

2006-07**Performers of the Week & Highlights**

Name	Date	Sport	School
Justin Schweiger	September 4, 2006	Football	Willmar
Kasey Uran	September 4, 2006	Volleyball	Sartell/St. Stephen
Zach Reckstad	September 4, 2006	Soccer	Little Falls
Tom Fristad	September 4, 2006	Cross Country	Sartell/St. Stephen
Hannah Kellerman	September 4, 2006	Cross Country	Sartell/St. Stephen
Eric Hartmann,	September 11, 2006	Football	Alexandria
Katherine Harms	September 11, 2006	Volleyball	Little Falls
Aaryn Anderson	September 11, 2006	Tennis	St. Cloud Apollo
Kara Fisher	September 11, 2006	Swimming	Fergus Falls
Russ Klever	September 11, 2006	Cross Country	Sartell/St. Stephen
Liz Vold	September 11, 2006	Cross Country	Sartell/St. Stephen
Brian Hansen	September 18, 2006	Football	Rocori
Greta King	September 18, 2006	Volleyball	Willmar
Payal Kapoor	September 18, 2006	Tennis	St. Cloud Tech
Amber Bartholomew	September 18, 2006	Swimming	Alexandria
Brad Langenfeld	September 18, 2006	Soccer	Alexandria
John Dunlap	September 18, 2006	Cross Country	Little Falls
Heidi Peterson	September 18, 2006	Cross Country	Sartell/St. Stephen
Luke Sweeter	September 25, 2006	Football	Sartell/St. Stephen
Robin Laudenschach	September 25, 2006	Volleyball	Sartell/St. Stephen
Alyssa Huck	September 25, 2006	Tennis	Little Falls
Sarah Hund	September 25, 2006	Swimming	Willmar
Lukas Jorgensen	September 25, 2006	Soccer	Little Falls
Ashley Walentiny	September 25, 2006	Soccer	Sauk Rapids/Rice
Zach Wood	September 25, 2006	Cross Country	St. Cloud Tech
Desi Mantey	September 25, 2006	Cross Country	Sartell/St. Stephen
Adam Wheeler	October 2, 2006	Football	St. Cloud Tech
Amy Pederson	October 2, 2006	Volleyball	Sauk Rapids/Rice
Sarah Ebert	October 2, 2006	Tennis	Alexandria
Devin Polson	October 2, 2006	Soccer	Alexandria
Jessie Bye	October 2, 2006	Soccer	Brainerd
Abdi Awale	October 2, 2006	Cross Country	Willmar
Jackie Johnson	October 2, 2006	Cross Country	Willmar
Cory Hanson	October 9, 2006	Football	Willmar
Megan Loesch	October 9, 2006	Volleyball	St. Cloud Tech
Steph Dries	October 9, 2006	Tennis	St. Cloud Tech
Mike Roers	October 9, 2006	Soccer	Alexandria
Megan Zillmer	October 9, 2006	Soccer	Brainerd
Christie Nelson	October 9, 2006	Swimming	Brainerd
Matt Scherber	October 9, 2006	Cross Country	Sartell/St. Stephen
Andrea Whitney	October 9, 2006	Cross Country	Sartell/St. Stephen
Collin Stinogel	October 16, 2006	Football	St. Cloud Tech
Sam Dale	October 16, 2006	Volleyball	Alexandria
Noah Funk	October 16, 2006	Soccer	Alexandria
Kathleen Jameson	October 16, 2006	Swimming	Rocori
Tony Ferguson	October 16, 2006	Cross Country	Sartell/St. Stephen
Allie Rengel	October 16, 2006	Cross Country	Sartell/St. Stephen
Nick Schneider	October 23, 2006	Football	Rocori
Samantha Revering	October 23, 2006	Volleyball	Fergus Falls

Kelsey Lucia	October 23, 2006	Swimming	St. Cloud Apollo
Kayle Deters	October 30, 2006	Swimming	Sauk Rapids/Rice
Ashley Holmes	November 13, 2006	Hockey	Alexandria
Nhi Dinh	November 20, 2006	Hockey	Little Falls
Katelyn Dold	November 27, 2006	Hockey	St. Cloud Tech
Lisa Nielsen	November 27, 2006	Basketball	Willmar
Chelsey Weirschem	December 4, 2006	Hockey	Willmar
Eric Hartmann	December 4, 2006	Basketball	Alexandria
Jordyn Sears	December 4, 2006	Basketball	St. Cloud Tech
Megan Sjolie	December 11, 2006	Hockey	Fergus Falls
Ben Hanowski	December 11, 2006	Hockey	Little Falls
Landon Stanfield	December 11, 2006	Basketball	Brainerd
Stacy Svihel	December 11, 2006	Basketball	Rocori
Annalise Bratt	December 11, 2006	Gymnastics	Willmar
Matt Spoden	December 11, 2006	Wrestling	St. Cloud Apollo
Nikki Kaasa	December 18, 2006	Hockey	St. Cloud Tech
Justin Lochner	December 18, 2006	Hockey	Sauk Rapids/Rice
Justin Stommes	December 18, 2006	Basketball	Rocori
Angela Christianson	December 18, 2006	Basketball	Alexandria
Jillie Donabauer	December 18, 2006	Gymnastics	St. Cloud Tech/Cathedral
Corey Meyer	December 18, 2006	Nordic Ski	Little Falls
Missy Erickson	December 18, 2006	Nordic Ski	Alexandria
Steve Kløver	December 18, 2006	Swimming	Willmar
Charlie Kirscht	December 18, 2006	Wrestling	Alexandria
Jeni Grugel	December 25, 2006	Hockey	Fergus Falls
Jared Feastler	December 25, 2006	Hockey	Little Falls
Brin Hanson	December 25, 2006	Basketball	Willmar
Brianna Sanoski	December 25, 2006	Gymnastics	Little Falls
Luke Busta	December 25, 2006	Nordic Ski	St. Cloud Tech
Melissa Kempenich	December 25, 2006	Nordic Ski	Little Falls
Marcus Rien	December 25, 2006	Swimming	Rocori
Derik Gertken	December 25, 2006	Wrestling	Rocori
Anne Schleper	January 1, 2007	Hockey	St. Cloud Apollo/Cath
Justin Stommes	January 1, 2007	Basketball	Rocori
Maggie Bryant	January 1, 2007	Basketball	Sartell
Tyler Hommerding	January 1, 2007	Wrestling	Rocori
Beau Hanowski	January 8, 2007	Hockey	Little Falls
Alyssa Wiebusch	January 8, 2007	Hockey	Brainerd
Tye Dill	January 8, 2007	Basketball	St. Cloud Tech
Hannah Draxten	January 8, 2007	Basketball	Fergus Falls
Carl Fixsen	January 8, 2007	Nordic Ski	Willmar
Katherine Mueller	January 8, 2007	Nordic Ski	Brainerd
Jared Anderson	January 8, 2007	Swimming	Brainerd
Kayla Deters	January 8, 2007	Gymnastics	Sauk Rapids/Rice
Trent Molacek	January 8, 2007	Wrestling	Willmar
Cody Koski	January 16, 2007	Hockey	Fergus Falls
Kayla Hendrickson	January 16, 2007	Hockey	Sauk Rapids/Rice
Michael Carlson	January 16, 2007	Basketball	Sartell/St. Stephen
Dustin Parker	January 16, 2007	Basketball	Little Falls
Kendra Hillmerson	January 16, 2007	Basketball	Little Falls
Tyler Vanderlinden	January 16, 2007	Nordic Ski	Brainerd
Luke Money	January 16, 2007	Swimming	Fergus Falls

Mike Kirscht	January 16, 2007	Wrestling	Alexandria
Jared Festler	January 22, 2007	Hockey	Little Falls
Abby Williams	January 22, 2007	Hockey	Alexandria
Phil Hochsprung	January 22, 2007	Basketball	Little Falls
Sarah Schellinger	January 22, 2007	Basketball	Sartell/St. Stephen
Karl Haataja	January 22, 2007	Wrestling	Fergus Falls
Chad Hockemeyer	January 29, 2007	Hockey	St. Cloud Apollo
Danielle Justice	January 29, 2007	Hockey	Alexandria
Derek Ludwig	January 29, 2007	Basketball	Alexandria
Stephanie Neugebauer	January 29, 2007	Basketball	Brainerd
Kyle Czech	January 29, 2007	Nordic Ski	Little Falls
Danielle Erickson	January 29, 2007	Nordic Ski	Willmar
Matt Brown	January 29, 2007	Swimming	St. Cloud Apollo
Nikki Schaffer	January 29, 2007	Gymnastics	Little Falls
Ben Johnson	January 29, 2007	Wrestling	St. Cloud Tech
Mitch Schneider	February 5, 2007	Hockey	Willmar
Jeni Grugel	February 5, 2007	Hockey	Fergus Falls
Alex Nelson	February 5, 2007	Basketball	Fergus Falls
Erin Foley	February 5, 2007	Basketball	St. Cloud Tech
Nate Schwichtenberg	February 5, 2007	Swimming	Sartell/St. Stephen
Katie Jo Pavak	February 5, 2007	Gymnastics	Alexandria
Travis Peckskamp	February 12, 2007	Hockey	Sauk Rapids/Rice
Ashley Hutton	February 12, 2007	Hockey	Willmar
Evan Ziegler	February 12, 2007	Basketball	Sartell/St. Stephen
Kayla Huether	February 12, 2007	Basketball	Brainerd
Andrew Schwegel	February 12, 2007	Swimming	Alexandria
Alise Post	February 12, 2007	Gymnastics	St. Cloud Tech
Seth Noreen	February 20, 2007	Basketball	St. Cloud Apollo
Brooke Dunsmoor	February 20, 2007	Basketball	St. Cloud Apollo
Chad Aaseth	February 26, 2007	Basketball	Rocori
Amber Bartholomew	February 26, 2007	Basketball	Alexandria
Casey kedrowski	April 2, 2007	Track	Sauk Rapids/Rice
Alise Post	April 2, 2007	Track	St. Cloud Tech
Bryan Fischer	April 9, 2007	Track	Sartell/St. Stephen
Kirsten Bjork	April 9, 2007	Track	Sauk Rapids/Rice
Dan Weihrauch	April 16, 2007	Track	Sartell/St. Stephen
Katie Timm	April 16, 2007	Track	Sauk Rapids/Rice
Luke Smoley	April 23, 2007	Baseball	Sartell/St. Stephen
Micki Seibring	April 23, 2007	Softball	St. Cloud Tech
Maggie Leland	April 23, 2007	Golf	Alexandria
Evan Giffin	April 23, 2007	Track	Sartell/St. Stephen
Carly Braun	April 23, 2007	Track	Sauk Rapids/Rice
Matt Hallstrom	April 23, 2007	Tennis	Willmar
Chad Aaseth	April 30, 2007	Baseball	Rocori
Allie Sweep	April 30, 2007	Softball	Willmar
Vanessa Wise	April 30, 2007	Golf	St. Cloud Tech
Kayla Deters	April 30, 2007	Track	Sauk Rapids/Rice
Shane Nies	April 30, 2007	Track	Sartell/St. Stephen
Bryce Barsness	April 30, 2007	Tennis	Fergus Falls
David Sanderson	April 30, 2007	Tennis	Fergus Falls
Logan Birr	May 7, 2007	Baseball	St. Cloud Apollo
Melissa Fruechte	May 7, 2007	Softball	Little Falls

Molly Leland	May 7, 2007	Golf	Alexandria
Robert Riechel	May 7, 2007	Golf	Rocori
Sarah Schellinger	May 7, 2007	Track	Sartell/St. Stephen
Mike Neilson	May 7, 2007	Track	Sartell/St. Stephen
Kevin Kay	May 7, 2007	Tennis	St. Cloud Tech
Cole Sytsma	May 14, 2007	Baseball	St. Cloud Tech
Ashley Olson	May 14, 2007	Softball	Brainerd
Samantha Sommers	May 14, 2007	Golf	St. Cloud Apollo
Kirsti Klaverkamp	May 14, 2007	Track	St. Cloud Tech
Zach Bork	May 14, 2007	Track	Rocori
Reggie Ronning	May 14, 2007	Tennis	Alexandria
Andy Henkemeyer	May 21, 2007	Baseball	Sauk Rapids/Rice
Bri Plombon	May 21, 2007	Track	Sartell/St. Stephen
Jack Trebelhorn	May 21, 2007	Track	Alexandria
Joey Lafontaine	May 21, 2007	Tennis	St. Cloud Apollo
Robert Reichel	May 28, 2007	Golf	Rocori
Michelle Kaiser	May 28, 2007	Track	Sauk Rapids/Rice

Spring Highlights 2007:

Boys Golf: State Qualifiers: Gordy Diekman, Alex (Tied for 5th at State);

Trevor Gervals, FF (20th at State); Mike Tuel, FF (29th at State);

Curt Carlson, Brd (45th at State); Tom Wagner, Willmar.

Girls Golf: Section 8AA Champions and 2nd at STATE - **Alexandria**. State Qualifiers:

Sam Sommers, Apollo (3 time **STATE CHAMPION**); Molly Leland, Alex (8th at State);

Maggie Leland, Alex (14th at State); Abby Reuter, Sartell (42th at State);

Vanessa Wise, Tech (42th at State); Alex team: Jenny Robley (42nd at State),

Beckah Ripley, Maxine Carlson, and Anna Weber.

SB: North Sub Section Champion 8AA - **Alexandria**.

BB: South Sub Section Champion 8AA - **Rocori**.

B.TK: Section 2AA Champions & 18 at STATE - **Willmar**.

State Qualifiers: **Willmar:** 3200 relay: Mustafa Yusuf, Abdi Awale, Kaafi Adeys & Zach Coquyt

STATE Champions (7:47.33 - Set all time State Record), Kaafi Adeys (3200 - 6th at State),

Mahad Hassan (1,600 - 13th at State, 3,200 - 10th at State), Mohamed Bedel (1,600 - 18th at State);

Mustafa Yusuf (800).

Brainerd: Tyler Rose, (3200 - 18th at State), Ryan Barnes, (High Jump - 5th at State),

Tyler Hanson, (400 - 18th at State), Tom Lyscio, (Shot Put - 9th at State), Justin Tyner, (1600);

Mitch Lorenz (800 - 15th at State), Darin Underhill, (Shot Put - 11th at State),

Luke Delaney, (800 - 16th at State);

Alexandria: Drew Paradis, (3200 - 16th at State), Ben Wilson, (1600 - 16th at State),

Jack Trebelhorn, (Triple Jump 14th at State),

Sartell: 800 relay (Nick Rengel, Brenden Bruss, Shane Nies, Mike Nielson - 10th at State),

Mike Nielson (High Jump), 1600 relay (Shane Nies, Logan Schwinghammer, Bryan Fischer,

Mike Nielson), Dan Weihrauch (Discus)

SRR: Casey Kedrowski (Pole Vault - 2 time **STATE CHAMPION**),

Zach Rudolph (Pole Vault - 12th at State)

Apollo: 400 relay (Michael Iverson, Kendall Smith, Janes Iverson, Luke Skay - 10th at State),

Luke Skay, Apollo (200 - 14th at State) .

LF: Alex Farber (Long Jump - 8th at State).

Tech: Mark Kaczor (Discus - 12th at State).

G.Tk: Section 8AA Champions, 7th at State - **Tech**.

State Qualifiers: **Tech:** Caitlin Dhein, (100 -4th at State), Kirsti Klaverkamp (400 -10th at State),

Katelyn Bailey (200 -19th at State), Alise Post (Pole V -5th at State, Triple Jump -5th at State);

400 relay, Tech (Rachel Bailey, Alise Post, Clare Murn, Caitlin Dhein - **2nd at State**),

800 relay, Tech (Tasha Harr, Katlyn Stout, Caitlin Dhein, Katelyn Bailey - 10th at State),

1600 relay, Tech (Kirsti Klaverkamp, Amanda McKee, Katlyn Stout, Alise Post - 4th at State).

Sartell: Sarah Schellinger (800 - **2nd at State**), Heidi Peterson (3200 - 14th at State);

Bri Plombon (Long Jump).

Brainerd: Robyn Wernberg (Discus - 4th at State), Hannah McAllister (800 - 9th at State);

3200 relay-Hannah McAllister, Megan Holmes, Katerine Mueller, Kacie Bahr -8th at State.

LF: Kathrine Harms (High Jump - 13th at State), Jackie Thelen (300 H - 8th at State).

SRR: Kayla Deters (Pole Vault - 3rd at State, 100 H - 14th at State).

Willmar: Brianna Fernholz, (200 - 12th at State).
Alex: Rosey Erickson (100 -13th at State, 200 -4th at State).
FF: Anna VanWechel (1,600 - 11th at State).
Apollo: Sara Dalton, (100 H -12th at State).

Winter Highlights 2006-07:

B.NS State Qualifiers: Brainerd: Justin Tyner (Section Champ, 5th at State), Hans Stadem (30th at State), Alex: Ren Keyport (29 at State), Steve Gromatka (49 at State).
Tech: Luke Busta (6th at Section -19th at State)

G.NS Little Falls Sec. 4 Champion & **6th at State**: LF: Melissa Kempenich (Section Champ, 29th at State), Jackie Thelen (3rd at Section, 38th at State), Molly Binger (5th at Section, 30th at State), Ashley Scherping (101 at State), Laura Newman (118 at State), Kayla Meyer (52nd at State), Beth Hauer (93rd at State).
Brainerd: Katerine Mueller (43rd at State), Hannah McAllister (84 at State).
Alex: Missy Erickson (57 at State) and Ann Bergstrand (104 at State).

Dance: State Qualifiers: Brainerd (4th in High Kick), St. Cloud Tech, Sartell/St. Stephen (6th in High Kick), Sauk Rapids/Rice (6th in Jazz Funk).

Gymn: Section 8AA Champion - St. Cloud Tech and **2nd at State**
State Qualifiers: Tech - **Alise Post (State: Vault 1st, bars 4th, floor 15th, All-around 4th)**, Jillie Donabauer (State: bars 7th, beam 12th, floor 21st, All-around 14th), Brittany Fellman (State: floor 11th, vault 16th), Stefanie Juhr (State: bars 18th beam 24th), Amber Christionson (State: floor 14th).
Brainerd - Samantha Smith (State: beam 19th, bars 24th, All-around 24th), Maggie Freiday (State: Vault 5th), Becky Walker (State: vault 27th).

G.Hky: **Alexandria** - Section 2A Champions

B.Swm: Section 8AA Champion - **Brainerd**. Section 3A Champion - **Fergus Falls**
State Qualifiers: Sartell: Nate Schwichtenberg (50 - 3rd at State, 100 - 6th at State, 200 F relay), Paul Fenlason (200, 500), Michael Leonard, Fenlason, Joel Gotta, Schwichtenberg (200 relay).
SRR: Wes Schlichting & Marcus Edwards (diving), Adam Gross (5th at State in 100 Fly) & Matt Notch (100 fly), Ben Swanson (back), Jon Cesena, Swanson, Notch & Cross (400 relay).
Alex -Andy Bristow, David Hammer, Andrew Schwegel, & Ben Vogeler (400 Free Relay)
Willmar 3 relays: (200) Jackson Roberts, Matt Fuglestad, Andrew Nicklawsky & Andy Johnson. (IM) Roberts, Ben Saint, Fuglestad, Kyle Schmidt (400) Roberts, Fuglestad, Nicklawsky, Johnson
Tech: (200 relay): Blake Bendix (50 - 8th at State & 100 Free - 11th at State), Joe Palmertsen (100 fly & 100 breast - 9th at State),
Rocori: Marcus Rien (diving- 7th at State) & Joel Gregory (100 F).
Brainerd: Jared Anderson (100 breast, 200 IM), Anderson, Alek Rudstrom, Mike Ruen, Evan Reese (200 medley).
Fergus Falls: 3 relays, Joel Money (100 back, 100 fly, 200 free), Nathan Jobe (100 Free), Preston Anderson (100 back, 200 Free), Mike Hurley (100 breast, 200 IM), Nick Ganoe (100 breast), Illya Schuelke (100 Free).

Class A: Fergus Falls 4th, Willmar 10, Sartell 14, SRR 20, Rocori 29
Class AA: Tech 20th, Brainerd 26

Wr: State Qualifiers: Alex: **Charlie Kirscht** (4th at State) & Tanner Weltzin.
SRR: **Tyler Spicka** (6th at State), Mike Hines, Evan Warnert, Keith Rothstein.
LF: Josh Groshong, Randy Przybilla, Dylan Bue, Josh Jendro.
Sartell: Travis Lewellyn, Jess Coffin. Apollo: Alex Gill.
Brainerd: Scott Padrnos, Nick Lindwall, Tyler Jensen. Rocori: Tyler Hommerding.
FF: Charlie Revering, Billy Oehler, Drew Ross. Willmar: **Drew Larson** (2nd at State)
Alexandria Wrestling Team - State Academic Co-Champions in Class AAA.
John Amundson, Alexandria, is MWCA All Academic team

B.BB: Section 8AAA Champion & **3rd at STATE - Rocori**

Little Falls: John Dunlap - ExCell Award (Students who are active in fine arts and athletic activities, who show leadership qualities, and who are model citizens.)

Sauk Rapids/Rice: Justin Moehle - AAA Section 8AA winner (seniors who have excelled in the classroom, on the athletic field, and in the fine arts.)

Adaptive Floor Hockey:
PI division: Brainerd placed 4th at State.
All State Brainerd/Pillager: Nathan Puchalla, Andy Herold
CI division: St. Cloud Area (Apollo, Tech & SRR) placed **State Champions**.
All State St. Cloud Area: Patrick Todd, Keith Hennemann, Justin Doyle

Speech State Qualifiers:
Alexandria: David Trinh.
Brainerd: Andrew Kubas.
St. Cloud Apollo: Michael Schreifels, Josh Kiley.
St. Cloud Tech: **Rachel Koch** (2nd at State - Informative Speaking), **Abby Cari** (3rd at State -

Humorous Interpretation), **Tiana Otto** (4th at State - Serious Interpretation-Poetry),
Karthiga Veeramani (5th at State - Great Speeches), Brittany Bokovoy, Ann Goddard,
Casey Schmoll, Elly JarvisAmber Braun, Will Imholte, Scott Heins, Gannon McGrath,
Klana Erickson, Carly Dooley.

Sauk Rapids/Rice: Alyssa Shefveland.

Willmar: Kelsey Moe, Grant Schneider, Beth Louwagie, Joel Schmidt, Sara Kokkilla, Ali Unger,
Laura Morales, Gabi Engelkes.

Fall Highlights 2006:

Tennis: Section 8AA Singles Champion - Aaryn Anderson, Apollo.
2nd place - Parul Kapoor, Tech

Soccer: Section 8AA Boys Champions - St. Cloud Apollo/SRR
Section 8A Girls Champions - Sartell
Section 8AA Girls Champions - Brainerd

Cross Country Boys: Willmar 2AA Champions, Brainerd 8AA Champions, Alex 8AA 2nd
Willmar State Champions, Brainerd 4th at State, Alexandria 8th at State.

State Results: Willmar - 3rd Kaafi Adeys, 5th Abdi Awale, 9th Mahad Hassan,
11 Mohamed Bedel, 13 Mustafa Yusuf, 30 Andrew Nicklawsky, 56 Scott Boros,
Brainerd: 10 Justin Tyner, 20 Thomas Ruttger, 25 Tyler Rose, 36 Luke Delaney,
54 Mitch Lorenz, 87 Gunner Johnson, 90 Jimmy Dean
Alexandria: 15 Drew Paradis, 19 Ben Wilson, 39 Adam Noll, 71 Josh Hobbs,
75 Jake Sieve, 76 Garret Haggerty, 101 Riley Gustafson,

Cross Country Girls: Brainerd Section 8AA Champions, **Brainerd** 8th at State
State Results - Brainerd: 10 Hannah McAllister, 25 Jenna Dean, 49 Megan Homes,
58 Anna Gessell, 61 Courtney Wing, 87 Katherine Mueller, 103 Kacie Bahr,
71 Haylie Zenner (Fergus Falls), 77 Caitlyn Dingmann (Rocori),
104 Heidi Peterson (Sartell), 147 Hannah Kellerman (Sartell)

Volleyball: Rocori placed 2nd in Section 8AAA

Football: St. Cloud Tech 8AAAAA Champions, lost in State Semi Finals
Sartell/St. Stephen 8AAAA Champions

G. Sw: Section qualifiers for State: Willmar 8th at **STATE**, Fergus Falls 11th at **STATE**.

Sec. 3A- **200 M Relay**: Erica Schnettler, Kelsey Sauerer, Anne Jenkins, Kate Hellie (Sartell) -
9th at STATE; **200 F**: Sam Zastrow (Sartell); **50 F**: Kelsey Lucia (Apollo) - 5th at STATE,
Brittany Then (LF) -8th at STATE, Kate Hellie (Sartell) - 11th at STATE, Alyssa Balters (SRR);
Diving: Kayla Deters (SRR) - 2nd at **STATE**, McKenzie Rudolph (SRR) - 7th at STATE,
Kasya Mestnik (Apollo) - 9th at STATE; **100 F**: Kelsey Lucia (Apollo) 9th at STATE;
100 Fly: Kate Hellie (Sartell) - 13th at STATE, Alyssa Balters (SRR) - 14th at STATE,
200 F relay: Karley Sylvester, Megan Voss, Molly Binger, Brittany Then (LF)- 4th at STATE,
Kayla Deters, Sarah Wotzka, Mikala Foehrenbacher, Alyssa Balters (SRR) - 15th at STATE.

Sec. 2A - **200 M Relay**: Kara Fisher, Kelly Ross, Shannon Johnson, Susie Kitzman (Fergus Falls) -
4th at STATE; **200 F** - Alissa Tinklenberg (Willmar) - 3rd at STATE, Mary Morris (Will);
200 IM - Kara Fischer (Fergus Falls) - 11th at STATE; **50 F** - Heidi Busack (Fergus Falls),
Sarah Hund (Will) - 16th at STATE, Kitzman (Fergus Falls); **100 F** - Kitzman (FF), Busack (FF) -
14th at STATE; **500 F** - Alissa Tinklenberg (Will) - 4th at STATE, Anderson (Fergus Falls);
200 F relay - Willmar: Sarah Hund, Sarah Frank, Aleasha Blokzyl, Alissa Tinklenberg - 5th at
STATE; **100 Back** - Kara Fischer (FF - 3rd at STATE); **100 Breast** - Kelly Ross (Fergus Falls) -
3rd at STATE; **400 F relay** - Willmar: Mary Morris, Aleasha Blokzyl, Sarah Hund, Alissa
Tinklenberg - 6th at STATE, Fergus Falls: Heidi Busack, Susie Kitzman, Stephanie Skonseng,
Kara Fisher

Sec. 8AA - **200 M relay**: Brainerd - Robyn Wernberg, Jessica Reese, Destiney Schindele,
Jodi Larson - 10th at STATE, **200 IM** - Amber Bartholomew (Alex), Ali Domeier (Tech)
50 F - Ali Domeier (Tech) - 15th at STATE, **100 Fly** - Nicole Gruit (Tech),
Diving - Tasha Harr (Tech), Heather Erickson (Brd) - 20th at STATE,
100 F - Ali Domeier (Tech) - 19th at STATE; **100 Breast** - Jessica Reese (Brainerd),
200 F relay -Brd-Jodi Larson, Sarah Dens, Destiney Schindele, Jessica Reese -13th at STATE.