

Central Lakes Conference

Fall 2019 Standings

6/28/2020

FB	N. Central Red	OA	Volleyball	CLC	OA	Pts	G.Swim	CLC	OA	Ch	Pts	CC	B	G
8 (5A)	Alex	5-4	Sartell	11-0	26-2	16	Sartell	8-0	9-0	1	32	Willmar	1	3
6 (5A)	Tech	5-4	Brainerd	9-3	20-9	13	Brainerd	6-2	8-2	2	26	Alexandria	3	1
8 (5A)	Brainerd	3-7	Alexandria	8-3	15-12	12	SR-R	7-1	7-1	4	24	Apollo	2	8
6 (5A)	SR-R	2-7	Willmar	8-3	18-10	11	Alexandria	5-3	6-4	3	22	Sartell	4	4
8 (5A)	Sartell	1-7	SR-R	6-6	12-16	8	Rocori	4-4	4-5	5	16	Brainerd	5	5
	N. Central White		Fergus F.	4-8	11-20	5	Tech	3-5	3-5	6	12	Tech	6	7
8 (4A)	Rocori	11-2	Rocori	4-8	12-16	5	Willmar	2-6	2-8	7	8	Rocori	7	2
8 (4A)	Willmar	3-7	Apollo	1-10	12-16	1	Fergus F.	1-7	2-7	8	4	SR-R	8	
8 (4A)	Apollo	1-8	Tech	1-11	4-22	1	Apollo	0-8	0-9	9	0	Fergus F.	9	6
8 (4A)	Fergus F	5-5												

G. Tennis	CLC	OA	Pts	B. Soccer	CLC	OA	Pts	G. Soccer	CLC	OA	Pts
Brainerd	9-0	15-3	14	St. C. Tech	9-1-1	17-3-1	14	Brainerd	10-0	11-4-1	16
Alexandria	8-2	15-10	9	Brainerd	8-1-1	12-2-2	14	St. C. Tech	7-3-1	9-7-1	12.5
Willmar	8-4	11-8	9	Rocori	5-1-3	13-2-3	12	SR-R	6-2-2	12-4-3	10.5
St. C. Tech	4-3	8-11	8	Sartell	5-4-2	7-7-2	7.5	Alexandria	6-3-1	10-6-1	10
Rocori	5-5	7-11	5	Alexandria	5-6	9-9-1	7	Sartell	4-5	8-9	7
Apollo/SRR	2-7	4-10	4	Willmar	4-6-2	8-8-2	7	Willmar	5-6-1	8-9-2	6.5
Fergus Falls	1-8	5-15	2	St. C. Apollo	3-8	7-10-1	6	Fergus Falls	3-5	7-10	6
Sartell	0-9	1-14	0	SR-R	3-7-1	9-9-1	4.5	Rocori	1-8	5-12-1	2
				Fergus Falls	0-8	4-12	0	St. C. Apollo	0-10-1	2-15-1	.5

Named Best Sportsmanship Team for their sport.

G. Tennis: Fergus Falls, Sartell **B. CC:** Alexandria, Apollo, Sartell **G. CC:** Alexandria, Tech **G. Soccer:** Fergus Falls
B. Soccer: Fergus Falls, Tech **Volleyball:** Apollo, Fergus Falls **G. Swm/Diving:** Apollo, Fergus Falls

Fall Highlights:

Girls Tennis State qualifiers: Tech – Ashley Tarrolly 1st in Singles, Kate Inderieden & Natalie Peterson 1st in Doubles.

B. Soccer: **St. Cloud Tech, Sec. 8A Champs & 3rd at STATE;** Willmar 2nd in Sec. 6A.

G. Soccer: Sauk Rapids-Rice, 2nd in Sec. 8A

B. Cross Country: **Willmar, Sec. 8AA Champs & 9th at STATE.**

State qualifiers: **Willmar:** 28-Fuad Bashir, 36-Mason Wendt, 61-Aden Aden, 116- Colin O’Rarrell, 133-Sully Anez, 153-Mowlid Mohammed, 160-Fathi Dubet. **Alex:** 85-Jacob Kleven, 122-Dane Galloway. **Brainerd:** 105-Ethan Klisch. **Apollo:** 45-Liban Mohamed, 79-Sam Brewer. **Sartell:** 131-Ben Boelter.

G. Cross Country: **Alexandria, Sec. 8AA Champs & 4th at STATE.** Willmar, Sec. 8AA 2nd Place & 8th at STATE.

State qualifiers: **Alex:** 28-Emma Ecker, 38-Giselle Jahner, 40-Jaelyn Miller, 50-Aleah Miller, 51-Caitlin Bright, 109-Bethany Miller, 125-Heavyn Bordak. **Willmar:** 22-Lauren Eilers, 45-Erin Eilers, 54-Lyndi Koosman, 70-Kendall Hanson, 95-Nina Dawson, 128-Addison Hogan, 150-Macee Hansen. **Rocori:** 19-Katelyn Motter, 33-Paige Larsen, 88-Laina Viere, 129-Carley Kremer. **Sartell:** 65-Ingrid Buiceag-Arama.

Football: **Rocori, Sec. 8AAAA Champs. STATE AAAA Champs – ROCORI.**

Volleyball: Sartell, 2nd in Sec. 8AAAA.

G. Swim/Diving. AA Team: Brainerd 35th. A Team: Sartell 8, SRR 14, Rocori 25, Alex 36, Willmar 43.

State AA = Brainerd: Jacqilyn Rude – 50 F, 21st; Izzy Olson – Diving, 18th; Brenna Deason – Diving, 13th.

State A = 200 MR: SRR- Valeria Flores Bonilla, Holyne Zeilenga, Sophia Henkel, Abigail Tangen, 20th
 Alexandria – Sidney Johnson, Ashtyn Molesworth, Aleah Dokter, Hattie Galloway, 22nd
 Sartell – Heidi Lenarz, Emma Yao, Holly Lenarz, Lauryn Kramer, 8th

200 F: Anna Lucas, 4th-SRR. Faith Akervik, 30th-Sartell. **200 IM:** Emilie Carlson-FF, 21st, Holly Lenarz, 8th & Heidi Lenarz, 5th-Sartell

Diving: **Olivia Motter – Rocori, 1st.** Maggie Headlee – Rocori, Hailey Westrup – Sartell, 8th

100 Fly: Lydia Zabinski – SRR, 25th, Holly Lenarz – Sartell, 17th.

100 Free: Lauryn Kramer – Sartell, 12th

500 Free: Heidi Lenarz - 6th, Megann Jobin - 19th, Faith Akervik - 23rd – Sartell; Sophia Henkel, 17th & **Anna Lucas, 2nd – SRR**

200 FR: SRR – Abigail Tangen, Haley Davis, Savannah Henkel, Anna Lucas, 11th

Sartell – Liberty Johnson, Madeline Francois, Emma Yao, Lauryn Kramer

100 Breast: Ashtyn Molesworth, 9th – Alex, Emma Yao, 15th – Sartell, Savannah Henkel, 20th- SRR, Ava Brogren, 14th – Willmar

400 FR: SRR – Anna Lucas Sophia Henkel, Savannah Henkel, Abigail Tangen, 14th
 Sartell – Lauryn Kramer, Holly Lenarz, Liberty Johnson, Heidi Lenarz, 5th

Winter 2019-20 Standings

6/28/2020

Girls' Hky	CLC	OA	Pts	Boys' Hky	CLC	OA	Pts	Boys' Swim	CLC	OA	Conf	Pts
Brainerd/LF	7-1	17-10-1	11	Tech/Ap	9-1-1	16-10-1	11.5	Sartell	6-0-1	7-0-1	16	28
Sartell/SRR	8-4	14-11-1	8	Brainerd	7-1-1	10-13-3	11.5	Alexandria	5-1-1	7-1-1	14	25
Alexandria	7-3-1	17-7-3	7.5	Alexandria	10-3	19-9	11	Brainerd	6-1	7-1	12	24
St.Cloud/IB	6-6	15-11	6	Roc/RvLks	7-6	15-11-1	7	Willmar	4-3	4-3	10	18
Willmar	4-7	18-10-1	4	Fergus Falls	5-7	11-14-1	5	SR/R	2-4-1	2-4-1	8	13
Roc/RvLks	3-6-1	16-11-1	3.5	SR/R	3-7	8-19	3	Tech/Roc	2-4-1	2-4-1	6	11
Fergus Falls	1-9	11-15	2	Sartell	3-9	6-19-1	3	Fergus Falls	1-6	3-7	4	6
				Willmar	0-10	2-23-1	0	Apollo	0-7	0-9	2	2

Boys' BB	CLC	OA	Girls' BB	CLC	OA	Wrestling	CLC	OA	Gymn.	CLC	OA	Conf	Pts
Fergus Falls	14-2	25-4	Fergus Falls	15-0	25-5	Willmar	7-0	14-7	Sartell	6-0	7-0	7	13
Alexandria	12-4	20-9	Alexandria	12-3	23-8	Tech/Ap	5-2	11-5	Tech/Ap/C	4-2	3-2	6	10
Apollo	11-5	21-8	Willmar	11-4	17-11	Brainerd	5-2	16-10	Brainerd	5-1	6-2	4	9
Sartell	11-5	16-10	Brainerd	11-5	14-13	SRR	4-3	10-11	Willmar	3-3	6-4	5	8
Brainerd	8-8	9-18	Sartell	6-10	11-16	Sartell	4-3	8-6	Alexandria	2-4	6-6	3	5
Rocori	7-9	13-15	SRR	5-11	8-19	Alexandria	2-5	10-17	SR/R	1-5	4-8	1	2
SR/R	5-11	11-17	Tech	4-12	6-21	Rocori	1-6	7-20	Fergus Falls	0-6	2-6	2	2
Willmar	3-13	7-20	Rocori	3-10	11-15	Fergus F.	0-7	1-17					
Tech	1-15	3-24	Apollo	2-14	2-24								

Dance	Sartell		Rocori		Pts	Final	Speech at Tech		N. Ski		N. Ski	
	HK	JF	HK	JF			Canceled	Boys	Girls			
Sartell	9	8	9	9	35	1	St. C. Tech		Sartell/C	1	Brainerd	1
Brainerd	8	9	8	8	33	2	Willmar		Brainerd	2	Alexandria	2
Rocori	7	5	7	6	25	3	Sartell		Fergus Falls	3	Sartell/C	3
Tech	5	7	6	7	25	3	Rocori		Tech/Roc	4	Tech/Roc	4
Sauk Rapids/Rice	6	6	5	5	22	5	Brainerd		Alexandria	5	Ap/SRR	5
Apollo	4	4	4	4	16	6	Sauk Rapids-Rice		Apollo/SRR	6		
Alexandria	3	3	3	3	12	7	Fergus Falls					
Willmar	2	2	2	2	8	8	Alexandria					
							St. C. Apollo					

Sportsmanship Teams:

- Dance – **Brainerd / Apollo / Rocori** B. Nordic Ski – **Alexandria / Fergus Falls** B. Swim/Diving - **Willmar**
 B. Basketball – **Willmar** B. Hockey – **Willmar** G. Hockey – **Alexandria**
 G. Basketball – **Sauk Rapids-Rice** Wrestling – **Alex, Willmar, Brainerd** Gymnastics – **Sauk Rapids-Rice**

Highlights:

Dance: Sec. 4AA HK: Sartell 1, Tech 2, Rocori 3. JF: Sartell 1, Tech 2, Rocori 3. Sec. 4AAA HK & JF: Brainerd 1st.

HK - AA: **Sartell State Champions**, Tech 6, Rocori 7. AAA: Brainerd 4th.

JF - AA: Sartell 2nd, Tech 5, Rocori 7. AAA: Brainerd 5th.

Nordic Ski: State – Sartell Boys 6th at State. Brainerd Girls 14th at State.

State qualifiers –

Boys: Sartell: Zach Nemeth, 8th, Will Nemeth, 9, Ben Boelter 32, Hayden Roelofs 133, John Nemeth 134, Charles Lindell 154, Riley O'Connell 156. Brainerd: Nole Robertson 84. Fergus Falls: Tucker Henkes 126.

Girls: Brainerd: Liliana Schaeffer 32nd, Elle Juranek 57, Ellie Brown 117, Sarah Nesheim 119, Emma Storbakken 133, Gina Wasniewski 138, Callie Knapp 140. Tech: Wren Scott-Lumbar, 62nd. Alex: Kaisa Bosek, 53rd, Bethany Miller, 68, Emma Reineke, 107.

Wrestling Team Sec. 8AAA – Willmar 2nd.

State qualifiers:

Alex – Blaze Nelson, Ryan Boris. **Rocori** – Austin Moscho, Ben Primus. **FF** – Dustin Portales.

Willmar - Conlan Carlson, Jonas Anez, Ethan Roux, Kaden Streed.

Sartell – Spencer Johnson, Sam Fernholz, Jack Engle.

Tech/Apollo – **Isaiah Green - State Champion 220 lbs**, Aaron Voigt (4th), Jaxon Kenning, Taylor Hugg.

Brainerd – Isaiah Jillson, Atlie Danielson, Cade Barrett (2nd) - 2nd.

SRR – Jared Spohn.

Gymnastics: **Sec. 6A** – Willmar 1st. **Sec. 8AA** – Sartell 1st, Tech/Apollo 2, Brainerd 3, SRR 6, Alex 7
State: Class AA: Sartell 2nd.

State qualifiers:

Sartell: Marley Michaud, AA 6th, Floor 47th, Beam 4th, Bars 3rd, Vault 3rd. Emma Schwartz, Floor 44th.
Alex Boschee, Beam 25th, Bars 39th. Carly Yang, Bars 9th.

Tech/Apollo: Taylar Schaefer, AA 7th, Floor 34th, Beam 20th, Bars 17th, Vault 2nd. Mardi Marek, Beam 42nd.

Brainerd: Izzy Olson, AA 20th, Floor 28th, Bars 30th, Vault 29th. Brenna Deason, Floor 41, Vault 22nd.

G.Hky: **Sec. 6A Champs - Willmar**

B.Hky: Sec. 8AA Runner Ups - Alexandria

B. Swim/Diving: Sec. 5A – **Sartell 1st & 3rd at STATE**. Alex 2, FF 6.

Sec. 3A – Willmar 2nd, Apollo 5th.

Sec. 8AA – Brd 2nd, SRR 6, Tech/Rocori 7.

State qualifiers –

Sartell (3rd): Brannon Bjork (200 M Relay 5th, 200 F Relay 3rd, 100 Back 15th), David Zhang (200 M Relay 5th, 100 Breast 10th), Beau Garman (200 M Relay 5th), George Larson (200 M Relay 5th, 500 F 18th), Cooper Larson (200 F 7th, 100 F 3rd, 200 F Relay 3rd, 400 F Relay 2nd), Jack Thomas (200 F 9th, 500 F 9th, 200 F Relay 3rd, 400 F Relay 2nd), David Binsfeld (Dive 8th), Garrett Maras (50 F 4th, 100 F 4th, 200 F Relay 3rd, 400 F Relay 2nd), Carter Larson (500 F 5th, 400 F Relay 2nd),

Alexandria (5th): Anthony Hoyt (200 F 6th, 500 F 3rd, 400 F Relay 7th), Nicolas Welle (50 F 2nd, 200 F Relay 4th, 400 F Relay 7th), Luca Daue (200 F Relay 4th, 200 M Relay 4th, 100 Fly 10th), Jameson Molesworth (200 M Relay 4th, 200 F Relay 4th, 100 Breast 9th), Carter Holm (200 M Relay 4th, 400 F Relay 7th), Torrey Olson Rodel (400 F Relay 7th),

Tom Williams (200 M Relay 4th), Logan Tung (200 F Relay 4th), Caden Kavanagh (Diving 12th), Ethan Johnson (100 Fly 21).

Willmar (7th): Jon Arends (200 M Relay 13th, 100 Fly 22nd, 100 Back 17th), Aidan O'Meara (200 M Relay 13th),

Ben Seelhammer (200 M Relay 13th, 200 IM 10th, 100 Back 9th, 400 F Relay 5th), Logan McGillivray (200 M Relay 13th, 200 F Relay 3rd), Ayden Schueler (200 F 8th, 100 F 9th, 200 F Relay 8th, 400 F Relay 5th), Jacob Meyer (50 F 7th, 100 F 10th, 200 F Relay 8th, 400 F Relay 5th), Colin O'Farrell (200 F Relay 8th, 400 F Relay 5th).

St. Cloud Apollo (28th): Sean Cooney (200 IM 17th, 100 Fly 9th).

Brainerd (14th): –Cade Rosenwald (200 M Relay 4th, 400 F Relay 14th), Dylan Paulson (200 M Relay 4th, 400 F Relay 14th),

Mason Kuepers (18th 200 F, 20th 500 F), Parker Tatge (200 M Relay 4th), Connor Lund (400 F Relay 14th),

Tristan Dawson (5th 100 Back, 200 M Relay 4th, 400 F Relay 14th).

SRR: Elijah Grabinski 15th Diving, Isaac Freese 16th 100 Breast.

Tech/Rocori: Carsten Reuter 19th 100 F. Tom Hoffmann 21st 500 F.

G. Basketball: **Sec. 8AAA – Alexandria Champions and State Co Consolation Champions** (State Tournament canceled.)

Sec. 8AA – Fergus Falls runner ups.

B. Basketball: Sec. 8AAA – **St. Cloud Apollo Champions**. (State Tournament canceled)

Sec. 8AA – **Fergus Falls Co Champions**. (Section Final canceled)

Spring 2020 Standings

6/28/2020

No Standings – All spring activities were canceled because of Covid-19.