

# 2002-2003

# Performers of the Week & Highlights

<b>Michael Williams</b>	Sept. 2	Football	St. Cloud Tech
<b>Emily Alex</b>	Sept. 2	Swimming	St. Cloud Tech
<b>Jessica Preiss</b>	Sept. 2	Volleyball	Sartell-St. Stephen
<b>Dan Mullins</b>	Sept. 2	Soccer	Sartell-St. Stephen
<b>Mike Hannig</b>	Sept. 9	Football	Willmar
<b>Andrew Feia</b>	Sept. 9	Cross Country	Little Falls
<b>Steph Thayer</b>	Sept. 9	Swimming	Sauk Rapids-Rice
<b>Mandy Anderson</b>	Sept. 9	Volleyball	Sartell-St. Stephen
<b>Jimmy McGuire</b>	Sept. 9	Soccer	St. Cloud Apollo
<b>Jessica Nei</b>	Sept. 9	Soccer	St. Cloud Apollo
<b>Sarah Decker</b>	Sept. 9	Cross Country	Rocori
<b>John Marschel</b>	Sept. 16	Cross Country	Sartell-St. Stephen
<b>Tom Steidl</b>	Sept. 16	Football	Alexandria
<b>Erica Campbell</b>	Sept. 16	Swimming	Brainerd
<b>Brittany Barten</b>	Sept. 16	Soccer	Sauk Rapids-Rice
<b>Danielle Dahl</b>	Sept. 16	Volleyball	Willmar
<b>Nicki Olson</b>	Sept. 16	Tennis	Little Falls
<b>Heather Rakow</b>	Sept. 16	Tennis	Little Falls
<b>Katie Inderrieden</b>	Sept. 16	Cross Country	Sartell-St. Stephen
<b>Megan Meyer</b>	Sept. 23	Cross Country	Little Falls
<b>Eric Knott</b>	Sept. 23	Cross Country	St. Cloud Tech
<b>Bo Corrow</b>	Sept. 23	Football	Little Falls
<b>Brooke Johnson</b>	Sept. 23	Swimming	St. Cloud Tech
<b>Andrea Brown</b>	Sept. 23	Tennis	Willmar
<b>Jessica Sura</b>	Sept. 23	Volleyball	St. Cloud Apollo
<b>C. J. Sell</b>	Sept. 23	Soccer	Alexandria
<b>Jake Schumacher</b>	Sept. 30	Football	St. Cloud Tech
<b>Andy Overby</b>	Sept. 30	Cross Country	Sartell-St. Stephen
<b>Brittney Johnson</b>	Sept. 30	Swimming	St. Cloud Tech
<b>Paul Flahaze</b>	Sept. 30	Soccer	Little Falls
<b>Laurie Verant</b>	Sept. 30	Tennis	Alexandria
<b>Andrea Roisum</b>	Sept. 30	Volleyball	Willmar
<b>Kirsten Higdem</b>	Sept. 30	Cross Country	Willmar
<b>Mike Switzer</b>	Oct. 7	Cross Country	Willmar
<b>Darren Solbrack</b>	Oct. 7	Football	Willmar
<b>Kari Higdem</b>	Oct. 7	Cross Country	Willmar
<b>Megan Wrobel</b>	Oct. 7	Tennis	Willmar
<b>Sherri Notsch</b>	Oct. 7	Volleyball	St. Cloud Apollo
<b>Saskia Rehder</b>	Oct. 7	Swimming	St. Cloud Apollo
<b>Brianna Ramler</b>	Oct. 14	Swimming	St. Cloud Tech
<b>Katie Dolan</b>	Oct. 14	Volleyball	Sartell-St. Stephen
<b>Alex Kofoed</b>	Oct. 14	Football	Rocori
<b>Becca Nieters</b>	Oct. 21	Swimming	St. Cloud Tech
<b>Beth Zimmer</b>	Oct. 21	Volleyball	Willmar
<b>Mitch Bragelmann</b>	Oct. 21	Football	St. Cloud Tech
<b>Luke Bryant</b>	Oct. 28	Cross Country	Alexandria
<b>Alexia Netter</b>	Oct. 28	Swimming	St. Cloud Tech

<b>David Hines</b>	December 2, 2002	Hockey	Sartell-St. Stephen
<b>Andrea Miller</b>	December 2, 2002	Gymnastics	Sartell-St. Stephen
<b>Kayla Rengel</b>	December 2, 2002	Basketball	St. Cloud Tech
<b>Max Johannes</b>	December 9, 2002	Wrestling	Rocori
<b>Shae Tabatt</b>	December 9, 2002	Gymnastics	Little Falls
<b>Jake Phillips</b>	December 9, 2002	Basketball	Brainerd
<b>Alison Adamson</b>	December 9, 2002	Basketball	Willmar
<b>Ryan Logan</b>	December 16, 2002	Wrestling	Alexandria
<b>Matt Schmitz</b>	December 16, 2002	Swimming	Brainerd

<b>Travis Winter</b>	December 16, 2002	Hockey	St. Cloud Tech
<b>Sarah Gault</b>	December 16, 2002	Gymnastics	Alexandria
<b>Sarah Decker</b>	December 16, 2002	Basketball	Rocori
<b>Dan Kirsch</b>	December 23, 2002	Wrestling	Alexandria
<b>Andrea Arriagada</b>	December 23, 2002	Nordic Skiing	Sartell-St. Stephen
<b>Stephany Leblanc</b>	December 23, 2002	Hockey	Little Falls
<b>Blake Strouth</b>	December 23, 2002	Basketball	Alexandria
<b>Bo Corrow</b>	December 30, 2002	Hockey	Little Falls
<b>Andrienne Maiers</b>	December 30, 2002	Gymnastics	Sauk Rapids-Rice
<b>Sherri Notsch</b>	January 6, 2003	Basketball	St. Cloud Apollo
<b>Brett Nelson</b>	January 6, 2003	Hockey	Willmar
<b>Ty Hunt</b>	January 6, 2003	Nordic Skiing	Brainerd
<b>Scott Hagemeyer</b>	January 6, 2003	Swimming	Willmar
<b>Luke Wevley</b>	January 6, 2003	Wrestling	Alexandria
<b>Lars Johnson</b>	January 13, 2003	Basketball	St. Cloud Tech
<b>Laura Nielsen</b>	January 13, 2003	Basketball	Willmar
<b>Kim Meyer</b>	January 13, 2003	Hockey	Little Falls
<b>Christina Roberts</b>	January 13, 2003	Nordic Skiing	Brainerd
<b>Chris Woodard</b>	January 13, 2003	Nordic Skiing	Brainerd
<b>Shaun Kennedy</b>	January 13, 2003	Swimming	Brainerd
<b>Neil Russell</b>	January 13, 2003	Wrestling	St. Cloud Apollo
<b>Casey Thompson</b>	January 20, 2003	Basketball	Alexandria
<b>Stacie Oistad</b>	January 20, 2003	Basketball	Sartell-St. Stephen
<b>Kathleen Lorenz</b>	January 20, 2003	Gymnastics	Brainerd
<b>Holly Roberts</b>	January 20, 2003	Hockey	St. Cloud Tech
<b>Sarah Willis</b>	January 20, 2003	Nordic Skiing	Willmar
<b>Jason Timmer</b>	January 20, 2003	Swimming	Sauk Rapids-Rice
<b>Tom Zelinski</b>	January 20, 2003	Wrestling	Brainerd
<b>Jessy Preston</b>	January 27, 2003	Basketball	St. Cloud Tech
<b>Jeff Hille</b>	January 27, 2003	Basketball	Sauk Rapids
<b>Beth Zimmer</b>	January 27, 2003	Gymnastics	Willmar
<b>Kelly Sykora</b>	January 27, 2003	Hockey	Willmar
<b>David Hines</b>	January 27, 2003	Hockey	Sartell-St. Stephen
<b>Meleah Murphy</b>	January 27, 2003	Nordic Ski	Sartell-St. Stephen
<b>Josiah Collins</b>	January 27, 2003	Swimming	Brainerd
<b>Jennifer Strand</b>	February 3, 2003	Basketball	Alexandria
<b>Ryan Lieser</b>	February 3, 2003	Basketball	Rocori
<b>Kristina Baumann</b>	February 3, 2003	Gymnastics	Sauk Rapids-Rice
<b>Ryan Logan</b>	February 3, 2003	Wrestling	Alexandria
<b>Connor Ziegler</b>	February 10, 2003	Swimming	Sauk Rapids-Rice
<b>Megan Arns</b>	February 10, 2003	Basketball	Brainerd
<b>Paul Tuchsherer</b>	February 10, 2003	Basketball	Brainerd
<b>Ashley Johannes</b>	February 17, 2003	Basketball	Little Falls
<b>Chris Legatt</b>	February 17, 2003	Hockey	Sartell-St. Stephen
<b>Blake Strouth</b>	February 17, 2003	Basketball	Alexandria
<b>Doug McGrath</b>	February 17, 2003	Swimming	Alexandria
<b>Allen Zarbok</b>	February 17, 2003	Wrestling	Alexandria
<b>Marcus Oistad</b>	February 24, 2003	Basketball	Sartell-St. Stephen
<b>Brittney Johnson</b>	February 24, 2003	Basketball	St. Cloud Tech
<b>Jordan Horejsi</b>	March 3, 2003	Basketball	Little Falls

<b>Jason Roberts</b>	March 24, 2003	Track	Brainerd
<b>Tarina Nelson</b>	March 24, 2003	Track	Sartell/St. Stephen
<b>Erin Baustian</b>	March 31, 2003	Track	Alexandria
<b>Andy Overby</b>	March 31, 2003	Track	Sartell/St. Stephen
<b>Adam Plante</b>			
<b>Jon Neumann</b>			
<b>John Marschel</b>			
<b>Rena Lee</b>	April 7, 2003	Track	St. Cloud Tech
<b>Luke Bryant</b>	April 7, 2003	Track	Alexandria
<b>Angie Theis</b>	April 14, 2003	Softball	St. Cloud Tech

<b>Cory Schwantes</b>	April 14, 2003	Baseball	Willmar
<b>Kristin Hille</b>	April 14, 2003	Track	Sauk Rapids/Rice
<b>Chase Thonvold</b>	April 14, 2003	Golf	Willmar
<b>Tricia Nelson</b>	April 21, 2003	Golf	Alexandria
<b>Tommy Smith</b>	April 21, 2003	Golf	St. Cloud Tech
<b>Sarah Decker</b>	April 21, 2003	Track	Rocori
<b>Tom Steidl</b>	April 21, 2003	Baseball	Alexandria
<b>Kelli Niess</b>	April 21, 2003	Softball	Sauk Rapids/Rice
<b>Trent Phelps</b>	April 28, 2003	Baseball	Sartell/St. Stephen
<b>Leslie Schreiber</b>	April 28, 2003	Softball	St. Cloud Apollo
<b>Chaise VanOverbeke</b>	April 28, 2003	Tennis	St. Cloud Tech
<b>Andrea Wahlin</b>	April 28, 2003	Track	Rocori
<b>Derrick Whiting</b>	April 28, 2003	Golf	Alexandria
<b>Andrew Olson</b>	May 5, 2003	Tennis	Alexandria
<b>Blake Strouth</b>	May 5, 2003	Track	Alexandria
<b>Steph Knopik</b>	May 5, 2003	Softball	Little Falls
<b>Peter Dusek</b>	May 5, 2003	Baseball	St. Cloud Tech
<b>Brandon Hinson</b>	May 12, 2003	Golf	St. Cloud Tech
<b>Emily Brand</b>	May 12, 2003	Golf	Alexandria
<b>Ryan Fader</b>	May 12, 2003	Tennis	Willmar
<b>Jason Haugen</b>	May 12, 2003	Tennis	Willmar
<b>Megan Arns</b>	May 12, 2003	Softball	Brainerd
<b>Jason Erickson</b>	May 19, 2003	Track	Alexandria
<b>Andrea Wahlin</b>	May 19, 2003	Track	Rocori
<b>Mike Engdahl</b>	May 19, 2003	Tennis	St. Cloud Tech
<b>Ashley Larson</b>	May 19, 2003	Softball	Willmar
<b>Jason Erickson</b>	May 26, 2003	Track	Alexandria
<b>Andrea Wahlin</b>	May 26, 2003	Track	Rocori
<b>Mike Engdahl</b>	May 26, 2003	Tennis	St. Cloud Tech
<b>Ashley Larson</b>	May 26, 2003	Softball	Willmar
<b>Derek Solt</b>	May 26, 2003	Baseball	Sartell/St. Stephen

## CLC Highlights:

### Alexandria:

Football - Sections Champions, State Semifinal participant.

Kyle Gearman, 12, All-State First Team, Ryan Emter, 12, All-State Second Team.

Dennis Kalpin, Section Coach of the Year.

Boys Cross Country - Section Champs, 13th in State, Mark Nelsen, Section Coach of the Year

Boys Basketball - John Holsten and Tom Vickerman, Selected to coach Out-State All Stars

### Brainerd:

Wrestling - Andy Pickar, 12, Brainerd. STATE Champ at 152 pounds.

Boys Swimming & Diving - Section 8AA runner up,

Shawn Kennedy, STATE Diving Champ & Class AA state record.

Boys Basketball - Section 8AAAA Academic champs

Jake Phillips played in all star series and named an Academic All State

Gymnastics - 4th at state, Kathleen Lorenz All State elite (top 5 all-around)

Boys Nordic Ski - Ty Hunt and Brandon Town State participants

Girls Nordic Ski - Christina Robers classical CLC champ, Anna Mangen freestyle CLC champ.

### Little Falls:

Wrestling - Adam Gosiak, 12, Little Falls. Placed 2nd in State Wrestling at 160 lbs.

Boys Basketball - STATE Academic Champions for 2 years in a row.

Boys Basketball - Section Academic Champions for 3 years in a row.

### Sartell-St. Stephen:

STATE TENNIS CHAMPION: Kerry Snow, first girls' outstate champion in 25 years.

Wrestling - Kent Nathe, 12, Sartell. Placed 2nd in State at 125 lbs.

**St. Cloud Apollo:**

83 CLC Scholar Athletes.

Adaptive Floor Hockey team (Apollo-Tech-Sartell-SR cooperative) finished 4th in the State.

Nordic Skiing - Andrew Schultz was All-State Academic team member.

Apollo Astronettes - competed in the state tournament in high kick.

**St. Cloud Tech:**

State Champions in Music Listening.

Placed 8th at the State High School Math Team event.

Girls' Swimming - Medley relay team participated at the State Tournament.

Dawn Vanderbeek, St. Cloud Tech - Coach of the Year for Sec. 8AA

Boys' Soccer - Kyle Theisen, named the St. Cloud area player of the year.

Boys' Hockey - Travis Winter, all time leading scorer, named St. Cloud area player of the year.

Girls' Hockey - Holly Roberts, named St. Cloud area player of the year.

Girls basketball- Brittney Johnson scored her thousandth point. She was the third player in Tech history to do this, the second female.

Speech - 19 students participated at the state tournament, Grant Bendix was the state champion in original oratory.

Wrestling- Tech sent 5 participants to the state tournament.

**Sauk Rapids-Rice:**

Boys Swimming - tied for 2nd place in the STATE Championship.

Jason Timmer, 11. Placed 2nd in State in 50 & 100 Freestyle.

Connor Ziegler, 11. Placed 2nd in State in 100 Butterfly.

Placing 2nd in State-200 F.Relay: Will Simson, Charlie Welter, Bob Helland, Connor Ziegler

Placing 2nd in State-400 F.Relay: Will Simson, Charlie Welter, Jason Timmer, C.Ziegler

Boys Basketball - Team placed 2nd in the State Basketball Tournament.

Gymnastics - Adrienne Maiers, STATE CHAMP-All Around 9.7375 & Beam 9.725

Gymnastics - State Class A Academic Champions for 2002-03.

Dance Team - Placed 8th in High Kick and 7th in Jazz Funk at the State Tournament.

**Rocori:**

Boys Basketball - CLC Co-Champions in Boys Basketball

Girls Basketball - Section Champions and State Tournament Participants

Sarah Decker - Triple "A" Female Section Winner

**Willmar:**

55 CLC Scholar Athletes

Boys Swimming - Scott Hagemeyer, STATE Champ at 50 & 100 Free, team 4th in Section.

Girls Basketball - Section 2AAA runner up, STATE Academic Champions for Section 8AAA.

Boys Basketball - Section 2AAA runner up

Girls Cross Country - Section 2AA runner up, 7th place at State

Gymnastics - Section 8AA runner up

Boys Hockey - Section 4A runner up

Girls Hockey - Section 4A Champion, 4th at State