

Central Lakes Conference

Fall 2023 Standings

6/28/2024

Football	OA	G. Tennis	CLC	OA	Pts	B. Soccer	CLC	OA	Pts	G. Soccer	CLC	OA	pts
Alex	11-1	Brainerd	8-0	20-6	14	Sartell	7-0-2	13-2-3	14.5	Sartell	9-0	11-5	16
Rocori	10-3	Fergus F.	7-3	14-5	10	Willmar	8-1-2	14-2-2	13.5	Alex	8-1-2	15-2-3	11.5
Brainerd	8-2	St. Cloud	7-4	15-8	10	Apollo	6-3-1	13-5-1	10	Brainerd	5-4-1	7-10-1	10.5
SR-R	7-2	Rocori	6-3	10-9	8	Alex	5-4-2	8-7-3	7.5	Tech	6-3-2	9-5-4	9.5
Fergus F.	2-7	Alex	6-4	12-12	7	Tech	4-4-2	9-9-3	7	Willmar	4-4-2	6-7-4	8.5
Willmar	2-7	Sartell	3-7	7-14	3	Brainerd	4-5	5-11	7	Rocori	4-5-1	7-8-1	6
Apollo	1-7	SRR	2-8	4-17	3	Rocori	2-7-1	6-9-2	4.5	SR-R	3-5-2	3-10-3	6
Tech	1-8	Willmar	1-10	1-14	1	SR-R	2-8	5-10	3	Fergus F.	1-7	6-9-2	2
Sartell	0-9					Fergus F.	1-7	5-12	2	Apollo	0-11	0-17	0
G. Swim	CLC	OA	Duals	Conf	Pts	CC	Boys		Girls	Volleyball	CLC	OA	Pts
Sartell	8-0	9-0	16	16	540	Fergus F.	66	Alex	36	Rocori	12-0	26-4	
Brainerd	7-1	8-1	14	14	444	Willmar	70	Willmar	72	Sartell	11-1	23-6	
Tech	6-2	6-2	12	12	320	Sartell	103	Brd	88	Alexandria	8-4	14-8	
SR-R	4-4	4-4	8	10	232	Alex	103	Rocori	98	SR-R	7-5	15-10	
Fergus F.	5-3	6-3	10	8	212	Rocori	107	Fergus	117	Willmar	6-5	15-13	
Rocori	3-5	3-5	6	6	190	Brainerd	110	Sartell	128	Brainerd	4-8	8-18	
Alexandria	1-7	2-8	2	4	181	Apollo	146	Apollo	171	Fergus F.	3-9	5-23	
Willmar	2-6	3-7	4	2	172	Tech	208	SR-R	212	St.C.Tech	2-10	6-18	
Apollo	0-8	2-10	0	0	34	SR-R	234	Tech	-	Apollo	0-11	1-17	

Named Best Sportsmanship Team for their sport:

G. Tennis: **Sauk Rapids Rice**
G. Soccer: **Sauk Rapids Rice**

B. CC: **Alexandria**
B. Soccer: **Sauk Rapids Rice**

G.CC: **Willmar**
G. Swm/Diving: **Fergus Falls**

VB: **Fergus Falls**

Fall Highlights:

G. Tennis State:

Sec. 8AA Team Champs – **Brainerd**

Sec. 8AA Singles Champ – Paige Tarrolly, St. Cloud. 2nd place Lila Collins, Brainerd.

Sec. 8AA Doubles Champs – Claire Erdal and Erica Folden, Brainerd.

Cross Country:

Sec. 8AA Boys – **Fergus Falls 2nd**: State: Jaden Miller 49, Henry Greenagael 62, Michael Schmidt 64, Logan Bredenberg 102, Matthew Tuel 112, Tom Erickson 127, Micah Mouser 151. Sully Anez, Willmar 6th. Tom Wilmesmeier, Alex 16.

Fathi Dubet, Willmar 26. Elijah Preisler, Apollo 98. Ryan Karls, Ap 115. Joe Marlette, Tech 75. Brody Sieben, Rocori 83.

Sec. 8AA Girls – **Alex 1st, 3rd at State**: Citori Halbe 6, Jaelyn Miller 21, Quinn Hills 25, Anna Koryntya 52, Bobbi Nichols 66, Kasey Soderholm 82, Brynn Cross 98. Lauren Eilers, Willmar 5. Cassie Wellman, FF 19. Zili Lenzner, Apollo 24.

Izzy Kraemer, Rocori 44. Paige Larsen, Rocori 53. Stella Rusch, Tech 90.

Sec. 8AAA Boys – Eli Hanson, Sartell 115. Ben Stadum, Brainerd 111.

Sec. 8AAA Girls – Brainerd 12th at State: Madi Miller 20, Brooke Wenz 83, Bridget Collins 102, Annelise Baird 113,

Briana Blasing 123, Danika Ramler 153, Amelia Rademacher 156. Mady Dockendorf, Sartell 82.

B. Soccer: Sec. 8AA Champs – **St. Cloud Tech** (4th at State).

G. Soccer: Sec. 8AA Champs – **Alexandria**.

Football: Sec. 8AAAA Champs – **Rocori 2nd at State**

Sec 8AAAAA Champs - **Alexandria**

Volleyball: Sec. 8AAA – **Rocori 2nd**

G.Swim/Dive Class AA:

200 MR: Brd 5th - Mya Tautges, Avery Duerr, Linda Giuliani, Isabelle Ploof.
200 IM: Holly Lenarz, Sartell 8th.
50 Free: Madeline Francois, Sartell 7th.
Diving: Sophia Markfelder, SRR 16th.
100 Fly: Linda Giuliani, Brainerd 8th.
100 Free: Mya Tautges, Brainerd 14th. Isabelle Ploof, Brainerd 20th.
500 Free: Holly Lenarz, Sartell 3rd.
200 FR: Brd – Aralyn Marcelo, Scarlett Anderson, Isabelle Ploof, Mya Tautges 7th.
Sartell – Kaitlyn Lysen, Joslynn Stewart, Holly Lenarz, Madeline Francois 8th.
100 Breast: Avery Duerr, Brainerd 8th.
400 FR: Sartell – Madeline Francois, Kaitlyn Lysen, Joslynn Stewart, Holly Lenarz 9th.
Brd – Aralyn Marcelo, Scarlett Anderson, Linda Giuliani, Avery Duerr 11th.

G.Swim/Dive Class A:

200 MR: Tech – Katelyn Siers, Aliina Gustin, Kierstyn Nelson, Maggie Cole 9th.
Alex – Hannah Hoff, Jisella Haskamp, Rayna Holm, Grace Urke 18th.
200 Free: Maggie Cole, Tech 12th. Rayna Holm, Alex 20th. Estee VerSteeg, Fergus Falls 22nd.
200 IM: Jisella Haskamp, Alex 8th. Ariana Outhwaite, Rocori 11th. Grace Urke, Alex 13th. Aliina Gustin, Tech 20th.
50 Free: Megan Willenbring, Rocori 6th. Aubrey Schueler, Willmar 13th. Katelyn Siers, Tech 18th.
Chelsea Willenbring, Rocori 28th.
Diving: Erica Johnson, Alex 3rd. Kiera Florek, Tech 14th. Kendall Dvorak, Tech 17th.
100 Fly: Kierstyn Nelson, Tech 7th. Aubrey Schueler, Willmar 11th.
100 Free: Megan Willenbring, Rocori 17th.
500 Free: Maggie Cole, Tech 10th. Estee VerSteeg, Fergus Falls 21.
200 FR: Tech – Kierstyn Nelson, Addy Stine, Paige Roche, Maren Nelson 14th.
Willmar – Noelle Becker, Kaylee Hurley, Cate Brogren, Aubrey Schueler 15th.
Alex – Chelsey Weigel, Grace Urke, Rayna Holm, Jisella Haskamp 16th.
100 Back: Katelyn Siers, Tech 9th. Grace Urke, Alex 16th. Chelsea Willenbring, Rocori 25th. Hannah Hoff, Alex 29th.
100 Breast: Avery Doom, Tech 12th. Aliina Gustin, Tech 15th. Jisella Haskamp, Alex 16th.
400 FR: Tech – Aliina Gustin, Katelyn Siers, Maggie Cole, Kierstyn Nelson 5th.
Rocori – Ariana Outhwaite, Tessa Eskew, Chelsea Willenbring, Megan Willenbring 21.

Winter 2023-24 Standings

6/28/2024.

Girls' Hky	CLC	OA	Pts	Boys' Hky	CLC	OA	Pts	Boys' Swim	CLC	OA	Conf.	Pts
Alexandria	10-1	13-12-1	10	Sartell	8-3	18-7-1	11	Sartell	7-0	8-2	509	30
Brainerd/LF	6-3	15-11-1	9	Brainerd	7-3-1	10-16-1	9.5	Brainerd	6-1	7-1	459	26
Willmar	7-5	21-9	7	St. Cloud	6-4	11-15-1	9	SR/R	5-2	5-4	297	22
Roc/RvLks	5-4-2	14-9-4	6	Alexandria	6-4-1	18-11-1	7.5	Apollo	3-4	5-5	251	16
Fergus Falls	5-5-1	15-13-1	5.5	Roc/RvLks	6-3-1	15-10-2	7.5	Alexandria	4-3	4-3	184	16
St. Cloud	3-8-1	7-18-1	3.5	Fergus Falls	5-8	9-18	6	Fergus F.	2-5	2-5	184	8
Sartell/SRR	1-11	4-21-1	1	SRR	3-6-1	9-14-3	3.5	Tech/Roc	0-7	0-7	215	6
				Willmar	0-10	7-18-1	0	Willmar	1-6	1-7	173	4

Boys' BB	CLC	OA	Pts	Girls' BB	CLC	OA	Pts	Wrestling	CLC	OA	Gymn.	CLC	OA	Conf
Alex	15-1	25-7	15	Alex	14-0	26-5	14	Rocori	7-0	24-8	St.C/SRR	5-0	5-0	1
Brainerd	12-4	17-10	12	Brainerd	11-3	22-6	11	Willmar	6-1	20-12	Alex	3-2	4-3	2
Tech	11-5	19-10	11	Fergus F.	8-6	19-10	8	Brainerd	5-2	16-18	Willmar	3-2	3-4	3
SR/R	11-5	18-9	11	Sartell	8-6	18-10	8	Alex	4-3	22-12	Brainerd	1-4	1-6	4
Fergus F.	8-8	14-14	8	Willmar	7-7	13-15	7	St. Cloud	3-4	8-19	Fergus F.	1-4	3-6	5
Rocori	7-9	12-15	7	Rocori	4-10	6-20	4	Sartell	2-5	7-12	Sartell	2-3	2-3	6
Apollo	4-12	6-21	4	SR/R	3-10	10-17	3	SR/R	1-6	1-18				
Sartell	4-12	6-22	4	St Cloud	1-12	3-24	1	Fergus F.	0-7	1-23				
Willmar	0-16	3-24	0											

Dance	Brd HK 12/1	Ap HK 12/18	HK	Brd Jazz 12/1	Ap Jazz 12/18	Jazz	Final	N.Ski Boys 1/30		N.Ski Girls 1/30		Alex Speech 3/19	
Brainerd	7	7	14	7	7	14	28	Brainerd	1	Brainerd	1	Willmar	174
Sartell	6	6	12	6	6	12	24	Fergus F.	2	Fergus F.	2	St. Cloud Tech	143
SRR	5	5	10	5	5	10	20	Alex	3	Sartell/Cath	3	St. Cloud Apollo	41.5
Rocori	4	5	9	3	3	6	15	St. Cloud	4	Alex	4	Sauk Rapids Rice	29
St. Cloud	3	3	6	4	4	8	14	Sartell/Cath	5	St. Cloud	5	Rocori	25
Alex	2	2	4	2	2	4	8	Willmar	6	Willmar	6	Fergus Falls	19
Willmar	1	1	2	1	2	3	5	SRR	7	SRR	7	Brainerd	12
												Sartell	10
												Alexandria	8

Sportsmanship Teams:

Dance – **Rocori** B. Nordic Ski – **Fergus Falls** G. Hockey – **Rocori & Fergus Falls**
 B. Basketball – **Willmar** B. Hockey – **Willmar** Gymnastics – **Brainerd** Wrestling – **Brainerd, Fergus Falls, Sartell**
 G. Basketball – **St. Cloud** B. Swim/Diving - **Fergus Falls & TCRB** G.Nordic Ski – **Fergus Falls**

Highlights:

Dance: Sec. 4AA: ROCORI placed 2nd in HK and 3rd in Jazz

STATE: **Brainerd AAA High Kick STATE Champions.** Top 6 – Sartell in High Kick

Nordic Ski at Boys STATE: STATE – Brainerd 4th, Fergus Falls 14th.

Brd: Gabe Hallgren 24th, Eli Knapp 29th, Joe Neumann 45th, Alex Lelwica 63rd, Owen Robertson 68th,
Lance Hastings & Taite Knapp 1st in Team Sprint.

FF: Dave Ronnevik 10th, Jackson Lysne 78th, Micah Mouser 86th, Logan Bredenberg 103, Noah Schlosser 104,
 Jaden Miller & Tom Erickson 20th in Team Sprint.

Nordic Ski at Girls STATE: Brainerd 9th. Sartell 13th.

Brd: Annelise Baird 14th, Addie Ryan 46th, Caroline Holcomb-Smith 80th, Maev Storbakken 101, Sophia Lundy 104,
 Bridget Collins & Madelyn Miller 7th in Team Sprint.

Sartell: Emma Jamison 62nd, Clara Schad 65th, Cece Jamison 75th, Mady Dockendorf 76th, Annabelle Tautges 82nd,
 Maddie Francois & Lilly Jamison 11th in Team Sprint.

Alex: Jaelyn Miller, 28th in pursuit and 35th in classic. Fergus Falls: Alexis Wellman 54th in Classic.

Gymnastics: Sec. 8AA Champs – St. Cloud Crush. STATE – St. Cloud Crush 6th.

Vault AA: Camryn Balfanz, St. Cloud 5th; Cami Weber, Sartell 24th; Kira Johnson, Alex 25th, Kiera Florek, St. Cloud 31st, Lauren Castle, Brd 45th. A: Lyndi Koosman, Willmar 3rd, Mallory Beier, Willmar 10th.

Bars AA: Kendall Dvorak, St. Cloud 12th, Kira Johnson, Alex 34th, Camryn Balfanz, St. Cloud 35th, Sophia White, Brd 39th. A: Lyndi Koosman, Willmar 7th, Carlee Brown, Willmar 36th.

Beam AA: Madi Hengel, St. Cloud 17th, Brenna Gruber, St. Cloud 23rd, Camryn Balfanz, St. Cloud 25th, Maddie Anderson, St. Cloud 36th, Kira Johnson, Alex 47th. A: Lyndi Koosman, Willmar 16th, Mashayla Bau, Fergus Falls 19th.

Floor AA: Camryn Balfanz, St. Cloud 31st, Madi Hengel, St. Cloud 34th, Allyson Tromburg, Sartell 35th, Kendall Dvorak, St. Cloud 41st, Kira Johnson, Alex 48th. A: Lyndi Koosman, Willmar 13th, Carlee Brown, Willmar 41, Mayah Fear, Fergus Falls 45th.

All Around AA: Camryn Balfanz, St. Cloud 16th, Kira Johnson, Alex 23rd. A: Lyndi Koosman, Willmar 5th.

Wrestling: Sec. 8AAA Champs & STATE Consolation Champs – Willmar.

State qualifiers:

St. Cloud - Grady Doering, Jack Hamak, Jaxon Kenning 2nd, Sutton Kenning 5th.

Willmar - Ivan Mares, Cavin Carlson 3rd, Conlan Carlson, Sulley Anez 6th, Cameren Champagne, Steven Cruze, Ramero Trevino. Alexandria - Nolan Fettig. Sauk Rapids Rice - Vance Barz 4th.

Brainerd - Easton Dircks 6th, Shane Carlson, Ethan Kosloski, Elijah Germann.

Rocori - Davey Maldonado 3rd, Jack Major, Evan Moscho of Rocori, Mason Orth 5th, Grady Minnerath 2nd.

Girls Wrestling: Sartell Chloe Wehry 3rd. **St. Cloud Camryn Kenning 1st**.

B. Swim/Diving: Sec. 8AA

STATE A Team: Alexandria 10th, Apollo 11th, Fergus Falls 23rd. AA Team: Sauk Rapids Rice 9th, Sartell 13th, TCRB 19th.

STATE Qualifiers:

200 Free: A: Alex - Cooper Running 6th. Fergus Falls - Matthew Tuel 14th.

AA: **TCRB Micah Davis 1st**. Sartell - Truett Carlson 12th.

200 IM: A: Apollo - Charlie Bobick 5th. Alex - Andy Wacek 15th. Fergus Falls – Jaden Kwapinski 16th.

AA: SRR – Cash Walz 3rd.

Diving: A: **Alex – Kyler Kavanagh 1st**. Alex - Krew Muscha 11th.

AA: SRR - Hayden Zabinski 6th.

50 Free: A: Alex – Eric Peterson 15th.

100 Fly: A: Apollo – Hunter Jokinen 5th.

AA: **TCRB - Micah Davis 1st**.

100 Free: A: Alex – Eric Peterson 8th. Apollo – Cade Jacobson 15th.

AA: Sartell – Jackson Hovda 14th.

500 Free: A: Alex – Cooper Running 6th. Fergus Falls – Matthew Tuel 12th.

AA: Sartell – Truett Carlson 13th.

200 FR: A: Apollo – Hunter Jokinen, Charlie Bobick, Amittai Preisler, Cade Jacobson 8th.

Alex – Adison Newman, Andy Wacek, Cooper Running, Eric Peterson 9th.

AA: Sartell – Jackson Hovda, Hayden Lenarz, Truett Carlson, George Larson 8th.

100 Back: A: Fergus Falls – Reece Hansen 12th.

AA: SRR – Garret Broman 8th.

100 Breast: A: Apollo – Charlie Bobick 10th.

AA: SRR – Cash Walz 4th and Evan Scapanski 16th.

400 FR: A: Apollo – Hunter Jokinen, Amittai Preisler, Charlie Bobick, Cade Jacobson 9th.

A: Alex – Andrew Crowser, Adison Newman, Cooper Running, Eric Peterson 13th.

AA: Sartell – Jackson Hovda, Hayden Lenarz, Truett Carlson, George Larson 7th.

AA: SRR – Cash Walz, Alex Lucas, Garret Broman, Hayden Zabinski 14th.

G. Hky: Sec. 6A Champions – Fergus Falls. Sec. 2A Champions – Willmar.

Becca Dawson, Willmar, won the Hobbie Backer Award for Class A.

B. Hky: Sec. 6A Champions – Alexandria.

G. Basketball: Sec. 8AAA Champions & 3rd place at STATE – Alexandria.

B. Basketball: Sec. 8AAA Champions & 4th place at STATE – Alexandria. Sec. 8AAA runner ups – St. Cloud Tech.

Spring 2024 Standings

6/28/2024

If you are scheduled to play only onc Conf. game = 2 pts, if you are scheduled to play twice = 1 pt each.

Baseball	CLC	OA	pts	Softball	CLC	OA	pts	Boys Tennis	CLC	OA	pts
Alexandria	11-3	14-10	11	ROCORI	12-1	21-3	13	Alexandria	9-1	23-5	10
St. Cloud	10-4	19-7	10	Brainerd	8-2	16-8	11	Brainerd	8-3	11-8	9
Willmar	7-7	14-10	7	St. Cloud	10-4	17-9	10	Sartell/St. Steph.	7-2	12-9	8
ROCORI	7-7	14-11	7	Sartell/St. Steph.	8-6	13-10	9	St. Cloud	3-6	13-10	6
Sartell/St. Steph.	6-7	8-14	6	Fergus Falls	5-8	7-14	5	Sauk Rapids-R	3-5	3-14	3
Sauk Rapids-Rice	5-9	7-16	5	Alexandria	5-8	11-14	5	Fergus Falls	2-5	4-17	2
Brainerd	5-9	5-17	5	Sauk Rapids-Rice	4-10	8-14	4	Willmar	1-9	1-13	1
Fergus Falls	4-9	8-15	5	Willmar	0-13	2-21	0				
Boys Golf		Girls Golf		Boys Track	Ind. 4/6	Out. 5/21		Girls Track	Ind. 4/6	Out. 5/23	
Alexandria	593	Sartell/St.S	655	Alexandria	157	160		Alexandria	199	216.5	
Sartell/St. S.	607	Alexandria	663	Brainerd	86.6	146.5		ROCORI	67	107	
Brainerd	626	Brainerd	681	Fergus Falls	59.5	88		Brainerd	75.5	95	
Fergus Falls	643	Willmar	687	St. Cloud Tech	51.6	84		Sartell/St. Steph.	55.5	81	
Willmar	666	Fergus Falls	700	ROCORI	89	71		Willmar	69	68	
SRR	682	ROCORI	729	Willmar	35.7	47		Fergus Falls	63.5	63	
St. Cloud	688	St. Cloud	752	Sauk Rapids-Rice	49	44		St. Cloud Tech	16	30	
ROCORI	710	SRR	802	Sartell/St. Steph	41.6	43.5		Sauk Rapids-Rice	28.5	26.5	
				St. Cloud Apollo	11	17		St. Cloud Apollo	10	15	

Sportsmanship team voted on by their conference opponents.

Baseball: **Willmar** B. Golf: **Brainerd & Sartell** B. Track: **Brainerd** B. Tennis: **Fergus Falls**
Softball: **Willmar** G. Golf: **Sartell & Rocori** G. Track: **Brainerd**

Highlights:

B. Tennis: Sec. 8AA: Ind. Dbls Champs – Owen Gilbertson & Cole Haabala, Alexandria

Softball: Section 8AAA **Rocori 1st place**
Section 8AAAA St. Cloud 2nd place

Baseball: Section 8AAA Rocori 2nd place
Section 8AAAA **St. Cloud 1st place**

Golf:

Boys: Class AA = Fergus Falls - Riley McGovern 33rd, Quintin Kuehl 40th, Ryan Nelson 63rd.

Class AAA = Alexandria Team 5th - Jack Holtz 9th, Bennett Olsen 11th, Carver Larson 26th, William Thornburg 49th, Gabe Weller 52nd, Blake Scholl 81. Brainerd - Marty Timmons 46th, Brady Oseland 58th,

Girls: Class AA = Fergus Falls – Annika Jyrkas 13th, Annie Mayer 52nd.

Class AAA = Alexandria Team 4th – Ellie Sticha 20th, Cadence Simon 43rd, Rachel Bowen 54th, Lexi Metcalf 76th, Haley Stock 82nd. Brainerd – Sophia Karsnia 16th. Willmar – Fernanda Ossa 69th. Sartell – Shayla Nordlund 16th.

Track –

Boys AA: Team: Alexandria 4th, Fergus Falls 12th, Rocori 20th, Willmar 34th, St. Cloud 39,

Jaden Miller, FF – 2nd 800; Sully Anez, Willmar – 6th 1600; Otto Anderson, Alex – 6th 110 H, 2nd 300 H, 9th HJ;

Alex: 2nd 4x100, 3rd 4x200 – Trey Negen, Evan Kludt, Macklen Heydt, Dane Olson; Amarr Boyongo, St. Cloud – 10th HJ;

St. Cloud: 5th 4x200 – Lukas Terwey, Batuo Teboh, Bjorn Mattick, Amarr Boyongo; Shane Zierden, FF – 5th LJ;

Alex: 4th 4x400 – Otto Anderson, Hunter Mohr, Throck Lehmann, Owen Draper; Evan Kludt, Alex – 7th LJ;

Rocori: 7th 4x800 – Jaymis Bauer, Brody Sieben, Kaleb Cremers, Dylan Mick; Noah Johnson, Rocori – 13th LJ;

Owen Demars, St. Cloud – 20th LJ; Grady Minnerath, Rocori – 15th Dis;

Boys AAA: Team: Brainerd 7th.

Brandon Stark, Brainerd – 7th 800; Ty Nelson, Brainerd – 20th Long Jump; **Dylan Gross, Brainerd – 1st Discus**;

Brainerd: 21st 4x800 – Leif Hoffman, Lance Hastings, Carter Mielke, Brandon Stark;

Girls AA: Team: **Alexandria 1st**, Rocori 8th, Willmar 18th.

Alison Krasky, Alex - 5th 400, 8th TJ; Jasmine Sieben, Rocori – 9th 400; Jaelyn Miller, Alex – 3rd 800, 6th 1600;

Kasey Soderholm, Alex – 6th 800; Lauren Eilers, Willmar – 5th 1600; Sophia Korynta, Alex – 8th 300 H;

Rocori: 8th 4x100 – Sophia Bennen, Katelyn Motter, Ava Thoennes, Kate Van Erp; Lyndi Koosman, Willmar – 7th PV, 3rd

TJ.

Alex: 7th 4x200 – Payten Kor, Alison Krasky, Kaia Emter, Kaija Schneider; Lydia Oldenkamp, Alex – 2nd SP;

Alex: 4th 4x400 – Alison Krasky Greta Oldenkamp, Kasey Soderholm Jaelyn Miller; Zoie Roemer, Alex – 11th PV;

Alex: 3rd 4x800 – Kasey soderholm Greta Oldenkamp, Bobbi Nichols, Citori Halbe; Kate Van Erp, Rocori – 6th TJ;

Rocori: 6th 4x800 – Paige Larsen, Estle Nelson, Izzy Kraemer, Jasmine Sieben; Brianna Schneider, Rocori – 4th SP;

Fergus Falls: 14th 4x800 – Cassie Wellman, Estee Versteeg, Carsyn Lill, Alexis Wellman; Elise Magaard, Alex – 7th SP;

Girls AAA:

Ella Kirchner, Sartell - 6th 100; Zoe Lain, Sartell 9th 400;

Brainerd: 13th 4x800 – Brooke Wenz, Madelyn Miller, Annelise Baird, Sophia Blanck.