teresa Bitzan, Alex	Dulce Bakker, Alex
10	David Ronnevik, FF	Ryker Bosek, Alex	10	Esther Scheele, Tech	Ellie Brown, Brd

Gymnastics

	2019-20 Standings		Bars		Beam	
1	Sartell	6-0	Marley Michaud	Sartell	Taylor Schaefer	Tech
2	Tech/Ap/Cath	4-2	Ali Boschee	Sartell	Tayva Carruthers	Willmar
3	Brainerd	5-1	Carly Yang	Sartell	Josie Harguth	Brainerd
4	Willmar	3-3	Taylor Schaefer	Tech	Marley Michaud	Sartell
5	Alexandria	2-4	Tricia Castro	Tech	Kirah Kessler-Gross	Willmar
6	Sauk Rapids/Rice	1-5	Izzy Olson	Brainerd	Carly Yang	Sartell
6	Fergus Falls	0-6	Sena Lunning	Tech	Brenna Deason	Brainerd
8			Emma Schwartz	Sartell	Carley Weisenbeck	Sauk Rapids Rice
9			Abby Coquyt	Willmar	Olivia Prom	Tech
10			Presleigh Schrupp	Willmar	Kelsey Fletcher	Alexandria
	Floor		Vault		All Around	
1	Marley Michaud	Sartell	Taylor Schaefer	Tech	Marley Michaud	Sartell
2	Brenna Deason	Brainerd	Marley Michaud	Sartell	Taylor Schaefer	Tech
3	Izzy Olson	Brainerd	Izzy Olson	Brainerd	Carly Yang	Sartell
4	Kirah Kessler-Gross	Willmar	Ella Simmons	Sartell	Izzy Olson	Brainerd
5	Kelsey Fletcher	Alexandria	Carly Yang	Sartell	Kirah Kessler-Gross	Willmar
6	Taylor Schaefer	Tech	Kelsey Fletcher	Alexandria	Emma Schwartz	Sartell
7	Kenna Smith	Brainerd	Kirah Kessler-Gross	Willmar	Brenna Deason	Brainerd
8	Tayva Carruthers	Willmar	Brenna Deason	Brainerd	Kelsey Fletcher	Alexandria
9	Ali Boschee	Sartell	Emma Schwartz	Sartell	Tayva Carruthers	Willmar
10	Carly Yang	Sartell	Rachel Boyden	Alexandria	Carley Weisenbeck	Sauk Rapids Rice

Honorable Mention:

Vault:	Ellie Selisker, Brainerd	Grace Ciarrochi, Tech
Bars:	Brooke Jones, Brainerd.	Morgan Weber, Sartell
Beam:	Izzy Olson, Brainerd.	Ailynn Fettig, Alexandria
Floor:	Brenna Chisholm, Sartell.	Abigail Coquyt.
All Around:	Tricia Castro, Tech.	Presleigh Schrupp, Willmar

B. Swimming: All Conf.

Standings	Boys	2019-20	1st Place	2nd	3rd
1. Sartell	200 M.Relay	Brd: Tristan Dawson, Parker Tatge, Cade Rosenwald, Dylan Paulson	Alex: Tom Williams, Jameson Molesworth, Luca Dauer, Logan Tung		
2. Alex	200 F.Relay	Sart: George Larson, Carter Larson, Cooper Larson, Garrett Maras	Alex: Luca Dauer, Logan Tung, Jameson Molesworth, Nicolas Welle		
3. Brainerd	400 F.Relay	Sart: Carter Larson, Brannon Bjork, Garrett Maras, Cooper Larson	Alex: Carter Holm, Torrey Olson-Rodel, Anthony Hoyt, Nicolas Welle		
4. Willmar	200 Free	Anthony Hoyt, Alex	Jack Thomas, Sartell	Carter Larson, Sartell	
5. SRR	200 IM	Cade Rosenwald, Brd	George Larson, Sartell	Logan Tung, Alex	
6. Tech/Roc	50 Free	Nicolas Welle, Alex	Brannon Bjork, Sartell	Garrett Maras, Sartell	
6. Fergus F.	Diving	Elijah Grabinski, SRR	Izaak Herrlich, Brd	Braden Lemke, Tech/Roc	
8. Apollo	100 Fly	Cade Rosenwald, Brd	Luca Dauer, Alex	Tristan Dawson, Brd	
	100 Free	Nicolas Welle, Alex	Cooper Larson, Sartell	Garrett Maras, Sartell	
	500 Free	Anthony Hoyt, Alex	Tom Hoffmann, Tech/Roc	Mason Kuepers, Brd	
	100 Back	Tristan Dawson, Brd	Ben Seelhammer, Willmar	Tom Williams, Alex	
	100 Breast	Jameson Molesworth, Alex	Isaac Freese, SRR	Logan Tung, Alex	

Hon. Ment.	Boys	2019-20	4 th Place	5 th	6 th
	200 M.Relay	Sart: Brannon Bjork, David Zhang, Beau Garman, Quincy Pierskala	SRR: Cole Bonovsky, Isaac Freese, Tom Daniels, Garrett Feuling.		
	200 F.Relay	Will: Jacob Meyer, Ethan Hurley, Logan McGillivray, Ayden Schueler	Sart: David Zhang, Quincy Pierskala, Carter Trombley, Jack Thomas		
	400 F.Relay	Brd: Mason Kuepers, Cade Rosenwald, Dylan Paulson, Connor Lund	Will: Ayden Schueler, Jacob Meyer, Ben Seelhammer, Jon Arends		
	200 Free	Cooper Larson, Sartell	Ayden Schueler	Mason Kuepers, Brd	
	200 IM	Tom Williams, Alex	Ben Seelhammer, Willmar	Torrey Olson-Rodel, Alex	
	50 Free	Jacob Meyer, Willmar	Carsten Reuter, Tech/Roc	Dylan Paulson, Brd	
	Diving	Caden Kavanagh, Alex	Blake Cummings, Brd	Kale Bockelman, Willmar	
	100 Fly	Sean Cooney, Apollo	Jameson Molesworth, Alex	Beau Garman, Sartell	
	100 Free	Carter Holm, Alex	Carsten Reuter, Tech/Roc	Jacob Meyer, Willmar	
	500 Free	Carter Larson, Sartell	Jack Thomas, Sartell	George Larson, Sartell	
	100 Back	Brannon Bjork, Sartell	Tom Ruhl, Brd	Cole Bonovsky, SRR	
	100 Breast	Tucker Hendrickson, SRR	David Zhang, Sartell	Parker Tatge, Brd	

Hockey:

Standings	2019-20	Boys	Standings	Girls
Tech/Ap 1 st	9-1-1	Luke Jonson, Sean Davidson, Blake Keller, August Falloon	Brainerd/LF	7-1 Gabbie Smith, Sophie Robinson, Taylor Larson, Lindsey Booth
Brainerd 1 st	7-1-1	Eric Pohlkamp, Ian Aadland, Mike Laber, Christian Kadolph	Sartell/SRR	8-4 Anna Orth, Chloe Stockinger, Lauren Wensel
Alexandria	10-3	Caleb Strong, Andrew Revering, Landyn James	Alexandria	7-3-1 Mayson Toft, Kaci Trosvig, Anna Doherty
Roc/RvLks	7-6	Logan Stellmach, Drew Tangen, Ethan Howard	St.Cloud/IB	6-6 Gabbie Rud, Jordan Swingle
Fergus Falls	5-7	Kaden Paterson, Michael DeBrito	Willmar	4-7 Bailey Olson, Madison Garberding
SR/R	3-7	Brady Pesta, Brandon Bokelman	Roc/RvLks	3-6-1 Kianna Roeske, Brooke Lemke
Sartell	3-9	Michael Webster, Will Schiffler	Fergus Falls	1-9 Ellie Andersen
Willmar	0-10	Devin Sankey		

Honorable Mention Boys:

Alexandria: Joe Westlund, Mathew Carlsen, Josiah Gronholtz, Derek Pesta
 Brainerd: Haden Kruse, Josh McLain, Westin Andres
 Fergus Falls: Issac Young, Cole Zierden and Ben Swanson
 Rocori: Griffin Duininck, Blake Blattner, Tanner Stanley, Colton Baumgarten
 St. Cloud: Cory Warner, Max Rud, Spencer Bertram
 Sartell: Hayden Walters, Connor Hacker, Ryan Zulkosky
 SRR: Riley Weinand, Easton Portner, Carter Kayser, Cayden Christensen
 Willmar: Ashton Gregory, Aiden Donelan

Honorable Mention Girls:

Alexandria: Marke Oberg, Hanley Block, MaKenna Aure, Lauren Maras
 Brainerd: Josie Kramer, Emma Smith, Emma Booh, Shaylee Stroot
 Fergus Falls: Jade Zierden, Maddie Huler, Piper Andrews, Chloe Nelson
 Rocori: Olivia Haines, Bree Griffin, Hannah Zimmer, Brianna Deming
 Sartell/SRR: Mallory Heder, Nora Sauer, Morgan Cromwell, Rachel Wieland
 St. Cloud: Ashlea Arvidson, Katherine Bell, Taylor Holm, Taylor Mathiasen
 Willmar: Mya Monson, Nina Dawson, Tanna Christensen, Bryton Carlson

Wrestling:

Standings 2019-2020		
7-0	Willmar	Josh Miley, Caden Carlson, Kaden Streed, Conlan Carlson, Ethan Roux, Ivan Ciriaco-Mares, Braeden Erickson, Jonas Anez, Jack Roehl, Steven Cruze
5-2	Brainerd	Isaiah Germann, Isaiah Jillson, Kyle Eschenbacher, Atlie Danielson, Gabe Wagner, Forrest Gibson
5-2	Tech/Ap	Jaxon Kenning, Andy Johnson, Aaron Voigt, Jack Latterell, Logan Hanson, Taylor Hugg
4-3	Sartell	Spencer Johnson, Sam Fernholz, Ashton Lipinski, Dylan Joyce, Jack Engle
4-3	SRR	Jared Spohn, Hunter Farnick
2-5	Alexandria	Blaze Nelson, Kelly Johnson, Ryan Borris
1-6	Rocori	Austin Moscho, Jack Major, Ben Primus
0-7	Fergus F.	Kaden Hartwell

Honorable Mention:

Brainerd:	Elijah Germann, Blake Wgeishofski, Damien Benthos, Cade Barrett, Cole Larkin
Tech/Ap:	Hunter Hauptert, Nick Hama
Rocori:	Ben Hansen
Sartell:	Will Budge
SRR:	Joey Hoeschen, Matthew Krepp, Alex Diederich, Dante Haywood
Willmar:	Joe Kallevig, Mason Swanson

Basketball

Standings 2019-20 Boys			Standings Girls		
14-2	Fergus F.	Dominic Aguilar, Chance Fazio, Ethan Olson	15-0	Fergus F.	Sabrina Fronning, Paige Pearson, Ellie Colbeck, Tori Ratz
12-4	Alex	Colton Roderick, Kristen Hoskins, Erik Hedstrom	12-3	Alex	Ella Grove, Mia McGrane
11-5	Apollo	Michael Gravelle, Chang Hoth, Pouch Dubol	11-4	Willmar	Madi Linbo, Mackenzie Jones, Katelyn Murphy
11-5	Sartell	Dominic Hagy, Gus Gunderson	11-5	Brainerd	Myah Nelson, Erika Lane
8-8	Brainerd	Connor Powers, Owen Davis	6-10	Sartell	Avery Templin, Gretta Mahowald
7-9	Rocori	Andrew Anderson, Jayden Philippi	5-11	SRR	Shayna Payonk
5-11	SR/R	Josh Schloe, Kobe Lee	4-12	Tech	Genaya Murray, Rachel Kaczor
3-13	Willmar		3-10	Rocori	
1-15	Tech	Nate Trewick	2-14	Apollo	