

# All Conference Swimming & Diving

Standings	Boys	2025-26	1st Place	2nd	3rd
1. Alex	200 M.Relay	St. Cloud:	Micah Davis, Charlie Bobick, Amittai Preisler, Carter Duncan	Alex: Micah Kietzmann, Andy Wacek, Eli Wimmer, Keaton Dummer	
2. SC/Roc	200 F.Relay	St. C:	Micah Davis, Amittai Preisler, Xavier Mickelsen, Charlie Bobick	Sartell: Thomas Runkle, Sawyer Albjerg, Nolan Snyder, Hayden Lenarz	
3. Brainerd	400 F.Relay	Sartell:	Thomas Runkle, Sawyer Albjerg, Nolan Snyder, Hayden Lenarz	Alex: Adi Newman, Zach Iverson, Micah Kietzmann, Andy Wacek	
4. Sartell	200 Free	Jack Merritt,	Sauk Rapids-Rice	Hayden Lenarz, Sartell	Landon Votava, Fergus F.
5. Fergus F	200 IM	Bennett Day,	Brainerd	Xavier Mickelsen, St. Cloud	Eli Wimmer, Alexandria
6. Willmar	50 Free	Micah Davis,	St. Cloud	Andy Wacek, Alexandria	Micah Kietzmann, Alex
7. SRR	Diving	Kyler Kavanagh,	Alexandria	Krew Muscha, Alexandria	Jack Rodine, Sartell
8. DL	100 Fly	Charlie Bobick,	St. Cloud	Amittai Preisler, St. Cloud	Reece Hansen, Fergus F.
	100 Free	Bennett Day,	Brainerd	Andy Wacek, Alexandria	Sawyer Albjerg, Sartell
	500 Free	Nolan Snyder,	Sartell	Joey Krueger, St. Cloud	Landon Votava, Fergus F.
	100 Back	Micah Kietzmann,	Alexandria	Reece Hansen, Fergus Falls	Carter Dirkes, Brainerd
	100 Breast	Micah Davis,	St. Cloud	Charlie Bobick, St. Cloud	Benjamin Mathiason, DL

Standings	Girls	2025-26	1st Place	2nd	3rd
Brainerd	200 M.Relay	Tech:	Maren Nelson, Aliina Custin, Anja Gustin, Maggie Cole	Rocori: Chelsea Willenbring, Ariana Outhwaite, Andi Diercks, Jayda Larson	
Sartell	200 F.Relay	Brd:	Luella Guida, Avery Duerr, Aralyn Marcelo, Isabelle Ploof	FF: Ella Kwapinski, Rylee Kubela, Olivia Jensen, Estee VerSteeg	
Sauk Rapids R	400 F.Relay	Brd:	Kaia Iske, Aralyn Marcelo, Avery Duerr, Isabelle Ploof	FF: Estee VerSteeg, Olivia Jensen, Evelyn VerSteeg, Ella Kwapinski	
Rocori	200 Free	Estee VerSteeg,	Fergus Falls	Maggie Cole, Tech	Allie Reilley, Brainerd
Fergus Falls	200 IM	Izzy Westling,	Apollo	Aliina Gustin, Tech	Grace Hamm, Detroit L.
Tech	50 Free	Chelsea Willenbring,	Rocori	Aralyn Marcelo, Brainerd	Mya Miller, Sauk RR
Alexandria	Diving	Esme Grabinski,	Sauk Rapids-Rice	Brenna Gruber, Tech	Blair Ahlquist, Brainerd
Detroit Lks	100 Fly	Kate Walz,	Sauk Rapids-Rice	Grace Hamm, Detroit Lakes	Kaia Iske, Brainerd
Apollo	100 Free	Izzy Westling,	Apollo	Estee VerSteeg, Fergus Falls	Aralyn Marcelo, Brainerd
Willmar	500 Free	Maggie Cole,	Tech	Tess Hovda, Sartell	Tori Carlson, Sartell
	100 Back	Chelsea Willenbring,	Rocori	Maren Nelson, Tech	Mckenna Searcy, Sartell
	100 Breast	Kate Walz,	Sauk Rapids-Rice	Avery Duerr, Brainerd	Aliina Gustin, Tech

Standings	Boys	2024-25	1st Place	2nd	3rd
1. Brainerd	200 M.Relay	SRR:	Garret Broman, Evan Scapanski, Cash Walz, Jack Merritt	TCRB: Andy Offerdahl, Xavier Mickelsen, Micah Davis, Garrett Lane	
1. Alex	200 F.Relay	Alex:	Adison Newman, Zach Iverson, Andy Wacek, Cooper Running	Brd: Nathan Chaussee, Kyler Carlson, Henry McCulley, Brooks Brickacek,	
3. Sartell	400 F.Relay	TCRB:	Micah Davis, Andy Offerdahl, Sawyer Ruprecht, Xavier Mickelsen	SRR: Jack Merritt, Garret Broman, Andrew Scapanski, Cash Walz	
4. TCRB	200 Free	Charlie Bobick,	Apollo	Cooper Running, Alexandria	Truett Carlson, Sartell
5. SRR	200 IM	Micah Davis,	TCRB	Cash Walz, SRR	Andy Wacek, Alexandria
6. Fergus F	50 Free	Blake Swenson,	Detroit Lakes	Kyler Carlson, Brainerd	David Lammers, Willmar
7. Willmar	Diving	Kyler Kavanagh,	Alexandria	Krew Muscha, Alexandria	David Herath, Brainerd
8. Apollo	100 Fly	Garret Broman,	SRR	Hayden Lenarz, Sartell	David Lammers, Willmar
9. DL	100 Free	Micah Davis,	TCRB	Cooper Running, Alexandria	Kyler Carlson, Brainerd
	500 Free	Charlie Bobick,	Apollo	Cash Walz, SRR	Andy Offerdahl, TCRB
	100 Back	Garret Broman,	SRR	Blake Swenson, Detroit Lakes	Garrett Lane, TCRB
	100 Breast	Evan Scapanski,	SRR	Andy Wacek, Alexandria	Nathan Chaussee, Brainerd

Standings	Girls	2024-25 1st Place	2nd	3rd
Brainerd	200 M.Relay	Rocori: Chelsea Willenbring, Ariana Outhwaite, Megan Willenbring, Jayda Larson	Brainerd: Mya Tautges, Avery Duerr, Kaia Iske, Isabelle Ploof	
Sartell	200 F.Relay	Brainerd: Avery Duerr, Emme Murray, Aralyn Marcelo, Isabelle Ploof	Rocori: Chelsea Willenbring, Jayda Larson, Megan Willenbring, Ariana Outhwaite	
Sauk Rapids Rice	400 F.Relay	Brainerd: Kaia Iske, Aralyn Marcelo, Emme Murray, Mya Tautges	SRR: Ally Lucas, Madi Miller, Ava Erdmann, Kate Walz	
Rocori	200 Free	Izzy Westling, Apollo	Aralyn Marcelo, Brainerd	Estee VerSteeg, Fergus F.
Fergus F.	200 IM	Kate Walz, SRR	Ariana Outhwaite, Rocori	Aliina Gustin, Tech
Tech	50 Free	Mya Tautges, Brainerd	Chelsea Willenbring, Rocori	Isabelle Ploof, Brainerd
Alexandria	Diving	Kendall Dvorak, Tech	Esme Grabinski, SRR	Kiera Florek, Tech
Detroit Lks	100 Fly	Megan Willenbring, Rocori	Grace Hamm, Detroit Lakes	Lily Larson, Brainerd
Apollo	100 Free	Mya Tautges, Brainerd	Izzy Westling, Apollo	Isabelle Ploof, Brainerd
Willmar	500 Free	Aralyn Marcelo, Brainerd	Ariana Outhwaite, Rocori	Tori Carlson, Sartell
	100 Back	Chelsea Willenbring, Rocori	Mckenna Searcy, Sartell	Maren Nelson, Tech
	100 Breast	Megan Willenbring, Rocori	Avery Duerr, Brainerd	Kate Walz, SRR

Standings	Boys	2023-24 1st Place	2nd	3rd
1. Sartell	200 M.Relay	Sar: Hayden Lenarz, George Larson, Luke Schumacher, Jackson Hovda.	SRR: Garret Broman, Cash Wals, Evan Scapanski, Hayden Zabinski	
2. Brainerd	200 F.Relay	Ap: Hunter Jokinen, Amittai Preisler Charlie Bobick, Cade Jacobson	Sar: Nolan Snyder, George Larson, Luke Schumacher, Truett Carlson	
3. SRR	400 F.Relay	Sar: Nolan Snyder, Hayden Lenarz, Truett Carlson, Jackson Hovda	Ap: Charlie Bobick, Hunter Jokinen, Amittai Preisler, Cade Jacobson	
4. Apollo	200 Free	Truett Carlson, Sartell	Kyler Carlson, Brd	Nolan Snyder, Sartell
5. Alex	200 IM	Cash Walz, SRR	Charlie Bobick, Apollo	David Lammers, Willmar
6. TCRB	50 Free	Jackson Hovda, Sartell	George Larson, Sartell	Eric Peterson, Alex
7. Fergus F	Diving	Kyler Kavanagh, Alex	Hayden Zabinski, SRR	Nash Gabrielson, Brd
8. Willmar	100 Fly	Hunter Jokinen, Apollo	Hayden Lenarz, Sartell	Garret Broman, SRR
	100 Free	Jackson Hovda, Sartell	George Larson, Sartell	Eric Peterson, Alex
	500 Free	Micah Davis, TCRB	Truett Carlson, Sartell	Charlie Bobick, Apollo
	100 Back	Micah Davis, TCRB	Garret Broman, SRR	Hayden Lenarz, Sartell
	100 Breast	Cash Walz, SRR	Brenden Brichacek, Brd	Evan Scapanski, SRR

Standings	Girls	2023-24 1st Place	2nd	3rd
1. Sartell	200 M.Relay	Brd: Mya Tautges, Avery Duerr, Linda Giuliani, Isabelle Ploof	Tech: Katelyn Siers, Aliina Gustin, Kierstyn Nelson, Maggie Cole	
2. Brainerd	200 F.Relay	Brd: Aralyn Marcello, Scarlett Anderson, Isabelle Ploof, Mya Tautges	Sartell: Holly Lenarz, Kaitlyn Lysen, Joslynn Stewart, Madeline Francois	
3. Tech	400 F.Relay	Sartell: Madeline Francois, Kaitlyn Lysen, Joslynn Stewart, Holly Lenarz	Brd: Aralyn Marcello, Scarlett Anderson, Linda Giuliani, Avery Duerr	
4. SRR	200 Free	Aralyn Marcello, Brd	Maggie Cole, Tech	Estee VerSteeg, Fergus Falls
5. Fergus F	200 IM	Holly Lenarz, Sartell	Jisella Haskamp, Alex	Avery Duerr, Brd
6. Rocori	50 Free	Madeline Francois, Sartell	Mya Tautges, Brd	Megan Willenbring, Rocori
7. Alex	Diving	Erica Johnson, Alex	Kendall Dvorak, Tech	Sophia Markfelder, SRR
8. Willmar	100 Fly	Linda Giuliani, Brd	Kierstyn Nelson, Tech	Aubrey Schueler, Willmar
9. Apollo	100 Free	Mya Tautges, Brd	Madeline Francois, Sartell	Megan Willenbring, Rocori
	500 Free	Holly Lenarz, Sartell	Aralyn Marcello, Brd	Maggie Cole, Tech
	100 Back	Chelsea Willenbring, Rocori	Linda Giuliani, Brd	Mckenna Searcy, Sartell
	100 Breast	Avery Duerr, Brd	Jisella Haskamp, Alex	Aliina Gustin, Tech

Standings	Boys	2022-23	1st Place	2nd	3rd
1. Brainerd	200 M.Relay	SRR: Garret Broman, Cash Walz, Hayden Zabinski, Noah Blodgett		Brd: Nathan Chausse, Cayden Sumption, Mason Kuepers, Sam McCulley	
2. Sartell	200 F.Relay	Sart: Jackson Hovda, Hayden Lenarz, Truett Carlson, George Larson		Brd: Mason Kuepers, Cayden Sumption, Parker Tatge, Sam McCulley	
3. SRR	400 F.Relay	Sart: Jackson Hovda, Hayden Lenarz, Truett Carlson, George Larson		SRR: Cash Walz, Garret Broman, Noah Blodgett, Hayden Zabinski	
3. Alex	200 Free	Micah Davis, St. Cloud		Truett Carlson, Sartell	Cooper Running, Alex
5. Fergus F.	200 IM	Cash Walz, SRR		Logan Tung, Alex	Cayden Sumption, Brd
6. Apollo	50 Free	Mason Kuepers, Brd		George Larson, Sartell	Noah Blodgett, SRR
7. Tech/Roc	Diving	Braden Lemke, St. Cloud		Kyler Kavanagh, Alex	David Binsfeld, Sartell
8. Willmar	100 Fly	Micah Davis, St. Cloud		Eric Peterson, Alex	Hunter Jokinen, Apollo
	100 Free	Mason Kuepers, Brd		George Larson, Sartell	Noah Blodgett, SRR
	500 Free	Cash Walz, SRR		Truett Carlson, Sartell	Cooper Running, Alex
	100 Back	Eric Peterson, Alex		Garret Broman, SRR	Nathan Chausse, Brd
	100 Breast	Logan Tung, Alex		Cayden Sumption, Brd	Evan Scapanski, SRR

Standings	Girls	2022-23	1st Place	2nd	3rd
1. Alex	200 M.Relay	Sartell - Sienna Albjerg, Emma Yao, Holly Lenarz, Madeline Francois		Brd - Mya Tautges, Avery Duerr, Mariah Alderson, Isabelle Ploof	
2. Sartell	200 F.Relay	Sartell - Emma Yao, Maya Hentges, Megann Jobin, Madeline Francoise		Rocori - Laney Schneider, Chelsea Willenbring, Ariana Outhwaite, Megan Willenbring	
3. Rocori	400 F.Relay	Tech - Maggie Cole, Aliina Gustin, Katelyn Siers, Kierstyn Nelson		Sartell - Holly Lenarz, Joslynn Stewart, Lily Larson, Maya Hentges	
4. Brainerd	200 Free	Brooklyn Millward, Alex		Laney Schneider, Rocori	Maggie Cole, Tech
5. Tech	200 IM	Holly Lenarz, Sartell		Ariana Outhwaite, Rocori	Aliina Gustin, Tech
6. SRR	50 Free	Madeline Francois, Sartell		Megan Willenbring, Rocori	Mya Tautges, Brd
7. Willmar	Diving	Izzy Olson, Brd		Hailey Westrup, Sartell	Erica Johnson, Alex
8. Fergus F	100 Fly	Kierstyn Nelson, Tech		Megan Willenbring, Rocori	Kaia Iske, Brd
9. Apollo	100 Free	Madeline Francois, Sartell		Jisella Haskamp, Alex	Mya Tautges, Brd
	500 Free	Holly Lenarz, Sartell		Ariana Outhwaite, Rocori	Megann Jobin, Sartell
	100 Back	Sienna Albjerg, Sartell		Katelyn Siers, Tech	Macy Dockendorf, Sartell
	100 Breast	Jisella Haskamp, Alex		Avery Duerr, Brd	Emma Yao, Sartell

Standings	Boys	2021-22	1st Place	2nd	3rd
1. Brainerd	200 M.Relay	Brd: Tom Ruhl, Parker Tatge, Cade Rosenwald, Mason Kuepers		Alex: Eric Peterson, Logan Tung, Nicolas Welle, Carter Holm	
2. Alex	200 F.Relay	Brd: Cade Rosenwald, Parker Tatge, Thomas Ruhl, Mason Kuepers		Alex: Nicolas Welle, Erik Reineke, Logan Tung, Carter Holm	
3. Sartell	400 F.Relay	Sart: Jackson Hovda, Hayden Lenarz, Truett Carlson, George Larson		SRR: Cash Walz, Alex Lucas, Noah Blodgett, Jack Christoferson	
4. SRR	200 Free	Anthony Hoyt, Alex		Truett Carlson, Sartell	Noah Blodgett, SRR
5. Apollo	200 IM	Micah Davis, Tech/Roc/Cath		Cash Walz, SRR	Logan Tung, Alex
6. Tech/Roc	50 Free	Nicolas Welle, Alex		Carsten Reuter, Tech/Roc/Cath	Carter Holm, Alex
6. Willmar	Diving	Braden Lemke, Tech/Roc/Cath		David Binsfeld, Sartell	Cody Watts, Tech/Roc/C
8. Fergus F.	100 Fly	Nicolas Welle, Alex		Micah Davis, Tech/Roc/Cath	Cade Rosenwald, Brd
	100 Free	Carter Holm, Alex		Carsten Reuter, Tech/Roc/Cath	George Larson, Sartell
	500 Free	Anthony Hoyt, Alex		Truett Carlson, Sartell	Cash Walz, SRR
	100 Back	Thomas Ruhl, Brd		Eric Peterson, Alex	Jaxon Young, SRR
	100 Breast	Logan Tung, Alex		Lance Anderson, Sartell	Cayden Sumption, Brd

Standings	Girls	2021-22	1st Place	2nd	3rd
1. Alex	200 M.Relay	Sartell: Sienna Albjerg, Emma Yao, Kaitlyn Lysen, Janie Martin	SRR: Ally Lucas, Kaytlin Bittman, Valeria FloresBonilla, Vivian Tangen		
2. Sartell	200 F.Relay	Alex: Jisella Haskamp, Brooklyn Millward, Grace Urke, Hattie Galloway	Sartell: Madeline Francois, Emma Yao, Megann Jobin, Holly Lenarz		
3. Rocori	400 F.Relay	Rocori: Anika Guggenberger, Jordan Klein, Laney Schneider, Megan Willenbring	Sartell: Madeline Francois, Janie Martin, Megann Jobin, Holly Lenarz		
4. Brainerd	200 Free	Megan Willenbring, Rocori	Brooklyn Millward, Alex	Megann Jobin, Sartell	
5. Tech	200 IM	Holly Lenarz, Sartell	Ava Brogren, Willmar	Grace Urke, Alex	
6. SRR	50 Free	Jisella Haskamp, Alex	Hattie Galloway, Alex	Madeline Francois, Sartell	
7. Willmar	Diving	Izzy Olson, Brainerd	Hailey Westrup, Sartell	Cece Woods, Rocori	
8. Fergus F	100 Fly	Holly Lenarz, Sartell	Kierstyn Nelson, Tech	Emma Yao, Sartell	
9. Apollo	100 Free	Hattie Galloway, Alex	Mya Tautges, Brainerd	Madeline Francois, Sartell	
	500 Free	Megan Willenbring, Rocori	Ariana Outhwaite, Rocori	Megann Jobin, Sartell	
	100 Back	Ava Brogren, Willmar	Sienna Albjerg, Sartell	Sidney Johnson, Alex	
	100 Breast	Jisella Haskamp, Alex	Emma Yao, Sartell	Alani Nguyen, Rocori	

Standings	BOYS	2020-21
1. Sartell		Jack Thomas, David Zhang, Beau Garman, Carter Trombley, Carter Larson, George Larson, Garrett Maras,   David Binsfeld, Jackson Hovda.
2. Alex		Thomas Williams, Logan Tung, Ethan Johnson, Torrey Olson Rodel, Anthony Hoyt, Carter Holm, Erik Reineke, Nicolas Welle, Caden Kavanagh, Aidan Staples.
3. Tech/Roc		Chris Morris, Carsten Reuter, Tom Hoffman, Micah Davis
4. Brainerd		Mason Kuepers, Tristan Dawson, Cade Rosenwald, Thomas Ruhl.
5. Willmar		Ben Seelhammer, Ayden Schueler.
6. SRR		Tucker Hendrickson, Cash Walz, Elijah Grabinski.
7. Apollo		---
8. Fergus F.		---

Standings	Girls	2020-21	1st Place	2nd	3rd
1. Sartell	200 M.Relay	Sartell: Heidi Lenarz, Emma Yao, Holly Lenarz, Madeline Francois	Tech: Nusha Miltenoff-Mikolchak, Avery Doom, Kierstyn Nelson, Sydney Gustin		
2. Alex	200 F.Relay	Alex: Jisella Haskamp, Alaina Guenther, Julia Wilmesmeier, Hattie Galloway	Sartell: Emma Yao, Chloe Bartels, Faith Akervik, Lauryn Kramer		
3. Rocori	400 F.Relay	Sartell: Madeline Francois, Holly Lenarz, Lauryn Kramer, Heidi Lenarz	Alex: Julia Wilmesmeier, Brooklyn Millward, Jisella Haskamp, Hattie Galloway		
4. Willmar	200 Free	Megan Willenbring, Rocori	Faith Akervik, Sartell	Anika Guggenberger, Rocori	
5. Tech	200 IM	Holly Lenarz, Sartell	Heidi Lenarz, Sartell	Ava Brogren, Willmar	
6. SRR	50 Free	Kierstyn Nelson, Tech	Hattie Galloway, Alex	Madeline Francois, Sartell	
7. Brainerd	Diving	Hailey Westrup, Sartell	Izzy Olson, Brainerd	Cece Woods, Rocori	
8. Fergus F	100 Fly	Holly Lenarz, Sartell	Lana Elfering, Rocori	Emma Yao, Sartell	
9. Apollo	100 Free	Kierstyn Nelson, Tech	Madeline Francois, Sartell	Hattie Galloway, Alex	
	500 Free	Megan Willenbring, Rocori	Faith Akervik, Sartell	Heidi Lenarz, Sartell	
	100 Back	Ava Brogren, Willmar	Laney Schneider, Rocori	Valeria Flores Bonilla, SRR	
	100 Breast	Emma Yao, Sartell	Grace Urke, Alex	Emma Bugher, Alex	

Standings	Boys	2019-20	1st Place	2nd	3rd
1. Sartell	200 M.Relay	Brd: Tristan Dawson, Parker Tatge, Cade Rosenwald, Dylan Paulson	Alex: Tom Williams, Jameson Molesworth, Luca Dauer, Logan Tung		
2. Alex	200 F.Relay	Sart: George Larson, Carter Larson, Cooper Larson, Garrett Maras	Alex: Luca Dauer, Logan Tung, Jameson Molesworth, Nicolas Welle		
3. Brainerd	400 F.Relay	Sart: Carter Larson, Brannon Bjork, Garrett Maras, Cooper Larson	Alex: Carter Holm, Torrey Olson-Rodel, Anthony Hoyt, Nicolas Welle		
4. Willmar	200 Free	Anthony Hoyt, Alex	Jack Thomas, Sartell		Carter Larson, Sartell
5. SRR	200 IM	Cade Rosenwald, Brd	George Larson, Sartell		Logan Tung, Alex
6. Tech/Roc	50 Free	Nicolas Welle, Alex	Brannon Bjork, Sartell		Garrett Maras, Sartell
6. Fergus F.	Diving	Elijah Grabinski, SRR	Izaak Herrlich, Brd		Braden Lemke, Tech/Roc
8. Apollo	100 Fly	Cade Rosenwald, Brd	Luca Dauer, Alex		Tristan Dawson, Brd
	100 Free	Nicolas Welle, Alex	Cooper Larson, Sartell		Garrett Maras, Sartell
	500 Free	Anthony Hoyt, Alex	Tom Hoffmann, Tech/Roc		Mason Kuepers, Brd
	100 Back	Tristan Dawson, Brd	Ben Seelhammer, Willmar		Tom Williams, Alex
	100 Breast	Jameson Molesworth, Alex	Isaac Freese, SRR		Logan Tung, Alex

Standings	Girls	2019-20	1st Place	2nd	3rd
1. Sartell	200 M.Relay	Sartell: Heidi Lenarz, Emma Yao, Holly Lenarz, Madeline Francois	Alex: Sidney Johnson, Aleah Dokter, Ashtyn Molesworth, Hattie Galloway		
2. Brainerd	200 F.Relay	Sartell: Liberty Johnson, Janie Martin, Emma Yao, Lauryn Kramer	SRR: Abigail Tangen, Lydia Zabinski, Haley Davis, Anna Lucas		
3. SRR	400 F.Relay	Sartell: Lauryn Kramer, Holly Lenarz, Liberty Johnson, Heidi Lenarz	SRR: Anna Lucas, Savannah Henkel, Sophia Henkel, Abigail Tangen		
4. Alex	200 Free	Anna Lucas, SRR	Faith Akervik, Sartell		Jordan Klein, Rocori
5. Rocori	200 IM	Heidi Lenarz, Sartell	Holly Lenarz, Sartell		Ava Brogren, Willmar
6. Tech	50 Free	Lauryn Kramer, Sartell	Hattie Galloway, Alex		Madeline Francois, Sartell
7. Willmar	Diving	Olivia Motter, Rocori	Izzy Olson, Brainerd		Hailey Westrup, Sartell
8. Fergus F	100 Fly	Holly Lenarz, Sartell	Sophia Henkel, SRR		Hattie Galloway, Alex
9. Apollo	100 Free	Anna Lucas, SRR	Lauryn Kramer, Sartell		Haley Condon, Tech
	500 Free	Heidi Lenarz, Sartell	Kaith Akervik, Sartell		Megann Jobin, Sartell
	100 Back	Haley Condon, Tech	Sidney Johnson, Alex		Macy Dockendorf, Sartell
	100 Breast	Ava Brogren, Willmar	Ashtyn Molesworth, Alex		Sara Hennemann, Sartell

Standings	Boys	2018-19	1st Place	2nd	3rd
1. Alex	200 M.Relay	Alex: Tom Williams, Jameson Molesworth, Nick Olson, Garrett Maras	Sartell: Brannon Bjork, Mack Sathre, Logan Jespersen, David Zhang		
2. Sartell	200 F.Relay	Alex: Garrett Maqras, Jameson Molesworth, Nick Welle, Pat Chromey	Sartell: Logan Jespersen, Mack Sathre, David Zhang, Cooper Larson		
3. SRR	400 F.Relay	Alex: Nick Welle, Tom Williams, Nick Olson, Pat Chromey	Brd: Andy Dillon, Connor Lund, Tristan Dawson, Griffin Blegen		
3. Brainerd	200 Free	Pat Chromey, Alexandria	Cooper Larson, Sartell		Ayden Schueler, Willmar
5. Willmar	200 IM	Mack Sathre, Sartell	Nicolas Welle, Alexandria		Andy Dillon, Brainerd
6. Tech/C	50 Free	Brannon Bjork, Sartell	Kayden Daniels, SRR		Griffin Blegen, Brainerd
6. Fergus F.	Diving	Jack Grabinski, SRR	Elijah Grabinski, SRR		Evan Erlandson, Fergus F. Caleb Neubauer, Fergus F.
8. Apollo	100 Fly	Nick Olson, Alexandria	Ethan Johnson, Alexandria		Tristan Dawson, Brainerd
9. Rocori	100 Free	Nick Welle, Alexandria	Pat Chromey, Alexandria		Carsten Reuter, St. C. Tech
	500 Free	Anthony Hoyt, Alexandria	Tom Hoffmann, St. Cloud Tech		Ayden Schueler, Willmar
	100 Back	Tom Williams, Alexandria	Brannon Bjork, Sartell		Tristan Dawson, Brainerd
	100 Breast	Mack Sathre, Sartell	Jaemson Molesworth, Alexandria		Isaac Freese, SRR

Standings	Girls	2018-19	1st Place	2nd	3rd
1. Sartell	200 M.Relay	Sartell: Madelynn Hedlund, Darah Coleman, Heidi Lenarz, Liberty Johnson		SRR: Valeria Flores Bonilla, Holyenne Zilenga, Mikayla Zaske, Anna Lucas	
2. Brainerd	200 F.Relay	Sartell: Liberty Johnson, Kristin Martens, Lauren Lindmeier, Lauryn Kramer		Willmar: Amanda Mathiasen, Avery Welsh, Edyn Saulsbury, Ava Brogren	
3. SRR	400 F.Relay	Sartell: Kauryn Kramer, Heidi Lenarz, Madelynn Hedlund, Kristin Martens		SRR: Abigail Tangen, Savannah Henkel, Valeria Flores Bonilla, Anna Lucas	
4. Rocori	200 Free	Madelynn Hedlund, Sartell		Faith Akervik, Sartell	Abigail Tangen, SRR
5. Tech	200 IM	Anna Lucas, SRR		Heidi Levarz, Sartell	Kristin Martens, Sartell
6. Alex	50 Free	Jacquilyn Rude, Brainerd		Lauryn Kramer, Sartell	Amanda Mathiasen, Willmar
7. Willmar	Diving	Erica Schramm, Willmar		Olivia Motter, Rocori	Maggie Headlee, Rocori
8. Fergus F	100 Fly	Darah Coleman, Sartell		Jeeho Sohn, Tech	Valerie Flores Bonilla, SRR
9. Apollo	100 Free	Anna Lucas, SRR		Lauryn Kramer, Sartell	Jacquilyn Rude, Brainerd
	500 Free	Heidi Lenarz, Sartell		Faith Akervik, Sartell	Savannah Henkel, SRR
	100 Back	Madelyn Hedlund, Sartell		Madison Hubert, SRR	Haley Condon, Tech
	100 Breast	Darah Coleman, Sartell		Ava Brogren, Willmar	Holyenne Zeilenga, SRR

Standings	Boys	2017-18	1st Place	2nd	3rd
1. Sartell	200 M.Relay	Sartell: Brannon Bjork, Mack Sathre, Logan Jespersen, Dylan Plemel		Brd: Preston Owen, Michael Bylander, Gunnar Niemeyer, Griffin Blegen	
2. Brainerd	200 F.Relay	Sartell: Mack Sathre, Garrit VanSurksum, Cooper Larson, Dylan Plemel		Alex: Jordon Baas, Nicolas Welle, Pat Chromey, Nic Chromey	
3. Alex	400 F.Relay	Alex: Jordon Baas, Nick Olson, Nicolas Welle, Patrick Chromey		Tech: Ben Hoffmann, Brennen Schulte, Mitchell Silkman, Kevin Heller	
3. SRR	200 Free	Pat Chromey, Alexandria		Cooper Larson, Sartell	Ben Hoffmann, Tech
5. Tech	200 IM	Mack Sathre, Sartell		Michael Bylander, Brainerd	Nicolas Welle, Alexandria
6. Willmar	50 Free	Kevin Heller, Tech		Dylan Plemel, Sartell	Gunnar Niemeyer, Brainerd
6. Fergus F.	Diving	Jack Grabinski, Sauk Rapids-Rice		Caleb Neubauer, Fergus Falls	Elijah Grabinski, SRR
8. Ap/Roc	100 Fly	Gunnar Niemeyer, Brainerd		Dylan Maanum, Sauk Rapids-Rice	Will Pajari, Fergus Falls
	100 Free	Dylan Plemel, Sartell		Preston Owen, Brainerd	Alex Cervantez, Apollo/Roc.
	500 Free	Ben Hoffmann, Tech		Ryan Kawlewski, Sauk Rapids-Rice	Nick Olson, Alexandria
	100 Back	Preston Owen, Brainerd		Will Prody, Fergus Falls	Brannon Bjork, Sartell
	100 Breast	Nic Chromey, Alexandria		Mack Sathre, Sartell	Michael Bylander, Brainerd

Standings	Girls	2017-18	1st Place	2nd	3rd
1. Sartell	200 M.Relay	Sartell: Anna Ellis, Betsy Weil, Darah Coleman, Lauryn Kramer		Tech: Haley Condon, Claire Heller, Jeeho Sohn, Emi Wagner	
2. Brainerd	200 F.Relay	Sartell: Liberty Johnson, Heidi Lenarz, Kristin Martens, Lauryn Kramer		Willmar: Amanda Mathiasen, Moira Revier, Edyn Saulsbury, Avery Welsh	
3. Tech	400 F.Relay	Sartell: Heidi Lenarz, Madelynn Hedlund, Kristin Martens, Anna Ellis		SRR: Holyenne Zeilenga, Mya Reinert, Abbie Tangen, Anna Lucas	
4. SRR	200 Free	Heidi Lenarz, Sartell		Kristin Martens, Sartell	Katie Streiff, Brainerd
5. Willmar	200 IM	Anna Lucas, SRR		Anna Ellis, Sartell	Madelynn Hedlund, Sartell
	50 Free	Lauryn Kramer, Sartell		Emi Wagner, Tech	Sabel Omvongkot, SRR
6. Rocori	Diving	Olivia Motter, Rocori		Meredith Matchinsky, Tech	Erica Schramm, Willmar
8. Fergus F	100 Fly	Katie Streiff, Brainerd		Jeeho Sohn, Tech	Heidi Lenarz, Sartell
9. Apollo	100 Free	Anna Lucas, SRR		Isabelle Schneider, Rocori	Emi Wagner, Tech
	500 Free	Abbie Tangen, SRR		Kristin Martens, Sartell	Lexy Oftedahl, Sartell
	100 Back	Anna Ellis, Sartell		Madelynn Hedlund, Sartell	Madison Hubert, Fergus Falls
	100 Breast	Darah Coleman, Sartell		Betsy Weil, Sartell	Isabelle Schneider, Rocori

Standings	Boys	2016-17	1st Place	2nd	3rd
1. Sartell	200 M.Relay	Sartell: Mitchell Dockendorf, Brannon Bjork, Isaac Stark, Dylan Plemel		Alex: Brady Wolkow, Nic Chromey, ZackSerie, Jordon Baas	
2. Brainerd	200 F.Relay	Sartell: Mack Sathre, Dylan Plemel, Logan Jespersen, Dawson Coleman		Brd: Preston Owen, Michael Bylander, Griffin Blegen, Devan Liebeg	
3. Alex	400 F.Relay	Sartell: Isaac Stark, Cooper Lason, Mitchell Dockendorf, Mack Sathre		Tech: Mitchell Silkman, Colt Frerich, Ben Hoffmann, Bingham Shaw	
4. SRR	200 Free	Ben Hoffmann, Tech		Alex Cervantez, Rocori	Patrick Chromey, Alex
5. Tech	200 IM	Mack Sathre, Sartell		Michael Bylander	Nic Chromey, Alex
5. Fergus F.	50 Free	Bingham Shaw, Tech		Mitchell Dockendorf, Sartell	Dylan Plemel, Sartell
7. Willmar	Diving	Jack Grabinski, SRR		Caleb Neubauer, Fergus Falls	Evan Erlandson, Fergus Falls
8. Ap/Roc	100 Fly	Isaac Stark, Sartell		Dawson Coleman, Sartell	Gunnar Niemeyer, Brainerd
	100 Free	Bingham Shaw, Tech		Brady Wolkow, Alexandria	Dylan Plemel, Sartell
	500 Free	Ben Hoffmann, Tech		Jack Saxton, Sartell	Gunnar Niemeyer, Brainerd
	100 Back	Mitchell Dockendorf, Sartell		Preston Owen, Brainerd	Brannon Bjork, Sartell
	100 Breast	Nic Chromey, Alexandria		Mack Sathre, Sartell	Michael Bylander, Brainerd

Standings	Girls	2016-17	1st Place	2nd	3rd
1. Sartell	200 M.Relay	Sartell: Anna Ellis, Marena Kouba, Darah Coleman, Liberty Johnson		SRR: Anna Lucas, Ella Benoit, Mikayla Zaske, Sabel Omvongkot	
2. Brainerd	200 F.Relay	Brd: Katie Streiff, Jamie Wallace, Hsannah Tatge, Madelynn Gibbons		Tech: Jeeho Sohn, Claire Heller, Morgan Mangel, Emi Wagner,	
3. Tech	400 F.Relay	Sartell: Marena Kouba, Madelynn Hedlund, Kristin Martens, Anna Ellis		Tech: Jeeho Sohn, Emi Wagner, Emma Hoffmann, Haley Condon	
4. SRR	200 Free	Isabelle Schneider, Rocori		Kristin Martens, Sartell	Madelynn Hedlund, Sartell
5. Willmar	200 IM	Anna Ellis, Sartell		Anna Lucas, SRR	Marena Kouba, Sartell
	50 Free	Katie Streiff, Brainerd		Emi Wagner, Tech	Lauryn Kramer, Sartell
6. Rocori	Diving	Claire Boschee, Sasrtell		Meredith Matchinsky, Tech	Camryn Appert, Fergus Falls
8. Fergus F	100 Fly	Katie Streiff, Brainerd		Jeeho Sohn, Tech	Ella Childs, Fergus Falls
9. Apollo	100 Free	Anna Luycas, SRR		Haley Condon, Tech	Anna Backes, Willmar
	500 Free	Kristin Martens, Sartell		Emma Hoffmann, Tech	Lexy Oftedahl, Sartell
	100 Back	Anna Ellis, Sartell		Marena Kouba, Sartell	Madelynn Hedlund, Sartell
	100 Breast	Darah Coleman, Sartell		Isabelle Schneider, Rocori	Ella Benoit, SRR

Standings	Boys	2015-16	1st Place	2nd	3rd
1. Sartell	200 M.Relay	Sartell: Mitchell Dockendorf, Jacob Schumacher, Spencer Sathre, Tyler Kadlec		Sartell: Brannon Bjork, Mack Sathre, Dawson Coleman, Dylan Plemel	
2. Tech	200 F.Relay	Tech: Kevin Heller, David Yang, Bingham Shaw, Luke Heller		Fergus Falls: Dan Kowalski, Dalton Mouritsen, Isaac Nadgwick, Luke Raitz	
3. Brainerd	400 F.Relay	Sartell: Tyler Kadlec, Mitchell Dockendorf, Isaac Stark, Spencer Sathre		Tech: Bingham Shaw, Ben Hoffmann, Kevin Heller, Luke Heller	
4. Alex	200 Free	Spencer Sathre, Sartell		Ben Hoffmann, Tech	Isaac Stark, Sartell
4. Fergus F.	200 IM	Mitchell Dockendorf, Sartell		Peder Smith, Brainerd	Mack Sathre, Sartell
6. SRR	50 Free	Luke Raitz, Fergus Falls		Luke Heller, Tech	Kevin Heller, Tech
7. Rocori	Diving	Austin Paul, Tech		Davis Wendt, Tech	Jack Grabinski, SRR
7. Willmar	100 Fly	Spencer Sathre, Sartell		Isaac Stark, Sartell	Dawson Coleman, Sartell
9. Apollo	100 Free	Luke Heller, Tech		Bingham Shaw, Tech	Luke Raitz, Fergus Falls
	500 Free	Ben Hoffmann, Tech		Peder Smith, Brainerd	Patrick Chromey, Alexandria
	100 Back	Mitchell Dockendorf, Sartell		Preston Owen, Brainerd	Brady Wolkow, Alexandria
	100 Breast	Jacob Schumacher, Sartell		Nic Chromey, Alexandria	Daniel Siklman, Tech

Standings	Girls	2015-16	1st Place	2nd	3rd
1. Sartell	200 M.Relay	Brainerd:	Hannan McKeag, Kylie Lange, Katie Streiff, Julia Wallace	Sartell:	Anna Ellis, Lexy Oftedahl, Marena Kouba, Liberty Johnson
2. Brainerd	200 F.Relay	Sartell:	Elaine Lo, Liberty Johnson, Lexy Oftedahl, Paige Pawlenty	SRR:	Larissa Kleen, Anna Lucas, Ella Benoit, Sabel Omvongkot
3. Tech	400 F.Relay	Sartell:	Paige Pawlenty, Madelynn Hedlund, Marena Kouba, Anna Ellis	Brd:	Madelynn Gibbons, Alyssa Williams, Katie Streiff, Hannah McKeag
4. SRR	200 Free	Paige Pawlenty, Sartell		Isabelle Schneider, Rocori	Anna Lucas, SRR
5. Willmar	200 IM	Anna Ellis, Sartell		Kouba Marena, Sartell	Mikayla Meece, Alexandria
6. Alex	50 Free	Hannah McKeag, Brainerd		Sabel Omvongkot, SRR	Liberty Johnson, Sartell
7. Rocori	Diving	Claire Boschee, Sartell		Meredith Matchinsky, Tech	Erica Schramm, Willmar
8. Fergus F	100 Fly	Katie Streiff, Brainerd		Paige Pawlenty, Sartell	Larissa Kleen, SRR
9. Apollo	100 Free	Anna Backes, Willmar		Jeeho Sohn, Tech	Savannah Henkel, Tech
	500 Free	Anna Lucas, Sauk Rapids-Rice		Mikayla Meece, Alexandria	Allison Crum, Brainerd
	100 Back	Hannah McKeag, Brainerd		Anna Ellis, Sartell	Marena Kouba, Sartell
	100 Breast	Ella Benoit, Sauk Rapids-Rice		Hannah Eklund, Alexandria	Isabelle Schneider, Rocori

Standings	Boys	2014-15	1st Place	2nd	3rd
1. Tech	200 M.Relay	Sartell:	Mitchell Dockendorf, Jake Martin, Zach Weiler, Chad Peichel	Brd:	Preston Owen, Michael Bylander, Peder Smith, David Supinski
1. Sartell	200 F.Relay	Tech:	Sam Kmitch, Kevin Heller, Luke Heller, Anthony Schwartz	Sartell:	Tyler Kadlec, Bryan Sanchez, Spencer Sathre, Chad Peichel
3. Brainerd	400 F.Relay	Tech:	Luke Heller, Sam Kmitch, Bingham Shaw, Anthony Schwartz	Sartell:	Tyler Kadlec, Erik Skoe, Mitchell Dockendorf, Spencer Sathre
4. Alex	200 Free	Spencer Sathre, Sartell		Anthony Schwartz, Tech	Peder Smith, Brainerd
5. Fergus F.	200 IM	Bingham Shaw, Tech		Mitchell Dockendorf, Sartell	Nic Chromey, Alexandria
6. SRR	50 Free	Luke Heller, Tech		Max Jacobson, Alexandria	Dylan Plemel, Sartell
7. Willmar	Diving	Austin Paul, Tech		Davis Wendt, Tech	Jackson Grove, Alexandria
8. Apollo	100 Fly	Ben Eckberg, Tech		Zach Weiler, Sartell	Matt Majerle, Brainerd
9. Rocori	100 Free	Luke Heller, Tech		David Supinski, Brainerd	Dalton Mouritsen, Fergus F.
	500 Free	Spencer Sathre, Sartell		Erik Skoe, Sartell	Peder Smith, Brainerd
	100 Back	Anthony Schwartz, Tech		Mitchell Dockendorf, Sartell	Preston Owen, Brainerd
	100 Breast	Nic Chromey, Alexandria		Jake Martin, Sartell	Daniel Kowalski, Fergus Falls

Standings	Girls	2014-15	1st Place	2nd	3rd
1. Sartell	200 M.Relay	Sart:	Anna Ellis, Lindsey Martens, Marena Kouba, Jennifer Thompson	SRR:	Larissa Kleen, Ella Benoit, Mackenzie Posch, Sabel Omvongkot
2. Brainerd	200 F.Relay	Sart:	Lindsey Martens, Paige Pawlenty, Kendra Rath, Gaby Hagen	Will:	Marin Fischer, Alycia Holwerda, Anna Backes, McKenna Olson
3. Willmar	400 F.Relay	Sart:	Paige Pawlenty, Marena Kouba, Anna Ellis, Jennifer Thompson	Brd:	Alyssa Williams, Reilly Peterson, Fallon Ryan, Katie Streiff
4. SRR	200 Free	Isabelle Schneider, Rocori		Paige Pawlenty, Sartell	Kendra Rath, Sartell
5. Tech	200 IM	Katie Streiff, Brainerd		Anna Ellis, Sartell	Alycia Holwerda, Willmar
6. Alex	50 Free	Jennifer Thompson, Sartell		Hannah McKeag, Brainerd	Fallon Ryan, Brainerd
7. Rocori	Diving	Megan Seehusen, Tech		Claire Boschee, Sartell	Madi Molitor, Sartell
8. Fergus F	100 Fly	Katie Streiff, Brainerd		Paige Pawlenty, Sartell	Kate LeBrasseur, Alexandria
9. Apollo	100 Free	Jennifer Thompson, Sartell		Anna Backes, Willmar	Fallon Ryan, Brainerd
	500 Free	Kendra Rath, Sartell		Madalyn Winger, Alexandria	Allison Crum, Brainerd
	100 Back	Anna Ellis, Sartell		Marena Kouba, Sartell	Hannah McKeag, Brainerd
	100 Breast	Alycia Holwerda, Willmar		Isabelle Schneider, Rocori	Hannah Eklund, Alexandria

Standings	Boys	2013-14	1st Place	2nd	3rd
1. Brainerd	200 M.Relay	FF: Conner Hatfield, Cal Mouritsen, Joe Kitzman, Dan Kowalski	Sart: Mitchell Dockendorf, Ian Lawson, Conner Hollingsworth, Trever Nordlund		
2. Fergus F	200 F.Relay	Brd: David Supinski, Dan Larson, Nick Goll, Justin Kuglin	FF: Dan Kowalski, Conner Hatfield, Dalton Mouritsen, Luke Raitz		
2. Tech	400 F.Relay	FF: Joe Kitzman, Conner Hatfield, Luke Raitz, Cal Mouritsen	Brd: Peder Smith, David Supinski, Nick Goll, Justin Kuglin		
2. Sartell	200 Free	Cal Mouritsen, Fergus Falls	Anthony Schwartz, Tech	Nick Goll, Brainerd	
5. Alex	200 IM	Mark Kallevig, Alexandria	Ian Lawson, Sartell	Matt Majerle, Brainerd	
6. SRR	50 Free	David Supinski, Brainerd	Max Jacobson, Alexandria	Clayton Goenner, Tech	
7. Rocori	Diving	Reid Magnuson, Fergus Falls	Mike Pistulka, Fergus Falls	Mathew Bethke, SRR	
8. Willmar	100 Fly	Joe Kitzman, Fergus Falls	Ashton, Schulte, Tech	Mark Kallevig, Alexandria	
9. Apollo	100 Free	Cal Mouritsen, Fergus Falls	Anthony Schwartz, Tech	Justin Kuglin, Brainerd	
	500 Free	Peder Smith, Brainerd	Erik Skoe, Sartell	Nick Goll, Brainerd	
	100 Back	Joe Kitzman, SRR	Ashton Schulte, Tech	Mitchell Dockendorf, Sartell	
	100 Breast	Elliot Jacobson, Alexandria	Ian Lawson, Sartell	Joe Wells, Brainerd	

Standings	Girls	2013-14	1st Place	2nd	3rd
1. Sartell	200 M.Relay	Sartell: Marena Kouba, Lindsey Martens, Anna Ellis, Jennifer Thompson	Brd: Hannah McKeag, Erica Rehnblom, Katie Streiff, Reilly Peterson		
2. Brainerd	200 F.Relay	Sartell: Gabby Hagen, Lindsey Martens, Paige Pawlenty, Jennifer Thompson	Brd: Katie Streiff, Sydney Erickson, Alyssa Williams, Fallon Ryan		
3. Willmar	400 F.Relay	Sartell: Paige Pawlenty, Anna Ellis, Marena Kouba, Gabby Hagen	Brd: Alyssa Williams, Reilly Peterson, Hannah McKeag, Fallon Ryan		
4. Alex	200 Free	Paige Pawlenty, Sartell	Fallon Ryan, Brd	Isabelle Schneider, Rocori	
5. Tech	200 IM	Gabby Hagen, Sartell	Anna Ellis, Sartell	Marena Kouba, Sartell	
6. Fergus F	50 Free	Jennifer Thompson, Sartell	Katie Heller, Tech	Kennedy Holwerda, Willmar Hannah McKeag, Brainerd	
7. SR-R	Diving	Beth Etterman, Brainerd	Jackie Braun, SRR	Megan Seehusen, Tech	
8. Rocori	100 Fly	Katie Streiff, Brainerd	Paige Pawlenty, Sartell	Abby Fisher, Fergus Falls	
9. Apollo	100 Free	Jennifer Thompson, Sartell	Katie Heller, Tech	Alyssa Williams, Brainerd	
	500 Free	Fallon Ryan, Brainerd	Kendra Rath, Sartell	Madalyn Winger, Alex	
	100 Back	Anna Ellis, Sartell	Abby Fisher, Fergus Falls	Hannah McKeag, Brainerd	
	100 Breast	Alycia Holwerda, Willmar	Lindsey Martens, Sartell	Erica Rehnblom, Brainerd	

Standings	Boys	2012-13	1st Place	2nd	3rd
1. Sartell	200 M.Relay	Sartell: Drew Reitz, Ian Lawson, Jack Hellie, Jack Nieters	Brainerd: Luke Jacobsen, Joe Wells, Josh McKeag, David Supinski		
2. Brainerd	200 F.Relay	Sartell: Drew Reitz, Ben Mauer, Jack Nieters, Jack Hellie	Willmar: Connor Haugen, Trent Flegel, A J Derouin, Michael McLain		
3. Alex	400 F.Relay	Brainerd: Peder Smith, Justin Kuglin, Nick Goll, Josh McKeag	Willmar: Connor Haugen, Trent Flegel, A J Derouin, Michael McLain		
4. Tech	200 Free	Kris Aaseng, Alexandria	Michael McLain, Willmar	Nick Goll, Brainerd	
5. Fergus F	200 IM	Cal Mouritsen, Fergus Falls	Justin Kuglin, Brainerd	Ian Lawson, Sartell	
6. Willmar	50 Free	Jack Hellie, Sartell	Drew Reitz, Sartell	Eric Moe, Alexandria	
7. Rocori	Diving	Michael Aasness, Fergus Falls	Reid Magnuson, Fergus Falls	Darien Stegner, Apollo	
8. SRR	100 Fly	Joe Kitzman, Fergus Falls	Josh McKeag, Brainerd	Jack Hellie, Sartell	
9. Apollo	100 Free	McLain, Michael, Willmar	Cal Mouritsen, Fergus Falls	Reed Alex, Tech	
	500 Free	Kris Aaseng, Alexandria	Aaron Pietrowski, Alexandria	Nick Goll, Brainerd	
	100 Back	Joe Kitzman, Fergus Falls	Reed Alex, Tech	Josh McKeag, Brainerd	
	100 Breast	Ian Lawson, Sartell	Elliot Jacobson, Alexandria	Charlie Ramler, SRR	

Standings	Girls	2012-13	1st Place	2nd	3rd
1.Sartell	200 M.Relay	Sartell: Anna Ellis, Lindsey Martens, Ellen Bloom, Lauren Martens		Brd: Hannah McKeag, Erica Rehnblom, Sydney Erickson, Lauren Forsythe	
2.Brainerd	200 F.Relay	Sartell: Jennifer Thompson, Lindsey Martens, Lauren Martens, Gaby Hagen		Alyssa Williams, Sydney Erickson, Reilly Peterson, Fallon Ryan	
3.Alex	400 F.Relay	Sartell: Jennifer Thompson, Paige Pawlenty, Gaby Hagen, Ellen Bloom		Alyssa Williams, Reilly Peterson, Hannah McKeag, Fallon Ryan	
4.Willmar	200 Free	Fallon Ryan, Brainerd		Paige Pawlenty, Sartell	Megan Bristow, Alexandria
5.Tech	200 IM	Ellen Bloom, Sartell		Gaby Hagen, Sartell	Anna Ellis, Sartell
6.Fergus F	50 Free	Hannah McKeag, Brainerd		Jennifer Thompson, Sartell	Francesca Walker-Rozo, Tech
7.Rocori	Diving	Beth Etterman, Brainerd		Jackie Braun, SRR	Lonie Anderson, Brainerd
	100 Fly	Francesca Walker-Rozo, Tech		Gaby Hagen, Sartell	Paige Pawlenty, Sartell
9.SR-R	100 Free	Jennifer Thompson, Sartell		Katie Heller, Tech	Dani Ross, Fergus Falls
	500 Free	Fallon Ryan, Brainerd		Kendra Rath, Sartell	Madalyn Winger, Alexandria
	100 Back	Ellen Bloom, Sartell		Hannah McKeag, Brainerd	Anna Ellis, Sartell
	100 Breast	Hannah Eklund, Alexandria		Alycia Holwerda, Willmar	Megan Bristow, Alexandria

Standings	Boys	2011-12	1st Place	2nd	3rd
Brainerd	200 M.Relay	Sartell: Drew Reitz, Drew Wolfe, Jack Hellie, Jack Nieters		Fergus F: Joe Kitzman, Dominic Jones, Andrew Sterger, Zach Haus	
Fergus F.	200 F.Relay	Sartell: Jack Hellie, Drew Wolfe, Drew Reitz, Jack Nieters		Fergus F: Dominic Jones, Cal Mouritsen, Zach Haus, Jacob Fisher	
Sartell	400 F.Relay	Fergus F: Cal Mouritsen, Joe Kitzman, Andrew Sterger, Jacob Fisher		Brd: Sam Dellacecca, Josh McKeag, Tyler Schneider, Justin Kuglin,	
Alex	200 Free	Kris Aaseng, Alexandria		Michael McLain, Willmar	Jacob Fisher, Fergus Falls
Tech	200 IM	Cal Mouritsen, Fergus Falls		Drew Wolfe, Sartell	Justin Kuglin, Brainerd
Willmar	50 Free	Jack Hellie, Sartell		Dominic Jones, Fergus Falls	Jack Nieters, Sartell
Apollo	Diving	Tanner Nordlund, Sartell		Bennett Woltjer, Willmar	Alex Van Hell, Sartell
SRR	100 Fly	Joe Kitzman, Fergus Falls		Josh McKeag, Brainerd	Andrew Sterger, Fergus F.
Rocori	100 Free	Michael McLain, Willmar		Jacob Fisher, Fergus Falls	Jack Hellie, Sartell
	500 Free	Kris Aaseng, Alexandria		Reed Allex, Tech	Tyler Schneider, Brainerd
	100 Back	Joe Kitzman, Fergus Falls		Ashton Schulte, Tech	Josh McKeag, Brainerd
	100 Breast	Dominic Jones, Fergus Falls		Drew Wolfe, Sartell	Elliot Jacobson, Alex

Standings	Girls	2011-12	1st Place	2nd	3rd
1. Sartell	200 M.Relay	Sartell: Ellen Bloom, Tarin Anding, Gabby Hagen, Jennifer Thompson		FF: Abby Fisher, Emily Hexum, Taylor Monk, Dani Ross	
1. Brd	200 F.Relay	Sartell: Tarin Anding, Lauren Martens, Molly Peichel, Marisa Wood		Tech: Francesca Walker-Rozo, Tasha Sankey, Katie Heller, Frankie Domeier	
3. Tech	400 F.Relay	Sartell: Ellen Bloom, Paige Pawlenty, Molly Peichel, Marisa Wood		Brainerd: Laura Boran, Reilly Peterson, Alyssa Hartshorn, Fallon Ryan	
4. SR/R	200 Free	Marisa Wood, Sartell		Molly Peichel, Sartell	Fallon Ryan, Brainerd
5. Apollo	200 IM	Ellen Bloom, Sartell		Rebecca Miller, Apollo	Gabby Hagen, Sartell
6. FF	50 Free	Elizabeth Moline, SRR		Taylor Monk, Fergus Falls	Francesca Walker-Rozo, Tech
7. Willmar	Diving	Taylor Pick, Tech		Beth Etterman, Brainerd	Maddie Bearson, Sartell
8. Alex	100 Fly	Elizabeth Moline, SRR		Rebecca Miller, Apollo	Francesca Walker-Rozo, Tech
9. Rocori	100 Free	Tarin Anding, Sartell		Katie Cook, SRR	Taylor Monk, Fergus Falls
	500 Free	Marisa Wood, Sartell		Fallon Ryan, Brainerd	Stephanie Hansen, Brainerd
	100 Back	Ellen Bloom, Sartell		Abby Fisher, Fergus Falls	Hannah McKeag, Brainerd
	100 Breast	Frankie Domeier, Tech		Molly Peichel, Sartell	Tarin Anding, Sartell

Standings	Boys	2010-11	1st Place	2nd	3rd
Fergus F.	200 M.Relay	Cameron Hyde, Drew Wolfe, Jack Hellie, Jack Nieters - Sartell	Jacob Fisher, Mike Hurley, Keghan Hurley, Dominic Jones - FF		
Alexandria	200 F.Relay	Jack Hellie, Drew Wolfe, Jack Nieters, Cameron Hyde – Sartell	Aaron Rooney, Eric Moe, Bennett Freitag, Chris Vogeler - Alexandria		
Sartell	400 F.Relay	Jacob Fisher, Keeghan Hurley, Andrew Sterger, Mike Hurley – FF	Eric Moe, Kris Aaseng, Bennett Freitag, Chris Vogeler - Alexandria		
Willmar	200 Free	Keeghan Hurley, Fergus Falls	Kris Aaseng, Alexandria	Michael McClain, Willmar	
Tech	200 IM	Jacob Fisher, Fergus Falls	Bradyn Watson, Brainerd	Drew Wolfe, Sartell	
SRR	50 Free	Mike Hurley, Fergus Falls	Cameron Hyde, Sartell	Jack Hellie, Sartell	
Rocori	Diving	Aaron Rooney, Alexandria	Tanner Nordlund, Sartell	Britton Murrey, Brainerd	
Apollo	100 Fly	Joe Kitzman, Fergus Falls	Bennett Freitag, Alexandria	Andrew Sterger, Fergus F.	
	100 Free	Mike Hurley, Fergus Falls	Cameron Hyde, Sartell	Jacob Fisher, Fergus Falls	
	500 Free	Kris Aaseng, Alexandria	Keeghan Hurley, Fergus Falls	Tyler Schneider, Brainerd	
	100 Back	Kyle Rozendaal, Willmar	Joe Kitzman, Fergus Falls	Derek Cash, Sartell	
	100 Breast	Erik Money, Fergus Falls	Bradyn Watson, Brainerd	Drew Wolfe, Sartell	

Standings	Girls	2010-11	1st Place	2nd	3rd
1. Sartell	200 M.Relay	Abby Fisher, Heidi Busack, Susie Kitzman, Taylor Monk - FF	Ellen Bloom, Tarin Anding, Gaby Hagen Lauren Martens - Sartell		
1. Brd	200 F.Relay	Tarin Anding, Molly Peichel, Lindsey Martens, Marisa Wood - Sartell	Ashley Kutz, Elizabeth Moline, Katie Cook, Tana Larsen - SRR		
3. Tech	400 F.Relay	Lauren Martens, Ellen Bloom, Molly Peichel, Marisa Wood - Sartell	Susie Kitzman, Taylor Monk, Sophie Carlson, Heidi Busack – Fergus Falls		
4. FF	200 Free	Marisa Wood, Sartell	Molly Peichel, Sartell	Fallon Ryan, Brainerd	
5. SR/R	200 IM	Ellen Bloom, Sartell	Rebecca Miller, Apollo	Siri Smith, Brainerd	
6. Apollo	50 Free	Whitney Weisz, Little Falls	Heidi Busack, Fergus Falls	Elizabeth Moline, SRR	
7. LF	Diving	Chole Timm, SRR	Katy Etterman, Brainerd	Chelsey Bethke, SRR	
8. Willmar	100 Fly	Nicole Gritmit, Tech	Susie Kitzman, Fergus Falls	Rebecca Miller, Apollo	
9. Alex	100 Free	Whitney Weisz, Little Falls	Heidi Busack, Fergus Falls	Elizabeth Moline, SRR	
10. Rocori	500 Free	Marisa Wood, Sartell	Fallon Ryan, Brainerd	Stephanie Hansen, Brd	
	100 Back	Ellen Bloom, Sartell	Abby Fisher, Fergus Falls	Miranda Kuchta, Willmar	
	100 Breast	Abby Rasmussen, SRR	Tarin Anding, Sartell	Frankie Domeier, Tech	

Standings	Boys	2009-10	1st Place	2nd	3rd
1. FF	200 M.Relay	FF: Mike Murley, Erik Money, Eben Danielson, Jacob Fisher	Sartell: Cameron Hyde, Dustin Notsch, Jack Heillie, Harry Gerdes		
1. Sartell	200 F.Relay	Alex: Aaron Rooney, Chris Vogeler, Sam Vinje, Ben Vogeler	Sartell: Harry Gerdes, Curtis Grosz, Bryan Symanietz, Cameron Hyde		
3. Brd	400 F.Relay	FF: Eben Danielson, Jacob Fisher, Keeghan Hurley, Mike Hurley	Tech: Tony Roberts, Al Simson, Brady Lavoe, Bob Simson		
3 Alex	200 Free	Michael McClain, Willmar	Sam Vinje, Alexandria	Keeghan Hurley, FF	
5. Tech	200 IM	Bob Simson, Tech	Eben Danielson, Fergus Falls	Jon Schwegel, Alexandria	
6. Will	50 Free	Cameron Hyde, Sartell	Ben Vogeler, Alexandria	Mike Holbrook, Rocori	
7. Apollo	Diving	Aaron Rooney, Alexandria	Britton Murrey, Brainerd	Tanner Nordlund, Sartell	
7. SR/R	100 Fly	Eben Danielson, Fergus Falls	Al Simson, Tech	Josh McKeag, Brainerd	
9. Rocori	100 Free	Mike Hurley, Fergus Falls	Camerson Hyde, Sartell	Ben Vogeler, Alexandria	
	500 Free	Keeghan Hurley, Fergus Falls	Tyler Schneider, Brainerd	Trevor Spalding, Sartell	
	100 Back	Mike Hurley, Fergus Falls	Bob Simson, Tech	Kyle Rozendaal, Willmar	
	100 Breast	Dylan Johnson, Alexandria	Dominic Jones, Fergus Falls	Andrew Johnson, Sartell	

Standings	Girls	2009-10	1st Place	2nd	3rd
Sartell	200 M.Relay	Sartell: Ellen Bloom, Tarin Anding, Kate Hellie, Marisa Wood	FF: Abby Fisher, Heidi Busack, Susie Kitzman, Taylor Monk		
Brainerd	200 F.Relay	Sartell: Tarin Anding, Lauren Martens, Molly Peichel, Kate Hellie	LF: Megan Voss, Macy Olson, Brittany Then, Whitney Weisz		
Fergus F	400 F.Relay	FF: Susie Kitzman, Ariel Schuelke, Taylor Monk, Heidi Busack	Sartell: Molly Peichel, Lauren Martens, Ellen Bloom, Marisa Wood		
SR/R	200 Free	Marisa Wood, Sartell	Sam Thompson, Alex	Sara Densh, Brd	
Tech	200 IM	Susie Kitzman, FF	Ellen Bloom, Sartell	Rebecca Miller, Ap	
Little F.	50 Free	Heidi Busack, FF	Whitney Weisz, LF	Kate Hellie, Sartell	
Willmar	Diving	Chole Timm, SRR	Chelsey Bethke, SRR	Kathy Etterman, Brd	
Alex	100 Fly	Susie Kitzman, FF	Nicole Gritmit, Tech	Kate Hellie, Sartell	
Apollo	100 Free	Heidi Busack, FF	Whitney Weisz, LF	Tarin Anding, Sartell	
Rocori	500 Free	Marisa Wood, Sartell	Alissa Tinklenberg, Willmar	Laura Goll, Brd	
	100 Back	Ellen Bloom, Sartell	Alissa Tinklenberg, Willmar	Kelly Morford, Tech	
	100 Breast	Abby Rasmussen, SRR	Tarin Anding, Sartell	Macy Olson, LF	

Standings	Boys	2008-09	1st Place	2nd	3rd
Brainerd	200 M.Relay	Brd: Jared Anderson, Michael Brekken, Michael Ruen, Evan Reese	FF: Jacob Fisher, Mike Hurley, Eben Danielson, Nick Wigtil		
Alex	200 F.Relay	Brd: Jared Anderson, Jake Larson, Alek Rudstrom, Andrew Goll	Alex: Ben Vogeler, Jeff Allen, Sam Vinje, Brian Storhaug		
Willmar	400 F.Relay	Brd: Evan Reese, Alek Rudstrom, Andrew Goll, Jake Larson	FF: Jacob Fisher, Eben Danielson, Nick Wigtil, Mike Surley		
Sartell	200 Free	Andy Johnson, Willmar	Andrew Goll, Brainerd	Jake Larson, Brainerd	
Fergus F	200 IM	Mike Hurley, Fergus Falls	Jared Anderson, Brainerd	Bob Simson, Tech	
SR/R	50 Free	Camerson Hyde, Sartell	Steve Kluver, Willmar	Jon Cesena, SRR	
Tech	Diving	Aaron Rooney, Alexandria	Britton Murrey, Brainerd	Keenan Goodrich, Brainerd	
Apollo	100 Fly	Eben Danielson, Fergus Falls	Jon Cesena, Sauk Rapids/Rice	Michael Ruen, Brainerd	
Rocori	100 Free	Andrew Goll, Brainerd	Ben Swanson, Sauk Rapids/Rice	Alek Rudstrom, Brainerd	
	500 Free	Tyler Schneider, Brainerd	Andy Johnson, Willmar	Keeghan Hurley, Fergus F.	
	100 Back	Ben Swanson, Sauk Rapids/Rice	Steve Kluver, Willmar	Al Simson, Tech	
	100 Breast	Mike Hurley, Fergus Falls	Jared Anderson, Brainerd	Bob Simson, Tech	

Standings	Girls	2008-09	1st Place	2nd	3rd
1. Fergus Falls	200 M.Relay	Tech: Kelly Morford, MacKenzie Pillsbury, Nicole Gritmit, Ali Domeier	FF: Kara Fisher, Sarah Monk, Shannon Johnson, Susie Kitzman		
1. Tech	200 F.Relay	Tech: Ali Domeier, Kelly Morford, MacKenzie Pillsbury, Nicole Gritmit	Will: Aleasha Blokzyl, Liz Gorans, Sarah Hund, Alissa Tinklenberg		
3. Brainerd	400 F.Relay	FF: Heidi Busack, Susie Kitzman, Ariel Schuelke, Kara Fisher	Will: Sarah Hund, Aleasha Blokzyl, Emily Zondervan, Alissa Tinklenberg		
3. Sartell	200 Free	Marisa Wood, Sartell	Alissa Tinklenberg, Willmar	Susie Kitzman, FF	
5. Willmar	200 IM	Kara Fisher, FF	MacKenzie Pillsbury, Tech	Ellen Bloom, Sartell	
6. SRR	50 Free	Nicole Gritmit, Tech	Heidi Busack, FF	Ali Domeier, Tech	
7. Little Falls	Diving	Samatha Smith, Brd	Chelsey Bethke, SRR	Anna Heine, Tech	
8. Apollo	100 Fly	Kate Hellie, Sartell	Susie Kitzman, FF	Nicole Gritmit, Tech	
9. Alexandria	100 Free	Heidi Busack, FF	Ali Domeier, Tech	Kelsey Luciz, Apollo	
10. Rocori	500 Free	Marisa Wood, Sartell	Alissa Tinklenberg, Willmar	Myranda Erickstad, SRR	
	100 Back	Kara Fisher, FF	Kelly Morford, Tech	Ellen Bloom, Sartell	
	100 Breast	Mackenzie Pillsbury, Tech	Abby Rasmussen, SRR	Sarah Monk, FF	

Standings	Boys	2007-08	1st Place	2nd	3rd
1. Brainerd	200 M.Relay	FF: Joel Money, Mike Hurley, Eben Danielson, Nathan Jobe		Brd: Michael Brekken, Jared Anderson, Michael Ruen, Evan Reese	
2. Fergus Falls	200 F.Relay	Willmar: Jackson Roberts, Kyle Schmidt, Andrew Nicklawsky, Andy Johnson		Rocori: Casey Barby, Michael Holbrook, Peter Bockhaus, Joel Gregory	
3. Alexandria	400 F.Relay	FF: Mike Hurley, Joel Money, Preston Anderson, Nathan Jobe		Willmar: Jackson Roberts, Andrew Nicklawsky, Steve Kluver, Andy Johnson	
4. Willmar	200 Free	Andy Johnson, Willmar		Andrew Goll, Brainerd	Jake Larson, Brainerd
5. Sartell	200 IM	Mike Hurley, FF		Anderson, Brainerd	Bob Simson, Tech
6. Sauk R/Rice	50 Free	Jackson Roberts, Willmar		Nathan Jobe, FF	Adam Gross, SRR
7. Tech	Diving	Wes Schlichting, SRR		Kennan Goodrich, Brainerd	Britton Murrey, Brainerd
8. Rocori	100 Fly	Michael Ruen, Brainerd		Jon Cesena, SRR	Eben Danielson, FF
8. Apollo	100 Free	Nathan Jobe, FF		Ben Swanson, SRR	Jackson Roberts, Willmar
	500 Free	Paul Fenlason, Sartell		Preston Anderson, FF	Ben VanKeulen, Alex
	100 Back	Ben Swanson, SRR		Steve Kluver, Willmar	Allan Simson, Tech
	100 Breast	Jared Anderson, Brainerd		Mike Hurley, FF	Josh Sachs, Brainerd

Standings	Girls	2007-08	1st Place	2nd	3rd
1. Fergus Falls	200 M.Relay	FF: Kara Fisher, Sarah Monk, Shannon Johnson, Susie Kitzman		Tech: Kelly Morford, Makenzie Pillsbury, Nicole Gritmit, Ali Domeier	
2. Tech	200 F.Relay	Tech: Kelly Morford, Makenzie Pillsbury, Nicole Gritmit, Ali Domeier		Sartell: Tarin Anding, Kelsey Sauerer, Kate Hellie, Marissa Wood	
3. Brainerd	400 F.Relay	FF: Heidi Buscask, Susie Kitzman, Ariel Schuelke, Kara Fisher		Will: Aleasha Blokzyl, Emily Zondervan, Sarah Hund, Alissa Tinklenberg	
4. Sartell	200 Free	Marissa Wood, Sartell		Alissa Tinklenberg, Willmar	Makenzie Pillsbury, Tech
5. Willmar	200 IM	Kara Fisher, FF		Amber Bartholomew, Alex	Kelly Morford, Tech
6. Alexandria	50 Free	Ali Domeier, Tech		Rosey Erickson, Alex	Kelsey Lucia, Apollo
7. Apollo	Diving	Samantha Smith, Brainerd		Tasha Harr, Tech	Heather Johnson, SRR
8. Little Falls	100 Fly	Kate Hellie, Sartell		Nicole Gritmit, Tech	Flannery Cunningham, Tech
8. Sauk R/Rice	100 Free	Ali Domeier, Tech		Heidi Busack, FF	Destiney Schindele, Brd
10. Rocori	500 Free	Marissa Wood, Sartell		Miranda Anderson FF	Paige Scarborough, SRR
	100 Back	Kelly Morford, Tech		Amber Bartholomew, Alex	Kara Fisher, FF
	100 Breast	Jessica Reese, Brainerd		Kelly Ross, FF	Sarah Monk, FF

Standings	Boys	2006-07	1st Place	2nd	3rd
1. Fergus Falls	200 M Relay				
2. Brainerd	200 F. Relay	Willmar: Andrew Nicklawsky, Kyle Schmidt, Matt Fuglestad, Andrew Johnson		Tech: Joe Palmersten, Dan Ronning, Jordan Hobbs, Blake Bendix	
3. Alexandria	400 F. Relay	FF: Nathan Jobe, Ilya Schuelke, Luke Money, Mike Hurley		Alex: Andy Bristow, Ben Vogeler, David Hammer, Andrew Schwegel	
4. Willmar	200 Free	Andrew Schwegel, Alex		Preston Anderson, FF	Andrew Goll, Brainerd
5. Tech	200 IM	Mike Hurley, FF		Joe Palmerstein, Tech	Jared Anderson, Brainerd
6. Sartell	50 Free	Nathan Schwichtenberg, Sartell		Jackson Roberts, Willmar	Blake Bendix, Tech
7. SR/R	Diving	Marcus Rien, Rocori		Wes Schlichting, SRR	Marcus Edwards, SRR
8. Rocori	100 Fly	Luke Money, FF		Adam Gross, SRR	Mike Ruen, Brainerd
9. Apollo	100 Free	Nathan Schwichtenberg, Sartell		Blake Bendix, Tech	Andy Bristow, Alex
	500 Free	Andrew Schwegel, Alex		Paul Fenlason, Sartell	Jordon, Dethlefsen, FF
	100 Back	Luke Money, FF		Preston Anderson, FF	Ben Swanson, SRR
	100 Breast	Jared Anderson, Brainerd		Joe Palmersten, Tech	Mike Hurley, FF

Standings	Girls	2006-07	1st Place	2nd	3rd
1. Fergus Falls	200 M.Relay	FF - Kara Fisher, Kelly Ross, Shannon Johnson, Susie Kitzman		Alex -Amber Bartholomew, Sarah Peper, Marissa Bukowski, Rosey Erickson	
2. Alexandria	200 F.Relay	WILL - Mary Morris, Aleasha Blokzyl, Sarah Hund, Alissa Tinklenberg		Tech - Kelly Morford, Flannery Cunningham, Nicole Gritmit, Ali Domeier	
3. Tech	400 F.Relay	FF - Heidi Busack, Susie Kitzman, Stephanie Skonseng, Kara Fisher		Tech - Flannery Cunningham, Nicole Gritmit, Kelly Morford, Ali Domeier	
4. Brainerd	200 Free	Alissa Tinklenberg/Willmar		Sam Zastrow/Sartell	Jacque Marshall/Alex
5. Willmar	200 IM	Amber Bartholom/Alex		Kelly Morford/Tech	Mary Morris/Willmar
6. Sartell	50 Free	Kelsey Lucia/Apollo		Ali DomeierTech	Kate Hellie/Sartell
7. Sauk Rapids/Rice	Diving	Kayla Deters/SRR		Megan Nill/Alex	McKenzie Rudolph/SRR
8. Apollo	100 Fly	Kate Hellie/Sartell		Nicole Gritmit/Tech	Shannon Johnson/FF
9. Little Falls	100 Free	Ali Domeier/Tech		Kara Fisher/FF	Kelsey Lucia/Apollo
10. Rocori	500 Free	Alissa Tinklenberg/Willmar		Miranda Anderson/FF	Paige Scarborough/Alex
	100 Back	Kara Fisher/FF		Amber Bartholom/Alex	Kelly Morford/Tech
	100 Breast	Kelly Ross/FF		Sarah Peper/Alex	Sarah Monk/FF

Standings	Girls	2005-06	1st Place	2nd	3rd
1. Brainerd	200 M.Relay	FF - Kara Fisher, Kelly Ross, Breanne Pendergrass, Joanna Keller		Willmar - Alissa Tinklenberg, Anita Nelson, Dana Guetter, Aleasha Blokzyl	
1. Fergus Falls	200 F.Relay	SRR - Mikala Foehrenbacher, Chloe Paulson, Kayla Deters, Alyssa Baltes		Brd - Jodi Larson, Christie Nelson, Brianna Elg, Jessica Reese	
3. Tech	400 F.Relay	FF - Joanna Keller, Breanne Pendergrass, Heidi Busack, Kara Fisher		Willmar - Aleasha Blokzyl, Sarah Frank, Dana Guetter, Alissa Tinklenberg	
4. SR/Rice	200 Free	Joanna Keller/FF		Alissa Tinklenberg/W	Emily Alex/Tech
5. Willmar	200 IM	Kelly Morford/Tech		Kristin Geppert/Brd	Katie Koenig/FF
6. Alexandria	50 Free	Dana Guetter/Willmar		Ali Domeier/Tech	Kara Fisher/FF & Kelsey Lucia/Apollo
7. Sartell	Diving	Kayla Deters/SRR		Nikki Weber/SRR	McKenzie Rudolph/SRR
8. Apollo	100 Fly	Dana Guetter/Willmar		Breanne Pendergrass/FF	Kate Hellie/Sartell
9. Little Falls	100 Free	Ali Domeier/Tech		Kara Fisher/FF	Kelsey Lucia/Apollo
10. Rocori	500 Free	Joanna Keller/FF		Alissa Tinklenberg/Will	Emily Alex/Tech
	100 Back	Breanne Pendergrass/FF		Kelly Morford/Tech	Robyn Wernberg/Brd
	100 Breast	Jessica Reese/Brd		Chloe Paulson/SRR	Kelly Ross/FF

Standings	Boys	2005-06	1st Place	2nd	3rd
1. Alex	200 M.Relay	FF: Mark Bigwood, Mike Hurley, Luke Money, Illya Schuelke		Brd: Josiah Collins, Jared Anderson, Nate Tyner, Tim Lange	
2. Fergus F.	200 F.Relay	Tech: Joe Palmerstan, Jordan Hobbs Chris Hagen, Blake Bendix		Sartell: Andrew Struffert, Mike Leonard, Curtis Klever, Nathan Schwichtenberg	
3. Brainerd	400 F.Relay	Alex: Andy Bristow, Brock Edwards, Andrew Schwegel, Darryl Weimer		Tech: Chris Hagen, Dan Ronning, Joe Palmerstan, Blake Bendix	
4. Sartell	200 Free	Andrew Schwegel, Alex		Brock Edwards, Alex	Josiah Collins, Brd
5. Tech	200 IM	Mike Hurley, Fergus Falls		Jared Anderson, Brd	Joe Palmerstan, Tech
6. SR/R	50 Free	Nathan Schwichtenberg, Sartell		Blake Bendix, St. Cloud Tech	Tim Lange, Brd
7. Willmar	Diving	Marcus Rien, Rocori		Wes Schlichting, SRR	Brian Klein, Sartell
8. Apollo	100 Fly	Darryl Weimer, Alexandria		Luke Money, Fergus Falls	Adam Gross, SRR
9. Rocori	100 Free	Blake Bendix, St. Cloud Tech		Nathan Schwichtenberg, Sartell	Brock Edwards, Alex
	500 Free	Andrew Schwegel, Alexandria		Josiah Collins, Brainerd	Paul Fenlason, Sartell
	100 Back	Darryl Weimer, Alexandria		Steven Kluver, Willmar	Mark Bigwood, Fergus Falls
	100 Breast	Jared Anderson, Brainerd		Joe Palmerstan, St. Cloud Tech	Mike Hurley, Fergus Falls

Standings	Boys	2005-06	1st Place	2nd	3rd
1. Alexandria	200 M.Relay	FF: Mark Bigwood, Mike Hurley, Luke Money, Kris Jobe		Alex: Darryl Weimer, Sean Fleming Blaine Green, David Hammer	
2. Fergus Falls	200 F.Relay	Tech: Joe Palmerstan, Jordan Hobbs, Chris Hagen, Blake Bendix		Alex: Andy Bristow, David Hammer Andrew Schwegel, Brock Edwards	
3. Brainerd	400 F.Relay	Alex: Andy Bristow, Andrew Schwegel Brock Edwards, Darryl Weimer		Tech: Chris Hagen, Dan Ronning, Joe Palmerstan, Blake Bendix	
4. Sartell	200 Free	Andrew Schwegel, Alex		Brock Edwards, Alex	Josiah Collins, Brd
5. Tech	200 IM	Mike Hurley, Fergus Falls		Joe Palmerstan, St. Cloud Tech	Jared Anderson, Brd
6. SR/R	50 Free	Nathan Schwichtenberg, Sartell		Blake Bendix, St. Cloud Tech	Tim Lange, Brd
6. Willmar	Diving	Cameron Allex, Alexandria		William White, St. Cloud Apollo	Ian Bell, Apollo
8. Apollo	100 Fly	Luke Money, Fergus Falls		Darryl Weimer, Alexandria	Adam Gross, SRR
9. Rocori	100 Free	Blake Bendix, St. Cloud Tech		Brock Edwards, Alexandria	Nathan Schwichtenberg, Sartell
	500 Free	Andrew Schwegel, Alexandria		Josiah Collins, Brainerd	Joel Money, Fergus Falls
	100 Back	Darryl Weimer, Alexandria		Luke Money, Fergus Falls	Mark Bigwood, Fergus Falls
	100 Breast	Joe Palmerstan, St. Cloud Tech		Jared Anderson, Brainerd	Mike Hurley, Fergus Falls

Standings	Girls	2004-05	1st Place	2nd	3rd
1. Tech	200 M.Relay	Willmar: Alissa Tinklenberg, Anita Nelson, Dana Guetter, Krista Koenen		SR/R: Bri Novak, Chloe Paulson, Natalie Warnert, Kayla Deters	
2. Sauk Rapids/ Rice	200 F.Relay	Tech: Brianna Ramler, Becca Neiters, Brooke Johnson, Ali Domeier		Sauk Rapids/Rice: Steph Thayer, Kayla Deters, Chloe Paulson, Alyssa Baltes	
3. Willmar	400 F.Relay	Willmar: Krista Koenen, Mary Morris, Dana Guetter, Alissa Tinklenberg		Tech: Brianna Ramler, Becca Nieters, Brooke Johnson, Ali Domeier	
4. Alexandria	200 Free	Alissa Tinklenberg / Willmar		Jill Girtz / Sartell	Emily Allex / Tech
5. Brainerd	200 IM	Brooke Johnson / Tech		Dana Guetter / Willmar	Steph Thayer / SRR
6. Sartell	50 Free	Kayla Deters / SRR		Domeier Ali / Tech	Kelsey Lucia / Apollo
7. Apollo	Diving	Kayla Deters / SRR		Sara Ryan / Alex	Adrienne Maiers / SRR
8. Little Falls	100 Fly	Dana Guetter / Willmar		Alyssa Baltes / SRR	Briana Elg / Brainerd
9. Rocori	100 Free	Domeier Ali / Tech		Kelsey Lucia / Apollo	Steph Thayer / SRR
	500 Free	Jill Girtz / Sartell		Emily Allex / Tech	Christie Nelson / Brd
	100 Back	Alissa Tinklenberg / Willmar		Robyn Wernberg / Brd	Natalie Warnert / SRR
	100 Breast	Brooke Johnson / Tech		Chloe Paulson / SRR	Jessica Reese / Brd

Standings	Boys	2004-05	1st Place	2nd	3rd
1. Tech	200 M.Relay	Tech: Adam Kantor, Joe Palmersten, Dan Eckberg, Tim Ronning		Alex: Darryl Weimer, Ryan Plath, Lucas Mogenson, Brock Edwards	
2. Alex	200 F.Relay	Brd: Brett Severson, Nate Tyner, Josiah Collins, Andrew Mehr		SRR: Drew Efraimson, Mike Welter, Jack Lelwica, Will Simson	
3. Brainerd	400 F.Relay	Tech: Adam Kantor, Dan Eckberg, Blake Bendix, Tim Ronning		Brd: Tim Lange, Nate Tyner, Josiah Collins, Andrew Mehr	
4. Willmar	200 Free	Willmar: Kyle Eckhoff		Tech: Tim Ronning	Brd: Josiah Collins
5. Sartell	200 IM	SRR: Will Simson		Tech: Joe Palmerstan	Apollo: Mike Weslander
6. SR/R	50 Free	Brd: Andrew Mehr		Tech: Blake Bendix	Sartell: Nate Schwicten
7. Apollo	Diving	Willmar: Chris Axelson		Brd: Aaron Thelen	Rocori: Marcus Rien
8. Rocori	100 Fly	Alex: Darryl Weimer		SRR: Will Simson	Willmar: Eric Laingen
	100 Free	Brd: Andrew Mehr		Tech: Blake Bendix	Sartell: Nate Schwicten
	500 Free	Willmar: Kyle Eckhoff		Brd: Josiah Collins	Alex: Andrew Schwegel
	100 Back	Alex: Darryl Weimer		Tech: Tim Ronning	Alex: Brock Edwards
	100 Breast	Apollo: Mike Weslander		Tech: Joe Palmerstan	Brd: Jared Anderson

Standings	Girls	2003-04	1st Place	2nd	3rd
1. Sauk Rapids/Rice	200 M.Relay	SR/R: Kelsey Corrigan, Danielle Heimin, Dani Ree, Alyssa Baltés	Willmar: Jennifer Pakola, Anita Nelson, Dana Guetter, Krista Koenen		
2. Brainerd	200 F.Relay	Tech: Rebecca Neiters, Meagan Hinz, Brianna Ramler, Brooke Johnson	SR: Danielle Heimin, Steph Thayer, Alyssa Baltés, Kayla Deters		
3. Alexandria	400 F.Relay	Brd: Christina Roberts, Erica Campbell, Krystal Halverson, Jenny Wentworth,	Willmar: Rebecca Bell, Krista Koenen, Dana Guetter, Mary Morris		
4. Tech	200 Free	Steph Thayer/SR	Jill Girtz/Sartell		Christina Roberts/Brd
5. Willmar	200 IM	Dana Guetter/Willmar	Brooke Johnson/Tech		Erica Campbell/Brd
6. Sartell	50 Free	Krista Koenen/Willmar	Alyssa Baltés/SR		Kayla Deters/SR
7. Apollo	Diving	Sara Ryan/Alex	Hayley Bissett/Tech		Brooke Johnson/SR
8. Little Falls	100 Fly	Brittney Corrow/LF	Kelsey Corrigan/SR		Erica Campbell/Brd
9. Rocori	100 Free	Dana Guetter/Willmar	Krista Koenen/Willmar		Steph Thayer/SR
	500 Free	Jill Girtz/Sartell	Emily Allex/Tech		Jenny Wentworth/Brd
	100 Back	Kelsey Corrigan/SR	Krystal Halverson/Brd		Robyn Wernberg/Brd
	100 Breast	Brooke Johnson/Tech	Danielle Helmin/SR		Sarah Hagen/SR

Standings	Boys	2003-04	1st Place	2nd	3rd
1. Sauk Rapids/Rice	200 M.Relay	SR/R: Conner Ziegler, Jason Timmer, Will Simson, Mike Welter	Tech: Adam Kantor, Tim Ronning, Joe Palmersten, Dan Eckberg,		
2. Alexandria	200 F.Relay	SR/R: Jason Timmer, Chuck Welter, Dustin Benoit, Drew Eframeson	Brd: Andrew Mehr, Nate Tyner, Brett Severson, Josiah Collins		
3. Brainerd	400 F.Relay	SR/R: Conner Ziegler, Chuck Welter, Will Simson, Mike Welter	Tech: Dan Eckberg, Tim Ronning, Blake Bendix, Adam Kantor		
4. Tech	200 Free	Doug McGrath, Alex	Conner Ziegler, SR/R		Kyle Eckhoff, Willmar
5. Willmar	200 IM	Will Simson, SR/R	Mike Weslander, Apollo		Blake Bendix, Tech
6. Apollo	50 Free	Jason Timmer, SR/R	Andrew Mehr, Brainerd		Chuck Welter, SR/R
7. Sartell	Diving	Chris Axelson, Willmar	Dylan Pallansch, Brainerd		Cody Thomsen, Brainerd
8. Rocori	100 Fly	Conner, Ziegler, SR/R	Will Simson, SR/R		Dan Eckberg, Tech
	100 Free	Chuck Welter, SR/R	Andrew Mehr, Brainerd		Tim Ronning, Tech
	500 Free	Kyle Eckhoff, Willmar	Doug McGrath, Alex		Josiah Collins, Brainerd
	100 Back	Darryl Weimer, Alex	Trevor Green, Alex		Greg Korver, Tech
	100 Breast	Jason Timmer, SR/R	Mike Weslander, Apollo		Joseph Palmersten, Tech

Standings	GIRLS	2002-03	1st Place	2nd	3rd
1. Brainerd	200 M.Relay	1) Willmar	2) Sauk Rapids		
2. Tech	200 F.Relay	1) Brainerd	2) Tech		
3. Alex	400 F.Relay	1) Brainerd	2) Tech		
4. SR/R	200 Free	Christina Roberts/Brd	Erica Campbell/Brd		Jenny Wentworth/Brd
5. Willmar	200 IM	Brooke Johnson/Tech	Dana Guetter/Will		Jill Girtz/Sartell
6. Apollo	50 Free	Saskia Rehder/Apollo	Katie Diiro/Brd		Steph Thayer/SR-R
7. Sartell	Diving	Amber Paulson/Alex	Amanda Johnson/Brd		Grete Langen/Willmar
8. LF	100 Fly	Beth Bard/Alex	Krista Rauen/Brd		Dana Guetter/Willmar
9. Rocori	100 Free	Saskia Rehder/Apollo	Steph Thayer/SR-R		Amanda Bateman/Brd
	500 Free	Erica Campbell/Brd	Jill Girtz/Sartell		Emily Allex/Tech
	100 Back	Kelsey Corrigan/SR-Rice	Krista Rauen/Brd		Ronna Severson/Alex
	100 Breast	Brittney Johnson/Tech	Sarah Gervais/Brd		Danielle Helmin/SR-R

Standings	BOYS	2002-03	1st Place	2nd	3rd
1. Alex	200 M.Relay	Alex: Daryl Weimer, Trevor Green, John Bodde, Nick Bendas	SR-R: Jason Timmer, Dustin Benoit, B. Helland, C. Welter		
2. Brainerd	200 F.Relay	SR/R: Jason Timmer, Connor Ziegler, Dustin Benoit, K. Malikowski	Alex: Nick Bendas, Kris Petersen, Chris Kleine, Doug McGrath		
3. SR/R	400 F.Relay	Willmar: Mark Morris, Kyle Eckhoff, Ray Nelson, Scott Hagemeyer	Alex: Chris Kleine, Trevor Green, Daryl Weimer, Doug McGrath		
4. Willmar	200 Free	Doug McGrath, Alex	Connor Ziegler, SR/R	Josiah Collins, Brd	
5. Tech	200 IM	Jason Timmer, SR/R	Ray Nelson, Willmar	Daryl Weimer, Alex	
6. Apollo	50 Free	Scott Hagemeyer, Will.	Nick Bendas, Alex	John Sullivan, Apollo	
7. Sartell	Diving	Shaun Kennedy, Brd	Jon Neumann, Sartell	Josh Olson, Brd	
8. Rocori	100 Fly	Connor Ziegler, SR/R	Dan Eckberg, Tech	Matt Schmitz, Brd	
	100 Free	Jason Timmer, SR/R	Scott Hagemeyer, Will.	Nick Bendas, Alex	
	500 Free	Doug McGrath, Alex	Josiah Collins, Brd	Kyle Eckhoff, Willmar	
	100 Back	Daryl Weimer, Alex	Trevor Green, Alex	Mike Schultz, Tech	
	100 Breast	Ray Nelson, Willmar	Mike Weslander, Apollo	John Bodde, Alex	

Standings	GIRLS	2001-02	Standings	BOYS
1. Brd	Erica Campbell, Krista Rauen, Cori Severson, Katie Diiro, Krystal Halverson, Sarah Gervais		1. Alex	Krank Kalina, Joe Zimmerman, Stas Spiridonov, Nick Bendas, Doug McGrath, Jon Schofield
2. Willmar	Krista Koenen, Amber Guetter, Andrea Blommel		2. Brainerd	Matt Schmitz, Peter Goeman, Josh Schirmer, Ty Goeman, Shawn Kennedy
3. Alex	Amber Paulson-Jordahl, Beth Bard, Ronna Severson		3. Willmar	Scott Hagemeyer, Zach Jorgenson, Ray Nelson, Brent Nelson, Kyle Eckhoff, Nick Erickson
4. LF	Julie Carlson, Jessie Ylitalo, Maggie Neudecker, Emily Tschida		4. Tech	Will Simson, Jon Stromme
5. Sartell	Mary Supan, Autumn Hensel		5. Sartell/S.S.	Jason Wetherbee, Sam Omann, Jon Neumann, Josh Feneis, Josh Helgerson, Zach Helgerson
6. Tech	Brooke Johnson		6. Apollo/LF	
7. Apollo			7. Rocori	
8. Rocori			8.	

Standings	GIRLS	2000-01	Standings	BOYS
1. Brainerd	Cori Severson, Krista Rauen, Tara Schmidt, Katie Lykins		1. Alex	Frank Kalina, Reed Ziegler, Stas Spiridonov, Steve Erickson, Joe Mohs, Joe Zimmerman, Doug McGrath, Brock Vestrum
2. Sartell	Melissa Brasel, Eva Miller, Autumn Hensel, Abby Henkemeyer		2. Sartell/S.S.	David Williams, Kraig Smoley, Adam Hainlin, Josh Feneis, Jason Wetherbee, Tim Patton, Sam Omann, Jon Neumann
3. LF	Julie Carlson, Jessie Ylitalo, Monica Mogg		3. Willmar	Scott Hagemeyer, Brent Nelson, Nick Erickson, Ray Nelson, Zach Jorgenson
4. Willmar	Gina Ryan, Amber Guetter, Katie Beyer		4. Brainerd	Ty Goeman, Shaun Kennedy, Bruce Droogsma, Jason Howard, Scott Antolak
5. Alex	Amber Paulson-Jordahl, Rachel Mogenson, Rachel Ziegler		5. Tech	Will Simson, Jon Stromme
6. Tech	Elizabeth Rudrud		6. Apollo/LF	
7. Apollo			7. Rocori	
7. Rocori			8.	

Standings	GIRLS	1999-00	Standings	BOYS
1. Sartell	Lisa Barthel, Melissa Brasel, Eva Miller, Sarah Bohlsen, Lisa Gray		1. Alex	Erik Esbjornsson, John Eiser, Reed Ziegler, Kyle Weimer, Frank Kalina, John Bodde
2. Brainerd	Katie Lykins, Alissa Flemming, Tara Schmidt, Katie Lykins		2. Brainerd	Paul Fitzpatrick, Mike Vesely, Jim Clabo, Jake Carson, Ty Goeman
3. Alex	Rachel Morganson, Mary Kay Mosh, Laura Holt, Rachel Ziegler, A. Luchau		3. Willmar	Germen VanHeuveln, Zach Jorgenson, Brent Nelson
4. Willmar	Alaina Eckhoff, Amber Guetter, Katie Beyer		4. Sartell/S.S.	David Williams
5. LF	Julie Carlson, Jessie Ylitalo, Monica Mogg		4. Tech	Will Simson, Garrett Ewers
6. Tech	Elizabeth Rudrud		6. Apollo/LF	Jeff Kukowitz
7. Apollo			7. Rocori	
8. Rocori			8.	

Standings	GIRLS	1998-99	Standings	BOYS
1. Alex	Rachel Morganson, Mary Mohs, Laura Holt, Mary Palm, Eva Miller, Debbie Gess, Mary Vano, Jenna Amundson, Rachel Morgenson, Terra Dalhgren		1. Alex	Adam Gess, Reed Ziegler, Kyle Wiemer, Matt Kleine, Erik Esbjornsson, Ken Holm, Luke Vestrum, Mark Atwood, David Lindoo, John Eiser, Roy Good
1. Sartell	Lisa barthel, Melissa Brasel, Nikki Guck, Eva Miller, Sarah Bohlsen, Abbey Henkemeyer, Breana Longhenry, Melanie Hytinen		2. Brainerd	Ty Goeman, Tate Severson, Pat O'Brien, Josh Skogen
3. Brainerd	Katie Lykins, Alissa Flemming, Erika Hummini		3. Sartell	Nate Rohling, Matt Letnes, Mike Patton, Chris Detloff
4. Willmar	Rachelle Wood, Alaina Eckhoff, Dana Johnson, Amber Guetter		4. Tech	Garrett Ewers
5. Apollo	Sarah Weiszhaar		5. Willmar	
6. Rocori	Kari Etmund		5. Apollo	Kurt Koester
6. Tech	Elizabeth Rudrud		7. Rocori	
8. LF			8. LF	

Standings	GIRLS	1997-98	Standings	BOYS
1. Alex	Laura Holt, Jenny Power, Mary Kay Mohs, Nicole Schulte, Mary Vano, Mary Palm, Alyssa Lindley		1. Alex	Andy Olson, John Eiser, John Costello, Luke Vestrum, Mike Rueter, Mark Atwood, Adam Gess, Kyle Wiemer, Erik Esbjornsson, Reed Ziegler, Reed Hermes, Matt Kleine
2. Sartell	Sarah Bohlsen, Katie Kuhlmann		2. Brainerd	Josh Skogen, Paul Fitzpatrick, Andy Peterson, Sam Esser
3. Tech	Chelsie Schafer, Elizabeth Rudrud, Erin Lemke, Jenny Fuchs		3. Tech	Nick Walker, John Kapphahn, Matt Woodard, Joe Rueter, Garrett Ewers
4. Rocori	Karen Eggermann, Kari Etmund		4. Sartell	
5. Brainerd	Alissa Fleming		5. Apollo	Jeff Dukowitz
6. Apollo	Jessica Lokken, Sarah Weiszhaar		6. Willmar	
6. Willmar			7. LF	
8. LF			8. Rocori	

Standings	GIRLS	1996-97	Standings	BOYS
1. Alex	Nicole Schutte, Laura Holt, Nicole Nelsen, Jenna Amundson, Alessa Lindley, Mandy Johnson, Jenny Power		1. Alex	Luke Vestrum, Jeff Pearson, Mike Rueter, Mark Atwood, Justin Paffrath, Adam Gess, Shane Johnston, Kyle Wiemer, Erik Esbjornsson, Matt Kleine, Ken Holm, Reed Ziegler
2. Sartell	Shauna Bloch, Sarah Bohlsen, Katie Kuhlmann, Erin Ryan		2. Brainerd	Mark Lykins, Matt Skogen, Eric Dirks, Ben Hoheisel, Dan Whirley, Josh Otterstad
3. Tech	Emily Heneghan, Chelsie Schafer, Krista Danneman, Erin Lemke, Tracy LaVoi		3. Tech	Nick Walker, Garrett Ewers
4. Willmar	Alaina Eckhoff, Stacia Cleary, Rachelle Wood, Chelsea Swalin		4. Sartell	
5. Brainerd			5. Apollo	
5. Rocori	Kari Etmund, Karen Eggerman		6. Willmar	
7. Apollo	Jessica Lokken		7. LF	
8. LF			7. Rocori	Mike Etmund

Standings	GIRLS	1995-96	Standings	BOYS
1. Alex	Nicole Schutte, Laura Holt, Nicole Nelsen, Jenny Yerka, Mandy Johnson, Jessie Niedenfuer, Jenny Power		1. Alex	Mike Wencl, Steve Mohabir, Jeff Pearson, Mike Rueter, Adam Gess, Adam Costello, Justin Costello, Jamie Jabas, Andy Olsen, Mark Atwood
2. Tech	Elizabeth Barton, Chelsie Schafer, Krista Danneman, Erin Lemke, Tracy LaVoi		2. Tech	Nick Walker, Mark Jansen, Dan Brinkman, Pat Schulte, Sam Palmersten, David Schultz, Tom Emblom
2. Sartell	Jasmine Longhenry		3. Brainerd	Jason Ludwig, Mark Lykins, Josh Otterstad, Matt Skogen
4. Willmar	Stacia Cleary, Sarah Deleenw, Emily Reese, Chelsea Swalin		4. Sartell	James Wetherbee, Ted Larson, Jeff Dingman, John Lhotka, Joe Schulte
5. Brainerd			5. Apollo	
5. Apollo	Jessica Lokken, Missy Decker		6. Willmar	
7. Rocori	Kari Etmund		7. Rocori	
8. LF	Emily Paulson		8. LF	

Standings	GIRLS	1994-95	Standings	BOYS
1. Alex	Nicole Schutte, Sara Barnack, Nicole Nelsen, Jenny Yerka, Mandy Johnson, Jessie Niedenfuer, Jenny Power		1. Alex	Mike Wencl, Tim Facciotto, Adam Costello, Garrett Illies, Jamie Jabas, Steve Mohabir, Jeff Pearson, John Florell
1. Tech	Megan Patterson, Chelsey Schafer, Johnna Scheltens, Krista Danamen, Emily Henigan, Paula Kahnke, Erin Lemke, Tracy Lavoie, Wila Kalaidjian		2. Tech	Mark Jansen, Pat Schulte, Bryan Lloyd, Dave Schultz, Nick Walker, Nate Aysta, Sam Palmersten
3. Brainerd	Beth Hadlend, Heather Hunt		3. Brainerd	Joe Esser, Dallas Fraser, Jon Teufert, Matt Skogen
4. Apollo	Missy Decker, Leanna Williams, Sara Mueller, Beth Staehling, Sarah White		4. Apollo	Phil Proell
5. Willmar	Stacia Cleary, Heather Miller, Chelsea Swalin, Emily Reese		5. Willmar	
6. LF	Emily Paulson		6. Rocori	Mike Etmund
7. Rocori				

Standings	GIRLS	1993-94	Standings	BOYS
1. Alex	Kim Schutte, Nicole Nelsen, Jenny Yerka, Nicole Schutte, Kristina Johnson, Kelly Hoeschen, Jenny Power, Jessie Niedenfuer, Jenny Abrahamson		1. Tech	Nick Walker, Nate Aysta, Sam Palmersten, Henry Ewers, Allen Murphy, Bryon Lloyd, Kevin Quinn
2. Tech	Sara Algoe, Megan Patterson, Angie Colt, Johnna Scheltens, Missy Salzer		2. Brainerd	Jon Teufert, Mark Lykins, Dallas Fraser, Jeff Kramer, Jason Ludwig
3. Apollo	Erin Brannan		3. Alex	Jeff Pearson, Scott Lempka, Jamie Jabas, Garrett Illies, Adam Costello, Justin Johnson, Jarrod Illies, Mike Wencl, Matt Larson
4. Brainerd	Beth Hadland		4. Willmar	
5. Willmar	Angie Netland, Heather Miller, Emily Reese, Stacia Cleary		5. Apollo	Nathan Chau
6. LF	Emily Paulson		6. Rocori	Jon Jacklitch
6. Rocori			7.	

Standings	GIRLS	1992-93	Standings	BOYS
1. Alex	Kim Schuette, Jean Tate		1. Monticello	Brian Ruark, Jade Zachman, Jason Tangen, Zak Olson, Jake Schwietering, Steve Berthiaume, Bob Lindell
2. Apollo	Katie Olson, Jenni Hart, Sara Mueller, Beth Staehling, Sarah White		2. Tech	Nate Aysta, Mike Kukuk, Hal Swift, Bryan Lloyd, Ryan Leigh, Sean Nies
3. Tech	Megan Patterson, Sheri Olson, Johnna Scheltens, Sara Algoe, Michelle Clausen, Paula Kahnke, Kari McKay		3. Willmar	Eric Wang, Steve Hanson, Scott NedreLOW, Adam Boerema, Paul Lenzmeier, Chris Hansen
4. Monti	Candy Olson, Jenni Yaeger, Megan Kanthak, Emily Satterstrom, Jenni Hammer, Maggie Henjum		4. Apollo	
5. Brainerd			5. Brainerd	
6. Willmar	Joy Bierbaum, Angie Netland, Emily Reese, Heather Miller		6. Alex	Andrew Haase
7. Rocori			7. Rocori	

Standings	GIRLS	1991-92	Standings	BOYS
1. Tech	Megan Patterson, Sheri Olson, Jean Jordan, Kim Algoe, Michelle Clausen, Paula Kahnke, Sara Algoe, Sara Kmitch		1. Monticello	Brian Ruark, Steve Berthiaume, Jason Tangen, Ryan Quill, Josh Schwietering, Robb Bartel
2. Apollo	Katie Olson, Jenni Hart		1. Willmar	Ty Hippe Scott NedreLOW, Eric Wang, Ben Netland, Aaron Boerema
3. Brainerd	Jamie Embertson, Renee Linn, Crystal Ludwig, Sallie Park		3. Tech	Ben Stadther, Nate Aysta
3. Willmar	Joy Bierbaum, Angie Netland, Cathy Lindblad, Heather Miller		4. Brainerd	Lance Hoff, Evan Kaneski, Jesse Grant, Josh Vandrake
5. Alex	Kim Schulte		4. Apollo	Bill Cathey
6. Monti	Candy Olson, Angie Yaeger, Megan Kanthak, Emily Satterstrom		6. Alex	Andy Krubsack, Andrew Haase, Kris Glesne, Scott Lempka
7. Rocori			7. Rocori	Martin Hackenmueller
8. LF			8.	

Standings	GIRLS	1990-91	Standings	BOYS
1. Tech	Megan Patterson, Sherri Olson, Jean Jordan, Kim Algoe, Michelle Clausen, Paula Kahnke, Sara Algoe, Sara Kmitch		1. Willmar	Chad Bloom, Aaron Boerema, Mike Hanson, Ben Netland, Justin Seidler, Bryan Thiery, Eric Wang
2. Apollo	Jenni Hart, Kim Schulte		2. Apollo	Rob Bechtold, Jason Gangl,
3. Brainerd	Jamie Embertson, Renee Linn, Crystal Ludwig, Sallie Park		3. Alex	Shawn Haase, Andy Krubsack
4. Willmar	Joy Bierbaum, Angie Netland, Cathy Lindblad, Heather Miller		4. Brainerd	Lance Hoff, Evan Kaneski, Steve Prepgras, Mark Schmitz
5. Alex			5. Tech	Nate Aysta, Scooter Haugen, Darin Mills, Hal Swift, Eric Winter
6. Monti	Candy Olson, Angie Yaeger, Megan Kanthak, Emily Satterstrom		6. Monticello	Josh Schwietering
7. Rocori			6. Rocori	Martin Hackenmueller
8. LF			8.	

Standings	GIRLS	1989-90	Standings	BOYS
1. Tech	Kim Algoe, Katie Brennan, Shannon Olson, Jenny Yerka		1. Willmar	2nd MR & 1st 400 Relay, Jason Netland, Chad Bloom, Tom Stadtherr, Rick Thiery,
2. Willmar	Tammie Asche, Joy Bierbaum, Amy King, Sarah Reese		2. Apollo	Scott Swift, Jason Barker
3. Apollo	Andrea, Brennan, Jenni Hart, Sara Klein, Sara Leyk, Shellie Maresh, Shelly Stellmach		3. Alex	1st MR, Shawn Haase, Randy Hansen, Brad Wilson, Mark Reineke, Doug Hegg
4. Brainerd	Julie Beasley, Stephanie Jones, Shane Kieffer, Jocelyn Manion, Sallie Park		4. Brainerd	2nd 400 Relay, Lance Hoff
5. Alex			5. Tech	Eric Winter, Scooter Haugen,
6. Monti	Candy Olson		6. Monticello	
7. Rocori			7. Rocori	
8. LF				

Standings	GIRLS	1988-89	Standings	BOYS
1. Brainerd	Erica Horn, Stephanie Jones, Shane Kieffer, Sallie Park		1. Willmar	Chad Bloom, Rick Thiery, Mike Maras, Jason Day, John Sampson, Scot Bolland, Jason Netland
2. Willmar	Tammie Asche, Joy Bierbaum, Cathy Lindblad, Sarah Reese,		2. Tech	Jeff Bogart, Eric Winter, Darin Mills, Mike Ross, Bill Underwood,
3. Tech	Kim Algoe, Katie Brennan, Nicole Sjogren		3. Brainerd	Paul Holm, Chris Dunn, Nate Steinbauer, Lance Hoff, Steve Piegras, Mike Schmitz
4. Apollo	Heidi Halstrom, Sara Klein, Shellie Maresh, Emily Wicktor		4. Apollo	Scott Swift, Mike Noonan
5. Alex	Angie Hop, Kris Olson, Leah Strom, Jonalie Wosepka		5. Alex	Randy Hansen, Doug Hegg
6. Rocori			6. Rocori	
7. LF			7.	

Standings	GIRLS	1987-88	Standings	BOYS
1. Brainerd	Kari Casey, Kyung Endres, Mindy Hoff, Mary Houle, Amy Schmitz		1. Willmar	Scott Bolland, Jason Day, Mike Gimse, Scott Leindecker, Mike Maras, John Sampson, Rick Thiery
2. Alex	Shannon Monahan, Stacey Neidenfuer, Kris Olson, Lisa Pederson, Leah Strom		2. Tech	Chad Blashack, Jeff Bogart, Gary Jordahl, Eric Kemp, Joel Kmitch, Kevin Mielke, Darin Mills, Bill Underwood
3. Tech	Kim Algoe, Tina Haugen, Liz Jordan, Jessica Pearson		3. Apollo	Jeff Crane, Mike Noonan, Scott Swift, Rick Weber, Blake Zenner
4. Apollo	Andrea Brennan, Heidi Hallstrom, Sara Klein, Heather Rasmussen, Emily Wicktor		4. Alex	Randy Hanson
5. Willmar	Tammie Asche		5. Brainerd	Lance Hoff, Paul Holm, Nate Steinbauer
6. LF	Colleen Van Risseghem		6.	

Standings	GIRLS	1986-87	Standings	BOYS
1. Alex	Stacey Mildenfuer, Kris Olson, Shannon Monahan, Leah Strom, Heather Monahan		1. Tech	Tim Ross, Bart Slagter, Bill Underwood
2. Tech	Jessica Pearson, Liz Jordan, Lisa Stueve, Kim Algoe, Cheryl Yaeger, Kris Koontz, Aimee Lodewik		2. Apollo	Craig Johnson, Mike Noonan, Scott Swift, Rick Weber
3. Brainerd	Ginny Steinbauer, Amy Schmitz, Mary Houle		3. Willmar	Jason Anderson, Scott Bolland, Lyle Hovland
4. Willmar	Shannon Klint, Mary Walter, Mary Walter		4. Brainerd	Bill McCollough, Todd Olson, Mark Schmidt
5. Apollo	Andrea Brennen, Heidi Halstrom, Emily Wicktor, Beth Wegner, Sara Kelin		5. Alex	Kurt Meyers
6. LF			6.	

Standings	GIRLS	1985-86	Standings	BOYS
1. Tech	Lori Fish, Liz Jordan, Kathy Kavaney, Kris Koontz, Jessica Pearson, Kim Urbanski, Jill Warzecha		1. Tech	Chad Blashack, Ross Megarry, Mark Schmidt, Bart Slagter, Mike Winter
2. Alex	Heather Monahan, Shannon Monahan, Stacey Niedenfuer, Kris Olson, Leah Strom		2. Willmar	Jason Anderson, Tom Herman, Dan Hovland, Brad Lewis, Darren Melin, Mike Maras, Chad Miller, Mike Smith, David VanDenEinde, Tom Vogts
3. Brainerd	Kyung Endres, Mindy Hoff, Stacey Hoff, Ginny Steinbauer		3. Apollo	Jim Brattensberg, Neil Fandel, Craig Johnson, Phil Jones, Mark Lange
4. Willmar	Lisa Dresser, Sandi Jensen, Shannon Klint, Mary Salter		4. Alex	Kurt Meyers, Brad Wessman
5. Apollo	Sally Garner, Heidi Halstrom		5. Brainerd	Bill McCollough
6. LF			6.	

Standings	GIRLS	1984-85	Standings	BOYS
1. Alex	Shelly Haase, Sandy Steffenson, Sheila Pexsa, Sheila Guenther, Heather Monahan, Stacy Niedenfuer, Kris Olson, Rachel Reznecheck, Shannon Monahan		1. Apollo	Craig Johnson, Dan Becker, Mark Lange, Neil Fandel, Kent Davis
2. Tech	Lori Fish, Jill Warzecha, Kathy Kavaney, Mary Dietman, Jessica Pearson		2. Tech	Cam Olk, Mike Winter, Chad Polesak, Paul Schmidt
3. Apollo	Debbie Radorich, Sally Garner		3. Alex	Mike Haase, Mike Johnson, Al Hunt, Kurt Meyers
4. Brainerd	Stacy Hoff, Mindy Hoff, Angie Houston, Jodi Konkel		4. Brainerd	Bill McCollough, Kevin Barber
5. Willmar	Shannon Klint		5. Willmar	Brad Lewis, Darren Melin, John Stageberg, Jason Anderson, Chad Miller
6. LF			6.	

Standings	GIRLS	1983-84	Standings	BOYS
1. Alex	Shelly Haase, Sanoy Steffenson, Karen Licht, Rachel Reznecheck, Nancy Guenther, Sheila Pexsa, Sheila Guenther, Heather Monahan		1. Alex	Mike Hasse, Dave Irgens, Mike Johnson, Kurt Meyers
2. Tech	Lori Fish, Jill Warzecha, Jill Riley, Jodi Schirmers, Mary Kavaney, Kathy Kavaney, Carolyn Magnus, Jessica Pearson		2. Brainerd	Ed Abrahamson, Steve Monkman, Chad Price, Mark Syvertson
3. Elk River	Sue Hennig, Tanya Carr		3. Apollo	Jerry Anderson, Kent Davis, Craig Johnson, Greg Schmidt, Paul Van Diest
4. Apollo	Theresa Carle		4. Tech	Dave Ernst, Ross Megarry, Paul Schmidt, Joe Warzecha
5. Brainerd	Lisa Spreiter		5. Willmar	Rod Mogard, Dan Maras, Chad Miller, Craig Kinsel, Darren Melin, John Stageberg
6. Willmar			6. Elk River	
7. LF	Tammy Booth		7. LF	

Standings	GIRLS	1982-83	Standings	BOYS
1. Alex	2nd 400 R, 2nd MR, Barb Lee, Heather Monahan		1. Tech	Ross Megarry, Tom Wendt, Jeff Brown, Ken Abal, Jim Hall
2. Tech	1st MR, 1st 400 R, Heidi Keller, Cheryl Illies, Jodi Schirmers, Kim Cook		2. Apollo	Cary Hakam, Greg Schmidt, Kent Davis, Brad Meeks, Cornell Seehusen, Peter Mohawk,
3. Elk River	Robin Doran, Tanya Carr		3. Brainerd	Joe Vrudny, Ed Abrahamson, Frank Rezac, Steve Monkman
4. Brainerd	Anne Monda		4. Alex	Dave Irgens
5. Willmar			5. Cambridge	
6. Apollo	Katie Johnson, Deb Sand		6. Willmar	
7. Camb.			7. Elk River	
8. LF	Tammy Booth		8. LF	

Standings	GIRLS	1981-82	Standings	BOYS
1. Alex	Barb Lee, Robin Paine, Deena Grenier, Nancy Guenther, Sheila Guenther		1. Tech	Barry Ross, Jeff Brown, Tom Wendt, Chris Gerber, Tim Buckley, Brent Megarry, Jim Hall
2. Tech	Jodi Schirmers, Anne Peterson, Carolyn Magnus, Heidi Keller, Cheryl Illies, Mary Pat Cumming		2. Apollo	Cary Hakam, Greg Schmidt, Vic Samelian, Brad Mecks, Pete Mohawk, Kris Wicklund, Cornell Seehusen, Dave Steichen, Mark Schroll
3. Brainerd	Michelle Pregler, Tracey Plaisted, Anne Monda, Lisa Spreiter, Ramona Rugloski		3. Cambridge	Brad Baas, Scott Stocking, Russ Vavra, Chris Stomberg
4. Apollo	Deb Reutter		4. Brainerd	Joe Vrudny
5. Elk River	Tanya Carr		5. Willmar	
6. Willmar	Katie McCarthy, Sue DeCathelineau, Rhonda Werner, Shelly Guse		6. Elk River	Mark Johnson
7.			7. Alex	
8.			8. LF	

Standings	GIRLS	1980-81	Standings	BOYS
1. Tech	Mary Koester, Robin Cook, Kin Cook, Mary Kavaney, Heidi Keller, Anne Peterson, Carol Libbesmeier, Jodie Schirmers, Cheryl Illies, Mary Pat Cumming		1. Tech	
2. Willmar	Mary Hustoft, Shelly Guse, Barb Hendrickson, Sue DeCathelineau, Katie McCarthy, Diana Ericson		2. Apollo	
3. Alex	Maureen Anderson		3. Cambridge	
4. Brainerd			4. Brainerd	
5. Apollo	Deb Reutter, Julie Nelson, Theresa Carle, Ann Van Diest		5. Willmar	
6. Elk River			6. Alex	
7. Cambridge			7. Elk River	
			8. LF	

Standings	GIRLS	1979-80	Standings	BOYS
1. Tech	Mary Koester, Robin Cook, Carol Libbesmeier, Anne Peterson, Nancy Anderson, Rita Peterson, Heidi Keller, Mary Pat Cumming, Jodi Schirmers		1. Tech	Ed Peterson, John Gromberg, Jeff Mace, Chris Chopp, Bill Oстераas, Jeff Brown, Jeff Mills, Scott Turner
2. Apollo	Mia Merickel, Deb Reutter, Joan Bastien, Maria Olson, Nasha Merickel, Ann Van Diest		2. Apollo	Steve Beuning, Tony Watercatt, Vic Samelian, Rahn Mogensen, Tony Tillemans, Peter Mohawk, Brad Meeks, Dave Hagen
3. Brainerd	Ramona Rogloski		3. Willmar	Tim Kirby
4. Willmar	Mary Hustoff, Shelly Guse, Barb Hendrickson, Sue DeCathelineau, Katie McCarthy		4. Brainerd	Mike Abrahamson, Joe Vrudny, Tim Frazer
5. Alex			5. Cambridge	Steve Stocking
6. Cambridge	Sarah Hall		6. Alex	Steve Irgens
7. Elk River			7. LF	
8. LF			8. Elk River	

Standings	GIRLS	1978-79	Standings	BOYS
1. Tech	Anne Dolan, Nancy Anderson, Denise Schrowder, Jill Hambleton, Beth Peterson, Anne Peterson, Robin Cook, Cherie Roeder, Rita Peterson, Kathy Ernst		1. Tech	Dan Schirmers, Dirk Megarry, Scott Turner, Chuck Ross, Bill Csteraas, Ed Peterson, Chuck Ross, and 1st place in medley relay & 400 relay
2. Brainerd	Dawn Clabo, Monica Hanson, Ramona Rugloske, Jonette Elliott, Mary McCulloch		2. Brainerd	Tod Storm, Tim Fraser, Mike Abrahamson, Joe Vrudny, Matt Vrudny
3. Apollo	Mia Merickel, Joan Bastien, Gerilyn Litzinger		3. Apollo	
4. Alex	Maureen Anderson, Barb Lee		4. Willmar	
5. Willmar	Mary Hustoff, Naylor, Barb Hendrickson, Sue DeCathelineau,		5. Alex	Cal Collins, 2nd place in 400 relay
6. Cambridge	Sarah Hall		6. Cambridge	2nd place in Medley relay
7. LF			7. LF	
8. Elk River			8. Elk River	

Standings	GIRLS	1977-78	Standings	BOYS
1. Tech	Sarah Lansing, Dalphne Wolfer, Robin Cook, Deb Roeder, Nancy Anderson, Cheryl Lavdenbach, Merry McFeters, Anne Peterson, Sarah Lansing, Rita Peterson, Beth Peterson		1. Tech	Ed Peterson, Jamie Nelson, Paul Duininck, Chuck Ross, Dirk Megarry, Bill Osteraaas, Dan Schirmers, Scott Turner
2. Brainerd	Monica Hanson, Mary Meyers, Lisa Gohl, Dawn Clabo		2. Alex	Cal Collins, Craig Collins, Cahil Collins, Jim Connor
3. Apollo	Mia Merickel, Joan Bastien		3. Willmar	Mike Holden, Peter Magnuson, Jeff Ruchie, Rob Habben, Kevin Norby
4. Willmar	Sue Falk, Vicky Carlson, Lisa Kleven, Lori Pederson, Katie McCarthy		4. Brainerd	
5. Camb.			5. Apollo	Greg Schwartz
6. Alex	Maureen Anderson		6. Cambridge	Tom Holt
7. LF			7. LF	