

All Conference Track

| Standings | 2020 | BOYS & Girls |
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| | | Season canceled – Covid-19. |

| Standings | 2019 | BOYS |
|-----------|--------------|---|
| 146.5 | Alexandria | Josh Kietzmann- 110 H, 300 H, TJ; Drew Olson- 100, 200; 4x100: Kristen Hoskins, Cody Branson, Nolan Morical Drew Olson. Ethan Schroeder- 400; Kristen Hoskins- 200; 4x400: Caden Scheunert Graham Peterson, Jack Theien, Ethan Schroeder. Cody Branson- LJ; Derrek Piepho- LJ; Jaymeson Wolkow- Discus. |
| 114 | Apollo | 4x800: Andrew Karls, Peter Olson, Ethan Logeman, Joel Knopp. Ben Theisen- 100; Logan Lommel- 1600, 800; Hamze Hussein- 1600, 800; Liban Mohamed- 1600, 3200; 4x100: Erastus Antsino, Nathaniel Voight, Ben Theisen, Eric Carter. Sam Brewer- 3200; Isaiah Weekes- PV. |
| 96 | Brainerd | Zach Henke- 110 H, 300 H; Hunter Turcotte- 400; 4x400: Zach Henke, Ethan Hebert, Ben Renner, Hunter Turcotte. Connor Powers- HJ; Ethan Hebert- PV; Brett Hague- SP. |
| 89.5 | Willmar | 4x800: Harley Anez, Adnan Muhumed, Aden Aden, Fuad Bashir. Shawn Mellies-U'Ren- 800. |
| 75 | Rocori | Zach Libbesmeier- 110 H; Matt Koshiol- 100, 200; 4x200: Nick Heying, Charlie Matuska, Camdyn Bauer, Matt Koshiol. Max Mackedanz- JH; Isaac Massmann- PV; Caleb Schouviller- SP. |
| 63.5 | SRR | 4x200: Dakota Johnson Mitchel Peterson, Kole Kutzera, Cole Ritten. Spencer Weber- 300 H, TJ. |
| 56 | Sartell | Ryley Emslander- 3200; Andy Latorre Torres-Queve- TJ; Drake Lalim- Discus. |
| 49 | Tech | Devon Rodriguez- 400; Odier Olange- HJ; Payton Christiansen- Dis; Kyle Ambrosch- SP. |
| 12.5 | Fergus Falls | Robert Sewell- LJ. |

| Standings | 2019 | GIRLS |
|-----------|--------------|--|
| 196.33 | Alexandria | 4x800: Jaelyn Miller, Myah Kremer, Bethany Miller, Aleah Miller. Kaye Paschka- 100 H, 300 H, LJ; Hanah Quitmeyer- 100; Micah Summer- 100; 4x200: Hannah Quitmeyer, Anna Doherty, Addison Rodel, Micah Summer. Emma Ecker- 1600; Addison Rodel- 400; Margaret Shercliffe- 400; Caitlin Bright- 3200; 4x400: Addison Rodel, Aleah Miller, Margaret Shercliffe, Myah Kremer. McKenzie Duwenhoegger- Discus, SP; Hailie Kent- TJ; Mya Lesnar- Discus, SP; Christina Palmer- Discus; Hailey Gill- SP. |
| 133.33 | Brainerd | Brenna Deason- 100; 4x200: Gabrielle Smith, Ellis Selisker, Kayla Deason, Brenna Deason. 4x100: Gabrielle Smith, Kayla Deason, Myah Nelson, Brenna Deason. Kayla Deason- 200, PV; Emma Smith- LJ, TJ; Gabrielle Smith- LJ. |
| 102 | Rocori | 4x800: Katelyn Motter, Merideth Theis, Paige Larsen, Carley Kremer. Cecelia Woods- 100 H, 300 H; Greta Lieser- 1600; Madilynn Nilson- 400; Paige Larsen- 800; 4x400: Cecelia Woods, Madilyn Nilson, Briana Hendrickson, Carley Kremer. Maggie Headlee- HJ; Olivia Motter- PV. |
| 99.83 | Willmar | Heidi Schmitz- 1600; Amel Dayib- 800; Erica Schramm- 200; Sam Christoffer- 200; Nina Dawson- 3200; Abby Teisinger- PV. |
| 67 | Fergus Falls | Sabrina Fronning- 100 H, 300 H; 4x100: Miranda Hoffman Ashlyn Fronning, Anna Anderson, Sabrina Fronning. Ainsley Hansen- HJ; Anika Eldien- HJ. |
| 48 | Sartell | Hannah Spoden- 800; Ingrid Buiceag-Arama- 3200. |
| 30.5 | SRR | |
| 29 | Apollo | Noelle Hackenmueller- TJ. |
| 16 | Tech | |

| Standings | 2018 | BOYS |
|-----------|------------|---|
| 145.5 | Alexandria | Joshua Kietzmann- TJ; Bryce Ludwig- discuss; Preston Bowden- 110 H, 300 H; Drew Olson- 100; Nathan Lusty- 100; Jackson Wichtendahl- 3200; Adam Pohlen- HJ; Bryce Ludwig- shot. 4x800: Keaton Gruber, Jackson Wichtendahl, Nolan Christenson, Nathan Schneiderhan; 4x200: Nathan Lusty, Cole Wild, Michael Empting, Wade Odland. |
| 118 | Willmar | Alec Nibauer- 200; Ibrahim Ismail- 400; Adnan Mohumed- 800; Noah Slagter- LJ. 4x400: Garrett Shuldes, Shawn Mellies-R'Ren, Ibrahim Ismail, Adnan Mohumed. 4x800: Adnan Mohumed, Shawn Mellies-R'Ren, Ibrahim Ismail, Jared Ruter. Cameron Murphy- SP. |
| 112 | Brainerd | Hunter Turcotte- 400; Ben Renner- 400; Jeff Spieker- 110 H, 300 H; Zach Henke- 110 H, 300 H. 4x400: Zach Henke, Jeff Spieker, Ben Renner, Hunter Turcotte. Ethan Hebert- PV; Taylor Shelito- Discus. |
| 90 | Sartell | Ryan Fernholz- 800; Nick Juntunen- 1600; Alex Nemeth- 1600; Zachary Nemeth- 3200; Patrick Hesse- 3200. |
| 83.5 | Rocori | Nate Andrusick- 100; Jack Young- 200; 4x100 & 4x200: Nate Andrusick, Dawson Torborg, Gunnar Feldhege, Jack Young. Max Mackedanz- HJ; Isaac Massmann- PV; Dawson Torborg- LJ; Zach Libbesmeier- TJ. |

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| 59 | Apollo | Jayden Lister- 200; Biel Wiel- 800; Logan Lommel- 1600; 4x100: Devin Vorachith, Asthon Ward, Magus Hamann, Ben Theisen. Asthon Ward- HJ. |
| 43.5 | Tech | James Kaczor- TJ, SP; Discus. |
| 29 | SRR | Jaden Newbanks- PV. |
| 21.5 | Fergus Falls | Robert Sewell- LJ. |

| Standings | 2018 | GIRLS |
|-----------|--------------|---|
| 181.5 | Alexandria | Hannah Quitmeyer- 100, 200; Erika Roderick- 400; Myah Kremer- 800; Aleah Miller- 3200; Sydney Gray- 100 H; Kaye Paschka- 100 H, 300 H, TJ; 4x400: Addison Rodel, Myah Kremer, Bethany Miller, Erika Roderick. Abigail Forester- PV; Mya Lesnar- SP, Discus; McKenzie Duwenhoegger- SP, Discus. |
| 120.5 | Willmar | Kimmy White- 100, 200; Erica Schramm- 400, TJ; Heidi Schmitz- 1600; Leah Hansen- 1600; 4x200: Kimmy White, Jaida Reiman, Erica Schramm, Lleyton Rein. Samantha Christoffer- LJ; Cayle Hovland- SP, Discus. |
| 117.5 | Rocori | Madilyn Nilson- 400; Brynn Sauer- 800; Taylor Terfehr- 300 H; 4x100: Amy Bertram, Emma Langer, Delaney Griffin, Jaden Court. 4x400: Carley Kremer, Amy Bertram, Taylor Terfehr, Jayda Woods. 4x800: Greta Lieser, Carley Kremer, Jayda Woods, Raquel Woods. Maggie Headlee- HJ; Jessa Okeson- HJ. |
| 91 | Brainerd | Delaney Schaeffer- 100 H; 4x100: Gabrielle Smith, Kayla Deason, Madison Genz, Kim Hall. Eden Worden- PV; Cami Harmer- PV; Gabrielle Smith- LJ. |
| 75.5 | Tech | Jodie Lipp- 100, 200, LJ, TJ; Lauren Steinke- 1600. |
| 53 | Sartell | Hannah Spoden- 800; Ingrid Buiceag-Arama- 3200; Colette Jemming- 3200; 4x800: Hannah Spoden, Ingrid Buiceag-Arams, Colette Jemming, Emily Driste. |
| 40.5 | Fergus Falls | Sabrina Fronning- 300 H; 4x200: Vivian Karsnia, Anna Anderson, Sabrina Fronning, Miranda Hoffman. Audrey Mudford- HJ. |
| 18.5 | SRR | |
| 3 | Apollo | |

| Standings | 2017 | BOYS |
|-----------|--------------|--|
| 111.3 | Rocori | Nate Andrusick (100, 4x200, 4x100), Brenden Ott (4x200, 4x100, HJ), Dawson Torborg (4x200, LJ), Jack Young (4x200, 4x100, 200); Gunnar Feldhege (4x100); Brent Heinen (800); Evan Wigham (3200); Zach Libbesmeier (TJ); Derek Thompson (Discus). |
| 107 | Sartell | Alex Nemeth (1600, 800); Nick Juntunen (1600, 800); Ryan Fernholz (400, 4x400); JP Schlecht, Carter Olson, Mitchell Dockendorf (4x400); Danial Ufearo (Shot). |
| 105 | Alexandria | Drew Olson (100, 4x100), Dan Jantzen (4x200), Mike Empting (4x200, 4x100), Nathan Lusty (4x200, 4x100), Cole Wild (4x200, 4x100); Preston Bowden (300 H); Keaton Gruber (3200); Jared Schneider (TJ); Bryce Ludwig (Discus, Shot); Jaran Roste (Shot). |
| 99.5 | Brainerd | Jeff Spieker (110 H, 300 H, 4x400); Zach Henke (110 H, 300 H, 4x400); Ben Renner (200); Matt Cherne, Hunter Turcotte (4x400); Aden Davis (HJ); Devan Liebeg (TJ). |
| 96 | Willmar | 4x800; Hudeife Mire (3200); Noah Slagter (LJ); Cam Murphy (Discus). |
| 60.3 | Apollo | Jayden Lister (100, 200); Andrew Timpane (110 H); Noah Kramer (PV). |
| 55 | Tech | Noah Webb (1600); Linus Sebge (HJ); Max Martig (LJ). |
| 40.8 | Sauk R-R | Landry Seaman, Alex Torvik, Chainagubo Balo, Logan Leavey (4x800); Nathan Waldorf (400); Jaden Newbanks (PV). |
| 27 | Fergus Falls | Tyler Hansen (400); Jarrett Huus (PV). |

| Standings | 2017 | GIRLS |
|-----------|--------------|---|
| 191.2 | Alexandria | Kelby Olson-Rodel (100, 200, 4x100), Aleah Miller (1600); Hannah Quitmeyer (4x100); Syri Williams (4x100, 100 H, 300 H); Kaye Paschka (4x100, 100 H, 300 H, TJ); JeAnna Miller (HJ, LJ); McKenzie Duwenhoegger (Discus, Shot); Kara Thomson (Discus); Mya Lesnar (Alex). |
| 155 | Willmar | 4x800 & 4x400; Kim White (100, 200), Jessa Hanson (1600), Heidi Schmitz (1600, 3200); Sophie Schmitz (800); Jessa Hanson (800); Erica Schramm (200); Kayla Rudie (3200); Abby Teisinger (PV); Bronwyn Tollefson (TJ); Cayle Hovland (Discus). |
| 107.7 | Rocori | Anna Maria Tomovic, Raquel Woods, Jayda Woods (4x800); Amy Bertram, Sade Larson (4x200), Gretchen Houston (100 H); Brynn Sauer (4x200, 800); Morgan Holthaus (4x200, 4x400); Delaney Griffen (4x400); Carley Kremer (4x800, 4x400); Callie Swanberg (4x400); Maggie Headlee (HJ); Jessa Olson (HJ). |
| 84.5 | Brainerd | Sophie Robinson, Kayla Deason, Ally Smith, Jazmin Sunderland (4x800); Gabbie Smith, Ally Smith, Kayla Deason, Jaelyn Kappes (4x100); Cami Harmer (PV); Jaelyn Kappes (LJ); Lilianna Charlier (Shot). |
| 73.2 | Tech | Jodi Lipp, Tech (100, LJ, TJ), Jessica Lidberg (400); Kaethe Schroeder (PV). |
| 36.2 | Fergus Falls | Sabrina Fronning (300 H). |

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| 31.2 | Sartell | Ingrid Buiceag-Arama (3200). |
| 19 | Sauk R-R | |
| 3 | Apollo | |

| Standings 2016 BOYS | | |
|----------------------------|------------|--|
| 177 | Willmar | Hudeife Mire, Ian Thompson (4x800); Isaac Kobienia (100, 200); Bello White, Isaac Kobienia, Max Doering (4x200); Nadir Yusuf (1600, 800); Mohamed Noor (1600, 800); Colten Carlson (4x800, 400); Masub Dahir (300 H); Hudeife Mire (3200); Ryan Liimatta (4x200, 4x400); Masub Dahir (4x800, 4x400); Dakota Tjaden (4x400, TJ); Jacob Minnick (4x400, HJ). |
| 130 | Sartell | Sam Fandel, Alex Nemeth, Chase Anderson (4x800); Jake Lieberg (110 H, HJ, LJ, TJ); John Schmidt, Logan Jespersion, Devin Vouk, Ethan Stark (4x100); Ryan Fernholz (4x800, 800); Charlie Beckering (PV); Jon Kremer (D); Dan Ufearo (D); Ben Gault (SP). |
| 105.5 | Alexandria | Jude Pelowski (110 H, 300 H), Kyle VanderTuin (3200), Josh Molden (TJ, LJ), Bryce Ludwig (SP); Mitchell Meier (300 H); Dylan Larson (SP). |
| 81 | Brainerd | Jeff Spieker, Cole Harmer, Ben Renner (4x200); Luke West (400, 4x400); Riley Sloan (4x200, 4x400); Ryan Swartwood, Sam Selisker (4x400); Greg Rider (D). |
| 78 | Rocori | Nate Andrusick (100, 4x100, 200); Jack Young (100, 4x100, 200); Noah Lahr (1600); Brent Heiner (3200); Gunnar Feldhege & Sebastian Cantu-Polster (4x100); Brenden Ott (HJ). |
| 46 | Apollo | Ethan Novacinski (110 H); Noah Kramer (PV). |
| 42 | Tech | Ethan Gray (400); Max Martig (LJ). |
| 29 | Sauk R-R | Jaden Newbanks (PV). |
| 15 | Fergus F. | |

| Standings 2016 GIRLS | | |
|-----------------------------|--------------|---|
| 227.5 | Alexandria | Syri Williams (100 H, 300 H, 4x100); Kaye Paschka (100 H); Kelby Olson-Rodel (100, 4x100); Kaye Paschka (400); Hannah Quitmeyer (100); Sara Wegner (100, 400); Bethany Hasz (1600, 3200); Megan Hasz (1600, 3200); Kelby Olson-Rodel (200, LJ); JeAnna Miller (HJ); Sydney Gray (TJ); Nora Merk (D, SP); McKenzie Duwenhoegger (SP); Madi Gay (4x100); Alayna Gray (4x100). |
| 134 | Willmar | Lydia Engle, Leah Hansen, Savannah Anez, Heidi Schmitz (4x800); Haley Mottinger (100 H, PV); Kim White, Erica Schramm, Bronwyn Tollefson (4x200); Sophie Schmitz (4x200, 400, 800); Jessa Hanson (1600); Kayla Rudie (3200); Cayle Hovland (D, SP). |
| 84 | Rocori | Callie Swanberg, Anna Maria Tomovic, Carly Kremer (4x800); Morgan Holthaus, Brynn Sauer (4x200, 200, 4x400); Taylor Jude (4x100, 4x200), Sade Larson, Morgan Holthaus (4x100); Jayda Woods (4x200, 800, 4x400); Kaitlyn Wolf (4x100, 4x400), Raquel Woods (4x800, 4x400). |
| 67.5 | Brainerd | Cami Harmer (PV); Emma Smith (TJ); Sophie Balster (D). |
| 60 | St. C Tech | Carlie Rein (300 H); Jodi Lipp (200, LJ, TJ). |
| 53.5 | Sartell | Morgan Gugger (HJ); Lexy Kubasch (HJ, LJ); Rachel Haider (PV). |
| 53.5 | Sauk R-Rice | |
| 40 | Fergus Falls | Sabrina Fronning (300 H, 4x400); Annie Magnusson (800, 4x400); Emilie Reard, Emily Ratz (4x400). |
| 15 | St. C Apollo | |

| Standings 2015 BOYS | | |
|----------------------------|----------------|---|
| 150 | Sartell/St. S. | Jake Lieberg (110 H, 300 H, HJ, TJ); Ethan Kiffmeyer (110 H); Dan Daffinrud (100, 4x100); , Jacob Koltas (4x100, 4x400), John Schmidt, Ethan Stark (4x100); Ryan Fernholz 3200); Devin Douvier, JP Schlecht, Ben Fern (4x400); Mitchell Dockendorf (PV); Austin Granzow (PV); Sam Locke (Discus, SP); |
| 114 | Alexandria | Joe Gorghuber (110 H, 300 H); Mitchell Meier (300 H); Grant Rudolph (800); Aaron Runge (3200); Mitch Maday (Discus, SP); Dylan Larson (SP); |
| 111 | Willmar | DaShawn Russel (100, 4x200, 4x100); Eli Gunderson (4x200), Jack Christianson (4x200, LJ), Max Doering (4x200, 4x100, 200); Mohamed Noor (1600); Nadir Yusuf (1600, 3200); Mike Heitzman (4x100); Colten Carlson (800); |
| 91 | Rocori | Sam Schwagel (4x800, 800), Brent Heinen, Mitchell Heinen, Chris Thormodson (4x800); Nate Andrusick (100); Noah Lahr (1600); Jack Young (200); Sam Mackedanz (HJ, TJ); |
| 84.5 | Brainerd | David Supinski (400, 200, 4x400), Cole Spieker (400); Steve Severson, Riley Sloan, Luke West (4x400); Josh Bock (PV); |
| 60 | St. C. Tech | Cory Rouw, Andrew Weber, Isaac Wieber, Max Webb (4x800); Nicolaj Johson, Max Martig, Ethan Gray (4x200); Joey Froelich (4x200, 400); Jake Mussman (HJ, LJ); |
| 39 | Fergus Falls | Hayden Vogel (Discus); |

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| 38 | St. C.Apollo | Eli Knutson (PV); Nelson Isiba (LJ, TJ); |
| 13.5 | Sauk Rapids | |

| Standings 2015 GIRLS | | |
|-----------------------------|---------------|--|
| 129 | Rocori | Gretchen Houston (100 H); Emily Rapp (100 H, 300 H); Kaitlyn Wolf (4x200, 4x400), Morgan Holthaus (4x200); Brynn Sauer (4x200, 200, 4x400), Erin Huls (4x200, 300 H); Jayda Woods (1600, 4x400); Callie Swanberg (4x400). |
| 106.5 | Alexandria | Patricia Johnson (100); Beth Hasz (1600, 3200); Syri Williams, Leah Huss, Patricia Johnson (4x100); Morgan Melrose (800); Kelby Olson-Rodel (4x100, 200); Cheyenne Hendrickson (Discus). |
| 105.5 | Brainerd | Ali Crochet, Lydia Herath, Meritt Miller, Sara Whiteman (4x800, 800); Jenna Degen (100 H, 300 H, HJ, TJ); Mckenna Barnett, Katie Streiff, Bryn Waters, Jazmin Sunderland (4x200); Jaelyn Kappes (TJ); Cami Harmer (PV); Sophie Balster (Discus, SP). |
| 105.5 | Sartell/St. S | Madeline Smith, (4x100); Anna Neeser (4x100, HJ, TJ); Mackenzie Dockendorf (PV); Rachel Haider (PV); Lexy Kubasch (4x100, LJ); Chelsea Nies (4x100, LJ); Haley Anderson (SP). |
| 91 | Willmar | Kayla Rudie, Lydia Engle, Sam Hanson (4x800, 4x400); Jessa Hanson (4x800, 1600, 4x400); Kirah Kessler-Gross (100); Sophie Schmitz (400, 800, 4x400); Erica Schramm (4x400); Cayle Hovland (Discus). |
| 80 | St. C Tech | Jodi Lipp (100, 400, 200, LJ); Grace Akubue (SP). |
| 39 | Sauk Rapids | Paige Sunstrom (3200); Tessa Voss (PV). |
| 24 | St. C Apollo | Selena Weigel (400); Brianna Scott (HJ). |
| 20 | Fergus Falls | Paige Larson (3200). |

| Standings 2014 BOYS | | |
|----------------------------|----------------|---|
| 134 | Brainerd | Grant Reuer (100, 4x200); David Supinski (200, 400, 4x400); Carey Rezac (400, 4x200, 4x400); Nick Schwen (300 H, 4x400); Justin Kuglin (PV); Logan Davis (LJ, 4x200); Cole Smith (TJ, 4x200); Bill Desrocher (SP), Ryan Votruba (4x400) |
| 115 | Alexandria | John Vogeler (100, LJ); Mitch Peck (200, 110 H, 300 H); Aaron Runge (3200); Collin Guetter (Dis); Joseph Gorghuber (110 H) |
| 99 | Sartell/St. S. | Blake Anderson (3200); Jake Lieberg (HJ, TJ); Trever Nordlund (PV); Sam Krauel (PV), Dan Daffinrud, Tom Bearson, Jacob Koltes, Shawn Sullivan (4x100) |
| 93 | Willmar | Chris Cunningham (200, 4x200); Colten Carlson (400, 4x800); Tom Seifert (800, 1600); Jordan Linde (HJ), Derik Peterson, Eli Gunderson, Isaac Thompson (4x200), Nick Coquet, Austin Miley, Sam Anez (4x800) |
| 74 | St. C. Tech | Wade Krueger (1600); Matthew Boettcher (110 H, 300 H); Jesse Joiner (Dis), Joe Froelich Max Webb Jake Oehrlein. Matt Boettcher (4x400) |
| 60 | Rocori | Josh Peterson (800, 1600); Sam Mackedanz (HJ, TJ), Sam Schwagel, Tony Bertram, Joel Taft, Evan Wigham (4x800) |
| 49 | St. C.Apollo | Andy Tollefson (800); Ben Miller (SP, Dis) |
| 44 | Sauk Rapids | Brandon Morrison (100, LJ, 4x100), Bobby Wittowski, Rashad Wichterman, Josh Tomporowski ((4x100) |
| 34 | Fergus Falls | Connor Danielson (3200); Al Suck (SP) |

| Standings 2014 GIRLS | | |
|-----------------------------|---------------|---|
| 150 | Alexandria | Wensia Johnson, (100, 200, LJ); Madelyn Urman, (100, 200, 400) ; Bethany Hasz, (800, 1600); Megan Hasz, (3200); JeAnna Miller, (HJ); Karly Betterman, (TJ, 4x100), Tahlia Bowden, Tayler Kaufman, Leah Huss (4x100) |
| 115 | Sartell/St. S | Sophie VanSurksun (100 H, 4x400); Maddie Meier (300 H, 4x400); Kia Grindland (HJ, TJ); Mackenzie Dockendorf, (PV, 4x800); Haley Anderson, (Dis), Emily Schmidt, Lexy Kubasch, Katie Stuttgart, Chelsea Nies (4x100), Anna Lindstrom (4x400, 4x800), Shelby Hall (4x400, 4x800), Kayla Larsen (4x800). |
| 100 | Rocori | Megan Lahr (400, 4x200); Jayda Woods (800, 4x800); Erin Huls (100 H, 300 H); Emily Rapp (100 H); Emily Waletzko (SP), Palmer Franti (4x200), Morgan Holthaus (4x200), Brynn Sauer (4x200), Elle Anderson (4x800), Raquel Woods (4x800), Kristin Mehr (4x800). |
| 96 | Willmar | Sopghie Schmitz (400, 800); Sam Hanson (1600); Jessa Hanson (3200); Haley Mottinger (PV); Bailey Hovland (Dis) |
| 92 | St. C Tech | Jodi Lipp (200, LJ, 4x200, 4x400); Lauren Steinke (1600, 3200); Megan Parries (HJ); Miranda Simon (300 H, 4x200, 4x400); Grace Akubue (SP); Kaelyn Angell (4x200, 4x400), Rachel Eveavold (4x200); Kalley Thompson (4x400) |
| 78 | Brainerd | Beth Etterman (PV); Sophie Balster (SP, Dis) |
| 40 | Fergus Falls | Brianna Rassmusson (100, LJ, TJ) |
| 21 | Sauk Rapids | |
| 10 | St. C Apollo | |

| Standings 2012-13 BOYS | | |
|-------------------------------|---------------|---|
| 129 | Sartell/St. S | Drew Vosshell (100, 4x100), Blake Anderson (3200), Josh Lieberg (HJ, LJ, TJ, 4x100), Alex Haima (HJ), Trevor Nordlund (PV), Jake Lieberg (TJ), Quinn Anderson (Discus), Braden Doucette & Hodari Johnson (4x100). |
| 127 | Brainerd | Taylor Huber (110H), Grant Reuer (100), Carey Rezac (400), Taylor Huber (300), Nick Schwen (300), Davis Logan (200), Cole Smith (TJ), Jon Asprey (Discus), Jon Asprey (SP). 4x100: Isaiah Smith, Logan Davis, Cole Smith, Grant Reuer. 4x200: Cole Smith, Grant Reuer, Carey Rezac, Logan Davis. 4x400: Nick Schwen, Taylor Huber, Tony Sauer, Carey Rezac. |
| 111 | Willmar | Chris Cunningham (100, 200, LJ), Tom Seifert (1600), Connor Haugen (800), Jordan Linde (HJ). Nick Coquyt, Colton Carlson, Jeff Castro, Ryan Sawyer (4x800). |
| 86 | Rocori | Brandon Overman (110H), Jake Huber (400), Josh Peterson (800), 4x800: Josh Peterson, Chris Molitor, Mitchell Heinen, Eric Janssen. 4x200: Matt Dircks, Levi Klein, Stefan Tomovic, Ryan Tong. 4x400: Stefan Tomovic, Levi Klein, Brandon Overman, Jake Huber. |
| 78 | St.C. Apollo | Isaiah West (110H), Eli Knutson (400), Jordan Theisen (PV), Jeremy Koffi (LJ), Ben Miller (SP) |
| 73 | Alexandria | Zac Bartolomeo (1600, 800), Mitch Peck (300), Nathan Huss (200), Colin Guetter (Discus), Aaron Steidl (SP) |
| 49 | St. C. Tech | Wade Krueger (1600, 3200) |
| 31 | Fergus Falls | Connor Danielson (3200) |
| 18 | SRR | Malachi Fleck (PV) |

| Standings 2012-13 GIRLS | | |
|--------------------------------|---------------|---|
| 1 | Brainerd | Ryan Courtney (100), Sarah Yeh (1600, 800), Allison Kosobud (400, 800), Jenna Degen (TJ), Sophie Balster (Discus, SP). 4x400: Allison Kosobud, Sarah Yeh, Jenny Hendrickson, Sophie Campbell. 4x100: Chels Gould, Courtney Ryan, Kassandra Galema, Taylor Cadwell. 4x800: Ali Crochet, Abbielle Selisker, Jennifer Hendrickson, Sarah Whiteman. |
| 2 | Willmar | Rose Jackson (100, 200, LJ, 4x200), Samantha Hanson (1600, 800), Sophie Schmitz (400), Miranda Roelofs (300H, 4x200), Haley Mottinger (PV), Bailey Hovland (Discus), Sami Doering & Shelby Schneider (4x200). |
| 3 | Sartell/St. S | Maddie Meier (100H, 300H), Sophie Van Sucksum (100H), Ashton Haider (400), Shelby Hall (3200), Kelsey Mohlenkamp (HJ), Jenisa Cash (PV), Rachel Haider (PV). |
| 4 | Alexandria | Wensia Johnson (100, 200, LJ), Megan Hasz (3200), Briquelle Bowden (HJ), JeAnna Miller (HJ), Karly Betterman (TJ). 4x100: Wensia Johnson, Gabrielle Koel, Anna Spanbauer, Madelyn Urman. |
| 5 | St. C. Tech | Jodi Lipp (200, LJ), Grace Akubue (SP). 4x200: Jodi Lipp, Jessica Ambrosch, Kaelyn Angell, Justice Callahan. 4x400: Justice Callahan, Kaelyn Angell, Jodi Lipp, Miranda Simon. |
| 6 | Rocori | Erin Huls (100H, 300H). 4x800: Kennedy Heinen, Maggi Gerkten, Jayda Woods, Elle Anderson. |
| 7 | Fergus Falls | Brianna Rasmusson (TJ), Samantha Velde (Discus, SP). |
| 8 | Sauk RR | Sam Sunstrom (1600, 3200). |
| 9 | St.C. Apollo | |

| Standings 2011-12 BOYS | | |
|-------------------------------|---------------|--|
| 172.5 | Sartell | Parker Kohlman 4x800, 800; Anthoni Morrow 4x800, 4x400; Jacob Yapp 4x800; Taylor Lauermann 4x800, 800, 4x400; Matt Davis 4x200, 400, 4x400; Josh Lieberg 4x200; Isaac Siekawitch 4x200, 4x100; Brett Schultz 4x200, 400, 4x400; Tyler Broadwell 1600, 3200; Malcolm Cooper 4x100; Shawn Sullivan 4x100; Eric McAfee 4x100; |
| 127 | Brainerd | Jackson Walters 110H; Grant Reuer 100; Taylor Huber 300; Nick Oldham 200; |
| 75 | Sauk R-R | Matt Huberty 100, 4x100, 4x200; Zach Haffner 4x200, 4x100; Brandon Landowski 4x200, 4x100; Jake Lynch 4x200, 4x100, 300; |
| 72 | Willmar | Tom Seifert 800; Chris Cunningham 200; |
| 70 | Fergus Falls | Sam Wasberg 4x800; Billy Eerdmans 4x800; Connor Danielson 4x800, 3200; Zach Haus 4x800, 1600; Dominic Jones 100; |
| 67.5 | Rocori | Brandon Overman 110H, 300; Jake Huber 400, 4x400; Sam Kuss 4x400; Trek Frantti 4x400; Brandon Overman 4x400; |
| 52 | Alexandria | Lee Klein 200; William Sieling 3200; |
| 36 | St. C. Tech | Wade Krueger 1600; |
| 30 | St. C. Apollo | Isaiah West 110H; |

| Standings 2011-12 GIRLS | | |
|--------------------------------|---------------|---|
| 149 | Sartell | Sophie VanSurksun 100H; Maddie Meier 100H, 300; Mackenzie Dockendorf 1600; Ashton Haider 800; |
| 139 | Alexandria | Bethany Hasz 4x800, 3200; Julia Sieling 4x800; Melissa Drown 4x800; Karly Betterman 4x800; Wensia Johnson 100, 200, 4x100; Jamie Piepenburg 1600, 3200; Megan Hasz 1600; Gabrielle Koel 4x100; Briquella Bowden 4x100; Madelyn Urman 4x100; |
| 104.5 | Brainerd | Chloe Miller 100H; Hannah Lundstrom 100; Allison Kosobud 400, 800; Ryan Courtney 200; |
| 102.5 | Willmar | 2 nd in 4x800; 2 nd in 4x200; Rose Jackson 100, 200; Shelby-Lyn Schneider 400; Sam Hanson 800; |
| 58 | Fergus Falls | Haylie Zenner 400, 4x400; Lauren Norgren 4x400; Annie Magnusson 4x400; Callie Ann Hoffbeck 4x400; |
| 54.5 | Rocori | Mara Jungels 4x200; Erin Huls 4x200, 300, 4x100; Palmer Frantti 4x200, 4x100; Kayla Lindell 4x200, 4x100; Jamie Phillips 4x100; |
| 46.5 | St. C. Tech | Miranda Simon 300, 4x400; Nyapal Miyoang 4x400, Justice Callahan 4x400, Kristin Wurm 4x400; |
| 28 | St. C. Apollo | |
| 20 | Sauk R-R | Samantha Sunstrom 3200; |

| Standings 2010-11 BOYS | | |
|-------------------------------|--------------|---|
| 169 | Alexandria | Ben Vickstrom 100, 200, 400; Dan Gorghuber 110H, 300H, 4x400; Tanner Thomson, discus; Andy Werk, shot put; Felix Coleman, PV, 4x100, 4x400; Mike Huss, 4x100 & 4x400; Zac Bartholomeo, 1600, 800; Kreg Anderson, 4x800; Mitch Evink, 4x800; Dylan Koenig 4x800, 4x400; Jimmy Lovrien, 3200; Mitch Ronning, 4x800; Dylan Galligan, 4x200, 4x100; Derek Goracke, 4x200, 4x100; Lee Klein, 4x200; Zach VanOrsdel, 4x200. |
| 111.5 | Brainerd | Jackson Walters, 110H; Jordan Hayes 100, 4x200, 4x100; Jack Luke 4x200, Joe Nelson & Dan Lauer, 4x200, 4x100, 200; Charles Kassulker, Discus; Nate Parsons, LJ. |
| 92.5 | Fergus Falls | Dominic Jones, 100; Keeghan Hurley 1600; Mike Hurley 400; Zach Haus 400; Chase Johansen, SP; Nathan Cole, TJ, LJ |
| 89.5 | Sartell | Kjell Mann 800; Tyler Broadwell, 3200; Jesse Scheiterlein, Dis; Josh Lieberg, TJ; Pat Fischer, HJ; Tanner Nordlund PV |
| 69 | Willmar | Mowlid Mohamed, Derek Ballandbey, Anders Byberg, 4x800; Muhumed Abdullahi 1600, 4x800; Anders Byberg 3200; Bennet Woltjer, PV. |
| 58 | Little Falls | Luke Pennington 300H, 4x400; Derek Toso, Devin Okerman, Elliot Kohler 4x400; Elliot Kohler, LJ; Cavasio Edwards, HJ. |
| 36 | Rocori | Mark Pederson, 110H, 300H; |
| 28 | St. C. Tech | Brady Brouwer, Sam Coulter, Wade Krueger 4x800; Isaac Shella-Stevens, 4x800, 800; Paul Kaczor, SP; |
| 26.5 | Sauk R/R | |
| 22 | St.C. Apollo | Simon Krych, Triple Jump, High Jump. |

| Standings 2010-11 GIRLS | | |
|--------------------------------|---------------|--|
| 157 | Alexandria | Rosey Erickson, 100, 200, LJ, TJ; Jamie Piepenburg, 1600, 3200; Joie Warnes, 100H; Joie Warnes, TJ; Briquella Bowden, HJ; Madi Urman, 100; Alli Haar, HJ. |
| 106 | Brainerd | Megan Holmes, 1600, 800; Hannah Lundstrom, Taylor McElfresh, Shelby Zimmerman, Courtney Ryan – 4x100; Allison Kosobud, 800; Sydnie Mauch, SP; Rachel Bartosh, SP; Sydnie Mauch & Toni Terwilliger, Discus. |
| 100.5 | Sartell | Anna Lindstrom, Kiley Sullivan, Ashton Haider – 4x800; Brandi Bollig, 100H, 300H, TJ; Maddie Meier, 300H; Allie Rengel, 4x800, 800; Mackenzie Dockendorf, 3200; Mikayla Dockendorf, PV. |
| 71 | Willmar | Kaitlyn Lawler, Sam Hanson, Liz Marshall, Cass Johnson, 4x800; Brit Anderson, Sam Bierbuam, 4x200; Baylie Young, 100H; 4x200; Shelby-Lyn Schneider, 400, 4x200; Rose Jackson, 100, 200, LJ. |
| 66 | Fergus Falls | Lizzy Link, 4x200; Callie Hoffbeck, 4x200, 4x400; Haylie Zenner, 400, 4x200, 4x400; Lauren Norgren, 4x400; Samantha Velde, Discus. |
| 48 | Little Falls | Manon Gammon-Deering, 1600, 3200; Amber Hines, SP; Rachele LeBlanc, PV. |
| 47.5 | Rocori | Palmer Frantti, Jamie Phillips, Emily Brown, Briana Traut – 4x100; Erin Huls, 300H; Briana Traut, 200. |
| 41 | St. C. Tech | Justice Callahan, 400; Erin Stout, Nyapal Miyoang, Justice Callahan, Kristin Wurm – 4x400. |
| 39 | Sauk Rpd/R | Chelsey Bethke & Michole Timm, Pole Vault. |
| 26 | St. C. Apollo | Chantel Midas, Long Jump; Amanda Stangler, High Jump. |

| Standings | | 2009-10 | BOYS |
|-----------|--------------|--|------|
| 145 | Alexandria | Dan Gorghuber (110H, 400, 200); Ben Vickstrom (100, 200, 400 relay); Michael Huss (400 & 1600 relay), Jordan Erickson, Michael Joerger (400 relay); Mitch Ronning (800, 1600 relay); Austin McCoy (3200); William Sieling (3200); Clayton Cozad (1600 relay), Felix Coleman (1600 relay, PV); Andrew Werk (shot); Robert Guetter (shot, discus); Tanner Thomson (discus) | |
| 122 | Brainerd | James McLean, Alek Rudstrom, Jeff Emery, Chris Knutson (3200 relay); Jordan Hayes (100, 800, 400 relay); Joe Nelson (400 & 800 relay, LJ), Jacob Goodew, Dan Lauer (800 relay); Jimmy Dean (1600); Dan Lauer (400 relay, 200), Nate Gervenak (400 relay); Nate Parsons (LJ); Barry Nelson (PV) | |
| 122 | Sartell | Ryan DeRoeck (110 H); Brent Orndorff (800 & 1600 relay), Josh Kremer, David Grow, Justin Lieberg (800 & 1600 relay); Sean Mann (800, 1600 relay); Kjell Mann (1600 relay); Matt Gault (shot); Justin Lieberg (TJ); Mike Wistrom-HJ | |
| 81 | Little Falls | Preston Zimny (1600); Derek Toso (400); Luke Pennington (300 H); Elliot Kohler (800, LJ); Cavasio Edwards (HJ) | |
| 56 | Willmar | C J Seifert (1600, 3200 relay), Anders Byberg, Dan Voss, Mowlid Mohamud (3200 relay); Matthew Weitzel (3200) | |
| 43 | Tech | Mitchell Franzwa (110H); Eli Fark (400) | |
| 38 | Fergus Falls | Jesse Kipp (300 H); Lars Ronnevik (discus); Nathn Cole (TJ) | |
| 36 | SRR | Nick Weis (100, PV) | |
| 31 | St.C. Apollo | Simon Krych (TJ, HJ) | |
| 28 | Rocori | Mark Pederson (300 H) | |

| Standings | | 2009-10 | GIRLS |
|-----------|--------------|--|-------|
| 128.5 | Brainerd | Sophie Campbell, Allison Kosobud, Megan Holmes, Anna Gessell (3200 relay); Kelsi Ring (100 H, 400 relay, TJ); Madison Smith (100 & 300 H); Hannah Lundstrom, Allison Reuer, Courtney Ryan (400 relay); Sydnie Mauch (shot) | |
| 114 | Sartell | Ashton Haider, Allie Rengel (3200 relay); Haley Schuchard (100, 400 relay, LJ); Brianna Steinkamp, Grace VanSurksun, Laura Nielson (400 relay); Hannah Kellerman (3200 relay, 800); Heidi Peterson (3200 relay, 3200); Andrea Whitney (TJ, HJ) | |
| 91 | Little Falls | Emily VanHeel (100, 400, 200, TJ); Manon Gammon-Deering (1600); Mattia Hendrickson (3200); Amber Hines (shot, discus); Mariah Burns (HJ); Rachelle LeBlanc (PV) | |
| 82 | Alexandria | Rosey Erickson (100 H, 400, 200, LJ); Jamie Piepenburg (1600); Chelsey Richardson (3200) | |
| 64 | Fergus Falls | Karlee Kosak, Lizzy Link, Chloe Kretchman (800 relay); Haylie Zenner (800 relay, 800); Susie Kitzman (HJ) | |
| 63 | Willmar | Miranda Roelofs (300 H, 1600 relay); Erin Sheehan, Shelby-Lyn Schneider, Caitlin Fritz (1600 relay); Marianne Erickson (discus) | |
| 53 | St. C. Tech | Stephanie Strandberg, Brin Stout, (800 relay); Erin Stout, Kristin Wurm (1600 relay); Justice Callahan (800 & 1600 relay); Rachel Bailey (800 & 1600 relay); Kelly Morford (shot, discus) | |
| 41 | St.C. Apollo | Moriah Novacinski (1600, 800); Chantel Midas (400, LJ); Bo LoFountaine (PV) | |
| 36 | Sauk Rpds/R | Rachel Wotzka (100, 300 H); Emmy Hauck (PV) | |
| 29.5 | Rocori | Briana Traut (200) | |

| Standings | | 2008-09 | BOYS |
|-----------|------------------|---|------|
| 151 | Brainerd | Jimmy Dean, Chris Knutson, James McLean, Aaron Thompson (4x800); Dakota Swenson (110 H); T J Struss (100, 200, 4x100, LJ); Colby Ring (4x200, 4x100), Alex Rahn (4x200, 4x100, 400), Chris Swanson (4x200, 4x100), Dan Lauer (4x200); Tom Ruttger (1600); Gil Millette (300 H); Jacob Westphal (300 H); Joe Nelson (LJ); Philip Yeh (TJ). | |
| 123 | St. C. Tech | Lee Dhein (100, 4x200, 200, LJ); Ian Krafnick (4x200, 400, 4x400), Chad Lahr (4x200, 4x400), Matthew Kippley (4x200); Jordan Lewis (300 H, 4x400); Modi Emmanuel (3200); Eli Fark (4x400); Lul Chuk (HJ); Mark Kaczor (Discus, SP). | |
| 96 | Sartell | Bradye Lipp (100, 4x100); Josh Yapp (1600); Nick Rengel, Josh Kremer, David Grow (4x100); Matt Scherber (3200); Evan Ziegler (HJ); Justin Lieberg (TJ). | |
| 91 | Alexandria | Dan Gorghuber (400); Drew Paradis (3200); Tom Quist, James Ahlquist (Discus, SP), Robert Guetter (SP) | |
| 89 | Sauk Rapids/Rice | Brandon Heddens (1600, 4x400); Tom Kuefler (800, 4x400); Adam Thelen (200, 4x400); Kiwon Bates (4x400); Nick Weis, Sergey Usovich, Chris Geving (PV). | |
| 40 | Little Falls | Noah Hecht (110 H); Elliot Kohler (800); Elliot Kohler (HJ). | |
| 40 | Willmar | Steve Kluver (110 H); CJ Seifert (800). | |
| 38 | Fergus Falls | Simon Erlandson (TJ). | |
| 29 | St.C. Apollo | Tim Rydberg, Justin Boldt, Andrew Humbert, Liban Musse (4x800). | |
| 5 | Rocori | | |

| Standings 2008-09 GIRLS | | |
|--------------------------------|---------------------|--|
| 145 | Brainerd | Kelsi Ring (100 H, TJ), Madison Smith (100 H, 300 H); Allison Reuer (100); Megan Holmes (1600); Hannah McAllister (400, 800); Tina Borgstrom (400); Sam Smith (PV, LJ, TJ); Rachel Bartosh (Discus). |
| 119 | Sartell/St. Stephen | Hannah Kellerman (4x800, 1600), Heidi Peterson (4x800, 3200), Ali Anderson, Ashton Haider (4x800); Brianna Steinkamp (100, 4x100); Dayna Schleppebach, Brandi Bollig, Laura Nielson (4x200, 300 H, HJ); Haley Schuchard (4x200, 4x100), Maddie Bearson, Rose Riordan (4x100); Andrea Whitney (HJ, TJ). |
| 104 | Alexandria | Valerie Smith, Katie Iverson (4x800), Tess Boucher (4x800, 3200); Rosey Erickson (100, 400, 200, PV); Jamie Piepenburg (4x800, 3200); Mallory Stier (SP). |
| 80 | St. C. Tech | Clare Murn ((4x200, 4x100, 4x400, LJ), Erin Stout (4x200, 4x100, 4x400), Alise Post (4x200, 4x100, 4x400, PV), Rachel Bailey (4x200, 4x100); Megan Gray (300 H); Kirsti Klaverkamp (4x400). |
| 67 | Willmar | Erin Sheehan (800); Mary Erickson & Ashley Hutton (Discus, SP). |
| 46 | Fergus Falls | Haylie Zenner (800, 4x400); Lizzy Link, Susie Kitzman, Kylie Zenner (4x400). |
| 46 | Little Falls | Jackie Thelen (100 H); Emily VanHeel (400, 200). |
| 37.5 | St.C. Apollo | Sara Schmitt (100 H); Moriah Novascinski (1600); Chantel Midas (200); Amanda Stangler (HJ). |
| 29 | Rocori | Sarah Aaseth (Shot Put). |
| 28.5 | Sauk Rpd/R | Carly Braun (100); Emmy Hauck (PV). |

| Standings 2007-08 BOYS | | |
|-------------------------------|--------------|--|
| 167.5 | Brainerd | Ryan Barnes (110 H, HJ), T J Struss (100, LJ), Luke Delaney (1600, 3200), Tom Ruttger (1600, 800), Mitch Lorenz (400, 800), Tom Lyscio (Discus, Shot), Scott Ramey (Discus) |
| 116 | Sartell | Logan Schwinghammer (110 H & 300 H), Brent Orndorff, Mike Nielson, (4x200, 4x100 relays), Josh Kremer (4x200 relay), David Grow (4x100 relay), Nick Rengel (4x200, 4x100 relays, 200), Mike Nielson (HJ), Brian Fischer (PV), Brent Hansen (LJ, TJ), Tim Binsfeld (Shot) |
| 85.83 | Tech | Otis Morris (100, 4x100 relay), Jordan Lewis (4x100 relay, 300 H), Charles Klaverkamp, Lee Dhein (4x100 relay, 200), Tung Chuol, Taylor Johnson, Jon Froelich, Ian Krafnick (4x400 relay), Mark Kaczor (Discus), Eli Kelley (Shot) |
| 79.5 | Alex | Dan Gorghuber (400), Travis Kloehn (300 H), Drew Paradis (3200), Jack Trebelhorn (TJ), Charlie Warnes (TJ), Travis Kloehn (PV) |
| 68.33 | Willmar | Jordan Schalmo (110 H), Andrew Nicklawsky (1600, 4x800 & 4x400 relays), Mahad Hassan (3200, 4x800 relay), Abshir Ahmed (4x800 relay), David Reeb, Branden Jahnke (4x400 relay), Zack Coquyt, (4x800, 4x400 relays) |
| 55.33 | SRR | Grady Anderson (400), Nick Weis (PV) |
| 55 | Apollo | Liban Musse (4x800 relay, 800), Alex Westhoff (4x800 relay, PV), Tim Rydberg, Andrew Humbert (4x800 relay), Michael Iverson, Kendall Smith, James Iverson, James Stewart Jr (4x200 relay), Kendall Smith (HJ) |
| 46 | Rocori | Zach Bork (100, 200, LJ) |
| 18.5 | Fergus Falls | |
| 10 | Little Falls | |

| Standings 2007-08 GIRLS | | |
|--------------------------------|--------------|---|
| 158.5 | Tech | Caitlin Dhein (100, 200, 4x100 relay), Kirsti Klaverkamp (4x200, 4x400 relays, 400), Katelyn Bailey (4x200 relay, 400), Tasha Harr (4x200, 4x100 relays), Amanda McKee, (4x200, 4x400 relays, 300 H), Rachel Bailey (4x100, 4x400 relays), Clare Murn, (4x100), Megan Gray (300 H), Alise Post (4x400, PV), Stephanie Strandberg (TJ), Kelly Morford (Shot) |
| 157 | Brainerd | Anna Gessell, Courtney Wing, Kacie Bahr, Katherine Mueller (4x800 relay), Kelsi Ring (100, TJ), Madison Smith (100, 300 H, TJ), Megan Holmes (1600), Hannah McAllister (1600, 800), Jodi Larson (PV), Allison Reuer (LJ), Alex Ford (Discus) |
| 98 | Alex | Chelsey Richardson (4x800 relay, 1600), Jamie, Piepenburg (4x800 relay, 3200), Katie Roos (4x800, 4x400 relays), Tess Boucher, (4x800 relay, 3200), Rosey Erickson (100, 200, 4x400 relay, LJ), Annie Trebelhorn, Amy Briol (4x400) |
| 72.5 | Sartell | Sienna Kuhn, Brianna Steinkamp, Dayna Schleppebach, Rose Riordan (4x100 relay), Sarah Schellinger (800), Heidi Peterson (3200), Andrea Whitney (HJ), Laura Nielson (HJ), Kelsey Sauerer (Discus) |
| 68.5 | Willmar | Brianna Fernholz (200), Shelby Morton (HJ), Brooke Feichtinger (PV), Sarah Erickson (Discus), Greta King, Bri Fernholz, Abby Switzer, Chrissy Boros (4x200 relay) |
| 42 | Little Falls | Jackie Thelen (100 H, LJ), Emily VanHeel (100), |
| 32 | Apollo | Jamie Holub (Discus, Shot) |
| 30 | Fergus Falls | Haylie Zenner (800) |
| 25 | Rocori | Mandy Heinen (400) |
| 18.5 | SRR | |

| Standings 2006-07 BOYS | | |
|-------------------------------|---------------|---|
| 162 | Willmar | Kaafi Adeys (800, 1600, 1600 relay), Mahad Hassan (3200), 1600 relay, Cory Hanson (TJ), Andy Boersma (200), Adam Schow(Discus), Abdi Awale (400, 800, 4x400), Zack Coquyt (400, 4x400 & 4x800), Mustafa Yusuf (800, 1600, 1600 relay), Mohamed Bedel (3200, 4x800), Jordan Schalmo (300 H), Andrew Nicklawsky (4x800), Abshir Ahmed (4x800) |
| 121 | Brainerd | Tyler Hanson (400, 3200 relay), Ryan Barnes (HJ, 110 H), Darin Underhill (SP), Justin Tyner (1600, 3200 relay), Tom Lyscio (SP), Tyler Rose, Luke Delaney, Mitch Lorenz - 3200 relay, Alex Rahn, Tom Thurstin, Steve Ramerth, Colby Ring - 800 relay) |
| 95 | Sartell | Evan Griffin (110 H), Logan Schwinghammer (300 H, 110 H, 1600 relay), Nick Rengel (4x200), Brenden Russ (800 relay), Mike Nielson (800 relay, HJ), Shane Nies (800 & 4x400), Mike Nielson (1600), Bryan Fischer (4x400, PV) |
| 79 | Alexandria | Mitch Tebben (400 relay), Brad Langenfeld (400 relay), Grady Ries (400 relay), Jack Trebelhorn (400 relay, 100, TJ, LJ), Drew Paradis (3200), Charlie Warnes (TJ) |
| 64 | Sauk Rapids/R | Kris Strang (100, 200), Casey Kedrowski (PV), Mitch Rau (300 H), Zach Rudolph (PV) |
| 50 | Tech | Mark Kaczor (Discus), Otis Morris (100), Kyle Hedlund (SP) |
| 45 | Apollo | Luke Skay (200), Michael Iverson, James Iverson, Luke Skay (400 Relay), Kendall Smith (400 relay, HJ) |
| 36 | Rocori | Zach Bork (Long Jump) |
| 31 | Little Falls | Alex Farber (Long Jump) |
| 19 | Fergus Falls | |

| Standings 2006-07 GIRLS | | |
|--------------------------------|---------------|--|
| 140 | St.C. Tech | Alise Post (400, 200, PV, TJ), Megan Gray (300 H, 1600 relay), Rachel Bailey (400 relay), Katelyn Bailey (800 relay), Katlyn Stout (400, 800 & 1600 relay), Tasha Harr (800 relay), 1600 relay, Caitlin Dhein (100, 400 & 800 relay), Clare Murn (100, 400 relay), Kirsti Klaverkamp (400, 1600 relay), Amanda McKee (1600 relay), Becky Wipper (PV) |
| 134.5 | Brainerd | Hannah Mcallister (800), Robyn Wernberg (Shot put, Discus), Megan Holmes (1600), Maggie Freiday (LJ), Kelsi Ring (TJ), Alicia Niemi (Discus), 1600 & 3200 relays: Katherine Mueller, Kacie Bahr, Megan Holmes, Hannah McAllister |
| 106.5 | Willmar | Brianna Fernholz (100, 200, 400 relay, HJ), Jayne Cole (3200), Brin Hanson (300 H), Sarah Erickson (Discus), Shelby Morton (HJ), 400 Relay: Ashley Hutton, Mariel Aamot, Chrissy Boros, 3200 relay: Sarah Hund, Erin Sheehan, Ashley Wigton, Ashley Bach |
| 75 | Sartell | Hannah Kellerman (1600), Heidi Peterson (3200), Sarah Schellinger (800, 800 relay), Dayna Schleppenbach (800 relay), Bri Plombon (800 relay, LJ), Brianna Steinkamp (800 relay) |
| 61 | Sauk Rapids/R | Katie Tim (TJ), Jana Prow (3200), Kayla Deters (100 H, HJ, PV) |
| 54 | Alexandria | Rosey Erickson (LJ, 200), Annie Trebelhorn (300 H), Chelsey Richardson (1600) |
| 51 | Little Falls | Katherine Harms (HJ), Jackie Thelen (100 H) |
| 44 | Fergus Falls | Kylie Zenner (400), Haylie Zenner (800), Deveny Moore (Shot Put) |
| 28 | Apollo | Sara Dalton (100 H), Jamie Holub (Shot Put) |
| 8 | Rocori | |

| Standings 2005-06 BOYS | | |
|-------------------------------|---------------|---|
| 125 | Willmar | Andy Boersma (200, 4x100), Eric Hillenbrand (400, 4x400), Kaafi Adeys (1600, 3200), Michael Switzer (3200), Brandon Jahnke (4x400), Abdi Awale (800, 1600, 4x400), Paul Kimpling (110H, 300H, 4x100), Andrew East (4x100), Zack Kjolsing (4x100), Zack Coquyt (4x400), Mustafa Yusuf (4x800), Mahad Hassan (4x800), Mohamed Bedel (4x800), Andrew Nicklawsky (4x800). |
| 123 | Brainerd | James Strand (200, 300H.), Justin Tyner (3200, 4x800), Mike Giese (110 H, TJ), David Beilke (PV, 4x100), Luke Olson (4x100), Riley Cullinane (4x100), Scott Badeaux (4x100), Justin Anderson (4x800), Blake Alguire (4x800), Titus Goodew (4x800) |
| 92 | Alexandria | Derek Ludwig (100, 200, 400), Ben Wilson (800, 1600), Mitch Bruzik (SP) |
| 87 | Sartell | Nick Rengel (100, 4x200), Mike Nielson (HJ), Josh Dornbush (LJ, 4x200), Matt Wistrom (TJ, 4x200), Steve Herold (SP), Dan Weihrauch (D), Shane Nies (4x200) |
| 86 | Tech | Edgar Kirabira (300H, HJ), Lee Kersting (TJ), Jared Collins (SP), Logan Hollenkamp (D), Henry Giles (D) |
| 68 | Sauk Rapids/R | Kris Strang (100), Michael McConnell (800), Casey Kedrowski (PV), Zach Rudolph (PV) |
| 60 | Fergus Falls | Derek Meyer (400, 4x200, 4x400), Kyle Garrahan (110 H), Brooks Toso (HJ), Carl Carpenter (4x200, 4x400), Kyle Kosak (4x200, 4x400), Steve Hoffmann (4x200, 4x400) |
| 23 | Little Falls | Alex Farber (LJ) |
| 20 | Rocori | Zach Bork (LF) |
| 18 | Apollo | |

| Standings | 2005-06 | GIRLS |
|-----------|---------------|---|
| 155.2 | Brainerd | Kayla Lauer (100, 200, 4x200), Megan Holmes (1600, 4x800), Anna Gessell (3200, 4x800), Jenna Dean (3200), Carissa Schmidt (3200), Mary Petersen (100H), Lauren Deyo (PV), Robyn Wernberg (D), Alicia Niemi (D), Aani Rangen (4x200), Kelly Rosenthal (4x200), Tina Borgstrom (4x200), Kacie Bahr (4x800), Hannah McAllister (4x800) |
| 124.4 | Tech | Caitlin Dhein (100, 4x100), Alise Post (400, TJ, 4x400), Chelsey Klein (300H), Becky Wipper (PV), Tasha Harr (4x200), Meredith Kaczor (4x400), Clare Murn (HJ, 4x100), Katelyn Bailey (4x200), Joy Heysse (SP), Jessie Fark (4x100, 4x200, 4x400), Amanda Eggebrecht (4x100, 4x200), Amanda McKee (4x400) |
| 86.2 | Willmar | Brianna Fernholz (100, 200, 400), Brianna Fernholz (HJ), Dana Guetter (4x400), Hannah Okins (4x400), Gretz King (4x400), Erin Sheehan (4x400) |
| 81 | Sartell | Sarah Schellinger (400), Hannah Kellerman (800), Heidi Peterson (1600), Bri Plombon (LJ, 4x100), Kassandra Nathe (LJ, 4x100), Dani Forsman-Earl (SP), Kelsey Sauerer (D), Dayna Schleppeback (4x100), Lindsey Waytashek (4x100) |
| 79 | Little Falls | Megan Meyer (1600), Jackie Thilen (100H, 300H), Katherine Harms (HJ, LJ), Melanie Vanheel (TJ) |
| 44.2 | Rocori | Courtney Malikowski (300H), Angie Feldhege (HJ), Shelly Tippelt (SP) |
| 44 | Sauk Rapids/R | Kayla Deters ((100H, PV), Katie Timm (TJ) |
| 43 | Fergus Falls | Anna VanWechel (800, 4x800), Anna Rengel (4x800), Hannah Draxten (4x800), Kylie Zenner (4x800) |
| 33 | Alexandria | Rosy Erickson (200), Katelyn Ellison (800) |
| 12 | Apollo | |

| Standings | 2004-05 | BOYS |
|-----------|------------------|--|
| 117 | Brainerd | Chris Woodard (4x800, 3200), Ty Hunt (4x800), Nick Mangan (4x800), Luke Delaney (4x800), James Strand (110 H, 4x400), Scott Badeaux (4x200), Riley Cullinane (4x200), David Beilke (4x200), John Habermann (4x200), James Strand (300), Joe Anhalt (4x400), Matt Posch (4x400), Tyler DeRosier (4x400), Nick Edwards (PV), Tim Yeh (TJ), Will Kassulker (Discus) |
| 98.5 | Little Falls | Travis Fedor (100, 4x100, HJ), Jonathan Stoltman (1600, 800), Getty Buckner (4x100), Andre LeBlanc (4x100), Adam Jendro (4x100), Brady Klooster (400), Chad Koefed (300), Alex Farber (LJ), Andy Hegna (Discus) |
| 92 | Alexandria | Sam Husten (4x800), Michael Lanes (4x800), Robby Lanes (4x800, 4x400), Mitch Gesell (4x800, 800, 4x400), Derek Ludwig (100, 200), Derek Ludwig (400), Ben Kitt (200, 4x400), Griffin Sonstegaard (4x400) |
| 92 | Willmar | Paul Kimpling (110 H), Kyle Eckhoff (1600, 3200), Paul Kimpling (300), Abdi Awale (800), Zac Kjolsing (LJ) |
| 90 | Tech | Yahya Iman (1600, 3200), Rick Cameron (HJ), Lee Kersting (TJ), Giles Henry (Discus), Micah Collins (Shot), Jared Collins (Shot) |
| 88.5 | Sartell | Noah Ferche (110 H, HJ), Josh Dornbush (4x200), Nick Lodermeier (4x200), Tyler Becker (4x200), Andy Demuth (4x200), Andy Demuth (400), Alex Lauer (Shot) |
| 81 | Sauk Rapids/Rice | Andrew Gunderson (100, 4x100, 200, LJ), Zach Rudolph (4x100), Russell Hinnenkamp (4x100), Adam Thelen (4x100), Casey Kedrowski (PV), Chris Allen (PV) |
| 20 | Apollo | Greg Imholte (TJ) |
| 20 | Rocori | |

| Standings | 2004-05 | GIRLS |
|-----------|--------------|---|
| 137.5 | Willmar | Dana Guetter (4x800, 800, 4x400), Amy Follman (4x800), Rachael Nelson (4x800), Brin Hanson (4x800), Hannah Okins (4x200, 4x400), Mirja Ylimaula (100, 4x200, 200), Brianna Fernholz (100, 400, 200), Greta King (4x200, 4x400, LJ), Chrissy Boros (4x200, 4x100, 4x400), Kari Higdem (1600, 3200), Whitney Damhof (4x100), Abby Switzer (4x100), Ally Roberts (4x100) |
| 126 | Tech | Chelsey Klein (100 H), Kayla Sis (4x200, 4x100), Katlyn Stout (4x200, 4x400), Tasha Harr (4x200), Amanda Eggebrecht (4x200, 4x100), Jesse Fark (4x100, 4x400), Caitlin Dhein (4x100), Alise Post (400, 4x400), Kelly Fruth (4x400), Johnna Gertken (HJ), Becky Wipper (PV), Renae Lee (TJ) |
| 125.5 | Brainerd | Hannah McAllister (4x800, 400), Kacie Bahr (4x800), Jessie Bye (4x800, 1600), Katie Posterick (4x800), Jenni Beilke (100), Taylor Hartje (300 H, TJ), Ally Hartje (300 H, TJ), Carissa Schmidt (3200), Robyn Wernberg (Discus) |
| 90 | SRR | Kristen Hille (100 H, 300 H, HJ, LJ), Kayla Deters (PV), Justina Froelich (Discus) |
| 79 | Sartell | Liz Vold (1600), Hannah Kellerman (800), Sarah Schellinger (200), Rachel Spaniol (PV), Bri Plombon (LJ), Dani Forsman-Earl (Shot) |
| 49 | Rocori | Caitlyn Dingmann (3200), Sarah Fuchs (Discus), Shelly Tippelt (Shot) |
| 36 | Little Falls | LaNika Scepureck (HJ) |
| 30 | Alexandria | Katelyn Ellison (800) |
| 26 | Apollo | Sara Dalton (100 H), Evie Rodriquez (Shot) |

| Standings | | 2003-04 | BOYS |
|-----------|---------------|---|------|
| 134.2 | Sartell | Nolan Mantey (3200 relay), Eric Nierengarten (3200 relay), Steve Olson (3200 relay), John Marschel (400, 3200 relay), Chris Legatt (PV), Dan Lawson (100, 200, LJ), Dave Abramson (800 relay), Dan Sebastian (800 relay, LJ), Justin Wilkes (800 relay), Noah Ferche (HJ), Andy Demuth (400, 800 relay) | |
| 107.1 | Willmar | Kyle Eckhoff (1600, 400 relay), Ryan Laughlin (400), Abdi Awale (800), Jon Morales (PV), Zak Kjosong (LJ), Juan Querabin (TJ) | |
| 104.5 | Alexandria | Mike Lanes (3200 relay), Mitch Gesell (800, 3200 & 1600 relays), Robbie Lanes (800, 3200 & 1600 relays), Darren Larsen (3200 relay), Blake Strouth (110 H, HJ), Derek Ludwig (200, 1600 relay), Bed Erie (1600 relay), Tyler Johnson (Discus) | |
| 91 | Tech | Kentrell Manuel (100, 200, 800 relay), Adam Frantesl (300 H, 800 relay), Louis Delk (800 relay), Mitchell Rousselage (800 relay), Yahya Iman (1600, 3200), David Kaczor (Shot Put) | |
| 71.5 | Brainerd | Mike Giese (110 H), Justin Grunewald (1600, 3200), James Strand (300 H), Chris Woodard (3200), Korey Horn (TJ) | |
| 54 | Sauk Rapids/R | Jason Timmer (110 H, 300 H), Andrew Gunderson (100), Nick Keller (PV) | |
| 53.6 | Apollo | Matt Cool (1600 relay), Blaise Lodermeier (1600 relay), Rob McCabe (1600 relay, HJ), Greg Imholte (TJ, 1600 relay) | |
| 48.6 | Rocori | Tom Soldner (Discus, Shot Put), Blake Theisen (Discus, Shot Put) | |
| 36.5 | Little Falls | Getty Buckner (400 relay), Travis Fedor (400 relay), Ryan DeZurik (400 relay), Kody Olson (400 relay) | |

| Standings | | 2003-04 | GIRLS |
|-----------|------------------|--|-------|
| 146.5 | Brainerd | Claire Northway (100 H), Jenni Beilke (100), Ashley Schmolke (400, 3200 relay), Audree Goodew (3200, 3200 relay), Katie Perpich (PV), Missy Eiesland (LJ), Taylor Hartje (TJ), Maria Swanson (Discus), Maria Swanson (Shot Put), Katie Posterick (3200 relay), Christina Roberts (3200 relay) | |
| 115 | Sauk Rapids/Rice | Kristen Hille (100 H, 400 relay, HJ, LJ), Gia Dickinson (1600), Brittany Barten (400 relay), Laura LeBlanc (400 relay), Faylynn Merrick (400 relay, Shot Put), Gia Dickinson (800), Katlyn Strout (1600 relay), Laura LeBlanc (TJ) | |
| 86 | Willmar | Kari Higdem (1600, 3200), Dana Guetter (400), Lindsey Saunders (300 H), Brianna Fernholz (200), Mary Sussenguth (HJ) | |
| 85.5 | Tech | Amanda Eggebrecht (800 relay), Caitlin McGee (800 relay), Nikki McGowan (800 & 1600 relays), Katlyn Stout (800 relay), Kelly Fruth (300 H, 1600 relay), Jesse Fark (1600 relay), Becky Wipper (PV), Renae Lee (TJ) | |
| 75 | Alexandria | Abbie Gray (400 relay), Katelin Barnes (400 relay), Amy Anderson (100 H, 400 relay), Amanda Anderson (100, 400 relay), Amy Anderson (300 H), Sarah Weaver (800), Jessica Hurlbut (3200) | |
| 69.5 | Sartell | Bri Plombon (100, 200, LJ), Katie Inderrieden (800), Caitlin McGee (200) | |
| 60 | Rocori | Caitlin Dingmann (3200 relay), Andrea Wahlin (400, 3200 & 1600 relays), Caitlin Schnettler (3200 relay), Elisia Traut (3200 relay), Erin Jungels (800 & 1600 relays), Kayla Kies (800 & 1600 relays), Angie Feldhege (800 relay), Courtney Malikowski (800 relay), Sarah Fuchs (Discus), 1600 relay team: Caitlin Schnettler | |
| 38.5 | Apollo | Tiffany Zamudio (PV), Lindsey Hoye (Discus) | |
| 26 | Little Falls | Megan Meyer (1600), LaNika Scepurek (HJ), Megan Meyer (Shot Put) | |

| Standings | | 2002-03 | BOYS |
|-----------|--------------|--|------|
| 199 | Alexandria | Jason Erickson (100, 200, 400), Drew Salmi, Jim Nelson, Reid Craigmile, (400 & 800 relay), Greg Barnes, Michael Lanes (3200 relay), Blake Strouth, (800 relay, 110 & 300 H, high jump), Mitch Gesell (800, 3200 relay), Griffin Sonstegaard(400 relay), Luke Bryant(1600), Tyler Johnson (discus) Kyle Esala (1600, 3200 relay) | |
| 174.6 | Brainerd | Dusten Olejnicak (TJ, 800 & 1600 relays), Jason Roberts (long jump, 200, 400, 800 relay), Dusten Olejnicak (long jump), Zach Toms (400, 1600 relay), Cory Olson (800, 1600 relay), Justin Grunewald (1600, 3200), Chris Woodard (3200), Josh Anderson (300 hurdles), Justin Mueller (800 & 1600 relays), Sam Gervais (800 relay) | |
| 115.5 | Sartell | Dan Lawson (100), John Marschel, Jon Neumann, Andy Overby, Adam Plante (1600 & 3200 relays), Noah Ferche (high jump), Chris Legatt (pole vault), Dan Lawson (long jump) | |
| 104 | Tech | Eric Hoffman (shot put), Jesse Mitchell (triple jump), Michael Williams (110 hurdles), Nathan Sis (high jump) | |
| 72.5 | Little Falls | Jonathan Stoltman (LF), Derek Monnier (110 hurdles), Travis Fedor (high jump) | |
| 68 | Rocori | Tom Soldner, Blake Theisen (discus, shot put), Alan Terwey (300 hurdles) | |
| 66.2 | Willmar | Philip Hedlof (100, 200), Abdi Awale (800), Jon Morales (pole vault) | |
| 64 | Sauk Rapids | Chris Tift (shot put), Randy Imholte, Brandon Ashfeld, Jacob Staneart, Michael Staneart (400 relay) Chris Allen (pole vault) | |
| 54.2 | Apollo | Greg Imholte (triple jump), Rob McCabe (high jump), Tyler Zamudio (pole vault) | |

| Standings | 2002-03 | GIRLS |
|-----------|--------------|---|
| 227 | Willmar | Kami Kjolsing (100, 400 relay), Katie Godbee (200, 400 relay), Katie Seehusen (200, 400 relay), Beth Zimmer (400 relay, LJ), Kirsten Higdem (800, 1600 & 3200 relays), Christy Pakola (400), Kari Higdem (1600, 3200), Meghan Sykora (1600, 3200), Amber Schackman (300 H), Christi Pakola, Dana Guetter, Lindsey Saunders (1600 & 3200 relays), Lauren Nelson (HJ), Laura Fujan (PV) |
| 141 | Sauk Rapids | Giz Dickinson (1600), Kristin Hille (100 H, LJ), Brittany Barten, Amanda Schroder (400 relay), Laura LeBlanc (400 relay, triple jump), Faylynn Merrick (400 relay, shot put, discus) |
| 110 | Tech | Chelsey Klein (100), Kelly Fruth (300 hurdles), Leah Ferber (high jump), Bria Magnuson (PV), Renae Lee (TJ) |
| 109.6 | Rocori | Kyja Meers (200, 800 relay), Sarah Decker (400, 800 & 1600 relays, LJ), Erin Jungels (400, 800 & 1600 relays), Andrea Wahlin (800, 800 & 1600 relays), Kayla Nies (1600 relay), Sarah Fuchs -discus |
| 103.6 | Brainerd | Ashley Schmolke (800, 3200 relay), Audree Goodew (3200, 3200 relay), Jessie Rosenthal, Erin MacDonald, Sarah Gervais, Katie Perpich (800 relay), Ashleigh Hakes, Christina Roberts (3200 relay), Maria Swanson (shot put), |
| 83 | Sartell. | Tarina Helson (shot put, discus) |
| 72.6 | Alexandria | Erin Baustian, Amanda Anderson (100), Amy Anderson (100 & 300 H), |
| 58 | Apollo | Brianna Shaw (high jump), Tiffany Zamudio (pole vault), Jacquie Hartman (triple jump) |
| 13.2 | Little Falls | |

| Standings | 2001-02 | BOYS |
|-----------|----------|--|
| 245 | Alex | Jason Erickson, Luke Bryant, Brandon Strouth, Blake Strouth, Andy Seykora, Mitch Gresell, Matt Oland, Kyle Gearman, Eric Nelson + 3200 relay, 800 relay, 400 relay, 1600 relay |
| 142 | Sartell | Danny Lawson, Chris Weihrauch + 3200 relay, 400 relay |
| 120 | Tech | Mike Williams, Justin Klein |
| 114 | Brainerd | Zach Toms, Devin O'reilly, Darren Clabo + 800 relay |
| 79 | LF | Dereck Monnier, Jonathan Stoltman, Qention Plumski |
| 79 | Willmar | Jon Morales |
| 56 | Rocori | Blake Theisen + 1600 relay |
| 50 | Apollo | Ryan Hammerberg |

| Standings | 2002-03 | GIRLS |
|-----------|----------|--|
| 187 | Willmar | Lauren Nelson, Kari Higdem, Kirsten Higdem, Angie Pederson + 3200 relay, 400 relay, 1600 relay |
| 159 | Rocori | Sarah Decker, Sarah Fuchs, Andrea Wahlin, Pypper Garmon + 800 relay, 1600 relay |
| 142 | Brainerd | Trina Nelson, Megan Steiger, Ashley Smolke |
| 90 | Alex | Kim Lynch, Erin Baustian + 400 relay |
| 89.5 | Tech | Leah Ferber, Kristin Olson, Bria Magnuson, Megan Anderson, Sonja Hall, Ashley Schultzenberg, An Huyah + 3200 relay |
| 84 | Sartell | Bri Johansen |
| 69 | LF | Holly Hoheisel |
| 64 | Apollo | Tiffany Zamudio + 800 relay |

| Standings | 2000-01 | BOYS |
|-----------|--------------|---|
| 174 | Alex | Jason Erickson (100, 200), Eric Nelsen (discus), Brandon Strouth (100), Ryan Lesnau (high & long jump), Andy Seykora (300 hurdles), Luke Bryant (1600), Ryan McInnis (1600) + 400 relay, 3200 relay |
| 162 | Brainerd | Trevor McCulloch (shot put), Zach Toms (800) + 3200 relay |
| 135 | Willmar | Justin Jones (110 & 300 hurdles), John Damhof (400), Erik Bjerketvedt (pole vault) + 1600 relay |
| 127 | Sartell/SS | Ryan Friesen (110 hurdles), Mike Vigoren (long jump) + 400 relay, 800 relay, 1600 relay |
| 109 | Tech | Joshua Preusser (shot put), Greg Dold (discus), Paul Ferber (triple jump) + 800 relay |
| 83 | Little Falls | Kerry Herdegen (high & triple jump), Quentin Plumski (pole vault) |
| 70 | Apollo | Chris Day (800) |
| 54 | Rocori | Carson Glad (400), Cassidy Glad (200) |

| Standings | 2000-01 | GIRLS |
|------------------|----------------|---|
| 179.5 | Willmar | Stacie Manuel (pole vault), Krista Higdem (1600), Lauren Nelson (high jump), Ashley Cronen (400), Gina Cederstrom (triple jump), Amber Schackman (300 hurdles) + 1600 relay, 3200 relay |
| 167.5 | Alexandria | Lisa Krohnfeldt (discus), Kim Lynch (3200), Sarah Willert (long & triple jump), Amy Anderson (100 hurdles), Erin Baustian (100, 200) + 400 relay |
| 130 | Rocori | Sara Decker (100, 200, 400, long jump), Kari Torgerson (discus, shot put) + 800 relay |
| 120 | Sartell/St.S. | Tarina Nelson (shot put), Alie Cordie (100 & 300 hurdles) + 1600 relay |
| 100.5 | Tech | Meghan Anderson (800), Louise Landquist (pole vault), Leah Ferber (high jump) |
| 82 | Brainerd | |
| 76 | Little Falls | Beck Anderson (1600, 3200), Holly Beto (800) + 3200 relay |
| 58 | Apollo | 400 relay, 800 relay |

| Standings | 1999-00 | BOYS |
|------------------|----------------|--|
| 185 | Alexandria | Scott Ferguson (110 & 300 hurdles), Jason Erickson (100), Greg Gesell (1600), Ryan Lesnau (high & triple jump), Rick Schultz (discus), Tristan Christ (3200) + 800 relay |
| 152 | Brainerd | Mike Wiess (200, 400), Jesse Strowbridge (100, 200) |
| 140 | Sartell/St.S. | Brandon Flicker (shot put, discuss) + 1600 relay, 3200 relay |
| 128 | Willmar | Justin Jones (110 hurdles), Mike Jensen (PV), Josh Benson (1600), Jon Duininick (high jump), Kyle Halliday (800) + 400 relay, 1600 relay |
| 106 | Apollo | Abe Warnert (pole vault), Matt Smiles (300 hurdles), Ryan Ford (400), John Chaw (triple jump), Matt Morisette (long jump) + 3200 relay |
| 82 | Little Falls | Lance Schuer (800), Ben Smith (shot put) |
| 68 | Tech | Paul Ferber (triple jump), Erik Ditlevson (3200) |
| 51 | Rocori | 400 relay, 800 relay |

| Standings | 1999-00 | GIRLS |
|------------------|----------------|--|
| 183 | Rocori | Sara Decker (100, 400), Andrea Wahlin (800, 1600), Hailey Harren (3200), Sarah Decker (200, long jump), Kari Torgerson (shot put) + 400 relay, 800 relay, 1600 relay |
| 136 | Willmar | Krista Higdem (3200), Angie Pederson (100), Stacie Manuel (pole vault), Gina Cederstrom (long jump), Ashley Cronen (400), Amber Schackman (300 hurdles) |
| 113 | Alexandria | Erin Baustein (200), Sara Willert (triple jump) |
| 112 | Sartell/St.S. | Michelle Legatt (pole vault), Alie Cordie (100), Lisa Perry (high jump) |
| 108 | Brainerd | Natalie Dunphy (triple jump), Julie Pelzer (300 hurdles) + 1600 relay |
| 102 | Apollo | Jennie Lahr (800, 1600), Jill Mark (100) + 400 relay, 800 relay |
| 88 | Tech | Sheilia Gruther (discus), Leah Ferber (high jump) + 3200 relay |
| 71 | Little Falls | Beth Miller (discus, shot put) + 3200 relay |

| Standings | 1998-99 | BOYS |
|------------------|----------------|---|
| 240 | Alexandria | Neuby Ras (100, 200, LJ), Christ Tristan (3200), Aaron Loy (PV), Kevin Krohnfeldt (shot put), Greg Gesell (800, 1600), Paul Lesnau (discus), Josh Vickerman (300), Scott Ferguson (300), Paul Lesnau (high jump), Ryan Lesnau (high jump) Aaron Bumgarner (1600), Bryan Sterk (100) + 400 relay |
| 124 | Tech | Erik Ditlevson (3200), Jorgen Odden (long jump), Paul Ferber (triple jump), Jeff Painter (shot put) |
| 111 | Apollo | Abe Warnert (pole vault), Mark Bruemmer (pole vault), Jason Lahr (400), John Chow (TJ), Ryan Ford (800) + 3200 relay |
| 100 | Sartell/St.S. | Nick Opatz (100), Steve Hengel (400), Brandon Flicker(shot put) + 800 relay, 1600 relay, 3200 relay |
| 96 | Brainerd | Jared Reese (400), Joel Clough (triple jump), Aron Stumvoll (800) + 400 relay, 1600 relay |
| 93 | Willmar | Joe Mikes (300), Josh Benson (3200) |
| 78 | Rocori | Craig Philipps (1600), Glad Carson (200), Cassidy Glad (200), Dan Soldner (discus) + 800 relay |
| 72 | Little Falls | Josh Langner (high & long jump), Ben Smith (shot put) |

| Standings | 1996-97 | GIRLS |
|-----------|---------------|--|
| 734 | Alexandria | |
| 691 | Willmar | |
| 589 | Tech | |
| 584 | Brainerd | |
| 498 | Rocori | |
| 442 | Apollo | Sara Conrad, Laura Kutzera, Katie Good |
| 433 | Little Falls | |
| 381 | Sartell/St.S. | |

| Standings | 1995-96 | BOYS |
|-----------|--------------|--|
| | Alexandria | Jeff Gesell (800, 1600 medley), Adam Estenson (PV), Mike Luedtke (LJ, TJ, 110 H), Cory Kludt (TJ, 1600 relay), Justyn Johnson (SP), Erik Quam (1600), Andy Cavers (3200), Jacob White (1600 relay) Scott Johnson (1600 relay & medley), Grant Olson (1600 relay & medley), Jesse Schmidt -1600 med |
| | Brainerd | Karl Kuhn (3200), Matt Janssen (HJ), Lyle Svendson (100, 400 relay), Troy Weber (discus), Day Whirley (SP), Josh Heldt, Jamie Kloss, Kevin Drake (400 relay) |
| | Little Falls | Nathan Skoglund (300 H), Aaron Feia (800, 3200 relay), Kris Rudek, Zach Deshayes, Steve Lalim, (3200 relay) |
| | Rocori | |
| | Apollo | Jed Friedrich, Lawrence Simmons, Wayne Ramler, Jason Bierschbach(3200 relay), Matt Rami (400) |
| | Tech | Jason Ness, Aaron Theis, Jeff Marek (400 relay), Ryan Buttenhoff (400 relay, 100, 200, Long jump), Eric Ward (300 H), Dominic Ewers (1600), Andy Nelson (discus) |
| | Sartell | Ned Wrightson (high jump) |
| | Willmar | Ryan Quinn (110 H), Eric Swift (200, 400, 1600 relay), Corey Grenier (PV), David Kaihoi, Emmett Nelson, David Huselid (1600 relay & medley), Ryan Anderson (1600 medley) |

| Standings | 1995-96 | GIRLS |
|-----------|--------------|--|
| | Alexandria | Alicia Jenzen, Lori Koudela, Melissa Forster (1600 relay), Alisa Tripp, Leah Amundson, Kathy Schwatz (400 relay), Cindy Carstens (800), Noel Green (100, 200, 400 relay), Sara Baustian (1600 relay, 400), Terrl Townsend (discus, SP) |
| | Willmar | Anne Habvena, Grete Thomsen, Ellie Carlson, Katie Duinick (400 relay), Ella Meyerson (1600), Alaina Eckhoff (3200), Kristian Huisinge (discus), Anne Habvena (long jump) |
| | Rocori | Tammy Stang, Debbie Schutz, Julie Schmitz, Amanda Rausch (3200 relay), Becky Brinker (TJ), Darla Lutgen (100 hurdles), Tonya Ashfeld (300 hurdles), Amanda Dockendorf (3200) |
| | Little Falls | Lisa Blair (1600), Brianne Erpelding (LJ, TJ), Jessica Gallant (shot put), Tiffany Kruger (100 H) |
| | Brainerd | Atty Gray (800 & 1600 relay, 400), Katy Johnston, Kellie Sievek (1600 relay), Andria Bollig, Tonya Endres (800 relay), Angie Swanson (800 & 1600 relay, 200) |
| | Sartell | Jamie Laurich, Erika Ringstrom (3200 relay), Kaiji Freborg, Kristin Williamson, Amber Upgren, April Bielejeski (800 relay), Katie Kuhlman (high jump), Carie Muntifering (3200 relay, 100) Janet Hengel (3200 relay, 300 hurdles) |
| | Tech | Amy Boman (high jump), Janova Peterson (800) |
| | Apollo | |

| Standings | 1994-95 | BOYS |
|-----------|--------------|---|
| 193 | Alex | Scott Johnson, Jacob White, Grant Olson, Jarrod Illies (1600 relay), Jeremy Estenson, Jeff Collins, Jeff Gesell (3200 relay), Brian Bessingpas (300 H), Andy Quist (800, 3200 relay), Jeremy Betterman (PV), Kerry Nelson (PV), Mike Ludetke (LJ), Todd Froemming (SP, D), Bob Zacher (D) |
| 188 | Willmar | Dave Morrison, Matt St. Clair (1600 relay), Brock Fluegge (110 H), Ryan Quinn (110 H), Eric Refsland (300 H, 1600 relay), Eric Swift (200, 400, 1600 relay) |
| 166 | Tech | Justin Vukelich, Aaron Theis, Jeff Marek (400 relay), Ryan Buttenhoff (400 relay, 100, 200), Bryan Lloyd (800), Dominic Ewers (1600), Derrick Netter (3200), Andy Rollison (shot put) |
| 151 | Brainerd | Greg Doth, Tim Johnson, Luke Fierabeud, Nate Killirarda (1600 medley), chuck Mankowski (400), Troy Lindner (triple jump), Matt Janssen (high jump), Craig Anderson (high jump) |
| 90 | Little Falls | David Just, Nathan Skoglund (400 relay), Luke Eastvold (400 & 3200 relay), Aaron Feia, ryan Laager, Jamie Lalin (3200 relay), Arik Scephurek (long & triple jump, 400 relay) |
| 77 | Apollo | Scott Maciej, Matt Rami, Tim Ramler (1600 medley), Jason Wies (100, 1600 medley) |
| 37 | Rocori | Sam Noyes (1600, 3200) |

| Standings | 1994-95 | GIRLS |
|-----------|--------------|---|
| 187 | Rocori | Becky Brinker (triple jump, 1600 relay), Darla Lutgen (100 hurdles), Deb Schutz, Melissa Svihel & Julie Schmitz (3200 relay), Amanda Rausch (400, 3200 & 1600 relays), Tonya Ashfeld (300 hurdles), Amanda Dockendorf (3200), Jeanne Westerhaus (1600 relay), Tina Schreiner (1600 relay & long jump) |
| 173 | Willmar | Ellie Carlson & Traci Brower (800 relay), Grete Thomsen (400 & 800 relay), Jenny Christianson (200, 400 & 800 relay), Michelle Barker (400 relay), Kristian Husinge (discus), Heather Miller (HJ), Anne Habbena (long & TJ, 400 relay) |
| 152 | Apollo | Melissa Mendel, Kelli Mullen, & Katie Ebnet (3200 relay), Molly Mark (100 & 300 hurdles), Connie Kremers (1600), Leah Thomsen (high jump) |
| 135 | Alexandria | Patty Andrews, Noel Green, & Alisa Tripp (400 relay), Sara Baustian (400 relay, 100, 200), Teryl Townsend (discus, shot put), Katie Reif (1600, 3200 relay), Kelly Howell (800), Karri Breutkraetz (3200) |
| 114 | Brainerd | Raina Kiewel (800 & 1600 relays), Angie Swanson, Atty Gray & Shannon Nelson (800 relay), Katy Johnson (100, 1600 relay), Jayna Mathieu (400, 1600 relay), Beth Hadlund (shot put), Kellie Sievek (1600 relay) |
| 49 | Tech | Janova Peterson (800) |
| 44 | Little Falls | |

| Standings | 1993-94 | BOYS |
|-----------|--------------|--|
| 142 | Willmar | Brock Fluegge (110 H), Matt Werder (300 H, 1600 relay), Matt St. Clair (1600 medley & relay), Cory Grenier, Kave Kaihoi (1600 medley), Andy Nelson (200, 400, 1600 relay), Eric Swift (400, 1600 relay), Adam Boerema (discus), Nate Villnow (PV, 1600 medley) |
| 130 | Brainerd | Elisha Dwyer (100, 400 relay), Josh Heldt, Justin Carlson, Brent Stark (400 relay), Nate Kilibarda (800, 1600 medley), Greg Doth, Rob Kowalke, Chad Perkins (1600 medley), Troy Linder (TJ), Mike Johnson (TJ), Nate Pederson (SP, discus) |
| 124 | Tech | Dominic Ewers (1600), Brett Mushatt (100, 200), Sai Quach, Nat Nelson (400 relay), Justin Vukelich (400 & 1600 relays), Aaron Stang (800, 1600 relay), Bryan Lloyd (1600 relay), Ryan Buttenhoff (1600 & 400 relays) |
| 107 | Little Falls | Jeremy Welle (110 & 300 hurdles), Travis Hochhalter (1600, 3200), Arick Scepurek (high jump, long jump), Gregg Kapsner (long jump), Paul Roach (pole vault) |
| 62 | Alexandria | Ken Froeming (shot put), Jeremy Estenson (3200) |
| 44 | Apollo | |
| 29 | Rocori | Chad Brinker (high jump) |

| Standings | 1993-94 | GIRLS |
|-----------|--------------|---|
| 142 | Apollo | Connie Kremers (3200 relay, 1600), Jodi Klug, Melissa Mendel (3200 relay), Jessi Faith (800, 1600 & 3200 relays), Julie Schotl (400, 1600 relay), Molly Mark (100 & 300 H, 400 relay), Teri Stock (400 & 1600 relay), Kristy Bierschbach (400 relay), April Schotl (1600 relay), Amy Skeate (LF, TJ, 400 relay) |
| 116 | Willmar | Lisa Hodapp, Julie Tebben (800 relay), Grete Thomsen, Jenny Christianson (400 & 800 relays), Anne Habbena (TJ, 400 relay), Andrea Lentz (1600, 3200), Michelle Barker (200, 400 relay), Heather Miller (HJ) |
| 99 | Rocori | Carrie Lutgen (HJ, LJ), Darla Lutgen (100 H), Tonya Ashfeld (300 hurdles), Carrie Keller (shot put) |
| 96 | Alex | Mindee Karlstad (100, 200), Mary Breun (3200), Kendra Volk (discus) |
| 80 | Brainerd | Caryn Anderson, Amy Hanson (800 & 1600 relays), Angie Swanson (800 relay), Jayna Mathieu (400, 1600 relay), Shannon Nelson (100, 800 & 1600 relays) |
| 65 | Tech | Janova Peterson (800, 3200 relay), Sara Reed, Rachael Klein, Katie Kropp (3200 relay), Julie Painter (discus, shot put) |
| 32 | Little Falls | |

| Standings | 1992-93 | BOYS |
|-----------|--------------|---|
| 147 | Apollo | Jon Bauer (110 & 300 hurdles, high jump), Jessie Schaefer (100, 400 relay), Jason Spoden, Jason Clark (400 relay), Ryan Williams (triple jump), Vinh Thai (long jump, 400 relay) |
| 144 | Tech | Tony Hodgkins (110 hurdles), Brett Mushatt (100, 200, 400 relay), Matt Anderson (400 relay, triple jump), Jason White, Mike Hoefs (400 relay), Brian Kershaw (discus), Henry Ewers (pole v.) |
| 109 | Monticello | Alonzo Wadsworth, Ryan Gau (medley), Chad Weston, Kris Brevik (medley, 1600 relay), Jamie Benson (800, 1600 relay), Kevin Gominsky (400, 1600 relay), Jason Grott (discus) |
| 98 | Willmar | Josh Kruger, Cory Grenier (Medley), Wes Schuck (medley & 1600 relays), Matt Werder (medley & 1600 relays, 300 hurdles), Andy Nelson (200, 400, 1600 relay), Eric Swift (1600 relay), Jon Husinga (shot put), Jesse Fuls (long jump) |
| 87 | Brainerd | Nathan Pederson (shot put), |
| 86 | Alexandria | Kris Robertson (800), Jeremy Estenson (3200), Brian Stanton (1600) |
| 68 | Little Falls | Paul Roach (pole vault), Arick Scepurek (high jump) |
| 48 | Rocori | Jason Orbeck (3200), Brad Bauer (1600) |

| Standings | 1992-93 | GIRLS |
|-----------|--------------|---|
| 153 | Willmar | Michelle Barker (100, 200, long jump, 400 relay), Mandy Aamot (1600 & 800 relays), Sara Harder, Lynn Johnson, Tanya Jorgenson (1600 relay), Greta Thomson, Julie Tebber (800 relay), Tara Reynolds (800 & 400 relays), Anne Habbena (400 relay, triple jump), Jenny Christianson (400 relay), Courtney Powers (high jump) |
| 133 | Brainerd | Shannon Nelson (100, 800 & 1600 relays), Caryn Anderson, Amy Hanson (800 & 1600 relays), Jayna Mathieu (400, 1600 relay), Turena Johnson (3200), Raina Kiewel (800 relay), Tara Oseland -T.Jump |
| 112 | Apollo | Molly Mark (100 & 300 hurdles, 400 relay), Jessie Faith (800, 1600 & 3200 relays), April Schotl (1600 relay), Jodi Klug (1600 & 3200 relays), Amy Skeate, Kristi Bierschbach (400 relay), Teri Stock (400 & 1600 relays), Kelli Mullen, Connie Kremers (3200 relay) |
| 104 | Tech | Keri Schulte (1600, 3200), Doreen Bechtold (100 hurdles), Brenda Magoba (shot put), Rose Gill, Beth Currier, Sarah Reed, Kelly Evans (3200 relay) |
| 101 | Rocori | Sandy Fuchs (shot put, discus), Tonya Ashfeld (300 hurdles), Carrie Lutgen (high jump) |
| 89 | Alexandria | Mindee Karlstad (200, long jump), Kari Thompson (1600) |
| 77 | Monticello | Stacey White (discus) |
| 32 | Little Falls | Krista Bergren (800), Charlotte Schelonkalf (400) |

| Standings | 1991-92 | BOYS |
|-----------|--------------|--|
| 98 | Willmar | Jesse Fuls (medley, triple jump), Brad Nelson (medley), Matt Werder (medley, 1600 relay), Scott Hedglin (1600), Shane Swanson (300 H, 1600 relay), Jon Heath (800, 1600 & medley relays), Andy Nelson (200, 1600 relay), Brad Nelson (200) |
| 89 | Apollo | Josh Davies (medley), Mike Schaefer (medley), Brian Brophy (medley), Jessie Schaefer, Eric Blumke, David Schleuderaff (400 relay), Jon Bauer (HJ), Shawn Day (800), Ryan Williams (TJ) |
| 87 | Tech | Mike Jendro (100), Brett Mushatt (100), Jason bartell (long jump), Mike Hoefs, Jason White (400 relay), Eric Lund (HJ) |
| 73 | Rocori | Jon Acheson (110 hurdles), Jason Massmann (1600), Dean Lutgen (PV), Jesse Westrup (3200) |
| 65 | Monticello | Nick Dahlmeier (400, 1600 relay), Jason Grott (discus), Joel Gronau, Chad Weston, Kevin Gominsky (1600 relay) |
| 52 | Brainerd | Chris French (shot put) |
| 38 | Alexandria | Nathan Higgins (110 hurdles) |
| 26 | Little Falls | Nathan Peterson (shot put), Paul Roach (pole vault) |

| Standings | 1991-92 | GIRLS |
|-----------|--------------|---|
| 101 | Tech | Keri Schulte (1600), Lydia Magoba (shot put), Bernice Gill (300 hurdles), Mary Gill (800), Regan Allen, Jill Daas, Kari Anfenson (1600 relay) |
| 99 | Brainerd | Jenny Johnson (110 hurdles, 1600 relay), Nikki Schwendeman, Beth Heldand (high jump), Raina Kiewel, Caryn Anderson, Cassie Pearson, Cassie Novitzki (800 relay), Jenny Imsanda (300 hurdles, 1600 relay), Turena Johnson (3200), Amy Hanson, Jayna Mathieu (1600 relay) |
| 80 | Rocori | Sandy Fuchs, Shelley Eisenreich (discus), Kris Ann Schmitz (100) |
| 65 | Willmar | Kara Helin (110 hurdles), Tara Reynolds, Anne Habbena, Michelle Barker (400 & 800 relay), Jenny Christenson (400 & 800 relay, long jump), Andrea Lentz (1600) |
| 59 | Alexandria | Gina Warren, Patty Andrews, Shelly Petty (400 relay), Mindee Karlstad (100, 400 relay), Kari Ward (400) |
| 34 | Monticello | Kelly Anderson, christie Ferguson, Jen Schmidt, Andrea Smith (3200 relay) |
| 30 | Apollo | Theresa Regevig, Connie Kremers, Joalle Kallis, Jessie Faith (3200 relay), Linda Klug (400) |
| 27 | Little Falls | |

| BOYS | 1990-91 | GIRLS | 1990-91 | BOYS | 1989-90 | GIRLS | 1989-90 |
|------|--------------|-------|--------------|-------|--------------|-------|--------------|
| 118 | Tech | 102 | Little Falls | 114.5 | Tech | 112 | Tech |
| 93 | Monticello | 100 | Brainerd | 103 | Apollo | 78.5 | Rocori |
| 79.5 | Alexandria | 85 | Rocori | 81.5 | Alexandria | 76.5 | Brainerd |
| 78 | Apollo | 64 | Tech | 62 | Monticello | 72 | Little Falls |
| 65 | Willmar | 62 | Alexandria | 58 | Willmar | 54 | Willmar |
| 43.5 | Brainerd | 41 | Willmar | 44 | Brainerd | 49 | Monticello |
| 42 | Rocori | 29 | Monticello | 36 | Rocori | 28 | Alexandria |
| 8 | Little Falls | 13 | Apollo | 28 | Little Falls | 28 | Apollo |

| BOYS | 1988-89 | GIRLS | 1988-89 | BOYS | 1987-88 | GIRLS | 1987-88 |
|-------------|----------------|--------------|----------------|-------------|----------------|--------------|----------------|
| 111 | Apollo | 117 | Little Falls | 131 | Apollo | 122 | Alexandria |
| 103 | Rocori | 109 | Alexandria | 116 | Alexandria | 87 | Tech |
| 79 | Brainerd | 79 | Tech | 88 | Willmar | 86 | Little Falls |
| 71 | Willmar | 74 | Brainerd | 66 | Tech | 77 | Willmar |
| 61 | Tech | 70 | Rocori | 64 | Little Falls | 72 | Brainerd |
| 50 | Little Falls | 29 | Willmar | 53 | Brainerd | 58 | Apollo |
| 46 | Alexandria | 18 | Apollo | - | - | - | - |

| Standings | 1986-87 | BOYS |
|------------------|----------------|---|
| 140 | Apollo | Tom Erkens, John Evans, Todd Ley, Darin McMullen, Steve Schuttler, Scott Williams |
| 119 | Alexandria | Mike Fry, Jerry Gay, Eric Movold, Rick Wegner |
| 76 | Little Falls | Brad Swanson, Corey Zack |
| 73 | Tech | Tim Langen, Craig O'Reilly, J.P. Rydland, Kevin Vick |
| 70 | Brainerd | Bill Palmquist, Al Reither, Dan Reynolds |
| 41 | Willmar | Craig Miller |

| Standings | 1986-87 | GIRLS |
|------------------|----------------|--|
| 143 | Alexandria | Snuffy Alto, Julie Johnson, Cathy Otterstetter, Sheila Pexsa, Ricki VanAmber |
| 107 | Little Falls | Melissa Plante, Paula Quinn, Julie Spillum, Mindy Swanson |
| 66 | Tech | Simona Samuelson |
| 64 | Willmar | Jill Hanson, Chimene Swanson |
| 63 | Apollo | Jina Schreifels |
| 50 | Brainerd | Tracey Brown, Trend Fields |

| Standings | 1985-86 | BOYS |
|------------------|----------------|---|
| 154 | Tech | Brian Anderson, Steve Hagstrom, Brian Hodenfield, Chad Holder, Scott Hollenkamp, Keith Kremer, Tim Langen, Craig O'Reilly, Jeff Rydland, Jeff Shorter, Todd Tennyson, Matt Thomas, Kevin Vick |
| 140 | Apollo | Troy Bartlett, Brian Erkens, John Evans, Dan Field, Steve Skoblik, Scott Williams, Scott Weber |
| 97 | Alexandria | Scott Bergner, Greg Colbjornson, Dennis Koering, Paul Langner, Brian Sether, |
| 60 | Little Falls | Mike Bellefeuille, Carl Langner, Brad Popper, Brad Swanson |
| 39 | Willmar | |
| 36 | Brainerd | Randy Herrlich, Bill Palmquist, Joe Runberg, Dan True |

| Standings | 1985-86 | GIRLS |
|------------------|----------------|--|
| 159 | Alexandria | Christy Andrews, Lisa Benson, Kris Callfas, Janell Joyce, Jackie Juettner, Kim Kirkeby, Lana Miller, Cathy Ottersetter, Marcia Parra, Sheila Pexsa, Bobbi VanAmber, Ricki VanAmber, Dina Voit, Trish Voracheck |
| 93 | Apollo | Sally Garner, Danielle Mische, Ashley Rawhauser, Laura Rioux, Gina Schreifels, Katie Schmidt |
| 85 | Little Falls | Beckie Bzdok, Mary Festler, Denelle Felsner, Ann Marie Hennes, Melissa Plante, Paula Quinn, Mindy Swanson |
| 72 | Brainerd | Tracy Brown, Dawn Carlson, Jennifer Evans, Fields, Kris Harms, Kelly Smith, Lynn Straus |
| 42 | Willmar | Jill Hansen, Chimene Swanson |
| 37 | Tech | Lori Fish, Sue Kent, Missy Nelson, Simona Samuelson, Nancy Scherder |

| BOYS | 1984-85 | GIRLS | 1984-85 | BOYS | 1983-84 | GIRLS | 1983-84 |
|-------------|----------------|--------------|----------------|-------------|----------------|--------------|----------------|
| 137 | Brainerd | 182 | Alexandria | 113 | Elk River | 138 | Alexandria |
| 130 | Tech | 124 | Apollo | 102 | Willmar | 90 | Apollo |
| 128 | Apollo | 84 | Tech | 81 | Tech | 82 | Brainerd |
| 64 | Willmar | 43 | Little Falls | 72 | Little Falls | 64 | Tech |
| 53 | Alexandria | 41 | Willmar | 60 | Brainerd | 61 | Little Falls |
| 12 | Little Falls | 38 | Brainerd | 53 | Apollo | 32 | Willmar |
| | | | | 46 | Alexandria | 26 | Elk River |

| BOYS | 1982-83 | GIRLS | 1982-83 | BOYS | 1981-82 | GIRLS | 1981-82 |
|------|--------------|-------|--------------|-------|--------------|-------|--------------|
| 168 | Elk River | 146 | Alexandria | 104.3 | Apollo | - | Tech |
| 106 | Little Falls | 105 | Tech | 103.7 | Elk River | - | Apollo |
| 94 | Apollo | 67 | Brainerd | - | Tech | - | Brainerd |
| 59 | Tech | 59 | Willmar | - | Brainerd | - | Alexandria |
| 51 | Alexandria | 52 | Apollo | - | Little Falls | - | Cambridge |
| 39 | Willmar | 25 | Little Falls | - | Willmar | - | Little Falls |
| 10 | Brainerd | 10 | Elk River | - | Alexandria | - | Willmar |
| - | - | - | - | - | Cambridge | - | Elk River |

| BOYS | 1980-81 | GIRLS | 1980-81 | BOYS | 1979-80 | GIRLS | 1979-80 |
|------|--------------|-------|--------------|------|--------------|-------|--------------|
| - | Apollo | - | Apollo | - | Apollo | - | Apollo |
| - | Elk River | - | Alexandria | - | Tech | - | Tech |
| - | Tech | - | Tech | - | Alexandria | - | Alexandria |
| - | Little Falls | - | Brainerd | - | Brainerd | - | Brainerd |
| - | Brainerd | - | Little Falls | - | Cambridge | - | Little Falls |
| - | Cambridge | - | Willmar | - | Elk River | - | Cambridge |
| - | Willmar | - | Cambridge | - | Little Falls | - | Willmar |
| - | Alexandria | - | Elk River | - | Willmar | - | Elk River |

| BOYS | 1978-79 | | GIRLS | 1978-79 | |
|------|--------------|---|-------|--------------|---|
| 156 | Apollo | Kelly (3200), Deaton (Shot, discus), Post (TJ), Putz (PV) | 169.3 | Apollo | Hinkemeyer (165 H), Fettig (Shot, discuss), Wole (LJ) + 400 relay, 800 relay. 1600 relay |
| 108 | Tech | Franti (400), Johnson (800), Ergen (1600) + 1600 relay | 100.3 | Tech | Braun (100 H, 100), Dietman (1600), Thometz (3200) |
| 100 | Elk River | Stabley (110 H, 300 IMH, 200), Leger (100) + 400 relay | 51 | Little Falls | Renz (200, 400), Bohlig (800), |
| 57 | Alexandria | | 39 | Alexandria | Johnson (HJ) |
| 44 | Cambridge | Renstrom (HJ) | 38.3 | Willmar | 2nd-800: Sue Welker, Jill Lewis Barb Henrickson, Sonia Welker, 2nd-LJ: Sonia Welker 3rd-440 relay: Sonia & Sue Welker, Barb & Bonnie Henrickson. |
| 32 | Brainerd | Sorensoni (LJ) | 28 | Brainerd | |
| 31 | Little Falls | | 21 | Cambridge | |
| 13 | Willmar | 3rd Keith Kluver (3200) | 18 | Elk River | |

| BOYS | 1977-78 | | GIRLS | 1977-78 | |
|------|--------------|--|-------|--------------|--|
| | Elk River | | | Apollo | |
| | Apollo | | | Tech | |
| | Tech | | | Little Falls | |
| | Alexandria | | | Brainerd | |
| | Brainerd | | | Alexandria | |
| | Willmar | | | Cambridge | |
| | Little Falls | | | Elk River | |
| | Cambridge | | | Willmar | |