

## All Conference & Honorable Mention – Fall of 2019

### Girls Tennis:

2019-20	Record	GIRLS		Record	BOYS
Brainerd	9-0	Kate Kurtzman, Lily Jones & Ally Goeden, Addie Sanford & Chloe Pecarich	Willmar		
Alexandria	8-2	Brianna Holm, Joria Downing & Taylor Sayre	Alexandria		
Willmar	8-4	Chloe Hansen	Sartell		
St. C. Tech	4-3	Ashley Tarrolly	Brainerd		
Rocori	5-5	Andrea Eisenschenk & Maggie Molitor	St. C. Tech		
Apollo/SRR	2-7	Eli Weinert & Morgan Thompson	Fergus Falls		
Fergus Falls	1-8	Ellie Colbeck	Apollo/SRR		
Sartell	0-9	Kiley Rodarmel			

### Cross Country:

Boys	All Conference	2019-20	Standings	Girls	All Conference	Standings
1	Fuad Bashir	Willmar	Willmar 29	1	Lauren Eilers	Willmar Alex 32
2	Liban Mohamed	Apollo	Apollo 48	2	Katelyn Motter	Rocori Rocori 51
3	Mason Wendt	Willmar	Alex 59	3	Caitlin Bright	Alexandria Willmar 54
4	Jacob Kleven	Alexandria	Sartell 108	4	Paige Larsen	Rocori Sartell 112
5	Aden Aden	Willmar	Brainerd 143	5	Aleah Miller	Alexandria Brainerd 170
6	Sam Brewer	Apollo	Tech 165	6	Erin Eilers	Willmar Fergus Falls 174
7	Dane Galloway	Alexandria	Rocori 178	7	Emma Ecker	Alexandria Tech 182
8	Ben Boelter	Sartell	SRR 219	8	Jaelyn Miller	Alexandria Apollo 209
9	Colin O'Farrell	Willmar	Fergus F. 247	9	Bethany Miller	Alexandria
10	Nick Blommel	Apollo		10	Laina Viere	Rocori
11	Mowlid Mohammed	Willmar		11	Giselle Jahner	Alexandria
12	Brian Denke	Alexandria		12	Nina Dawson	Willmar
13	Tucker Ten Voorde	Apollo		13	Ingrid Buiceag-Arama	Sartell
14	Fathi Dubet	Willmar		14	Bridget Collins	Brainerd
15	Daniel Binsfeld	Sartell		15	Merideth Theis	Rocori

### Honorable Mention: Girls

16	Ashley	Nelson	Sartell
17	Kendall	Hanson	Willmar
18	Lyndi	Koosman	Willmar
19	Emily	Nuss	Fergus Falls
20	Ava	Larsen	Rocori
21	Selma	Dingman	Rocori
22	Addison	Hogan	Willmar
23	Carley	Kremer	Rocori
24	Mady	Dockendorf	Sartell
25	Macee	Hansen	Willmar

## Boys

16	Joey	Carlson	Alexandria
17	Ethan	Logeman	St Cloud Apollo
18	Ethan	Klisch	Brainerd
19	Jared	Bentrud	Sauk Rapids-Rice
20	Bennett	Wirth	Alexandria
21	Matthew	Bzdok	St Cloud Tech
22	Gus	Duinink	Brainerd
23	Clark	Nelson	Rocori
24	Sully	Anez	Willmar
25	Thomas	Ruhl	Brainerd

## Girls Swimming / Diving:

Standings	Girls	2019-20	1st Place	2nd	3rd
1.	Sartell	200 M.Relay	Sartell: Heidi Lenarz, Emma Yao, Holly Lenarz, Madeline Francois	Alex: Sidney Johnson, Aleah Dokter, Ashtyn Molesworth, Hattie Galloway	
2.	Brainerd	200 F.Relay	Sartell: Liberty Johnson, Janie Martin, Emma Yao, Lauryn Kramer	SRR: Abigail Tangen, Lydia Zabinski, Haley Davis, Anna Lucas	
3.	SRR	400 F.Relay	Sartell: Lauryn Kramer, Holly Lenarz, Liberty Johnson, Heidi Lenarz	SRR: Anna Lucas, Savannah Henkel, Sophia Henkel, Abigail Tangen	
4.	Alex	200 Free	Anna Lucas, SRR	Faith Akervik, Sartell	Jordan Klein, Rocori
5.	Rocori	200 IM	Heidi Lenarz, Sartell	Holly Lenarz, Sartell	Ava Brogren, Willmar
6.	Tech	50 Free	Lauryn Kramer, Sartell	Hattie Galloway, Alex	Madeline Francois, Sartell
7.	Willmar	Diving	Olivia Motter, Rocori	Izzy Olson, Brainerd	Hailey Westrup, Sartell
8.	Fergus F	100 Fly	Holly Lenarz, Sartell	Sophia Henkel, SRR	Hattie Galloway, Alex
9.	Apollo	100 Free	Anna Lucas, SRR	Lauryn Kramer, Sartell	Haley Condon, Tech
		500 Free	Heidi Lenarz, Sartell	Faith Akervik, Sartell	Megann Jobin, Sartell
		100 Back	Haley Condon, Tech	Sidney Johnson, Alex	Macy Dockendorf, Sartell
		100 Breast	Ava Brogren, Willmar	Ashtyn Molesworth, Alex	Sara Hennemann, Sartell

## Honorable Mention:

Standings	Girls	2019-20	4 <sup>th</sup> Place	5 <sup>th</sup>	6 <sup>th</sup>
		200 M.Relay	Tech: Haley Condon, Sydney Gustin, Kierstyn Nelson, Alaina Murphy	Brd: Ellie Mattson, Chandler Niemeyer, Mariah Alderson, Sidney Miller	
		200 F.Relay	Brd: Macey Whitlock, Chandler Niemeyer, Hannah Tatge, Jacquilyn Rude	Sartell: Faith Akervik, Peyton Sabart, Chloe Bartels, Sara Hennemann	
		400 F.Relay	Sartell: Janie Martin, Faith Akervik, Chloe Bartels, Madeline Francois	Tech: Kierstyn Nelson, Sydney Gustin, Emma Hoffmann, Haley Condon	
		200 Free	Anika Guggenberger, Rocori	Macey Whitlock, Brainerd	Megann Jobin, Sartell
		200 IM	Sophia Hendel, SRR	Lydia Zabinski, SRR	Grace Urke, Alex
		50 Free	Jacquilyn Rude, Brainerd	Liberty Johnson, Sartell	Kierstyn Nelson, Tech
		Diving	Brenna Deason, Brainerd	Kaylee Meyer, Alex	Sabrina Buffetta, Brainerd
		100 Fly	Kierstyn Nelson, Tech	Emilie Carlson, Fergus Falls	Elizabeth Weitzel, Apollo
		100 Free	Madeline Francois, Sartell	Jacquilyn Rude, Brainerd	Liberty Johnson, Sartell
		500 Free	Kiana Gallinger, Willmar	Macey Whitlock, Brainerd	Lydia Zabinski, SRR
		100 Back	Jessa Okeson, Rocori	McKenna Horan, Alex	Ellie Mattson, Brainerd
		100 Breast	Emma Yao, Sartell	Grace Urke, Alex	Alani Nguyen, Rocori

## Soccer:

Standings	BOYS 2019-20	ALL CONFERENCE
1 St. C. Tech	9-1-1	Samuel Putz, Zakaria Mohamud, Joseph Pearson, Ethan Miller, Christian Engel
1 Brainerd	8-1-1	Max Wheeler, Max Lelwica, Jude Hiltner, Kaleb Sundquist, Nick Whiteman
3 Rocori	5-1-3	Christian Rodriguez, Caiden Hennen, Johathan Avalos, Max Hansen
4 Sartell	5-4-2	David Middendorf, Nick Sanderson, Brandon Dela Rosa, Aiden Forberg
5 Alexandria	5-6	Joshua Kietzmann, Nathan Schneiderhan, Sean Haak
5 Willmar	4-6-2	Kelvin Gomez Padilla, Devin Sankey, Abdimalik Mohamed
7 St. C. Apollo	3-8	Blake Keller, Nasteh Ahmed, Andrew Theisen
8 SR-R	3-7-1	Durham Welch, Kyle Conway
9 Fergus Falls	0-8	Ian Stumbo

## Honorable Mention:

Tech:	Drrek Herrington, Drake Jett, Matthew Pearson
Sartell:	Ben Marthaler, John Engelkes, Mahmoud Soumah
Rocori:	Evin Kolbjornsen, Joshua Johnston, Eduardo Alvarez- Mendez
Brainerd:	Jack Thorkelson, Isaac Foster, Cooper Cousino
Willmar:	Leighton Winter, Josh Miley, Jorge Zelaya Velasquez
Alexandria:	Jacob Siira, Graham Peterson, Jacob Meuwissen
Apollo:	Johnathon Vallalta, Zack Shiltz, Peter Olsen
SRR:	Tai Lam, Eli Rudnick, Eli Moilanen
Fergus Falls:	Arafat Abdullah

Standings	GIRLS 2019-20	ALL CONFERENCE
Brainerd	10-0	Josie Kramer, Gabbie Smith, Kayla Bush, Mari Devine, Taylor Larson
St. C. Tech	7-3-1	Emilie Miller, Oliva McCarty, Gabbie Rud, Kenzie Lee
SR-R	6-2-2	Emma Plemel, Chloe Stockinger, Renae Van Der Hagen, Maggie Fernholz
Alexandria	6-3-1	Shea Issendorf, Anna Zwilling, Camille Hegstad
Sartell	4-5	Reese Kloetzer, Christa Meyer, Madi Kruse
Willmar	5-6-1	Julissa Celis-Victoria, Ella Shinn, Ella Swenson
Fergus Falls	3-5	Piper Andrews, Svea Smestad
Rocori	1-8	Laney Griffin
St. C. Apollo	0-10-1	Mei-Ling Lenzer

## Honorable Mention:

Tech:	Jayna Benson, Grace Davidson, Taylor Holm
Sartell:	Lauren Schmitz, Brenna Chisholm, Morgan Cromwell
Alexandria:	Emma Reineke, Kylee James, Myah Kremer
Apollo:	Skyler Urick, Emily Koepp, Anika Priester
SRR:	Adyson Froiland, Ashley Konietzko, Emma Johnsen
Rocori:	Clare Pederson, Bree Griffin, Olivia Tronbak
Brainerd:	Shayla Makowski-Budrow, Emma Smith, Avery LeMieur
Fergus Falls:	Elli Andersen, Hope Goepferd, Anna Anderson
Willmar:	Kirah Kessler-Gross, Samantha Christoffer, Kaitlyn Murphy

## Volleyball:

Standings	2019-20
Sartell	11-0 Elizabeth Dille, Morgan Vosberg, Katelyn Hammer, Hope Grasswick
Brainerd	9-3 Avery Eckman, Delaney Schaeffer, Gracie Rivard
Alexandria	8-3 Mia McGrane, Ella Grove, Tessa McGrane
Willmar	8-3 Abby Stark, Bailey Olson, Lydia Larson
SR-R	6-6 Cora Weirens, Alyssa Blais
Fergus Falls	4-8 Kaia Strom, Jade Zierden
Rocori	4-8 Greta Lieser, Isabelle Mrozek
Tech	1-10 Karissa Lintgen
Apollo	1-11 Noelle Hackenmueller

**Honorable Mention:**

Sartell: Maya Workman, Gretta Mahowald  
Brainerd: Madi Genz, Abbi Bohlen, Kate Stadum  
Alexandria: Meg Shercliffe, Erika Roderick  
Willmar: Callie Slagter, Cambrie Parker, Sophie Kobienia  
SRR: Darci Peterson, Emma Hanson  
Fergus Falls: Sabrina Fronning, Hannah Prody, Katie Strommen  
Rocori: Abby Notch, Chloe Lieser, Kate Faber  
Tech: Sarah Harris, Mattie Dought, Grace Ciarrochi  
Apollo: Paige Cox, Kendra Horn