

CLC Track Records

Boys Outdoor Records				
EVENT	NAME	SCHOOL	RECORD	YEAR
3200 Meter Relay	Mitch Lorenz, Luke Delaney, Tyler Rose, Justin Tyner	Brainerd	8:02.71	2007
110 Meter Hurdles	Jackson Walters	Brainerd	14.68	2012
100 Meter Dash	Ryan Buttenhoff	St. Cloud Tech	10.89	1996
800 Meter Relay	Nate Andrusick, Brenden Ott, Dawson Torborg, Jack Young	Rocori	1:30.06	2017
1600 Meter Run	Justin Grunewald	Brainerd	4:19.51	2004
400 Meter Relay	Nate Andrusick, Brenden Ott, Gunner Feldhege, Jack Young	Brainerd	42.61	2017
400 Meter Dash	Derek Ludwig	Alexandria	49.64	2006
300 Meter Hurdles	Scott Ferguson	Alexandria	39.20	2000
800 Meter Run	Kaafi Adeys	Willmar	1:56.86	2007
200 Meter Dash	Andy Nelson	Willmar	22.10	1993
3200 Meter Run	Drew Paradis	Alexandria	9:21.83	2009
1600 Meter Relay	R. Terpstra, M. Vigoren, M. Marschel, S. Hengel	Sartell	3:23.90	2000
High Jump	Edgar Kirabira	St. Cloud Tech	6' 08"	2006
Pole Vault	Tyler Zamudio	St. Cloud Apollo	14' 8"	2003
Long Jump	Rodney Walker Schreckenghaust	St. Cloud Apollo Elk River	22' 4.5"	1988 1983
Triple Jump	Paul Ferber	St. Cloud Tech	46' 2"	2001
Sprint Medley	M. Zumwinkle, Kowalski, Schepers, Johnson	St. Cloud Tech	3:37.60	1982
Discus	Layne Kelly	St. Cloud Tech	167' 2"	1978
Shot Put	J. Keubelbeck	Little Falls	59' 5.75"	1982
Girls Outdoor Records				
EVENT	NAME	SCHOOL	RECORD	YEAR
3200 Meter Relay	Annamaria Tomovic, Raquel Woods, Jaydo Woods, Carley Kremer	Rocori	9:18.65	2017
100 Meter Hurdles	Nina Borgworth	Brainerd	14.10	1983
100 Meter Dash	Wensia Johnson	Alexandria	12.02	2014
800 Meter Relay	Kirsti Klaverkamp, Tasha Harr, Amanda NcKee, Katelyn Bailey	St. Cloud Tech	1:45.28	2008
1600 Meter Run	Jamie Piepenburg	Alexandria	4:56.30	2012
400 Meter Relay	Hannah Quitmeyer, Syri Williams, Kaye Paschka, Kelby Olson-Rodel	Alexandria	48.92	2017
400 Meter Dash	Haylie Zenner	Fergus Falls	56.94	2011
300 Meter Hurdles	Trend Fields	Brainerd	44.90	1988
800 Meter Run	Andrea Wahlin	Rocori	2:14.43	2003

200 Meter Dash	Wensia Johnson	Alexandria	25.06	2012
3200 Meter Run	Jamie Piepenburg	Alexandria	10:42.88	2012
1600 Meter Relay	E. Jungles, S. Decker, K. Nies, A. Wahlin	Rocori	4:00.76	2003
High Jump	Carol Peterka	St. Cloud Apollo	5' 7"	1982
Pole Vault	Stacie Manuel	Willmar	13' 0.5"	2000
Long Jump	Rosey Erickson	Alexandria	18' 4.5"	2010
Triple Jump	Emily VanHeel	Little Falls	37' 5"	2010
Discus	Sandy Fuchs	Rocori	148' 8"	1993
Shot Put	Becky Fettig	St. Cloud Apollo	42' 0.5"	1981

CLC Indoor Records

1	Girls 3200 Meter Run	10:54.61	2015	Megan Hasz – Alexandria
2	Boys 3200 Meter Run	9:36.26	2005	Justin Grunewald – Brainerd
3	Girls 4x800 Meter Relay	9:50.40	1988	Alexandria
4	Boys 4x800 Meter Relay	8:24.53	2003	Sartell
5	Girls 60 Meter Hurdles	9.15	2010	Kelsi Ring – Brainerd
6	Boys 60 Meter Hurdles	8.61	2011	Isaiah West - Apollo
7	Girls 60 Meter Dash	7.68	2013	Wensia Johnson - Alexandria
8	Boys 60 Meter Dash	7.04	2017	Jack Young - Rocori
9	Girls 1600 Meter Run	5:02.03	2012	Jamie Piepenburg - Alexandria
10	Boys 1600 Meter Run	4:30.53	2003	Luke Bryant - Alexandria
11	Girls 4x200 Meter Relay	1:52.68	2018	Willmar
12	Boys 4x200 Meter Relay	1:34.70	2017	Rocori
13	Girls 400 Meter Dash	1:00.15	2005	Andrea Wahlin - Rocori
14	Boys 400 Meter Dash	51.73	2005	Mitch Gesell - Alexandria
15	Girls 800 Meter Run	2:17.39	2012	Haylie Zenner – Fergus Falls
16	Boys 800 Meter Run	1:58.06	2005	John Marschel - Sartell
17	Girls 200 Meter Dash	26.32	2007	Alise Post – Tech
18	Boys 200 Meter Dash	22.88	2018	Jack Young – Rocori
19	Girls 4x400 Meter Relay	4:09.90	2018	Rocori
20	Boys 4x400 Meter Relay	3:36.20	1989	Monticello
21	Girls Shot Put	42-07.00	2017	Charlier Lalanna - Brainerd
22	Boys Shot Put	58-02.00	1994	Nate Pederson - Brainerd
23	Girls Triple Jump	38-03.00	2018	Jodi Lipp – Tech
24	Boys Triple Jump	44-10.00	2015	Jake Lieberg - Sartell
25	Girls Long Jump	18-00.25	2013	Rose Jackson - Willmar
26	Boys Long Jump	22-07.25	2008	Zach Bork – Rocori
27	Girls High Jump	5-06.00	2009	Andrea Whitney - Sartell
28	Boys High Jump	6-09.25	2000	Ryan Lesnau - Alexandria
29	Girls Pole Vault	12-06.00	2003	Stacy Manuel, Lauren Nelson – Willmar
30	Boys Pole Vault	14-02.50	2009	Nick Weis – Sauk Rapids-Rice