

Terry Quist	Supt.	Alexandria High School	715 Elm St	Alexandria	56308	320-762-7703
Chad Duwenhoeffer	Prin.		1401 Jefferson St			320-762-7772
David Hartmann	AD					320-762-7745
Sheree Oberg	Sec.					320-752-7754
Steve Raziello	Supt.	Dist. Adm. Office	300 Quince St	Brainerd	56401	218-454-6900
Andrea Rusk	Prin.	Brainerd High School	702 So 5th St			218-454-6290
Todd Selk	AD					218-454-6301
Kathy Sullivan	Sec.					218-454-6300
Jerry Ness	Supt.	Fergus Falls High School	502 N Friberg Ave	Fergus Falls	56537	218-998-0544 x 1010
Dean Monke	Prin.					218-998-0544 x 2506
Gary Schuler	AD					218-998-0544 x 2504
Sue Thorsen	Sec.					218-998-0544 x 2619
Scott Staska	Supt.	Rocori High School	534 5th Ave N	Cold Spring	56320	320-685-4901
Mark Jensen	Prin.					320-685-8683
Mark Johnson	AD					320-685-4913
Jane Wahlin	Sec.					320-685-4917
Curt Tryggestad	Supt.	Little Falls High School	1001 S E 5th Ave	Little Falls	56345	320-632-2002
Tim Borge	Prin.					320-616-2201
Aaron Sinclair	AD					320-616-2287
Sara Turk	Sec.					320-616-2304
Steve Jordahl	Supt.	Dist. Adm. Office	628 Roosevelt Rd	St. Cloud	56301	320-253-9333
Charlie Eisenreich	Prin.	Apollo High School	1000 44th Ave	Apollo	56301	320-253-1600 x 2001
Chris McElroy	AD					320-253-1600 x 2010
Ann Rolfes	Sec.					320-253-1600 x 2009
Roger Ziemann	Prin.	Tech High School	233 12th Ave S	Tech	56301	320-252-2231 x 3001
Jill Johnson	AD					320-252-2231 x 3010
Shelly Fruth	Sec.					320-252-2231 x 3009
Dale Gasser	Supt.	Sartell-St.Stephen H.S.	213 3 Ave N	Sartell	56377	320-656-3715
Brenda Steve	Prin.		748 7th St N			320-656-0748
John Ross	AD					320-656-3718
Ronell Uran	Sec.					320-656-3717
Greg Vandal	Supt.	Sauk Rapids-Rice H.S.	1835 Osauka Rd NE	Sauk Rapids	56379	320-253-4700
Erich Martens	Prin.					320-258-1701
Tom Conzemius	AD					320-258-1781
Tammy Weis	Sec.					320-258-1779
Jerry Kjergaard	Supt.	Willmar High School	611 W 5th St	Willmar	56201	320-231-8510
Rob Anderson	Prin.		2701 30th St NE			320-231-8310
Jamie Thompson	AD					320-231-8331
Barb Popp	Sec.					320-231-8332

Schools	Fall Sports	Fall Coaches	Winter Sports	Winter Coaches	Spring Sports	Spring Coaches
Alex	CC B/G	Mark Nelsen	B. Bask	Forrest Witt	BB	Russ Hinrichs
Alex	FB	Mike Empting	G. Bask	Wendy Kohler	BG	Rick Larson
Alex	G. Swim	Mark Storhaug	B. Hky	Scott Woods	BT	Dave Ronning
Alex	G. Tn	Dave Ronning	G. Hky	Mitch Loch	B. Tk	Jerry Amundson
Alex	B. Soc	Dave Vinje	B. Swim	Mark Storhaug	GG	Dave Harris
Alex	G. Soc	Tom Roos	Nordic Ski	Steve Devereaux	G. Tk	Mike Empting
Alex	VB	Becky Schlichting	Gymn.	Sue Thelen	SB	Bob Cunniff
Alex			Dance	Christine Reilly		
Alex			Wrestling	Tom Ellison		
Alex			Speech	Scott Fodness		
Apollo	CC B/G	Tim Bengtson	B. Bask	Dean Kesler	BB	Mike Gregory
Apollo	FB	Jon Benson	G. Bask	Mike Myers-Schleif	BG	John Lieser
Apollo	G. Swim	Sue Williams	B. Hky	Kris Dougherty	BT	Mark Muntifering
Apollo	G. Tn	Mark Muntifering	G. Hky	Mark Chamernick	B/G Tk	Gil McCabe
Apollo	B. Soc	Robert Hoekstra	B. Swim	John Sullivan	GG	Bob Neumann
Apollo	G. Soc	Ganard Orionzi	Nordic Ski	Bob Skow	SB	Megan Pederson
Apollo	VB	Scott Heinen	Gymn.	Jessica LeMont		
Apollo			Dance	Aubrey Dahl		
Apollo			Wrestling	Tim Bengtson		
Apollo			Speech	DeAnne Bible-Gorder		
Brainerd	CC B/G	Dave Herath	B. Bask	Matt Urbanek	BB	Lowell Searcy
Brainerd	G. Swim	Dan Anderson	G. Bask	Carl Hendrickson	BG	Brian Wallace
Brainerd	FB	Ron Stolski	B. Hky	Jim Archibald	BT	Bruce Thompson
Brainerd	G. Soc	Sara Rojas	G. Hky	Rod Peltoma	B. Tk	Rod Reuer
Brainerd	B. Soc	Cahil Collins	B. Swim	John Zemke	GG	Brian Stark
Brainerd	G. Tn	Ellen Fussy	Nordic Ski	Nicole Kellerman	G. Tk	Dan Clabo
Brainerd	VB	Jared Diem	Gymn.	Dave Maras	SB	Mike Zauhar
Brainerd			Dance	Cindy Clough		
Brainerd			Wrestling	Mike Boran/Jim Kath		
Brainerd			Speech	Jan Cummings		

Fergus F	CC Boys	Randy Hansen	B. Bask	Dave Lehrke	BB	Mark Aho
Fergus F	CC Girls	Niki Welde	G. Bask	Josh Mohagen	BG	Ben Jurgens
Fergus F	G. Swim	Tom Uvaas	B. Hky	Mike Donaghue	BT	Josh Mohagen
Fergus F	FB	Richard Risbrudd	G. Hky	Brian Vatnsdal	B. Tk	Randy Hansen
Fergus F	G. Soc	Karoline Brause	B. Swim	Tom Uvaas	GG	Ryan Johnson
Fergus F	B. Soc	Lowell Carpenter	Nordic Ski	John Demuth	G. Tk	Niki Welde
Fergus F	G. Tn	Hal Johnson	Wrestling	Mark Aho	SB	Renee Erickson
Fergus F	VB	Renee Erickson	Gymnastics	Jessica Viele		
Fergus F			Dance	Amanda Kretchman		
Fergus F			Speech	Larry Mitberg		
LF	CC Boys	Jeff Massmann	B. Bask	Kevin Jordan	BB	John Hanowski
LF	CC Girls	Jackie DeVine	G. Bask	Deb Yliniemi-Ahlin	BG	Kevin Silbernack
LF	FB	Aaron Sinclair	B. Hky	Tony Couture	Tk B/G	Sherwin Goodrich
LF	G. Swim	Tim Corbett	G. Hky	Brad Hubred	SB	Ron Hinnenkamp
LF	G. Tn	Greg Emerson	Nordic Ski	Terry Wasland		
LF	B. Soc	Julie Bell	Gymn.	Kent Gomez Shelly LeBlanc		
LF	G. Soc	Paul Roach	Wrestling	Mike Hendrickson		
LF	VB	Becky Abbott	Speech	Jody Waltman		
Rocori	CC B/G	Chuck Griffith	B. Bask	Bob Brink	BB	Jeff Illies
Rocori	FB	Mike Rowe	G. Bask	Dave Sorenson	BG	Paul Court
Rocori	G. Swim	Becca Schlicher	B. Hky	Jeff Boonstra	B. Tk	Lance Johnson
Rocori	VB	Ted Faber	G. Hky	Kirby St. John	GG	Ted Faber
Rocori	G. Tn	Jacque Doll	B. Swim	Pete Spengler	G. Tk	Lisa Swan-Anderson
Rocori			Wrestling		SB	Brian Athman
Rocori			Dance	Krista Rausch		
Rocori			Speech	Tom Siekkinen		
Sartell	CC B/G	Jeff Kellerman	B. Bask	Dave Angell	BB	Jerome Nemanich
Sartell	G. Tn	Rachel Breikreutz	G. Bask	Katie Huschle	BG	Mike Sieben
Sartell	G. Swim	Dave Olson	B. Hky	Ryan Hacker	BT	Alex Carlson
Sartell	FB	John Ross	G. Hky	Marty Anderson	B/G Tk	Jeff Kellerman
Sartell	B. Soc	Matt Hager	B. Swim	Jason Anderson	GG	Dave Olson
Sartell	G. Soc	Joe Perske	Gymn.	Tyler LaBonne	SB	Ken Brady
Sartell	VB	Ronell Uran	Wrestling	Cody Olson		

Sartell			Dance	Kelly McCarney		
Sartell			Speech	John Ronyak		
SR/R	FB	Bill Magnuson	B. Bask	Jon Roesch	BB	
SR/R	VB	Pam Rockensock	G. Bask	Nick Klug	SB	Gail Bialke
SR/R	B. Soc	Andrew Honkomp & Gaunther Mauraus	B. Hky	Sheldon Weston	GG	Matt Posch
SR/R	G. Soc	Eric Van Sickle	G. Hky	Gary Clifton	BG	Pete Frantti
SR/R	CC	Rod Fuchs	B. Swim	Tom Swanson	B. Tk	Pete Robinet
SR/R	G. Swim	Trenton Ziegler	Dance	Teresa Brutger	G. Tk	Loren Finlayson
SR/R	G. Tn	Rachel Breitreutz	Gymn.			
SR/R			Wrestling	Terry Gorecki		
SR/R			Speech	Molly Olson		
Tech	FB	Gregg Martig	B. Bask		BB	Steve Taylor
Tech	G. Tn	Paul Bates	G. Bask	Kris Hagen	BG	Daryl Schomer
Tech	CC	Joel Stark-Haws & Greg Jameson	B. Hky		BT	Paul Bates
Tech	VB	Kristy Klein	G. Hky	Joel Heitkamp	B. Tk	John Telega
Tech	G. Swim	Dan Eckberg	B. Swim	Sandy Hanson	GG	Ryan Marwitz
Tech	B. Soc	Nathan Viswanathan	Nordic Ski	Boys: Ion Senchea Girls: Philip Deger	G. Tk	Jodie Blair
Tech	G. Soc	Eric Olson	Gymn.	Joel Stark-Haws	SB	Kate Meemken
Tech			Wrestling	Bob Boeck		
Tech			Dance	Sue Arnold		
Tech			Speech	Karmin Schraw		
Willmar	G. Swim	Carl Shuldes	B. Bask	Steve Grove	BB	Brad Dean
Willmar	VB	Terrin DeBoer	G. Bask	Brad Atchison	BG	Dave Ellwood
Willmar	G. Soc	Jeffrey Winter	B. Hky	Dan Tollefson	BT	Loren Holter
Willmar	B. Soc	Richard Courtney	G. Hky	Rick Dahle	B/G Tk	Jerry Popp
Willmar	G. Tn	Erika Kath	B. Swim	Carl Shuldes	GG	Jodie Mottinger
Willmar	CC B/G	Disa Daucsavage	Nordic Ski	Brad Haugen	SB	Brent Pederson
Willmar	CC B/G	Jerry Popp	Gymn.	Larry Selchow		
Willmar	FB	Jon Konold	Dance	Katie Simenson		
Willmar			Wrestling	Casey Johnson		
Willmar			Speech	Jerry Popp		

Music Directors		
Band	Alexandria	Todd Blaser
Choir	Alexandria	Steve Deitz
Orchestra	Alexandria	Brad Lambrect
Band	Brainerd	Chris Fogderud
Choir	Brainerd	Brian Stubbs
Orchestra	Brainerd	Grant Wilcox
Band	Fergus Falls	James Iverson
Choir	Fergus Falls	Michelle Danielson
Orchestra	Fergus Falls	Mark Solie
Band	Little Falls	Dwight Nelson
Choir	Little Falls	Carnilla Larson
Band	Rocori	Tony Hutar
Choir	Rocori	Kim Morford
Band	St. Cloud Apollo	Megan Ivers
Choir	St. Cloud Apollo	Jason Parker
Orchestra	St. Cloud Apollo	Dianne Brady
Band	St. Cloud Tech	Gary Zwack
Choir	St. Cloud Tech	Kevin Kiffmeyer
Orchestra	St. Cloud Tech	Michael Lang
Band	Sartell/St. Stephen	Gordon Schlichting
Choir	Sartell/St. Stephen	Garrett Lathe
Band	Sauk Rapids/Rice	Scott Campbell
Choir	Sauk Rapids/Rice	Andrew Hasty
Band	Willmar	Terry Brau
Choir	Willmar	Neil Haugen
Orchestra	Willmar	Michelle Suter