

## CLC Track Records

Boys Outdoor Records				
EVENT	NAME	SCHOOL	RECORD	YEAR
<b>3200 Meter Relay</b>	Mitch Lorenz, Luke Delaney, Tyler Rose, Justin Tyner	Brainerd	8:02.71	2007
<b>110 Meter Hurdles</b>	Jackson Walters	Brainerd	14.68	2012
<b>100 Meter Dash</b>	Ryan Buttenhoff	St. Cloud Tech	10.89	1996
<b>800 Meter Relay</b>	Nate Andrusick, Brenden Ott, Dawson Torborg, Jack Young	Rocori	1:30.06	2017
<b>1600 Meter Run</b>	Justin Grunewald	Brainerd	4:19.51	2004
<b>400 Meter Relay</b>	Nate Andrusick, Brenden Ott, Gunner Feldhege, Jack Young	Brainerd	42.61	2017
<b>400 Meter Dash</b>	Derek Ludwig	Alexandria	49.64	2006
<b>300 Meter Hurdles</b>	Scott Ferguson	Alexandria	39.20	2000
<b>800 Meter Run</b>	Kaafi Adeys	Willmar	1:56.86	2007
<b>200 Meter Dash</b>	Andy Nelson	Willmar	22.10	1993
<b>3200 Meter Run</b>	Drew Paradis	Alexandria	9:21.83	2009
<b>1600 Meter Relay</b>	R. Terpstra, M. Vigoren, M. Marschel, S. Hengel	Sartell	3:23.90	2000
<b>High Jump</b>	Edgar Kirabira	St. Cloud Tech	6' 08"	2006
<b>Pole Vault</b>	Tyler Zamudio	St. Cloud Apollo	14' 8"	2003
<b>Long Jump</b>	Robert Sewell	Fergus Falls	22' 7"	2018
<b>Triple Jump</b>	Paul Ferber	St. Cloud Tech	46' 2"	2001
<b>Sprint Medley</b>	M. Zumwinkle, Kowalski, Schepers, Johnson	St. Cloud Tech	3:37.60	1982
<b>Discus</b>	Layne Kelly	St. Cloud Tech	167' 2"	1978
<b>Shot Put</b>	J. Keubelbeck	Little Falls	59' 5.75"	1982
Girls Outdoor Records				
EVENT	NAME	SCHOOL	RECORD	YEAR
<b>3200 Meter Relay</b>	Annamaria Tomovic, Raquel Woods, Jaydo Woods, Carley Kremer	Rocori	9:18.65	2017
<b>100 Meter Hurdles</b>	Nina Borgworth	Brainerd	14.10	1983
<b>100 Meter Dash</b>	Wensia Johnson	Alexandria	12.02	2014
<b>800 Meter Relay</b>	Kirsti Klaverkamp, Tasha Harr, Amanda NcKee, Katelyn Bailey	St. Cloud Tech	1:45.28	2008
<b>1600 Meter Run</b>	Jamie Piepenburg	Alexandria	4:56.30	2012
<b>400 Meter Relay</b>	Hannah Quitmeyer, Syri Williams, Kaye Paschka, Kelby Olson-Rodel	Alexandria	48.92	2017
<b>400 Meter Dash</b>	Haylie Zenner	Fergus Falls	56.94	2011
<b>300 Meter Hurdles</b>	Trend Fields	Brainerd	44.90	1988
<b>800 Meter Run</b>	Andrea Wahlin	Rocori	2:14.43	2003
<b>200 Meter Dash</b>	Wensia Johnson	Alexandria	25.06	2012

<b>3200 Meter Run</b>	Jamie Piepenburg	Alexandria	10:42.88	2012
<b>1600 Meter Relay</b>	E. Jungles, S. Decker, K. Nies, A. Wahlin	Rocori	4:00.76	2003
<b>High Jump</b>	Carol Peterka	St. Cloud Apollo	5' 7"	1982
<b>Pole Vault</b>	Stacie Manuel	Willmar	13' 0.5"	2000
<b>Long Jump</b>	Jodie Lipp	St. Cloud Tech	18' 7.75"	2018
<b>Triple Jump</b>	Jodie Lipp	St. Cloud Tech	37' 8.5"	2018
<b>Discus</b>	Sandy Fuchs	Rocori	148' 8"	1993
<b>Shot Put</b>	Becky Fettig	St. Cloud Apollo	42' 0.5"	1981

<b>CLC Indoor Records</b>				
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1	Girls 3200 Meter Run	10:54.61	2015	Megan Hasz – Alexandria
2	Boys 3200 Meter Run	9:36.26	2005	Justin Grunewald – Brainerd
3	Girls 4x800 Meter Relay	9:50.40	1988	Alexandria
4	Boys 4x800 Meter Relay	8:21.35	2019	Apollo
5	Girls 60 Meter Hurdles	9.15	2010	Kelsi Ring – Brainerd
6	Boys 60 Meter Hurdles	8.61	2014	Isaiah West - Apollo
7	Girls 60 Meter Dash	7.68	2013	Wensia Johnson - Alexandria
8	Boys 60 Meter Dash	6.88	2019	Drew Olson - Alexandria
9	Girls 1600 Meter Run	5:02.03	2012	Jamie Piepenburg - Alexandria
10	Boys 1600 Meter Run	4:30.53	2003	Luke Bryant - Alexandria
11	Girls 4x200 Meter Relay	1:50.34	2019	Willmar
12	Boys 4x200 Meter Relay	1:34.70	2017	Rocori
13	Girls 400 Meter Dash	59.96	2019	Carley Kremer - Rocori
14	Boys 400 Meter Dash	51.73	2005	Mitch Gesell - Alexandria
15	Girls 800 Meter Run	2:17.39	2012	Haylie Zenner – Fergus Falls
16	Boys 800 Meter Run	1:58.06	2005	John Marschel - Sartell
17	Girls 200 Meter Dash	26.32	2007	Alise Post – Tech
18	Boys 200 Meter Dash	22.88	2018	Jack Young – Rocori
19	Girls 4x400 Meter Relay	4:09.90	2018	Rocori
20	Boys 4x400 Meter Relay	3:36.20	1989	Monticello
21	Girls Shot Put	45' 3.5"	2019	Mya Lesnar – Alexandria
22	Boys Shot Put	58' 2"	1994	Nate Pederson – Brainerd
23	Girls Triple Jump	38' 3.5"	2018	Jodi Lipp – Tech
24	Boys Triple Jump	44' 10"	2015	Jake Lieberg – Sartell
25	Girls Long Jump	18' 0.25"	2013	Rose Jackson - Willmar
26	Boys Long Jump	22' 7.25"	2008	Zach Bork – Rocori
27	Girls High Jump	5' 6"	2009	Andrea Whitney - Sartell
28	Boys High Jump	6' 9.25"	2000	Ryan Lesnau - Alexandria
29	Girls Pole Vault	12' 6"	2003	Stacy Manuel, Lauren Nelson – Willmar
30	Boys Pole Vault	14' 2.5"	2009	Nick Weis – Sauk Rapids-Rice