

**2006-07****Performers of the Week & Highlights**

<b>Name</b>	<b>Date</b>	<b>Sport</b>	<b>School</b>
<b>Justin Schweiger</b>	September 4, 2006	Football	Willmar
<b>Kasey Uran</b>	September 4, 2006	Volleyball	Sartell/St. Stephen
<b>Zach Reckstad</b>	September 4, 2006	Soccer	Little Falls
<b>Tom Fristad</b>	September 4, 2006	Cross Country	Sartell/St. Stephen
<b>Hannah Kellerman</b>	September 4, 2006	Cross Country	Sartell/St. Stephen
<b>Eric Hartmann,</b>	September 11, 2006	Football	Alexandria
<b>Katherine Harms</b>	September 11, 2006	Volleyball	Little Falls
<b>Aaryn Anderson</b>	September 11, 2006	Tennis	St. Cloud Apollo
<b>Kara Fisher</b>	September 11, 2006	Swimming	Fergus Falls
<b>Russ Klever</b>	September 11, 2006	Cross Country	Sartell/St. Stephen
<b>Liz Vold</b>	September 11, 2006	Cross Country	Sartell/St. Stephen
<b>Brian Hansen</b>	September 18, 2006	Football	Rocori
<b>Greta King</b>	September 18, 2006	Volleyball	Willmar
<b>Payal Kapoor</b>	September 18, 2006	Tennis	St. Cloud Tech
<b>Amber Bartholomew</b>	September 18, 2006	Swimming	Alexandria
<b>Brad Langenfeld</b>	September 18, 2006	Soccer	Alexandria
<b>John Dunlap</b>	September 18, 2006	Cross Country	Little Falls
<b>Heidi Peterson</b>	September 18, 2006	Cross Country	Sartell/St. Stephen
<b>Luke Sweeter</b>	September 25, 2006	Football	Sartell/St. Stephen
<b>Robin Laudenschach</b>	September 25, 2006	Volleyball	Sartell/St. Stephen
<b>Alyssa Huck</b>	September 25, 2006	Tennis	Little Falls
<b>Sarah Hund</b>	September 25, 2006	Swimming	Willmar
<b>Lukas Jorgensen</b>	September 25, 2006	Soccer	Little Falls
<b>Ashley Walentiny</b>	September 25, 2006	Soccer	Sauk Rapids/Rice
<b>Zach Wood</b>	September 25, 2006	Cross Country	St. Cloud Tech
<b>Desi Mantey</b>	September 25, 2006	Cross Country	Sartell/St. Stephen
<b>Adam Wheeler</b>	October 2, 2006	Football	St. Cloud Tech
<b>Amy Pederson</b>	October 2, 2006	Volleyball	Sauk Rapids/Rice
<b>Sarah Ebert</b>	October 2, 2006	Tennis	Alexandria
<b>Devin Polson</b>	October 2, 2006	Soccer	Alexandria
<b>Jessie Bye</b>	October 2, 2006	Soccer	Brainerd
<b>Abdi Awale</b>	October 2, 2006	Cross Country	Willmar
<b>Jackie Johnson</b>	October 2, 2006	Cross Country	Willmar
<b>Cory Hanson</b>	October 9, 2006	Football	Willmar
<b>Megan Loesch</b>	October 9, 2006	Volleyball	St. Cloud Tech
<b>Steph Dries</b>	October 9, 2006	Tennis	St. Cloud Tech
<b>Mike Roers</b>	October 9, 2006	Soccer	Alexandria
<b>Megan Zillmer</b>	October 9, 2006	Soccer	Brainerd
<b>Christie Nelson</b>	October 9, 2006	Swimming	Brainerd
<b>Matt Scherber</b>	October 9, 2006	Cross Country	Sartell/St. Stephen
<b>Andrea Whitney</b>	October 9, 2006	Cross Country	Sartell/St. Stephen
<b>Collin Stinogel</b>	October 16, 2006	Football	St. Cloud Tech
<b>Sam Dale</b>	October 16, 2006	Volleyball	Alexandria
<b>Noah Funk</b>	October 16, 2006	Soccer	Alexandria
<b>Kathleen Jameson</b>	October 16, 2006	Swimming	Rocori
<b>Tony Ferguson</b>	October 16, 2006	Cross Country	Sartell/St. Stephen
<b>Allie Rengel</b>	October 16, 2006	Cross Country	Sartell/St. Stephen
<b>Nick Schneider</b>	October 23, 2006	Football	Rocori
<b>Samantha Revering</b>	October 23, 2006	Volleyball	Fergus Falls

<b>Kelsey Lucia</b>	October 23, 2006	Swimming	St. Cloud Apollo
<b>Kayle Deters</b>	October 30, 2006	Swimming	Sauk Rapids/Rice
<b>Ashley Holmes</b>	November 13, 2006	Hockey	Alexandria
<b>Nhi Dinh</b>	November 20, 2006	Hockey	Little Falls
<b>Katelyn Dold</b>	November 27, 2006	Hockey	St. Cloud Tech
<b>Lisa Nielsen</b>	November 27, 2006	Basketball	Willmar
<b>Chelsey Weirschem</b>	December 4, 2006	Hockey	Willmar
<b>Eric Hartmann</b>	December 4, 2006	Basketball	Alexandria
<b>Jordyn Sears</b>	December 4, 2006	Basketball	St. Cloud Tech
<b>Megan Sjolie</b>	December 11, 2006	Hockey	Fergus Falls
<b>Ben Hanowski</b>	December 11, 2006	Hockey	Little Falls
<b>Landon Stanfield</b>	December 11, 2006	Basketball	Brainerd
<b>Stacy Svihel</b>	December 11, 2006	Basketball	Rocori
<b>Annalise Bratt</b>	December 11, 2006	Gymnastics	Willmar
<b>Matt Spoden</b>	December 11, 2006	Wrestling	St. Cloud Apollo
<b>Nikki Kaasa</b>	December 18, 2006	Hockey	St. Cloud Tech
<b>Justin Lochner</b>	December 18, 2006	Hockey	Sauk Rapids/Rice
<b>Justin Stommes</b>	December 18, 2006	Basketball	Rocori
<b>Angela Christianson</b>	December 18, 2006	Basketball	Alexandria
<b>Jillie Donabauer</b>	December 18, 2006	Gymnastics	St. Cloud Tech/Cathedral
<b>Corey Meyer</b>	December 18, 2006	Nordic Ski	Little Falls
<b>Missy Erickson</b>	December 18, 2006	Nordic Ski	Alexandria
<b>Steve Kløver</b>	December 18, 2006	Swimming	Willmar
<b>Charlie Kirscht</b>	December 18, 2006	Wrestling	Alexandria
<b>Jeni Grugel</b>	December 25, 2006	Hockey	Fergus Falls
<b>Jared Feastler</b>	December 25, 2006	Hockey	Little Falls
<b>Brin Hanson</b>	December 25, 2006	Basketball	Willmar
<b>Brianna Sanoski</b>	December 25, 2006	Gymnastics	Little Falls
<b>Luke Busta</b>	December 25, 2006	Nordic Ski	St. Cloud Tech
<b>Melissa Kempenich</b>	December 25, 2006	Nordic Ski	Little Falls
<b>Marcus Rien</b>	December 25, 2006	Swimming	Rocori
<b>Derik Gertken</b>	December 25, 2006	Wrestling	Rocori
<b>Anne Schleper</b>	January 1, 2007	Hockey	St. Cloud Apollo/Cath
<b>Justin Stommes</b>	January 1, 2007	Basketball	Rocori
<b>Maggie Bryant</b>	January 1, 2007	Basketball	Sartell
<b>Tyler Hommerding</b>	January 1, 2007	Wrestling	Rocori
<b>Beau Hanowski</b>	January 8, 2007	Hockey	Little Falls
<b>Alyssa Wiebusch</b>	January 8, 2007	Hockey	Brainerd
<b>Tye Dill</b>	January 8, 2007	Basketball	St. Cloud Tech
<b>Hannah Draxten</b>	January 8, 2007	Basketball	Fergus Falls
<b>Carl Fixsen</b>	January 8, 2007	Nordic Ski	Willmar
<b>Katherine Mueller</b>	January 8, 2007	Nordic Ski	Brainerd
<b>Jared Anderson</b>	January 8, 2007	Swimming	Brainerd
<b>Kayla Deters</b>	January 8, 2007	Gymnastics	Sauk Rapids/Rice
<b>Trent Molacek</b>	January 8, 2007	Wrestling	Willmar
<b>Cody Koski</b>	January 16, 2007	Hockey	Fergus Falls
<b>Kayla Hendrickson</b>	January 16, 2007	Hockey	Sauk Rapids/Rice
<b>Michael Carlson</b>	January 16, 2007	Basketball	Sartell/St. Stephen
<b>Dustin Parker</b>	January 16, 2007	Basketball	Little Falls
<b>Kendra Hillmerson</b>	January 16, 2007	Basketball	Little Falls
<b>Tyler Vanderlinden</b>	January 16, 2007	Nordic Ski	Brainerd
<b>Luke Money</b>	January 16, 2007	Swimming	Fergus Falls

<b>Mike Kirscht</b>	January 16, 2007	Wrestling	Alexandria
<b>Jared Festler</b>	January 22, 2007	Hockey	Little Falls
<b>Abby Williams</b>	January 22, 2007	Hockey	Alexandria
<b>Phil Hochsprung</b>	January 22, 2007	Basketball	Little Falls
<b>Sarah Schellinger</b>	January 22, 2007	Basketball	Sartell/St. Stephen
<b>Karl Haataja</b>	January 22, 2007	Wrestling	Fergus Falls
<b>Chad Hockemeyer</b>	January 29, 2007	Hockey	St. Cloud Apollo
<b>Danielle Justice</b>	January 29, 2007	Hockey	Alexandria
<b>Derek Ludwig</b>	January 29, 2007	Basketball	Alexandria
<b>Stephanie Neugebauer</b>	January 29, 2007	Basketball	Brainerd
<b>Kyle Czech</b>	January 29, 2007	Nordic Ski	Little Falls
<b>Danielle Erickson</b>	January 29, 2007	Nordic Ski	Willmar
<b>Matt Brown</b>	January 29, 2007	Swimming	St. Cloud Apollo
<b>Nikki Schaffer</b>	January 29, 2007	Gymnastics	Little Falls
<b>Ben Johnson</b>	January 29, 2007	Wrestling	St. Cloud Tech
<b>Mitch Schneider</b>	February 5, 2007	Hockey	Willmar
<b>Jeni Grugel</b>	February 5, 2007	Hockey	Fergus Falls
<b>Alex Nelson</b>	February 5, 2007	Basketball	Fergus Falls
<b>Erin Foley</b>	February 5, 2007	Basketball	St. Cloud Tech
<b>Nate Schwichtenberg</b>	February 5, 2007	Swimming	Sartell/St. Stephen
<b>Katie Jo Pavak</b>	February 5, 2007	Gymnastics	Alexandria
<b>Travis Peckskamp</b>	February 12, 2007	Hockey	Sauk Rapids/Rice
<b>Ashley Hutton</b>	February 12, 2007	Hockey	Willmar
<b>Evan Ziegler</b>	February 12, 2007	Basketball	Sartell/St. Stephen
<b>Kayla Huether</b>	February 12, 2007	Basketball	Brainerd
<b>Andrew Schwegel</b>	February 12, 2007	Swimming	Alexandria
<b>Alise Post</b>	February 12, 2007	Gymnastics	St. Cloud Tech
<b>Seth Noreen</b>	February 20, 2007	Basketball	St. Cloud Apollo
<b>Brooke Dunsmoor</b>	February 20, 2007	Basketball	St. Cloud Apollo
<b>Chad Aaseth</b>	February 26, 2007	Basketball	Rocori
<b>Amber Bartholomew</b>	February 26, 2007	Basketball	Alexandria
<b>Casey kedrowski</b>	April 2, 2007	Track	Sauk Rapids/Rice
<b>Alise Post</b>	April 2, 2007	Track	St. Cloud Tech
<b>Bryan Fischer</b>	April 9, 2007	Track	Sartell/St. Stephen
<b>Kirsten Bjork</b>	April 9, 2007	Track	Sauk Rapids/Rice
<b>Dan Weihrauch</b>	April 16, 2007	Track	Sartell/St. Stephen
<b>Katie Timm</b>	April 16, 2007	Track	Sauk Rapids/Rice
<b>Luke Smoley</b>	April 23, 2007	Baseball	Sartell/St. Stephen
<b>Micki Seibring</b>	April 23, 2007	Softball	St. Cloud Tech
<b>Maggie Leland</b>	April 23, 2007	Golf	Alexandria
<b>Evan Giffin</b>	April 23, 2007	Track	Sartell/St. Stephen
<b>Carly Braun</b>	April 23, 2007	Track	Sauk Rapids/Rice
<b>Matt Hallstrom</b>	April 23, 2007	Tennis	Willmar
<b>Chad Aaseth</b>	April 30, 2007	Baseball	Rocori
<b>Allie Sweep</b>	April 30, 2007	Softball	Willmar
<b>Vanessa Wise</b>	April 30, 2007	Golf	St. Cloud Tech
<b>Kayla Deters</b>	April 30, 2007	Track	Sauk Rapids/Rice
<b>Shane Nies</b>	April 30, 2007	Track	Sartell/St. Stephen
<b>Bryce Barsness</b>	April 30, 2007	Tennis	Fergus Falls
<b>David Sanderson</b>	April 30, 2007	Tennis	Fergus Falls
<b>Logan Birr</b>	May 7, 2007	Baseball	St. Cloud Apollo
<b>Melissa Fruechte</b>	May 7, 2007	Softball	Little Falls

<b>Molly Leland</b>	May 7, 2007	Golf	Alexandria
<b>Robert Riechel</b>	May 7, 2007	Golf	Rocori
<b>Sarah Schellinger</b>	May 7, 2007	Track	Sartell/St. Stephen
<b>Mike Neilson</b>	May 7, 2007	Track	Sartell/St. Stephen
<b>Kevin Kay</b>	May 7, 2007	Tennis	St. Cloud Tech
<b>Cole Sytsma</b>	May 14, 2007	Baseball	St. Cloud Tech
<b>Ashley Olson</b>	May 14, 2007	Softball	Brainerd
<b>Samantha Sommers</b>	May 14, 2007	Golf	St. Cloud Apollo
<b>Kirsti Klaverkamp</b>	May 14, 2007	Track	St. Cloud Tech
<b>Zach Bork</b>	May 14, 2007	Track	Rocori
<b>Reggie Ronning</b>	May 14, 2007	Tennis	Alexandria
<b>Andy Henkemeyer</b>	May 21, 2007	Baseball	Sauk Rapids/Rice
<b>Bri Plombon</b>	May 21, 2007	Track	Sartell/St. Stephen
<b>Jack Trebelhorn</b>	May 21, 2007	Track	Alexandria
<b>Joey Lafontaine</b>	May 21, 2007	Tennis	St. Cloud Apollo
<b>Robert Reichel</b>	May 28, 2007	Golf	Rocori
<b>Michelle Kaiser</b>	May 28, 2007	Track	Sauk Rapids/Rice

### Spring Highlights 2007:

**Boys Golf:** State Qualifiers: Gordy Diekman, Alex (Tied for 5th at State);

Trevor Gervals, FF (20th at State); Mike Tuel, FF (29th at State);

Curt Carlson, Brd (45th at State); Tom Wagner, Willmar.

**Girls Golf:** Section 8AA Champions and 2nd at STATE - **Alexandria**. State Qualifiers:

**Sam Sommers, Apollo** (3 time **STATE CHAMPION**); Molly Leland, Alex (8th at State);

Maggie Leland, Alex (14th at State); Abby Reuter, Sartell (42th at State);

Vanessa Wise, Tech (42th at State); Alex team: Jenny Robley (42nd at State),

Beckah Ripley, Maxine Carlson, and Anna Weber.

**SB:** North Sub Section Champion 8AA - **Alexandria**.

**BB:** South Sub Section Champion 8AA - **Rocori**.

**B.TK:** Section 2AA Champions & 18 at STATE - **Willmar**.

State Qualifiers: **Willmar:** 3200 relay: Mustafa Yusuf, Abdi Awale, Kaafi Adeys & Zach Coquyt

**STATE Champions** (7:47.33 - Set all time State Record), Kaafi Adeys (3200 - 6th at State),

Mahad Hassan (1,600 - 13th at State, 3,200 - 10th at State), Mohamed Bedel (1,600 - 18th at State);

Mustafa Yusuf (800).

**Brainerd:** Tyler Rose, (3200 - 18th at State), Ryan Barnes, (High Jump - 5th at State),

Tyler Hanson, (400 - 18th at State), Tom Lyscio, (Shot Put - 9th at State), Justin Tyner, (1600);

Mitch Lorenz (800 - 15th at State), Darin Underhill, (Shot Put - 11th at State),

Luke Delaney, (800 - 16th at State);

**Alexandria:** Drew Paradis, (3200 - 16th at State), Ben Wilson, (1600 - 16th at State),

Jack Trebelhorn, (Triple Jump 14th at State),

**Sartell:** 800 relay (Nick Rengel, Brenden Bruss, Shane Nies, Mike Nielson - 10th at State),

Mike Nielson (High Jump), 1600 relay (Shane Nies, Logan Schwinghammer, Bryan Fischer,

Mike Nielson), Dan Weihrauch (Discus)

**SRR: Casey Kedrowski** (Pole Vault - 2 time **STATE CHAMPION**),

Zach Rudolph (Pole Vault - 12th at State)

**Apollo:** 400 relay (Michael Iverson, Kendall Smith, Janes Iverson, Luke Skay - 10th at State),

Luke Skay, Apollo (200 - 14th at State) .

**LF:** Alex Farber (Long Jump - 8th at State).

**Tech:** Mark Kaczor (Discus - 12th at State).

**G.Tk:** Section 8AA Champions, 7th at State - **Tech**.

State Qualifiers: **Tech:** Caitlin Dhein, (100 -4th at State), Kirsti Klaverkamp (400 -10th at State),

Katelyn Bailey (200 -19th at State), Alise Post (Pole V -5th at State, Triple Jump -5th at State);

400 relay, Tech (Rachel Bailey, Alise Post, Clare Murn, Caitlin Dhein - **2nd at State**),

800 relay, Tech (Tasha Harr, Katlyn Stout, Caitlin Dhein, Katelyn Bailey - 10th at State),

1600 relay, Tech (Kirsti Klaverkamp, Amanda McKee, Katlyn Stout, Alise Post - 4th at State).

**Sartell:** Sarah Schellinger (800 - **2nd at State**), Heidi Peterson (3200 - 14th at State);

Bri Plombon (Long Jump).

**Brainerd:** Robyn Wernberg ( Discus - 4th at State), Hannah McAllister (800 - 9th at State);

3200 relay-Hannah McAllister, Megan Holmes, Katerine Mueller, Kacie Bahr -8th at State.

**LF:** Kathrine Harms (High Jump - 13th at State), Jackie Thelen (300 H - 8th at State).

**SRR:** Kayla Deters (Pole Vault - 3rd at State, 100 H - 14th at State).

**Willmar:** Brianna Fernholz, (200 - 12th at State).  
**Alex:** Rosey Erickson (100 -13th at State, 200 -4th at State).  
**FF:** Anna VanWechel (1,600 - 11th at State).  
**Apollo:** Sara Dalton, (100 H -12th at State).

## Winter Highlights 2006-07:

**B.NS** State Qualifiers: Brainerd: Justin Tyner (Section Champ, 5th at State), Hans Stadem (30th at State), Alex: Ren Keyport (29 at State), Steve Gromatka (49 at State).  
Tech: Luke Busta (6th at Section -19th at State)

**G.NS Little Falls** Sec. 4 Champion & **6th at State**: LF: Melissa Kempenich (Section Champ, 29th at State), Jackie Thelen (3rd at Section, 38th at State), Molly Binger (5th at Section, 30th at State), Ashley Scherping (101 at State), Laura Newman (118 at State), Kayla Meyer (52nd at State), Beth Hauer (93rd at State).  
Brainerd: Katerine Mueller (43rd at State), Hannah McAllister (84 at State).  
Alex: Missy Erickson (57 at State) and Ann Bergstrand (104 at State).

**Dance:** State Qualifiers: Brainerd (4th in High Kick), St. Cloud Tech, Sartell/St. Stephen (6th in High Kick), Sauk Rapids/Rice (6th in Jazz Funk).

**Gymn:** Section 8AA Champion - St. Cloud Tech and **2nd at State**  
State Qualifiers: Tech - **Alise Post (State: Vault 1st**, bars 4th, floor 15th, All-around 4th), Jillie Donabauer (State: bars 7th, beam 12th, floor 21st, All-around 14th), Brittany Fellman (State: floor 11th, vault 16th), Stefanie Juhr (State: bars 18th beam 24th), Amber Christionson (State: floor 14th).  
Brainerd - Samantha Smith (State: beam 19th, bars 24th, All-around 24th), Maggie Freiday (State: Vault 5th), Becky Walker (State: vault 27th).

**G.Hky:** **Alexandria** - Section 2A Champions

**B.Swm:** Section 8AA Champion - **Brainerd**. Section 3A Champion - **Fergus Falls**  
State Qualifiers: Sartell: Nate Schwichtenberg (50 - 3rd at State, 100 - 6th at State, 200 F relay), Paul Fenlason (200, 500), Michael Leonard, Fenlason, Joel Gotta, Schwichtenberg (200 relay).  
SRR: Wes Schlichting & Marcus Edwards (diving), Adam Gross (5th at State in 100 Fly) & Matt Notch (100 fly), Ben Swanson (back), Jon Cesena, Swanson, Notch & Cross (400 relay).  
Alex -Andy Bristow, David Hammer, Andrew Schwegel, & Ben Vogeler (400 Free Relay)  
Willmar 3 relays: (200) Jackson Roberts, Matt Fuglestad, Andrew Nicklawsky & Andy Johnson. (IM) Roberts, Ben Saint, Fuglestad, Kyle Schmidt (400) Roberts, Fuglestad, Nicklawsky, Johnson  
Tech: (200 relay): Blake Bendix (50 - 8th at State & 100 Free - 11th at State), Joe Palmertsen (100 fly & 100 breast - 9th at State),  
Rocori: Marcus Rien (diving- 7th at State) & Joel Gregory (100 F).  
Brainerd: Jared Anderson (100 breast, 200 IM), Anderson, Alek Rudstrom, Mike Ruen, Evan Reese (200 medley).  
Fergus Falls: 3 relays, Joel Money (100 back, 100 fly, 200 free), Nathan Jobe (100 Free), Preston Anderson (100 back, 200 Free), Mike Hurley (100 breast, 200 IM), Nick Ganoe (100 breast), Illya Schuelke (100 Free).

**Class A: Fergus Falls 4th, Willmar 10, Sartell 14, SRR 20, Rocori 29**  
**Class AA: Tech 20th, Brainerd 26**

**Wr:** State Qualifiers: Alex: **Charlie Kirscht** (4th at State) & Tanner Weltzin.  
SRR: **Tyler Spicka** (6th at State), Mike Hines, Evan Warnert, Keith Rothstein.  
LF: Josh Groshong, Randy Przybilla, Dylan Bue, Josh Jendro.  
Sartell: Travis Lewellyn, Jess Coffin. Apollo: Alex Gill.  
Brainerd: Scott Padrnos, Nick Lindwall, Tyler Jensen. Rocori: Tyler Hommerding.  
FF: Charlie Revering, Billy Oehler, Drew Ross. Willmar: **Drew Larson** (2nd at State)  
Alexandria Wrestling Team - State Academic Co-Champions in Class AAA.  
John Amundson, Alexandria, is MWCA All Academic team

**B.BB:** Section 8AAA Champion & **3rd at STATE - Rocori**

**Little Falls: John Dunlap** - ExCell Award (Students who are active in fine arts and athletic activities, who show leadership qualities, and who are model citizens.)

**Sauk Rapids/Rice: Justin Moehle** - AAA Section 8AA winner (seniors who have excelled in the classroom, on the athletic field, and in the fine arts.)

**Adaptive Floor Hockey:**  
PI division: Brainerd placed 4th at State.  
All State Brainerd/Pillager: Nathan Puchalla, Andy Herold  
CI division: St. Cloud Area (Apollo, Tech & SRR) placed **State Champions**.  
All State St. Cloud Area: Patrick Todd, Keith Hennemann, Justin Doyle

**Speech State Qualifiers:**  
Alexandria: David Trinh.  
Brainerd: Andrew Kubas.  
St. Cloud Apollo: Michael Schreifels, Josh Kiley.  
St. Cloud Tech: **Rachel Koch** (2nd at State - Informative Speaking), **Abby Cari** (3rd at State -

Humorous Interpretation), **Tiana Otto** (4th at State - Serious Interpretation-Poetry),  
**Karthiga Veeramani** (5th at State - Great Speeches), Brittany Bokovoy, Ann Goddard,  
Casey Schmoll, Elly JarvisAmber Braun, Will Imholte, Scott Heins, Gannon McGrath,  
Klana Erickson, Carly Dooley.

Sauk Rapids/Rice: Alyssa Shefveland.

Willmar: Kelsey Moe, Grant Schneider, Beth Louwagie, Joel Schmidt, Sara Kokkilla, Ali Unger,  
Laura Morales, Gabi Engelkes.

## Fall Highlights 2006:

Tennis: Section 8AA Singles Champion - Aaryn Anderson, Apollo.  
2nd place - Parul Kapoor, Tech

Soccer: Section 8AA Boys Champions - St. Cloud Apollo/SRR  
Section 8A Girls Champions - Sartell  
Section 8AA Girls Champions - Brainerd

Cross Country Boys: Willmar 2AA Champions, Brainerd 8AA Champions, Alex 8AA 2nd  
**Willmar State Champions**, Brainerd 4th at State, Alexandria 8th at State.

State Results: Willmar - 3rd Kaafi Adeys, 5th Abdi Awale, 9th Mahad Hassan,  
11 Mohamed Bedel, 13 Mustafa Yusuf, 30 Andrew Nicklawsky, 56 Scott Boros,  
Brainerd: 10 Justin Tyner, 20 Thomas Ruttger, 25 Tyler Rose, 36 Luke Delaney,  
54 Mitch Lorenz, 87 Gunner Johnson, 90 Jimmy Dean  
Alexandria: 15 Drew Paradis, 19 Ben Wilson, 39 Adam Noll, 71 Josh Hobbs,  
75 Jake Sieve, 76 Garret Haggerty, 101 Riley Gustafson,

Cross Country Girls: Brainerd Section 8AA Champions, **Brainerd** 8th at State  
State Results - Brainerd: 10 Hannah McAllister, 25 Jenna Dean, 49 Megan Homes,  
58 Anna Gessell, 61 Courtney Wing, 87 Katherine Mueller, 103 Kacie Bahr,  
71 Haylie Zenner (Fergus Falls), 77 Caitlyn Dingmann (Rocori),  
104 Heidi Peterson (Sartell), 147 Hannah Kellerman (Sartell)

Volleyball: Rocori placed 2nd in Section 8AAA

Football: St. Cloud Tech 8AAAAA Champions, lost in State Semi Finals  
Sartell/St. Stephen 8AAAA Champions

G. Sw: Section qualifiers for State: Willmar 8th at **STATE**, Fergus Falls 11th at **STATE**.

Sec. 3A- **200 M Relay**: Erica Schnettler, Kelsey Sauerer, Anne Jenkins, Kate Hellie (Sartell) -  
9th at STATE; **200 F**: Sam Zastrow (Sartell); **50 F**: Kelsey Lucia (Apollo) - 5th at STATE,  
Brittany Then (LF) -8th at STATE, Kate Hellie (Sartell) - 11th at STATE, Alyssa Baltés (SRR);  
**Diving**: Kayla Deters (SRR) - 2nd at **STATE**, McKenzie Rudolph (SRR) - 7th at STATE,  
Kasya Mestnik (Apollo) - 9th at STATE; **100 F**: Kelsey Lucia (Apollo) 9th at STATE;  
**100 Fly**: Kate Hellie (Sartell) - 13th at STATE, Alyssa Baltés (SRR) - 14th at STATE,  
**200 F relay**: Karley Sylvester, Megan Voss, Molly Binger, Brittany Then (LF)- 4th at STATE,  
Kayla Deters, Sarah Wotzka, Mikala Foehrenbacher, Alyssa Baltés (SRR) - 15th at STATE.

Sec. 2A - **200 M Relay**: Kara Fisher, Kelly Ross, Shannon Johnson, Susie Kitzman (Fergus Falls) -  
4th at STATE; **200 F** - Alissa Tinklenberg (Willmar) - 3rd at STATE, Mary Morris (Will);  
**200 IM** - Kara Fischer (Fergus Falls) - 11th at STATE; **50 F** - Heidi Busack (Fergus Falls),  
Sarah Hund (Will) - 16th at STATE, Kitzman (Fergus Falls); **100 F** - Kitzman (FF), Busack (FF) -  
14th at STATE; **500 F** - Alissa Tinklenberg (Will) - 4th at STATE, Anderson (Fergus Falls);  
**200 F relay** - Willmar: Sarah Hund, Sarah Frank, Aleasha Blokzyl, Alissa Tinklenberg - 5th at  
STATE; **100 Back** - Kara Fischer (FF - 3rd at STATE); **100 Breast** - Kelly Ross (Fergus Falls) -  
3rd at STATE; **400 F relay** - Willmar: Mary Morris, Aleasha Blokzyl, Sarah Hund, Alissa  
Tinklenberg - 6th at STATE, Fergus Falls: Heidi Busack, Susie Kitzman, Stephanie Skonseng,  
Kara Fisher

Sec. 8AA - **200 M relay**: Brainerd - Robyn Wernberg, Jessica Reese, Destiney Schindele,  
Jodi Larson - 10th at STATE, **200 IM** - Amber Bartholomew (Alex), Ali Domeier (Tech)  
**50 F** - Ali Domeier (Tech) - 15th at STATE, **100 Fly** - Nicole Gruit (Tech),  
**Diving** - Tasha Harr (Tech), Heather Erickson (Brd) - 20th at STATE,  
**100 F** - Ali Domeier (Tech) - 19th at STATE; **100 Breast** - Jessica Reese (Brainerd),  
**200 F relay** -Brd-Jodi Larson, Sarah Dens, Destiney Schindele, Jessica Reese -13th at STATE.